



1984 Arroyan



Kim,  
Hi.

I am really glad that we became friends in 8th grade. We had lots of fun in history in 8th grade and I am sure we will have even more fun this year. You are a real sweet girl and good luck in the future and in school. Especially in U.S. History! Got to jam.

LOVE  
- n -  
Friendship  
Sohini Desai  
"86"

Kim,  
I'm glad that I got to know you this year in 8th grade. We're going to have fun talking to each other in Spanish. 'HAHAH! Have me sign next years yearbook let's choose then. I'll have a picture, and I won't be an underwear! 'HA! HA! Have fun this year.

Love,  
Love Strongrey

Kim,  
Even though we've had our troubles you're still a good friend to have. At least we have one class together this year. You have to let me know when you get your Drivers license. Or? Have a good year.  
Love,  
Tina

p.s.  
Call me sometime

~

Kim,

I'm glad were friends. Hope you had a nice summer. Good luck with your boyfriend.

Love/Friendship

Diana English

Kim,

Stay cool and nice and I hope for the best in what ever you do. You deserve the best

Love  
Margaret



Kim, I've been  
 treating you? It's okay  
 here. How is this year for  
 you? Hope you pass through it.  
 I know I will.  
 I'm glad we're friends, hope it  
 stays that way. I know it will. Good  
 luck in the future with school & guys.  
 I hope you get what you want out of  
 life. See you later! have not

Dearly,  
 Dearly (HA-HA)  
 "86"  
 (KEY STAL)

Sept. 25, 1984  
 today?

Hey Jimmy  
 How are you  
 Well, Next year I'll be  
 a big arryan so you  
 & Gina will have to  
 show me around.  
 I've been a  
 real good sis  
 (so far) but you're the  
 best sis anyone  
 can have.

# Here's Looking at

Love  
 always,  
 Lisa  
 Dockson

Kim, I guess I should be  
 honored to sign this, huh?  
 glad to have you in  
 Spanish cuz you know  
 what you're doin' and I  
 see you in future  
 years! Spanish Partners,  
 Jami Ong  
 (Andrea in  
 Spanish)

Table of Contents	
Activities .....	6
Academics .....	44
Student Life .....	70
Sports .....	90
Mugs .....	130
Ads/index .....	210



m,  
 s been a long  
 ne, since I left  
 2040, AND NOW I'm  
 writing to you these  
 few words. I'm glad  
 I met you in HIGH SCHOOL.  
 you're a sweet girl! So good  
 Luck in everything in your future, life,  
 I wish for you the best in this life,  
 I Hope you get what you want out of life.  
 ABB EDDIE BOY  
 "El bonito"

Kim,  
 I'm glad we got  
 to be friends. It  
 has been nice knowing  
 you. I hope you have  
 a nice school year.  
 I'll be seeing ya.  
 Love  
 "Menudo".

¡Hola mi amor!

¿Cómo estas?

I Kim I  
 Y  
 BETO

Kim I'm finally going to get to sign  
 your year book, It took me more then a  
 month because I want you to tell you  
 how much I love you, and how much you  
 mean to me. I love you because you are  
 the girl of my dreams and the girl with a pretty  
 face that I always want it to see day after  
 day and every minute of my life.

Kim I hope you don't think that I'm crazy,  
 but you know some ~~th~~ something? I'm crazy and  
 madly in love with you. Well Kim I hope you don't  
 get boring reading this paragraph. Be good and think a lot  
 about me like I do. Your lover the one and only Alberto Daines





Photo by Fashinell

An aerial view of Arroyo gives the school a whole different look while it enters the second year after the merger with Marina High.

Dear Kim,  
I hope you had a good  
Time at summer school  
I didn't, and I think I  
have to go next year  
to summer ha. Have  
a good year. Love  
Paul

**1984 Arroyan**  
**Arroyo High School**  
15701 Lorenzo Avenue  
San Lorenzo, CA 94580  
**Volume 29**





# '40s idol views Arroyo High School

by Rick Blaine as recorded by  
Dean Gurr

It's been a long time since 1942 and my return from Casablanca. I find that my arrival in the States has revealed to me just how much America has changed in 42 years.

In my childhood, I had had a limited education and felt that I had missed out on a lot. That's why one of the first things I decided to do was find out what a typical American high school was like. As it turned out, out of all the schools and institutions in this land, I walked into this one; Arroyo High, in a place called San Lorenzo, a suburb of the Bay Area.

Here I learned that San Lorenzo started out as a small farm-

ing community with acres of crops and orchards. In 1944, when I was saying goodbye to Ilsa in Casablanca, the first step towards urbanization was made in the village. Three housing tracks were built containing 1,600 homes. From then on, the housing developments flourished and brought in many families to live in this village.

Built in 1950, San Lorenzo High was the first high school built in the community. With the growing number of children attending school, Arroyo High was constructed in 1954 with an opening enrollment of Freshmen, sophomores, and juniors.

Students here were known as the Arroyo Dons, representing themselves with a matador and a bull for a mascot and red and black for colors.

For years, San Lorenzo, as well as people from parts of San Leandro, attended Arroyo until Marina High was built and gave students in San Leandro a school closer to home. But with time and changing situations with the San Lorenzo Unified School District, various revisions had to be made.

In 1979, with the closure of junior high schools in the district, Arroyo had added the eighth grade level to the teaching curriculum, as seventh graders moved down into the elementary schools.

In 1982, another decision was made to close Marina High and students were dispersed between Arroyo High and San Lorenzo. Over 90 percent of the student body joined with the Dons to create a feeling of togetherness in the second year, 1984.

Thirty years have passed since Arroyo first opened and many traditions still flourish.



Photo by Fashinell



Photo by Fashinell

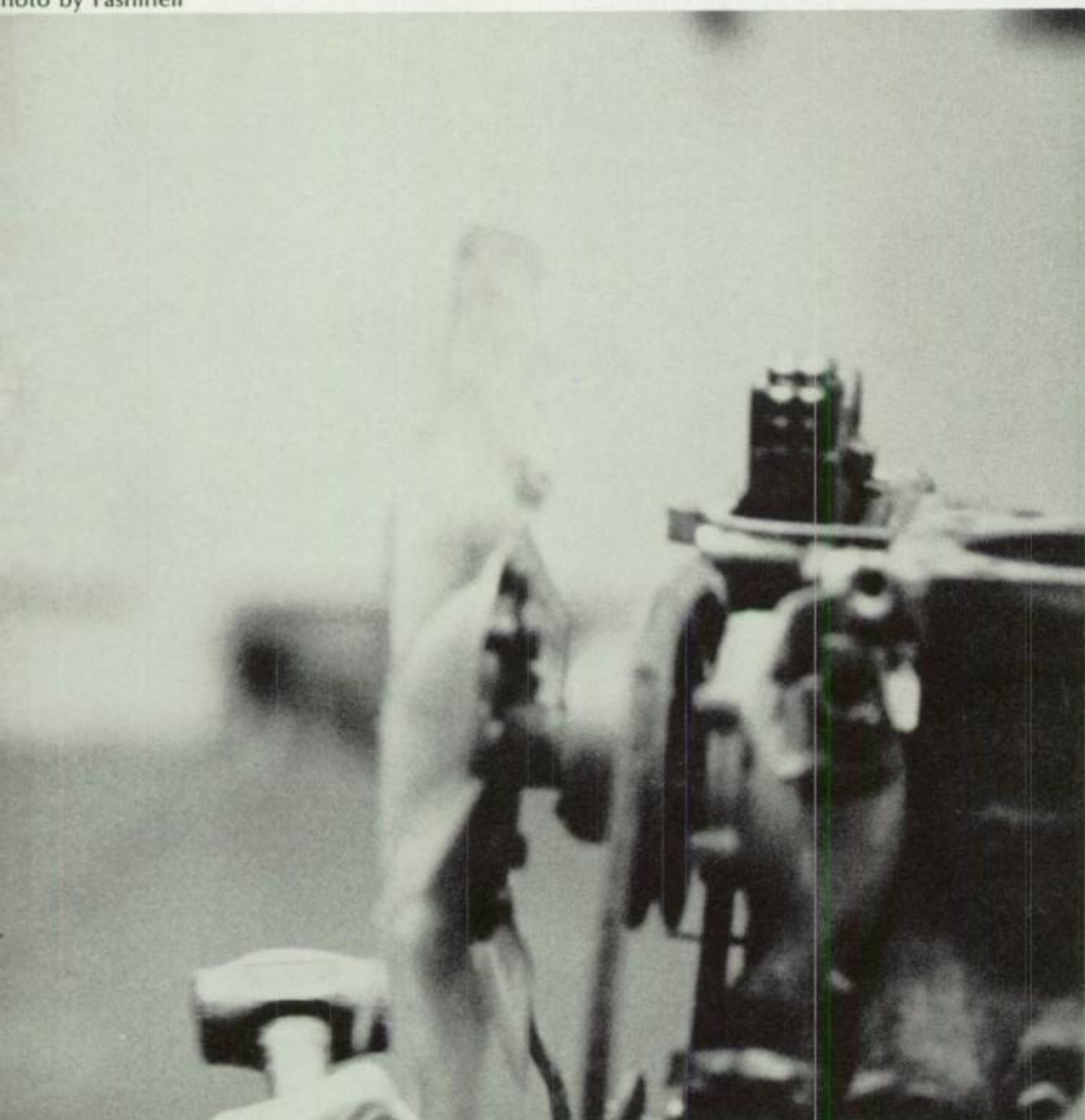
Taking interest in the surroundings, Senior Song-girl Paula Neto sits behind dozens of roses to be presented during the football banquet.



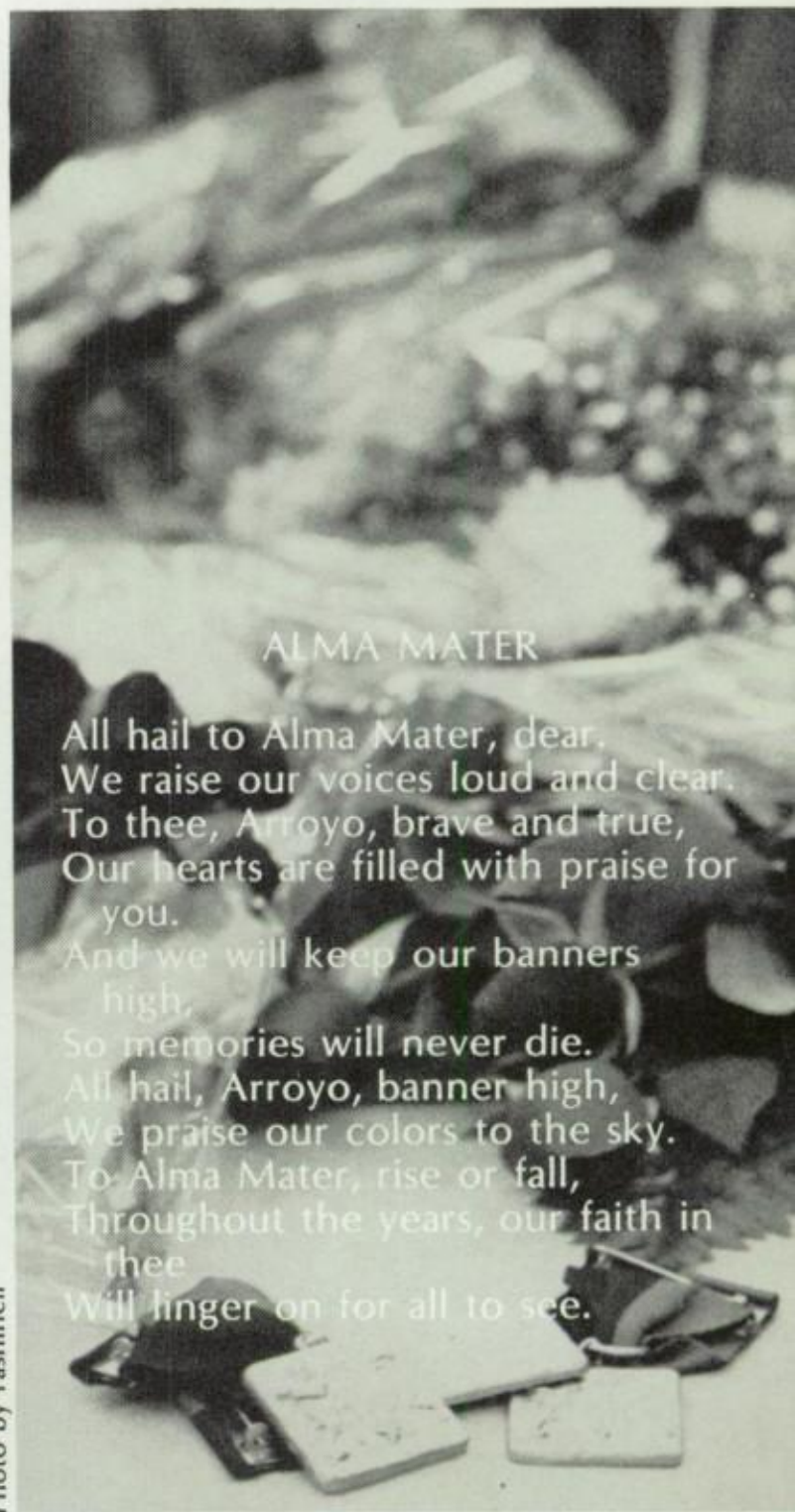


**Pounding away,** Senior James Choate tinkers on an automobile engine for a project in an auto shop class.

Photo by Fashinell



**Poetically decorating** the table, roses and medals await their presentation to the football players.



## ALMA MATER

All hail to Alma Mater, dear.  
We raise our voices loud and clear.  
To thee, Arroyo, brave and true,  
Our hearts are filled with praise for you.  
And we will keep our banners high,  
So memories will never die.  
All hail, Arroyo, banner high,  
We praise our colors to the sky.  
To Alma Mater, rise or fall,  
Throughout the years, our faith in thee  
Will linger on for all to see.

Photo by Fashinell

Photo by Gurr



**Showing their spirit,** Freshmen Debbie Lovell, Michelle Nadolsky, Dawna Hendrickson, Tanja Anderson, and Jullisa Glossin support their class during the Homecoming rally.


**Discussing where** to slot stories, Senior Dry Gulch Gazette Staffers Jeanine Kiliaan and Al El-pusan go over the layout in fourth period newspaper production.



Here's looking at you 3







# Students carry on with traditions, activities

*continued from page 2*

Every year students bare the school colors and await such special events as Homecoming, Spirit Week, Donkey Basketball, and sporting events. The bull still appears at football games and the cheerleaders, song girls, and the new lettergirls cheer on the Dons as they've always done.

All this is often noticed by people in the community. Arroyo is located on Grant Avenue and is only a few yards from Washington Avenue, two main routes that lead in and out of San Lorenzo. Thousands notice this school as they travel these routes

each day.

This place is quite a change from Rick's Place, I must admit. There are so many different areas for each student to get involved in. But one aspect of schooling that all students share is the ability to achieve in academics. With changing times and growing technology, education has become one of the most important needs in today's society.

Through all my investigations and experiences, I found out what an average American High School was like and what went on inside. Being from a desolate place like Morocco, this place is okay by me. Here's lookin' at you, kid!

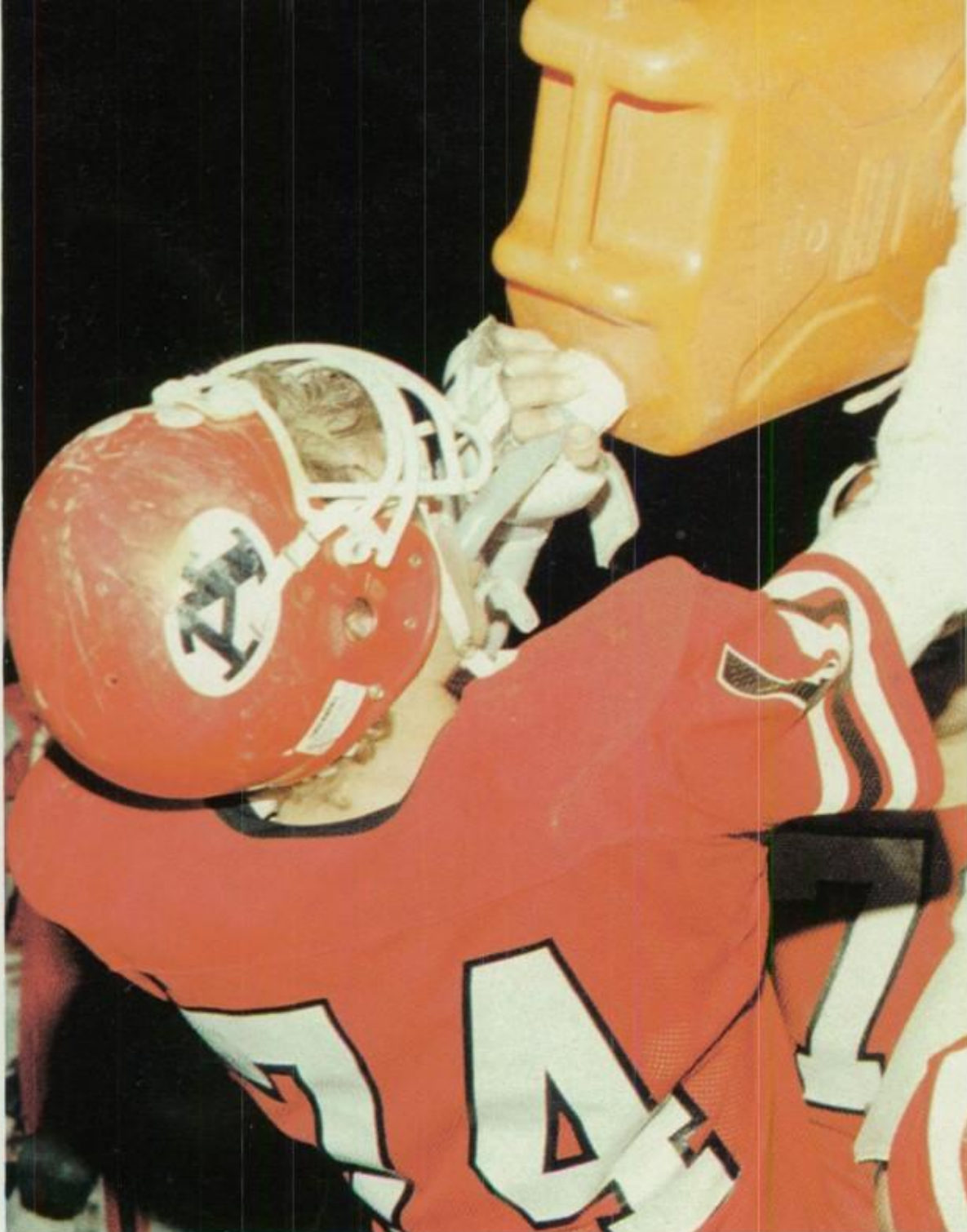
Photos by Fashinell

**Taking a rest** on her free time, an Arroyan sits under the trees, taking cover from the drizzle and haze that hangs over the campus.

**Enjoying the festivities** at the annual Booster Picnic, Sophomore Dan Pryfogle and Mother Pam Pryfogle turn their attention towards the newest addition to the family, little Mary Pryfogle.







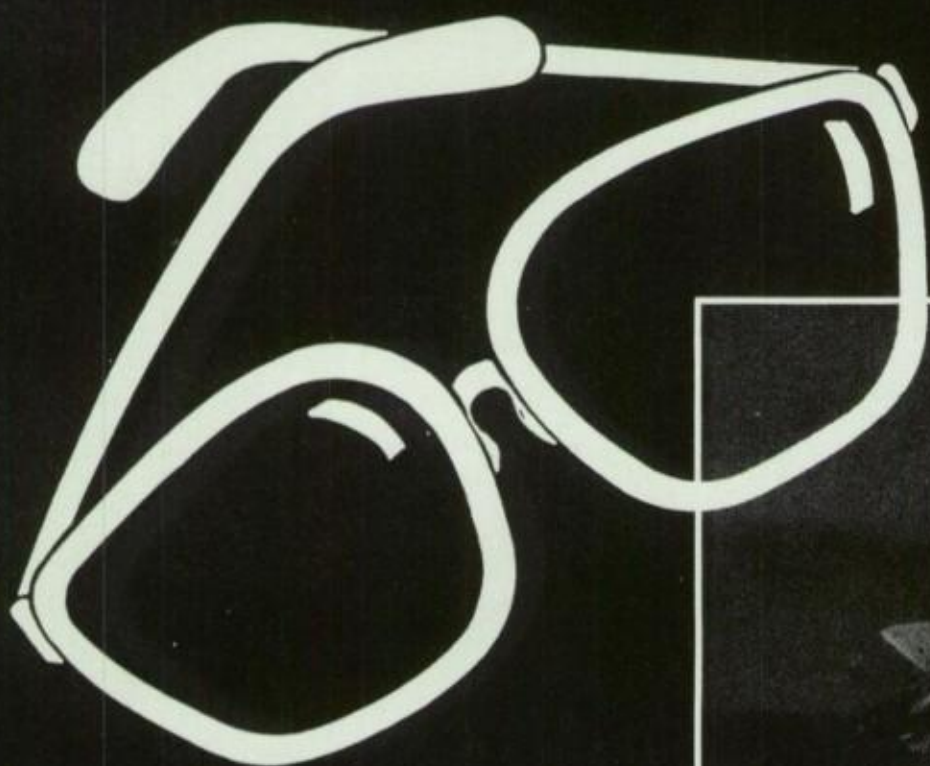
**Taking** a well deserved break at halftime, Senior Defensive Lineman Mike Brown quenches his thirst during a home football game.

**Casting their** own unique shadow, Senior Cross Country Runner Tony Garetto and Frosh-Soph Football Player Lee Teich take a rest from their sports practice and view the activities in the gym.

**Getting an** eyefull, Senior **Gazette** Staffers Sonya Madeiros and Michelle Mello take a revealing look at the male models in the 1984 Chippen-  
dales Calendar.







Taking part in one of the favorite events of the year, Sophomore Shawna Quigley and Senior Jojo Lago watch with amusement at the antics of the donkeys and their riders.

Photo by Jeong





# *Activities enrich campus*

---

By Rick Blaine as recorded  
by Janae Anderson

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Like everything else, I was surprised at how much the school has for the kids to do besides study their lessons. They started clubs, set up a government with kids, and had stuff like dances, field trips, special senior activities and a lot of fundraisers. The biggest events were the dances and Spirit Week and Homecoming.

Spirit Week was a week when everyone in school went crazy. I couldn't believe how strange everyone dressed and acted. It was a little unnerving sometimes, but by the end of the week, I'd caught the fever and found myself acting a little strange too. Each class had its own special theme and tried to follow it the whole week. It was kind of interesting to watch the rallies where classes would have shouting matches. At the end of Spirit Week, they announced the class with the most spirit at the special Spirit Week dance. The dance

was a big moneymaker for the Eighth Grade and Freshmen Classes.

Homecoming was a really big event. There was a big football game where nominees for king and queen were introduced and winners announced. I thought it was a really neat tradition. Even the Eighth through Eleventh grades got to choose their own princes and princesses. So it was neat for the younger kids too. There was a big dance where the winners for prince and princess were announced. The king and queen even got to reign for a day at school. It was all very nice and pretty well organized. There was a rally where the Rally Squad performed their best routines. The whole room went wild. It was neat to see that much enthusiasm.

There were other dances too. They got to have a Junior Prom and a Winter Ball. I related better to these more than anything else although the styles of dress had changed some, but I really "got off" on those tuxedos!

## *Activities*



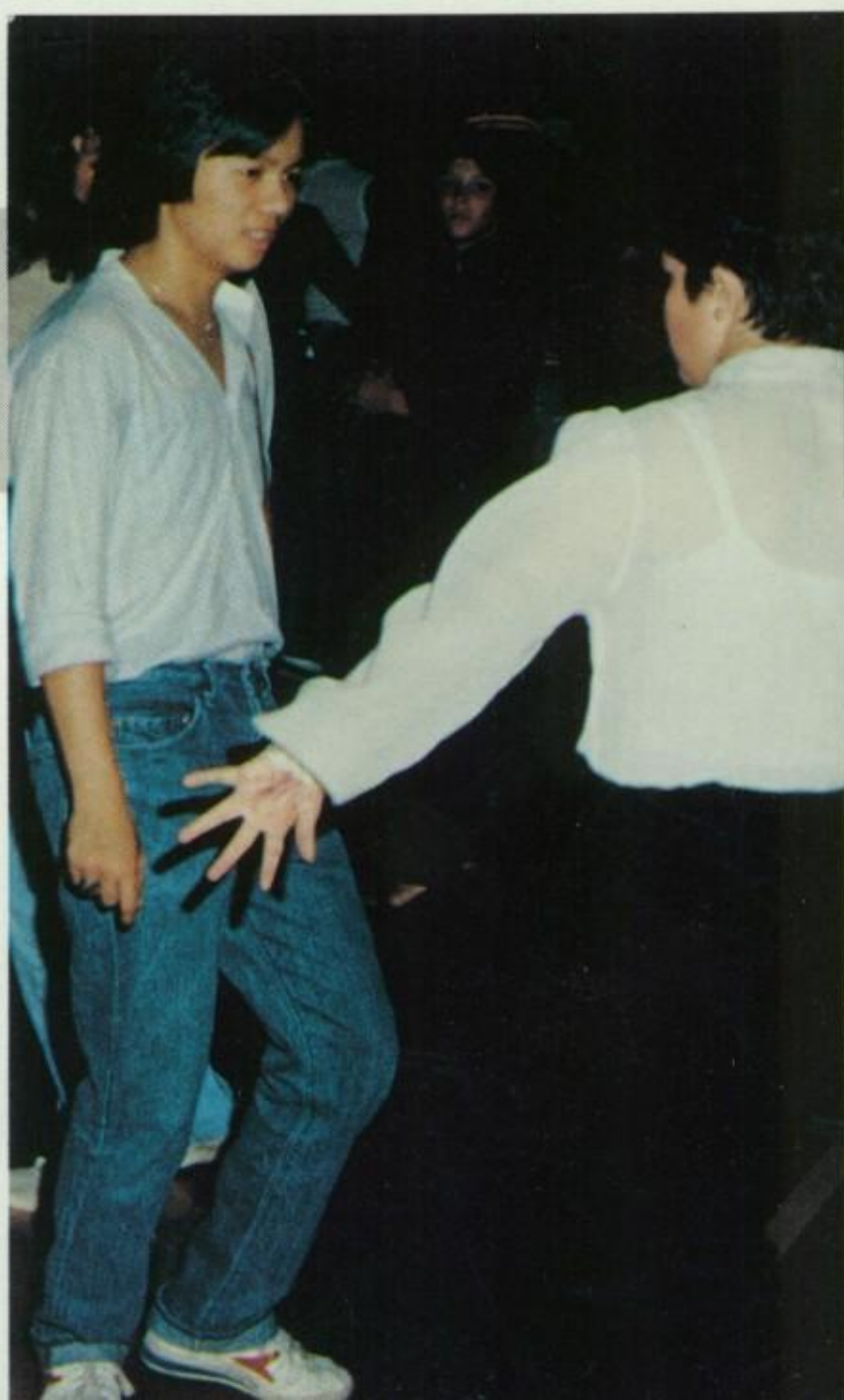


After being crowned by former Homecoming Queen Valerie George, Vicky Corral accepts title with a caring hug.

During halftime festivities, second runners-up for Homecoming King and Queen, Tim Harris and Elizabeth Bennett, graciously accept roses from Cheerleader Juanita Gragg.

While enjoying the food and entertainment at the dance, Homecoming King and Queen Craig Candido and Vicky Corral smile for the crowd.

At the annual Homecoming Victory Dance, Eighth Grader Eva Plumlee and Junior Andy Soo-Hoo move with the music while expecting the announcement of the Homecoming Court.





# Candido, Corral capture Homecoming title

By Tricia Gandsey

Photos by Fashinell

event held only for the King and Queen. They were to dress each other in toilet paper. Then the Queen was to hold a pie tin full of jelly beans with whipped cream covering them. The King was to attempt to eat the candy out of the gooey mess. Both the Freshmen and Seniors tied in the rally events.

A special luncheon for the Homecoming King and Queen, the first and second-runners-up was held Friday afternoon at lunch on the raised patio. Food was catered by Deli Mia. All of the royalty from each class were to attend to the King and Queen with their court.

The annual Homecoming Football game came with a victory over Sunset High. The evening was sponsored by the Rally squad. It was a "big success," according to Director of Activities, Jack Hunt.

"I thought the decorations were really nice", commented Cheerleader

Deanna Roloff.

"Every thing was well organized and everyone seemed to be having a good time. The D J played a good variety of music that everyone seemed to enjoy," stated Senior Songleader Janae Anderson.

The Homecoming princes and princesses consisted of Jason Waling and Heidi Steklis for the Eihth Grade; Marcus Huizar and Erin Perry for the Freshmen Class; Junior Dehoyos and Lani Sanchez for the Sophomore Class; and Dennis Bricker and Debbie Roderick for the Juniors. Receiving crown for Homecoming King and Queen were Craig Candido and Vicky Corral with first runners-up Mike Witherspoon and Evelyn Fernandez, and second runners-up Tim Harris and Elizabeth Bennett.

"I thought it went real well this year because we picked the Homecoming King and Queen on Thursday instead of Friday and that worked out great," said Hunt.

Homecoming 1984 took place during the week of October 31-November 4 and capitalized on spirit among Arroyans.

There was much to do during this week of fun-filled events, including the lunchtime rallies, the big football game, and the annual Homecoming Dance.

The rally was held Friday, November 4 with a variety of activities. There was a scavenger hunt in which each class was given ten cards with a color or an article of clothing on them. Whichever class went and retrieved all the items on the cards won that event. There was also a honeydew melon pass. Three girls and three boys from each class put on big green garbage bags and rubbed vaseline on the melons. The object was to pass the melon over the head and through the legs until it got to the end of the line.

Also during the week was a special



Accepting roses from Junior Cheerleader Michelle Robinson are first runners-up for the Homecoming Court, Evelyn Fernandez and Mike Witherspoon.

Moving to the beat of the music, Junior Dave Cuneo and partner Rachael Bybee enjoy themselves at the annual Homecoming Dance.







**Working together** during rally, Senior Deana Zoggas and Michael Bechtoldt attempt to carry a ping-pong ball between two bottles across the gym floor.

**Blowing the brass**, Juniors Erik Bertaud and James McLean add a little music to entertain students during a rally in which Band was the center point.

**Forming a pyramid**: Bottom Row: Michelle Robinson, Stacy Brose, Stacy Rossette and Deanna Rolloff. Middle Row: Juanita Gragg, Susan Holmes, and Vicky Corral. Top Row: Deanna Hill.

**Grouping together**, Eighth Graders Heidi Knupher, Cassie Romero, Lori Spear, and Candy Green, look enthusiastic as they applaud during rally.





# Arroyans demonstrate class, school spirit

by Bryan Proctor

Those who attended the 1984 rallies had a look of entrancement throughout the year.

"Homecoming was the biggest and the best," stated Activity Director Jack Hunt. "This rally was most impressive due to its class competition," stated Hunt. "This builds for a greater class spirit."

Class competition reached its highest peak during Spirit Week. The theme

for Spirit Week was "Arroyo Goes to the Olympics." Each class was divided into countries: Seniors represented the United States, Juniors were Japan, Sophomores were Saudia Arabia, Freshman were Greece, and Eighth-Grade was Mexico.

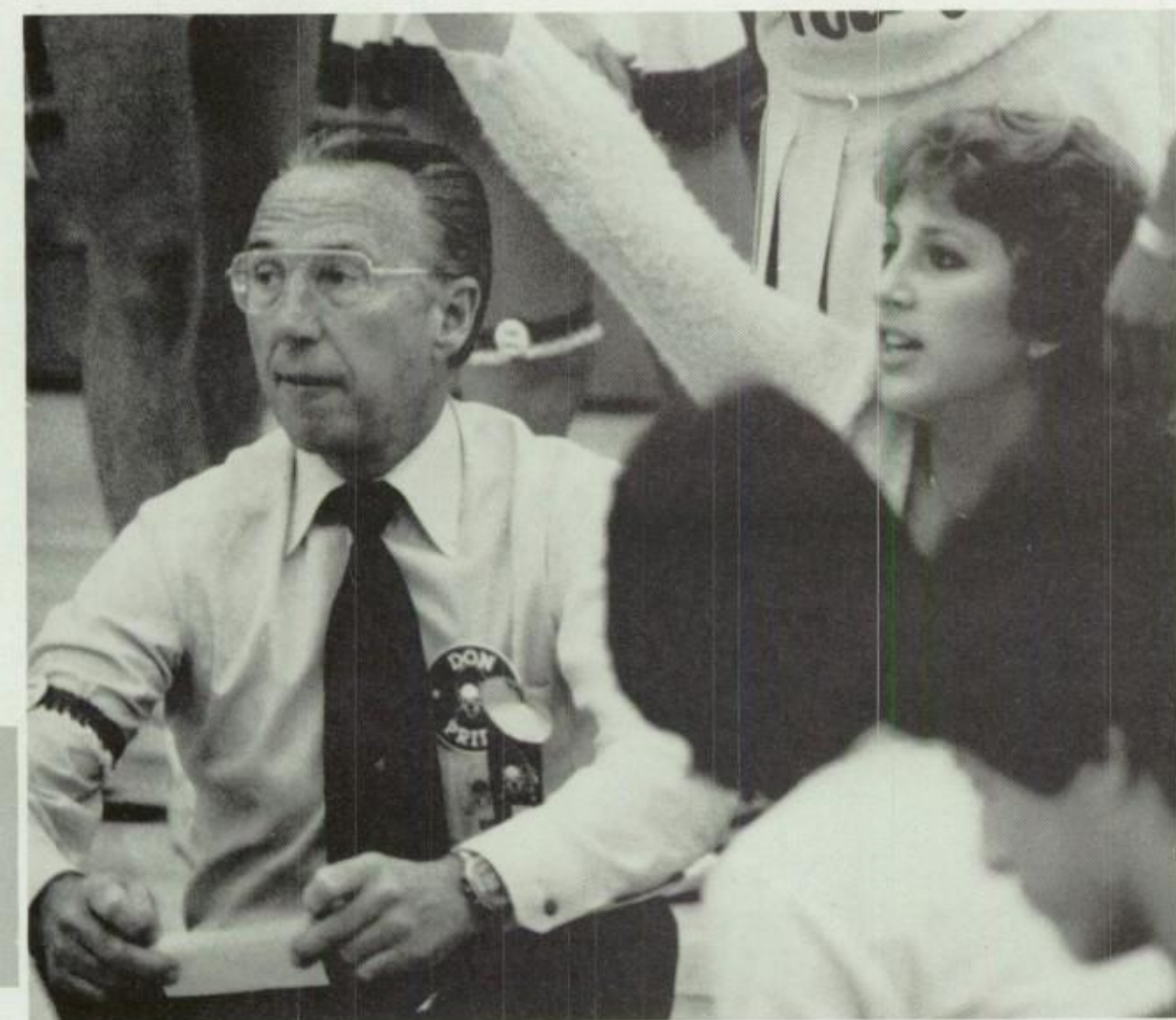
Each country completed in traditional events, such as chariot races and frisbie tossing, during lunchtime. After the event, a first place winner would receive a gold, second a silver, and third a bronze medal.

The Wednesday night rally illustrated true class spirit. The time and preparation in the decorations showed an ex-

cellent overall theme. "The decorations were excellent especially the detail, as illustrated in the Junior and Senior classes," stated Senior Craig Nakashima.

Saudia Arabia, the Sophomore class and overall spirit winners, incorporated a miniature oil rig model into their theme. Japan, the Junior Class, portrayed Sumo wrestlers involving students from the audience.

"Rallies at AHS involved the student body. The people who were there made them more successful than previous years," stated Senior Class President Ken Montgomery.



**Watching intently** Principal Roy Hanson and Junior Barbara Clegg show their spirit while participating in a lunch time rally.

**Participating in** rally, Sophomore Pamela Bush, Sallie Vidaurri, and Annette Moring illustrate class spirit during Homecoming rally.

**Clapping to beat**, Freshmen Gretchen Sorensen and Michelle Nadolski sway to the rhythm of the music while enjoying entertainment presentation.







## Flack-Bryson song sets Winter Ball theme

By Michelle Raney

Arroyo's cafeteria took on a very romantic look decorated in light pink and maroon as the setting for the Winter Ball which was held December 9, from 8-11 p.m. "Tonight We Celebrate Our Love" by Roberta Flack and Peebo Bryson set the theme and mood for Arroyo students attending the ball.

Daniel Pryfogle, president of the Sophomore Class, and the other Class of '86 officers organized the Winter Ball along with the advisors, Social Studies Teacher Steve Miller and Government Teacher Sheila O'Connell.

Presale tickets were sold for \$6 with an activity sticker and \$10 without per couple. Tickets at the door cost \$8 with an activity sticker and \$12 without.

Attending the ball were a total of 175 couples which gave the Class of '86 a profit of over \$600, making the Winter

Ball a very successful and profitable event.

Sophomore Darlene Sasaki, treasurer for the class who attended the ball with Sophomore Shane Gusman, said, "The Winter Ball turned out a lot better than we had planned."

Senior Charlene Ponzo, who was accompanied by date Jeff Fernandes, said, "It wasn't exactly what I had expected, but it turned out to be really fun."

Attire was to be semi-formal and ranged from tuxedos and long dresses to blue jeans and pant suits.

"Bay Sounds" of San Francisco provided the disc jockey who played the most popular and up-to-date music for the entire evening. Everyone who attended the ball seemed to enjoy themselves dancing, being with friends, and just having fun.

"It was very enjoyable, I had a really good time," said Senior Julie Sparrow.

"I had a good time, but felt that it could have been better," said Senior Sheryl Dyer.







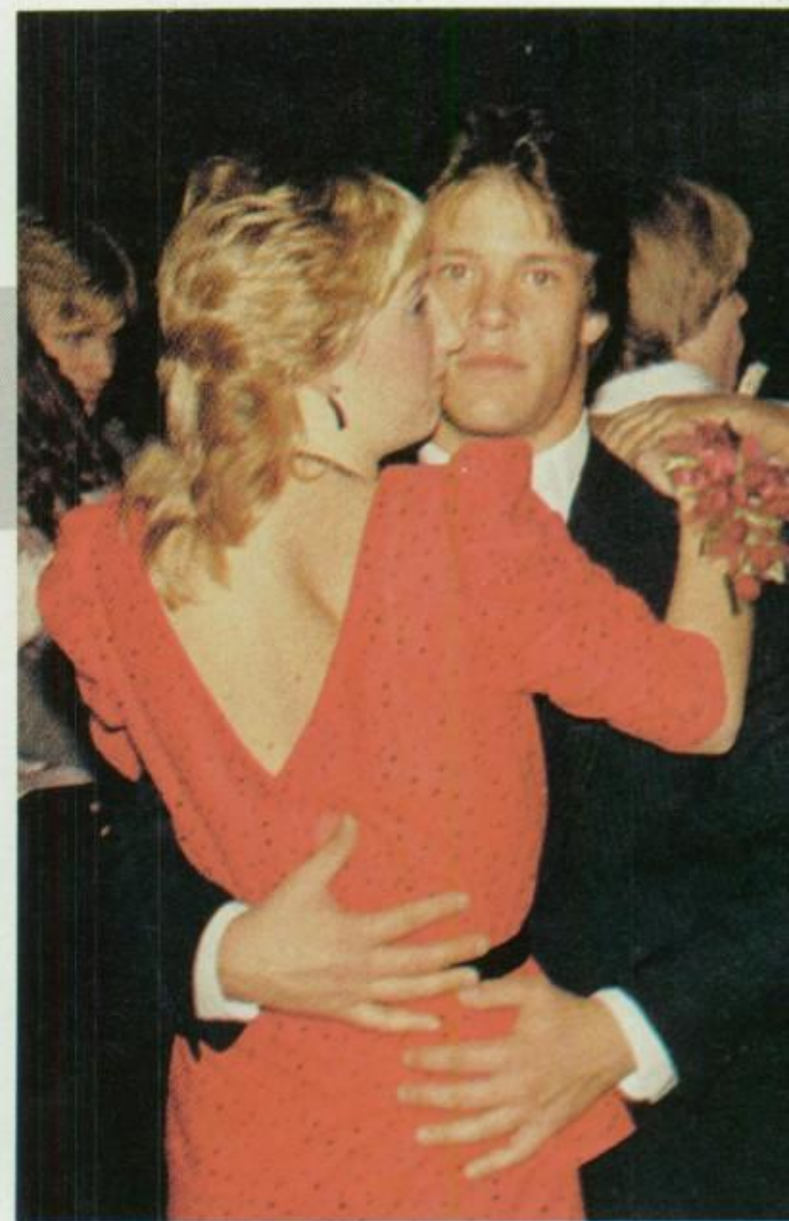
**Expressing their** feelings, Freshman Michelle Armstrong and Eighth Grader Jon Archuleta share a special moment together, while Sophomores Teri Norman and Ron Ingebretson fix boutonniere.

**Sitting close** together, Sophomore Lani Sanchez and Guest Danny Fernandez discuss what they will do and where they will go after the Ball.

**Enjoying a** laugh together, Senior Janae Anderson and escort Keith Heaton take a short break from their evening of dancing.

**Showing what** dancing is all about, Senior Mike Witherspoon and Junior Deanna Hill let loose when the disc jockey plays their favorite song.

**Concentrating on** each other Senior Charlene Ponzo and Guest Jeff Fernandes enjoy a romantic twirl on the dance floor.





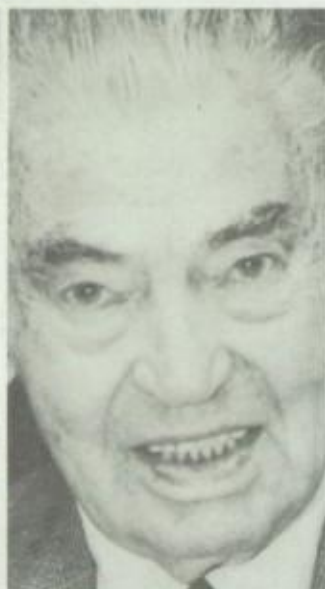


Wide World Photos

**Staring blankly** at the rubble, an American marine reflects on the aftermath of an attack on United States troops in Lebanon.



Wide World Photos



Wide World Photos



**Crashing surf** ruined Malibu, California homes as a series of severe storms lashed the West Coast in the early months of 1983.

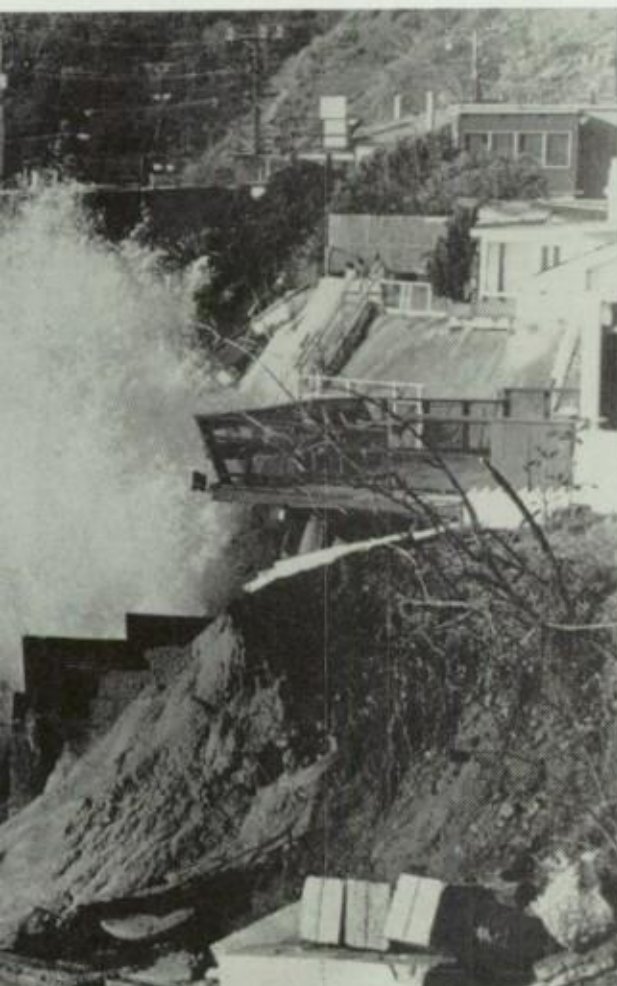
Lillian Carter  
Terrence Cardinal Cooke

Jack Dempsey  
Arthur Godfrey

Raymond Massey  
David Niven

Pat O'Brien  
Gloria Swanson





# World events shape year

by Staff

Many exciting and tragic events led the world from 1983 into 1984, a year of ominous value, according to Writer George Orwell.

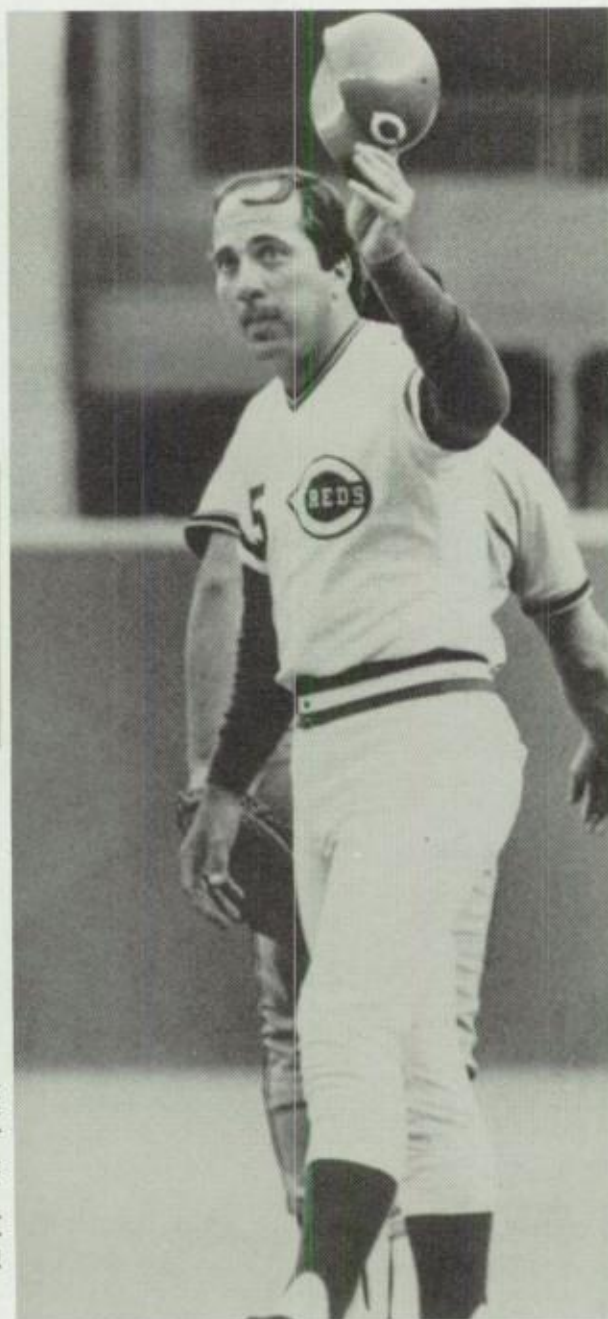
While both good news and bad news abounded during the year, the most important news stories for 1983, according to the Associated Press, were the tragic shooting of Korean jetliner 007 and the barbaric attack on the American compound in Beirut, Lebanon by suicide-bent terrorists.

In the Korean incident, 269 passengers were killed when the plane allegedly violated Soviet airspace on its

flight from Alaska to Seoul, Korea. President Reagan termed the attack as a "barbaric act."

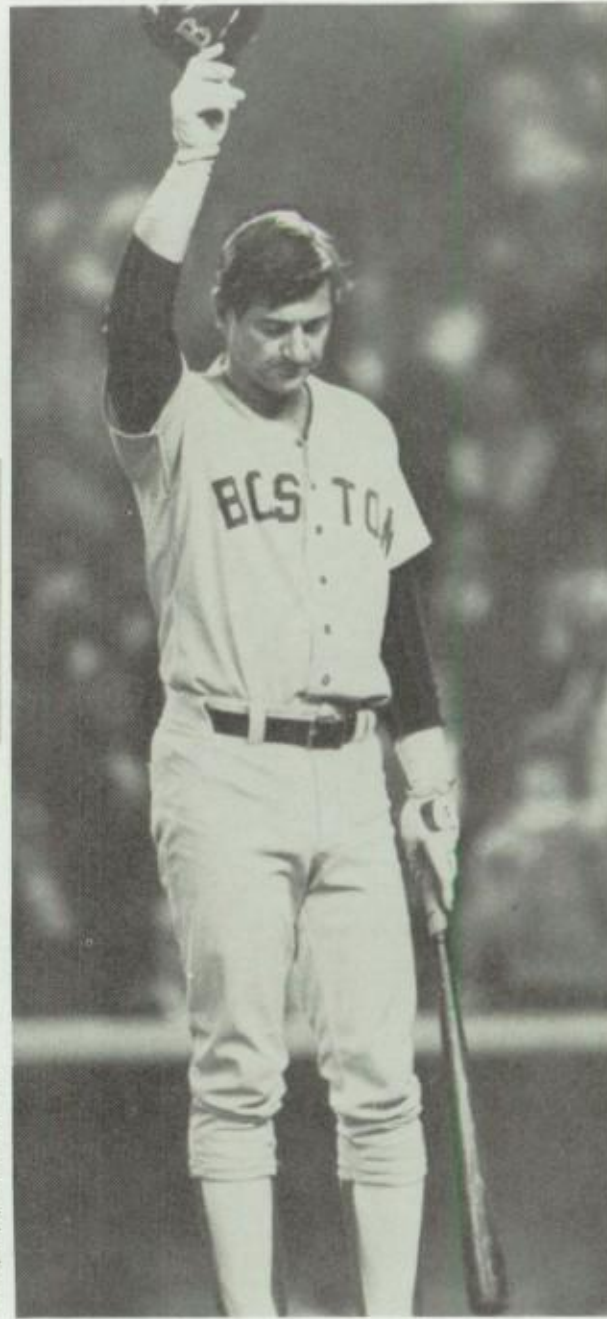
In Lebanon, while American marines acted as a part of a peace-keeping force, a crazed terrorist rammed several barricades and crashed his dynamite-laden truck into the walls of the American embassy. The death toll reached 251, and sparked a controversy concerning the actual deployment of US men in the Middle East.

For crises the world had to respond to devastating earthquakes in Turkey and severe storms in the Pacific which left millions of dollars of homes in Northern and Southern California in ruins, but ended the severe drought on the West Coast.



Wide World Photo

**Waving his famous red cap,** Cincinnati Catcher Johnny Bench, 35, salutes his fans announcing his retirement from professional baseball.



Wide World Photo

**Bidding farewell,** 44-year-old Carl Yastremski salutes Boston Red Sox fans in the final game of his long-running career in the majors.





# Lebanon remains top story

by Staff

On a positive note, 1983 will be remembered for the year of the epic motion picture. "Ghandi" and star Ben Kingsley swept the Oscars with "ET, the Extraterrestrial," finishing as the top box office winner of all time. Meryl

Streep was awarded Best Actress honors for "Sophie's Choice."

Singer Michael Jackson swept the music category with multiple hits and honors for his album, "Thriller." Jackson, 25, won eight out of 12 awards in the American Music awards for songs, such as "Beat It," "Billie Jean," and "Thriller." Despite his prowess, Jackson was aced out of Song of the year honors by the Police's "Every Breath You Take."

In sports news, the world saw the retirement of two baseball greats, Carl Yastremski and Johnny Bench. The Raiders, formerly of Oakland, and the San Francisco 49-ers both made it to division football playoffs. The Raiders even won the Super Bowl in Tampa Bay, Florida by downing the Washington Redskins 38-9.

1983 was the year of the first testube twins, the first American female and black astronauts, and the one hundredth anniversary of the opening of the Brooklyn Bridge. Perhaps the most memorable first of the year occurred in September when Vanessa Williams, a Syracuse University coed, was named Miss America, the first black woman ever honored.



Wide World Photo



Wide World Photo



Wide World Photo

**Beaming with pride**, Miss New York, Vanessa Williams, reacts to her announcement as the first Black Miss America following her coronation by 1983 Miss America Debbie Maffet of California.

**Reacting in grief**, a Turkish mother discovers the bodies of her five children who were killed in a severe earthquake in a remote, mountainous area of her Middle Eastern homeland.

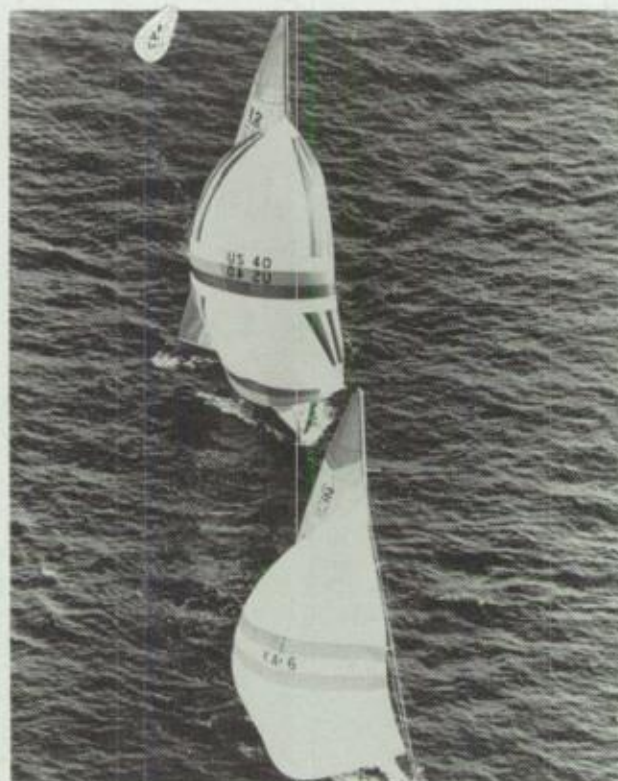






Wide World Photo

**Lifted to safety** and clinging to life, a US marine is pulled out of the rubble of the American compound in Beirut following a suicide attack by terrorists.



Wide World Photo

**After 132 years**, the United States lost the America's Cup Race to Australia II which featured a controversial keel.



Wide World Photo

Wide World Photo

**Smiling broadly**, Astronauts Sally Ride and Guion Bluford, Jr., the first woman and black in space, display a mock-up of Shuttle Flight Number Seven.



**Happily displaying** their firsts, Todd and Nancy Tilton pose for the press following the birth of children, Heather Jean and Todd Mac Donald, the first test-tube twins.

**Weeping on the** casket of her new husband, Bride Mishleen Abi Granem Earle tearfully bids farewell to her husband of 16 days, Navy Medic Bryan Earle who was killed in Beirut.





**Getting involved** in her solo, Senior Mary Sanchez, plays her flute while Music Teacher Pam Nadeau conducts.



**Raising their** voices in song, Row one; Bridgette Wynn, Sherry Gantt, Susan Levesque, and Miriam Yassin. Row two; Rick Vasconceios, Craig Lewis, Lisa Chaney, and Ingeborg Raum. Row three; Keith Freitas, Kevin Agrella, and April Critelli, perform.



**Playing with** feeling, Band Members Jennifer Gibson on clarinet and John Chester on the saxophone, perform for better tone control.

## *New music director leads Concert*

By Charlene Ponzo and Bryan Proctor

With 180 students and parents attending this year's Winter Concert, success seemed likely.

"It was one of the best concerts I've ever played in here at Arroyo" stated Musician Jennifer Schwarz.

Pamela Nadeau, first-time instrumental music director at Arroyo, stated she wasn't sure of the outcome until the night of the concert, but "it all seemed to come together." Nadeau added that the students buckled down and played better than expected.

The musical agenda included such material as, "Another Star" and "Stars and Stripes Forever." Included in the concert were many Christmas-themed songs.

Before the Winter Concert appearances were made at the San Ramon Jazz Festival and Day-in-the-Park which gave the musicians confidence. "One

month was all that they had to practice," stated Nadeau.

Though the concert was very successful it had a touch of irony. The Christmas tree which was scheduled to be decorated by the students before the concert never came. So the Winter Concert, with many Christmas-themed songs, had no tree to be highlighted.

Overall the participation exhibited by both the students and parents was amazing. Choral Director Patricia Schultz, along with Nadeau, received compliments from parents after the performance.

The opening was "Fireworks Music" performed by the Orchestra and closing was "Stars and Stripes Forever" performed by the Concert Band." Both musical overtures proved the true talent that the musicians had.

The Winter performance was the beginning of the 1983-1984 concert season that included the spring and fall performances.







Photos by Fashinell



**Relaxing after** their performance, Choir Members Julie Ann Baptista and Christine Anderson sit back and enjoy the evening.

**Band Members** Mary Sanchez, Ron Burton, and Ron Johnson wait for their cue, while Rod Cavazos and Gary DeFer play their Saxaphones.



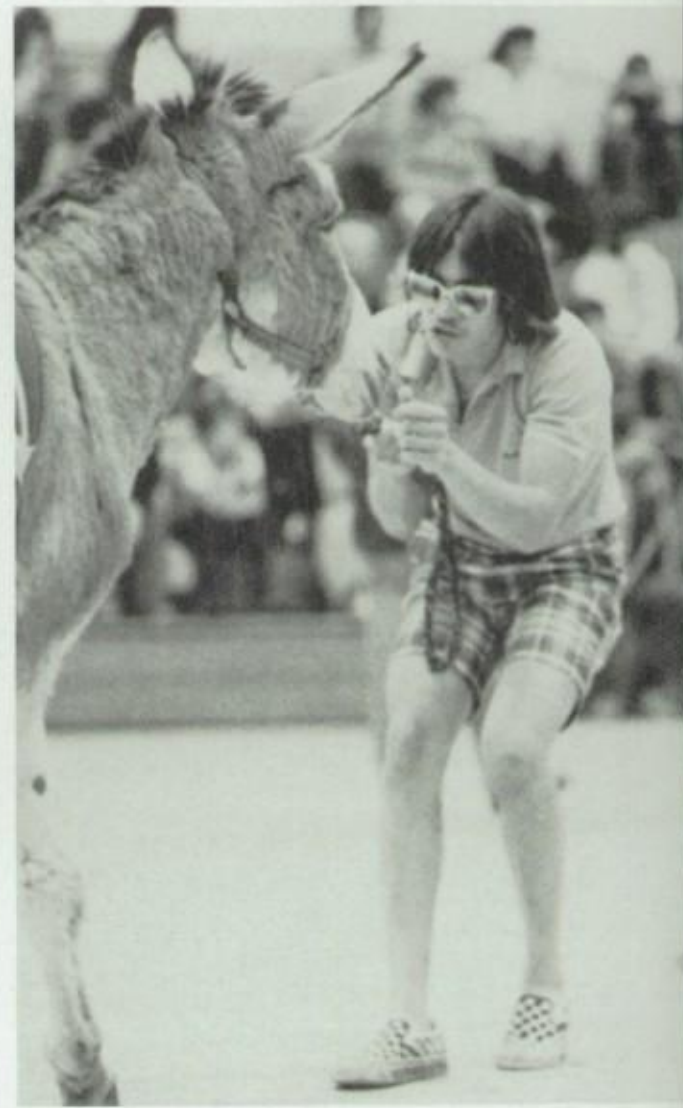
**Concentrating on** Conductor Patricia Schultz, the Mixed Choir: Front Row; Cathy Malandish, Heidi Kunfer, Bertha Hernandez, Sabrina Chin, Julieann Baptista, Kristina Anderson, Lilia Fahnestock, and Darlene Lum. Second Row; Hope Belshe, Lori Speers, Marjorie Belknap, Amy Amaral. Third Row; Jennifer Gibson, Lisa Cartmell, Kimberly Stiles, Laurie Lovell, Nadine Quiroz, Nanette Pule, and Pam Bush. Back Row; Carrie Shoptaw, Andrea Drew, Karla Watson, Susan Perry, and Lisa VanHeurck sing with enthusiasm.







With enthusiastic expression, Junior Dyan Dezotte prepares to pass the ball to a teammate, while Junior Lynne Sorenson determinedly tries to direct her donkey.



Intensely concentrating on gaining better balance, Senior participant Chris Sullivan tries to keep hold of the basketball without falling off his donkey.

Sweet talking his stubborn donkey, Sophomore Team Member Tommy Fashinell entices his partner to cooperate and move from its frozen position at center court.





# Alumni retains title at Donkey Basketball

By Paula Neto and Arlene Ogata

Looking over the Donkey Basketball game, a total profit of approximately \$350 was made for the Athletic programs January 18.

Physical Education Department Chairman Tammy Battino, when asked about the turnout, said, "The event was pretty successful, but it may have been more so had it been included in the Spirit Week activities."

All money was collected at the door the evening of the game, instead of selling pre-sale tickets. Battino explained the students who participated

were usually the ones who sold the most tickets, instead the classes chose the players that would represent them.

"The playing time of the game should have been longer, but it was still a lot of fun," stated Cross Country Team Captain Bob Frates.

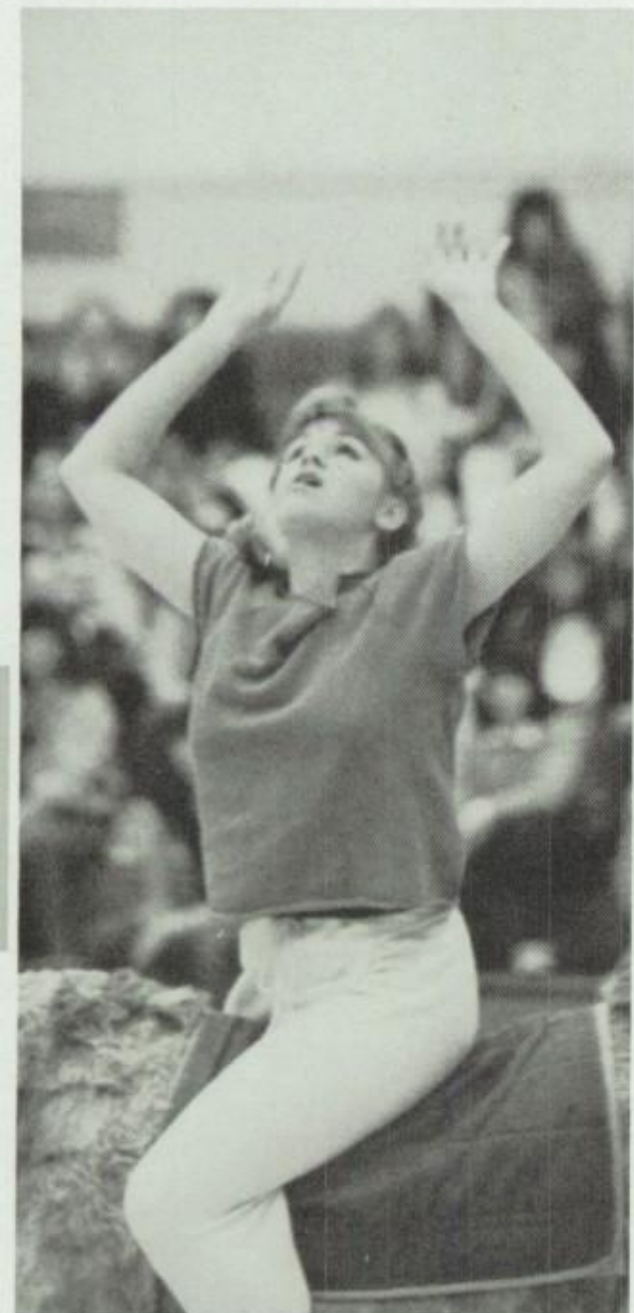
Each team played a 10-minute round and the winners of each would have a playoff game.

In the first game the Eighth Grade and Freshman played the Sophomores and were defeated 6-12.

The Juniors and Seniors in overtime had a spectacular game and Junior John Aguilera sunk the last shot to pull them ahead to a 12-10 win.

With the Juniors and Sophomores in the play-off round, they battled to see who would take the glory. Each team controlled the ball enough to score 6-6, and in the last seconds, Sophomore President Danny Pryfogle shot for two which made the final score 8-6.

Winding up the evening with the traditional play of Block A against the Alumni, one could have felt the excitement mount. The Alumni pulled ahead and Block A couldn't seem to catch up as the final minute of the game approached and the clock ran down to an 8-2 victory for the Alumni, who again remained victorious over the Block A team as in past years.



Photos by Fashinell

**Anticipating the shot** underneath the basket, Junior Erin Looney awaits to see if she successfully scored a victorious point for her team.

**Grinning at his perfect shot**, Junior Ted Parham gives a sign of "thumbs up" with satisfaction as he advances his team's score.





# Arroyo spirit follows Olympian traditions

By Janae Anderson and  
Charlene Ponzo

With the world in an uproar over the Olympics, the Arroyo student body got a little curious about what it was like to be in the games. With this thought in mind, the theme of "Arroyo Goes to the Olympics" was adopted for the 1984 Spirit Week. Each class adopted its flag's colors, national holiday, national

anthem, and native costume. The Senior Class chose to represent the USA. The Juniors selected Japan. The Sophomores adopted Saudi Arabia. The Freshmen chose Greece, and the Eighth Graders, Mexico.

Spirit Week was coordinated by Leadership Members Juanita Gragg and Mickey Potts. They, with the support and suggestions of other officers, decided on what events should be held, what to use in them, and where to hold

Photos by Fashinell

them. "The most difficult event to coordinate was the night rally," said Gragg, "and to talk in front of all those people. It was my first time."

Activities Director Jack Hunt viewed the week as being very well organized and successful. "I thought it was much more organized and there was a lot more participation. The theme was ideal because we could do so much with it. We used both countries and Olympics. It was a great week."



**Class of 1985 Squad:** Barbara Clegg, Patti Stender, April Wood, Shauna Arrowsmith, Clea Geick, Leslie McCallion, Tracey Sterling, and Lynne Sorensen.

**Class of 1987 Squad:** Jullisa Glossin, Julie Lumley, Michelle Nadolsky, Cathy Mose, Valerie Baez, Shelley Borges, Mara Carpenter, and Lisa Pratt.

**I Think I'm Turning Japanese!** President Debbie Roderick prepares herself to give the Junior Class presentation.

**Marching with the United States Flag,** Senior Class President Ken Montgomery and 1984 Squad: Lisa Costa and Gina Zoggas show their spirit.







**Putting on the finishing touches!** Juniors Erin Looney and Leslie McCallion put on make-up before the rally.

**Alerting the crowd** with a prop during the rally Freshman Helena Weis tries to get everyone in the spirit!



**Class of 1986 Squad:** Heidi Belshe, Doug Statler, Kristen Ericksen, Tommy Fashinell, Michelle Smith, Tony Aniasco, Debbie Renquist, and Randy Morris.







**Joining together** and cheering on their side of the gym, Seniors Lisa Costa, Susan Witkowski, Evelyn Fernandez, Stacie Brose, and Rene Regal-muto, sway to the rhythm of the music.

**Representing their** class country, Freshmen Shelly Borges, Lisa Pratt, and Kathy Mose smile excitedly to the students while parading around the gym.



**Class of 1984:** Front Row; Rhonda Castillo, Deana Zoggas, and Susan Witkowski. Back Row; Lisa Costa, Dawn Tagliapietra, and Gina Zoggas.





# Sophomores capture gold medal of spirit

by Arlene Ogata and Bryan Proctor

Together and spirit were the words to describe the look of the Sophomore Class of 1986 as they dominated Spirit Week, 1984.

"Arroyo Goes to the Olympics" was the theme chosen for this year's annual event. With each class selecting one country to represent, the choices were as follows: Senior Class- USA with colors red, white, and blue, Junior Class- Japan with colors red and white, Sophomore Class- Saudi Arabia with colors black and white, Freshmen Class- Greece with colors blue and white, Eighth Grade Class- Mexico with colors green and yellow.

Throughout the week, activities such as special dress days were held, along with the traditional lunchtime rallies. Medals of gold, silver, and bronze were awarded to winners of games which varied from gymnastics to a decathlon.

"It was a little more than I expected. I didn't expect as many people at the rallies," stated Coordinator Micky Potts, when asked about class participation. The Night Rally, held Wednesday, February 8, in the gym from 7:00 to 8:30 p.m., proved successful as many gathered for the traditional event. Judges, selected from the Arroyo Booster Club, gathered to evaluate classes on spirit and the presentation of their themes. Each class had 15 minutes to present their class song, cheer, skit, and contest. Each class also had a space behind their sections to decorate which was also judged.

Finishing off the week, was the annual Spirit Dance which was held in the gym from 8-11 p.m. Co-sponsored by the Eighth Grade and Freshmen Classes, the dance proved prosperous as each class profitted \$400. Highlighting the evening was the announcement of the winners of eight categories: best decorated section, best skit, most class participation, best rally participation, most spirited leader, best over-all spirit leader, best spirit squad, and over-all spirit jug. Winning four out of the eight categories, the Sophomore Class triumphantly received the jug, with the Freshmen Class coming in second, and the Senior Class, third.

When asked what he thought of this year's Spirit Week, Activities Director Jack Hunt stated, "I liked the theme because there was so much you can do with it. I thought it was the best theme in years."

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With a burst of Spirit, Senior Gina Zoggas shows enthusiasm by throwing confetti to cover the gym floor.

Trimphantly accepting spirit Jug, Freshmen Jennifer Gregory, Helena Weiss, and Sophomore Dan Pryfogyle express gratification during the Wednesday night rally.



Class of 1988 Squad: Stephanie Witherspoon, Laurie Lovell, Rachelle Rodrigues, Teena Fanen, Darcella Gragg, and Lisa Pirie.





# Eighth Graders perform in spring play

by Bryan Proctor

The curtain went up for the "Curtain Going Up" here at Arroyo May 10 and 11.

The play consisted of a cast of 17, with the leads played by Juniors Laura Ward, Diane Rinella, Sophomore Casey O'Connell, Freshman Brent Anderson, and Eighth Grader Tammie Miller.

"Curtain Going Up" dealt with the production of a play, before, during, and after its debut. The scene throughout was the stage and auditorium of Riverview High School. It centered around a drama teacher, played by Laura Ward, who tries to put on a performance, but everything and anything goes wrong.

Photos by Fashinell

"The play was selected for a couple of reasons; its large cast, and because of its simplicity," stated Director Gerry Fisher.

One important change in this year's play was the incorporation of Eighth Graders into the cast. "The Eighth Graders contributed very well to the outcome of the play," stated ex-drama performer Lisa Regan. "I was very surprised that the play was a success due to the mid-year retirement of the Drama Department Instructor Wayne Ward.

"The play was a success even though there was not a lot of people in attendance," stated Senior Jennifer Schwarz.

This year's Spring Play was dedicated to the memory of Julie Connell.

## CAST

Miss Irene Burgess	Laura Ward
Lory Fuller	Diane Rinella
Nancy Leveridge	Tammy Miller
Miss Moran	Adrienne Montaine
Miss Rivers	Nancy VanderHeiden
Elsie Hunter	Susie Schwarz
Sylvia Moore	Debbie Kelley
Janet Young	Candy Green
Joan White	Vicki Bargagliotti
Kyle Roberts	Andrea James
Mr. Carter	Brent Anderson
Andy Fullbright	Casey O'Connell
Jocko Guthrie	Damon Bishop
Milt Sanders	Todd Shaw
Buck O'Hara	Randy Morris
Mr. Peterson	Nathan Powers
Mr. Leveridge	Rick Knupfer



**Putting on** some last minute finishing touches, Sophomore Randy Morris dabs on some make-up while Sophomore Casey O'Connell listens to some music on his headset.

**Showing who** is in charge of the situation, Sophomore Randy Morris gets a firm grip on Eighth-grader performer Todd Shaw using authority in getting his way.

**Checking the** mirror to see if her hair is fixed just right for the Spring Play "Curtain Going Up," Susan Schwarz is assisted by Sophomore Rick Knipfer.







**Acting** as if only a little disturbed, Sophomore Randy Morris gives Eighth-Grader Todd Shaw a tap on the shoulder that knocks him onto the stage floor.

**Reciting lines** from the script "Curtain Going Up," Junior Diane Rinella questions Sophomore Casey O'Connell during dress rehearsal after school.

**In deep** conversation about their lines in this year's Spring Play, Junior Laura Ward and Diane Rinella sit and express their feelings during the show.

**As Junior** Laura Ward says her lines, Freshmen Vicky Bargagliotti, Debbie Kelley, and Sophomore Candy Green listen attentively and wait for their cue.





# SPRING CONCERT MASQUERADE<sup>84</sup>



**While speaking** to the audience, Principal Roy Hanson explains what the next songs are to be played by Rick Pestana, Erik Bertaud, Ron Burton, Don Berryhill, Todd Springer, and Music Department Instructor Pam Nadeau.

**Listening to** the tunes of their instruments, Band Members Sal Castilla, Brian Popovits, and Robert Newell show off some of their many talents during the Spring Concert.





# Four bands perform for Spring Concert

Photos by Long

by Charlene Ponzo

Four bands performed at Arroyo High School's Instrumental Music Department's annual Spring Concert May 24, in the cafetorium.

Instrumental Music Teacher Pam Nadeau directed the Jazz Band, Intermediate Band, Concert Band, and Orchestra. Each band performed 3-5 songs. The audience was composed mostly of parents and relatives.

Highlighting the evening were Soloists Jennifer Schwarz on flute, and Eric Bertaud on the saxophone. As a special treat, Instructor Pam Nadeau played in a trio with Polly Smith on the flute, Tim

Dennison, on the piano, and Nadeau on the clarinet.

A lot of work went into the Spring Concert, which was the last concert of the school year. "Practices are really going great, everybody seems to be very enthusiastic," stated Senior Jennifer Schwarz at press time. The bands practiced about 5-7 hours weekly, and practiced by themselves as well as with each other.

"The Spring Concert was a really good turnout I think the students had a really good time and enjoyed themselves!" commented Instrumental Teacher Nadeau.



**Concentrating intently** on completing a flawless performance, Senior Mary Sanchez works on playing her solo expertly during the Spring Concert held in April.

**Soloing on** stage in front of her peers, Senior Jennifer Schwarz displays her talent as fellow musicians Mary Sanchez, Don Berryhill, Bill Garland, Ron Burton, and Todd Springer accompany.

**Forming a brass trio**, Seniors Rick Pestana, Ron Burton, and Junior Todd Springer make a blend of horned instrumental piece for the audience.





**Pausing at the entrance,** Sophomore Gary La-Fleur concentrates intensely while he signs the guestbook. Freshmen Jennifer Gregory and Mary Tillson look on to make sure he signs the name right.

**Dancing to the beat of the enchanting music,** Junior Dino Marquette knowingly glances at the camera while Junior Kim Freitas remains in step.

**Upon arriving at the dance,** Sophomore Bobby Duke gazes at the activities and the extraordinary decorations while date Shannon Drake looks around to see if she can find her friends.



## ***Junior Class holds first prom in 12 years***

by Arlene Ogata

Showing a new look, the Class of 1985 hosted the first Junior Prom held at Arroyo since 1972.

When asked why the class decided to have the dance, President Debbie Roderick stated, "In Eighth Grade, a lot of the students wanted to have a Junior Prom, the feeling just continued." Spending \$1500, expenses consisted of decorations, flowers, refreshments, and music which was provided by Disc Jockey Mike Ilmburger. Junior Veronica Binder stated, "The decorations were put together well. You could tell there was a lot of time put into it."

With the assistance of Special Education Aide Kathy Dezotte, students and parents transformed the gym into scenes of San Francisco, Japan, and Paris. Advisor Suzanne Fogg stated, "A lot of parents and kids helped out. The best part was how everyone worked

together. There was a real group effort." Other decor consisted of a gazebo, centerpieces for tables, and a wall with the names of the attending couples printed on hearts which lent a romantic atmosphere.

The turnout was a success with 120 couples attending. For many, the night included dinner out, the dance, and parties for breakfast following. Some went as far as renting limousines. Junior Mike Fitzgerald commented, "I expected more. They should've had more things to make it seem like a Junior Prom, like king and queen nominations."

Junior K.C. Flanders stated, "The decorations were good, but if the atmosphere was at a higher class (held outside of the school), it could've brought the enthusiasm to a maximum."

With the price of tickets \$12.50, the class profitted approximately \$131.72.







**Sharing a romantic dance** with each other, Junior Rebecca Anderson looks around the room as Graduate Eric Boice watches the fancy footwork of the couples around them.



**Slyly grinning** at the camera, Senior Keith Freitas sits out the next dance with his date, Junior Sandy Moser, who is distracted by the activity that is happening on the dance floor.

**Engaging in conversation**, Junior Mike Fitzgerald and Steve Berryhill, with guest listening on with intent, talk about the evening so far and what to do later in the evening.





Having the time of her life, Senior Suzanne Gagnon dances the night away to the sounds of C.P. Salt, creating memories that will last a lifetime.

"Best Personality" Dave Henning strolls to the head of his class to receive a special certificate awarded in appreciation for his happy and inspiring demeanor.



## Class of '84 enjoys night of dinner, dance

Photos by Fashinell

by Janae Anderson

Anticipation and excitement was built as the Seniors looked forward to one of the biggest events of the year — Senior Ball. This year's Ball took place at the Sheraton Palace near San Francisco's Union Square. There was some debate over whether to have it at a hotel, but in the end, the idea was accepted and the Palace was approved.

The Sheraton Grand Ball Room was in use from 9 p.m. to 1 a.m. Arroyans and guests danced the night away to the sound of C.P. Salt, a Bay Area band who also played at last year's Senior Ball.

This year's theme was "Time Will Reveal" and couples paid \$30 to attend the long-awaited event. According to Senior Class Advisor Donna Pinkney, 201 couples attended this year's dance. "We were only expecting 150 couples

to come," said Pinkney. She explained that the difference probably came from the fact that many Seniors invited students from other schools.

"I thought it was really successful," stated Pinkney. "Everyone was close to being on time which is unusual. The place was crowded by 11. Usually at these kinds of things, the students make their big entrance by coming late. I think the fact that everyone was on time says something about the good feeling that was there."

"I was really sad that King and Queen wasn't done like in the past," said Senior Deanna Roloff. "Also, last year's King and Queen weren't there to pass on the royalty which disappointed me. However, it seemed like everyone was more together and "united."

The Seniors had a difficult time deciding if they wanted a dinner dance in which the hotel would provide a sit-down dinner for a reasonable price for everyone, or to have the traditional Ball

where the guests have their choice of restaurants. A conclusion was arrived at after much indecision. It was to leave the choice of where to dine up to the students.

The Grand Ball Room cost \$3,000. Punch was provided by the hotel for their guests. Flowers were ordered through ROP and saved extra expense for the Class of '84.

Couples attired in formal dresswear spent the night dining in many famous and extravagant restaurants, ordering exotic and elegant dishes. Some popular dining places were Maxwell's Plum in Ghirardelli Square, the Carnelian Room at the top of the Bank of America, Julius Castle near Coit Tower, and Henri's at the Hilton.

"I was happy to see that the class developed a more united attitude and one of sophistication," said Senior Evelyn Fernandez. "I really had a good time and it will be a fond memory for years to come."







**Senior Favorites** Jeff Mendoza, Chad Bellmer, Jeff Metz, Todd Lemke, Chris Chatterton, and Deanna Zoggas stand before their classmates in the Grand Ball Room at the Sheraton Palace to receive their awards.



**Senior Ball King** Tim Harris smiles as Seniors Jeff Mendoza and Sue Witkowski laugh at funny joke. Ballots were taken for the new Royalty at the Palace Hotel.



**Being crowned** by Senior Susan Witkowski, new Senior Ball Queen Rhonda Castillo reacts with surprise and delight at her new-found and welcome royalty.

**Voted "Shyest"**, Senior Favorite Angela Lam walks to the front to receive award voted upon by approximately 100 seniors. Votes were taken earlier at a class meeting.







**Covered with** mud from head to toe, as a result of the mud wrestling match, Senior Joe Oliveira stares into the eyes of an attractive cheerleader.



**Helping to** clean up the campus, Senior Shawney Parsons diligently picks up garbage out of the ashtray and deposits it into her collection as an order from her owners.

**Senior Serfs:** Ricky Babb, Gina Zoggas, Rhonda Castillo, Kathy Gallagher, Jill Wurm, Shawney Parsons, Deanna Zoggas, Stacie Brose, Keith Hatcher, and Mike Witherspoon.





# Previous year's highest bid surpassed

Photos by Fashinell

by Patti Stender and Arlene Ogata

Sponsored by the Seniors, the annual Serf Sale was a disappointment if one looked at the net profit brought in by the Class of '84.

The Seniors brought in a total of \$150, a drastic drop from last year's \$386.90.

The highest bid was for Todd Lemke, Jeff Mendoza, and Chris Sullivan. This beat last year's highest bid of \$27.

"Even though we didn't make as much money as we hoped, it was still worth it and everyone involved had a lot of fun," said Senior Class President Ken Montgomery.

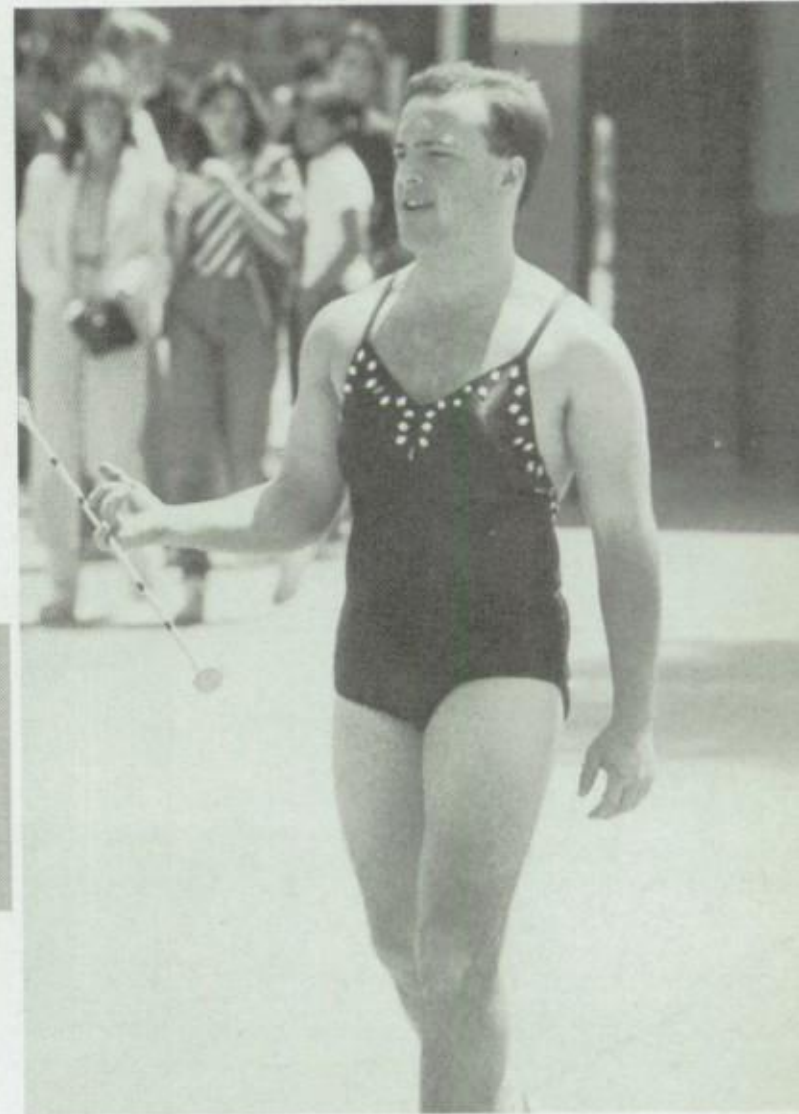
There was a total of 30 seniors sold.

"It was interesting and enjoyable considering the amount of participation, but I think the student body enjoyed the Senior efforts anyway," commented Student Body President Evelyn Fernandez.

Dress up day and Serf Show Day was held Friday, April 27. Costumes were original, and acts included everything from mud wrestling performed by Fernandez, Joe Oliveria, and Vicki Corral, to cheerleading headed by Ricky Babb.

Unfortunately the turnout to see this Senior custom was rather low, but those who did go really enjoyed it.

The Seniors were sold Wednesday April 25 and, as usual, Teacher Lorin Cornwell acted as auctioneer.



**Dressed as Pippi Longstocking**, Senior Serf Nancy VanderHeiden covers up her nervousness with a smile as she prepares to perform a skit before her peers.

**Happily marching** to the beat of his own drum, Senior Craig Candido expertly twirls his baton for the crowd to help raise funds for the Senior Class.

**Reciting "I'm Gonna Eat Some Worms,"** Senior Serf Jill Wurm, dressed as an inhabitant of the library, recites a poem about literature.





# Annual Senior Picnic proves successful

by Nancy Kennedy

Winding down their school years, seniors got together for one of their final activities before graduation.

The occasion took place June 7 at Hidden Valley Ranch. It was held from 8:30 a.m. till 3:00 p.m.

"I had a great time, and it is something I will always remember. Besides the Senior Ball, it was one of the best times I've had all year," stated Senior Michelle Raney.

Coordinating the picnic was PE Teacher Bill Basacker, Senior Jill Wurm, and parent Volunteer Nancy Metz.

The day was filled with fun and activi-

ties for everyone. There was swimming, horseshoes, and frisbees.

The Seniors were transported by bus, which was paid for by the Senior Class.

"It was great, I had so much fun being with all my friends, we all had a good time," stated Senior Tomi Goding.

After an afternoon of fun, the Seniors settled down for a lunch that was prepared by parents, then resumed for more activities.

When 3:00 came, the Seniors slowly packed up their belongings and got back on the buses.

"I'm sure every Senior has a special memory of this day. I will remember it for a long time," stated Senior Sheryl Dyer.



**Attempting to** slug a homer, Senior Craig Candido gives it all he's got as his teammates anticipate the outcome of the big hit.

**Getting sticky** fingers while eating cotton candy, Angela Lam and Eve Harrelson sit in the shade with smiles on their faces.

**German Exchange** Student Ingebord Raum demonstrates the painful way to play volleyball as Tracey Frazier watches and learns how not to hit the ball.







**After a dip** in the pool, Sheryl Dyer and Mark Mitchell dry themselves off while Michelle Allemen catches some rays in the sun at the Senior Picnic.

**Apparently breaking** number two of the pool rules, 14 male seniors pose in chicken fight position while Marcela Jimenez bravely swims by.

Photos by Fashinell



**Gregor Stewart, Jeff Mendoza** and a pair of unknown hands give the high five sign of achievement just after scoring in the annual picnic baseball game.





**Taking a sip** of her hot cocoa, Janae Anderson reads the Senior Wills with her friends Jim Miller, Susan Kahler, and Tricia Gandsey before breakfast is served at the Senior Brunch.

**Watching all his** friends enjoy their breakfast, John White smells the sausage and coffeecrumb cake and wonders why he has not been served.

**While waiting** for brunch, Senior Mary Sanchez laughs happily as she accompanies her friends in reading the hilarious Senior Wills of her fellow classmates.



## ***Graduates munch at traditional brunch***

Photos by Fashinell

by Susan Brokke

Overly excited Seniors once again returned to the Arroyo Cafetorium June 12 to enjoy the laughs of the 1984 Brunch.

Entertainment consisted of piano playing, singing, and other musicals. Excerpts from the Senior Show were viewed on a video during the meal. Speeches were given by Assistant Principal Diane Osborne and Senior Class President Ken Montgomery, and Brunch Coordinator Vicki Bissell of the years at Arroyo. Humorous predicted careers were announced while watching a slide-show and reminisced of the past five years.

Approximately 300 guests attended the event including advisors, counselors, director of activities, and the administration.

Senior Wills were distributed and read after the breakfast.

After a 15-minute break all Grads to-be lined up and rehearsal for the Graduation procedures.







**As Senior Dave Kimmel** reads the Senior wills, Rhonda Castillo daydreams while she waits for the delicious brunch of sausage, fruit cocktail, and coffee cake to be served.

**While the audience** cheers him on, Class Clown Craig Candido takes credit for his antics after his humorous career is predicted by Teacher Vicki Bissell.

**Providing entertainment**, Senior Gail Noakes plays "I Guess That's Why They Call It the Blues" on the piano for the rest of her class. Noakes also had this opportunity at the Senior Show.

Photos by Fashinell





# Foundation honors '84 with scholarships

by Susan Brokke

The Senior Recognition Night was held May 22, at 7:30 p.m. Twenty-eight senior students received San Lorenzo Scholarship Foundation awards.

The Reception was organized by Assistant Principal Diane Osborne with much assistance from secretary, Laurie Matarazza. Several students were honored with scholarships, music, athletic, and journalism awards. Class officers, Homecoming Royalty, Cheerleaders, and students on the Dean's list were also recognized.

Two awards were given for the students with the highest grade point average. The Outstanding Student

Award was worth \$2,500 for first place, and \$2,000 for second. Second place was awarded to Arroyan Irene Manalisan.

Jim Miller and Bradley Reed were recognized as National Merit scholar finalists.

The Bank of America Awards were also given at the reception. Senior Evelyn Fernandez was awarded a plaque for her excellence in Liberal Arts and received a \$500 award from B of A. Senior Kathy Cho was also honored for her study of Fine Arts. Certificates of honor were also given to recognize twelve other students for their achievements.

Senior Evelyn Fernandez was also presented with the UC Berkeley Alumni Scholarship.

Photos by Fashinell



Member of the Dry Gulch Gazette Janet Partridge receives award from Principal Roy Hanson for her contributions as national contest winner.



Editor Mark Pryfogle receives award from Principal Roy Hanson for his excellent leadership on the Dry Gulch Gazette.

Being presented with the Scholar Athlete Award from the Armed Forces, Cynthia Sanchez holds back a smile.







**Standing in line** for refreshments Rev. and Mrs. Marion Pryfogle, along with Baby Mary, take part in a break during Recognition Night.

**Recipient of** the James Delmore Memorial Scholarship, Jojo Lago receives a certificate and a handshake from Principal Roy Hanson and Board Member Pat Griffen.

**Senior Janae Anderson** is recognized for being Photo Editor on the **Arroyan** and for her participation on Rally Squad.

**Full of smiles**, Senior Nicole Polvorosa, is recognized for receiving the Arroyo Parent-Teacher Association Service Award from Principal Roy Hanson and PTA president Mary Lou Barros.





# Manilisay named Class of '84 valedictorian

by Jim Miller

CSF Honor Guards Barbara Yee and Dora Lee led the Class of 1984 onto Bourne Memorial Field for the commencement exercises June 13.

The air was filled with excitement as the Seniors took their seats during the last bars of "March Processional." After the invocation given by CSF President Jim Miller, the "Star Spangled Banner" was sung by Faculty Member Patricia Everitt. Everitt was accompanied by the Arroyo High band and orchestra.

The graduates and their guests were welcomed by Board of Education President Dorothy Partridge. Partridge was

followed by 1984 Class President Ken Montgomery who chronicled the achievements of the class.

The applause roared after Valedictorian Irene Manilisay concluded her speech, "The Meaning of Success," with a poem about success found in happiness.

Then Salutatorian Evelyn Fernandez encouraged the class to strive for their goals in her speech, "The Opportunity is there, we have but to reach."

The speeches done, Principal Roy Hanson assisted by Board Members Loren Simpson and Partridge, presented the seniors with their diplomas. The crowd cheered, and an extra loud yes rose from each one section. The end of a carefree time in life had come.

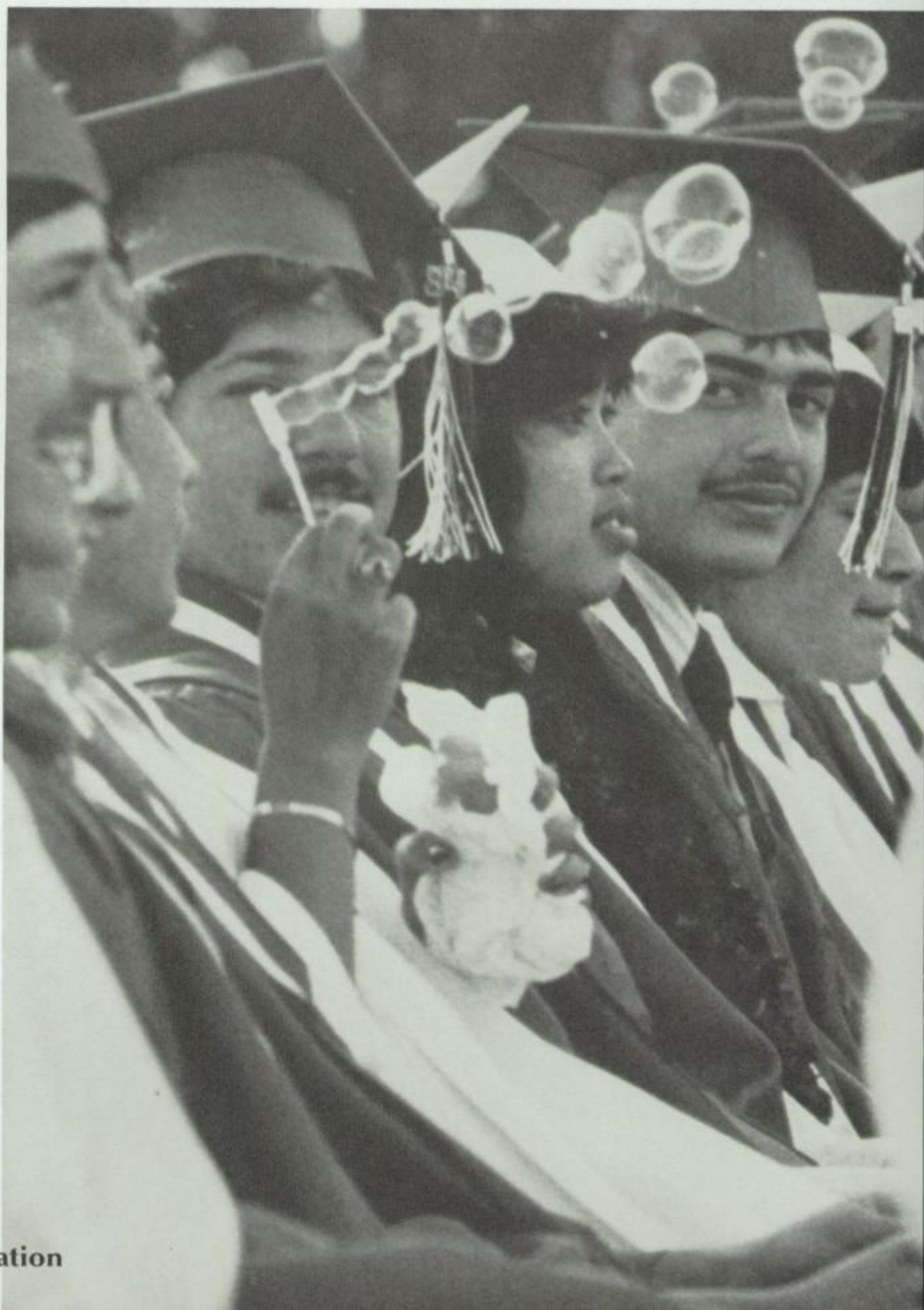


**Giving a final wish for success in the future,** Principal Roy Hanson says good-bye to Graduating Senior Stacey Santos.

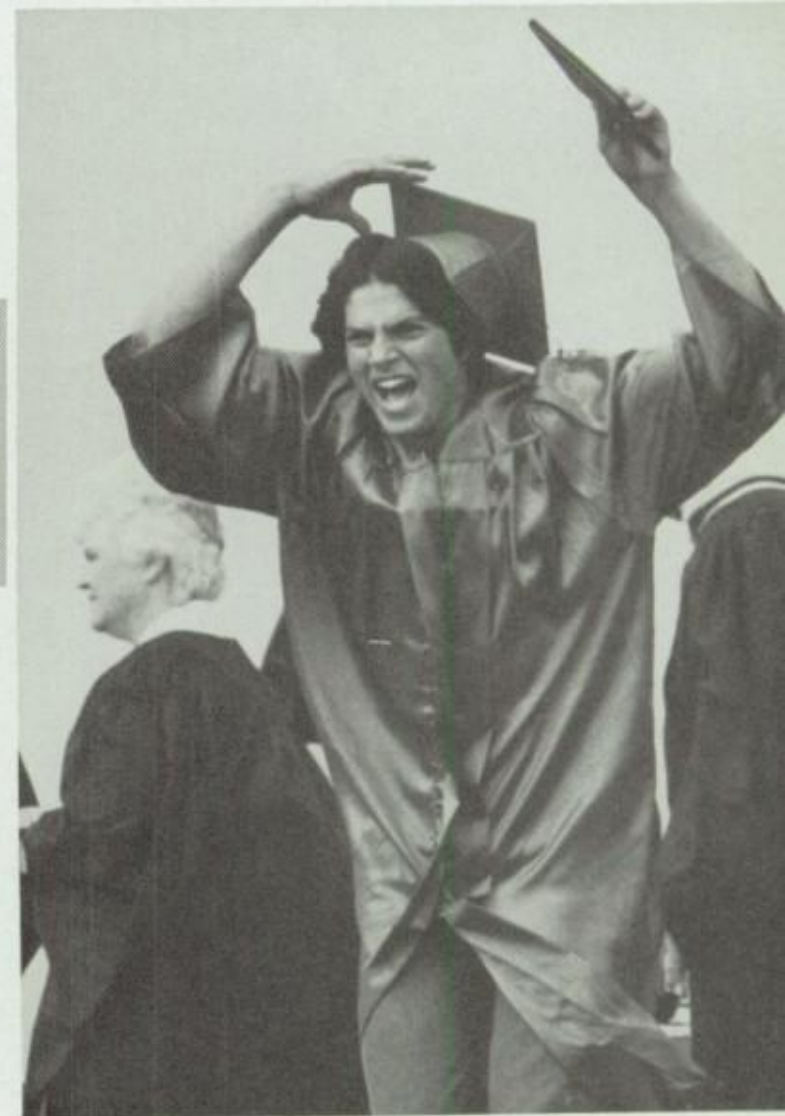
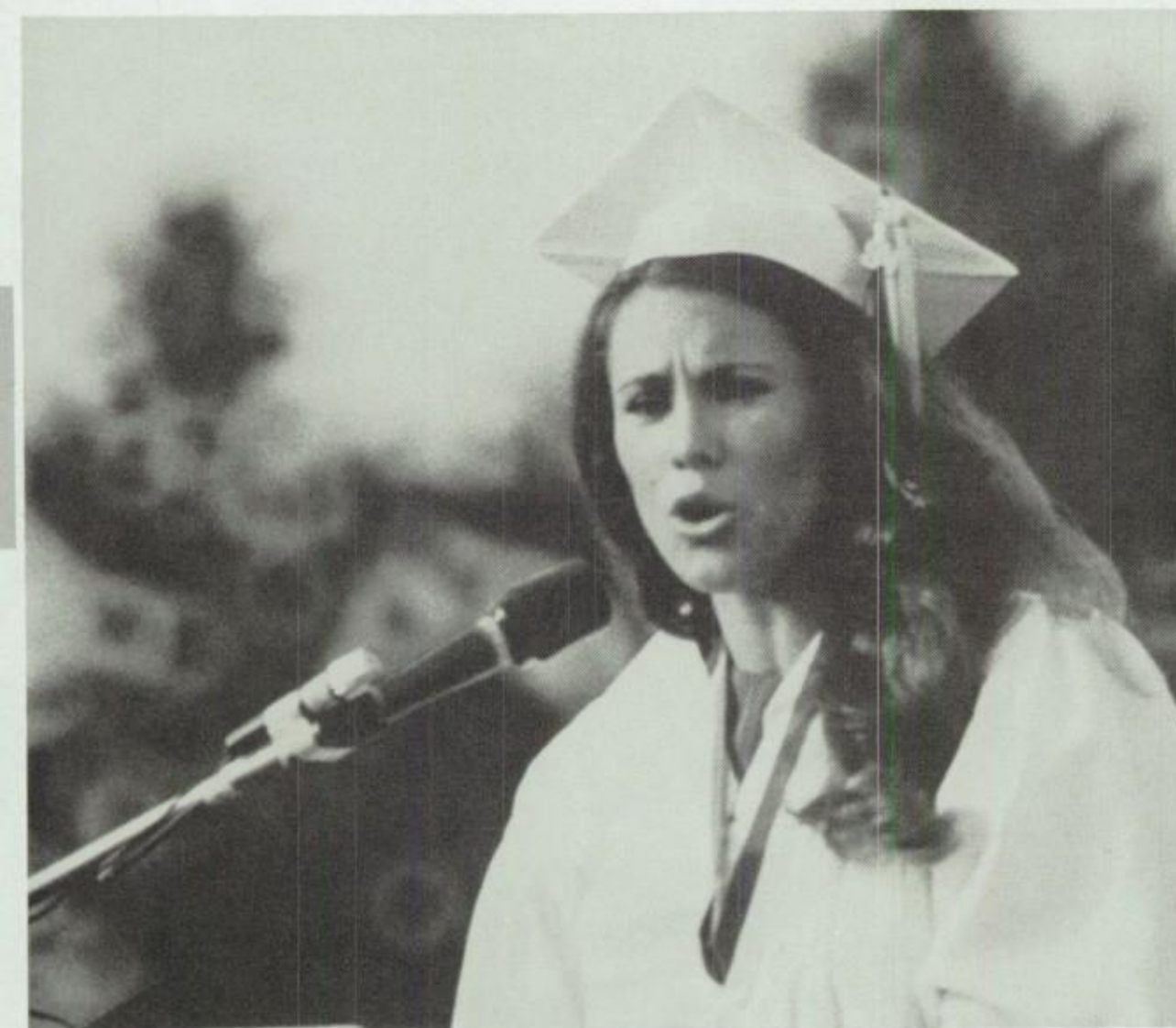
**Holding on to her cap,** Valedictorian Irene Manilisay walks back to her seat after giving a very emotional speech, "The Meaning of Success."

**Adding extra special effects,** Senior Darlene Lapenias blows bubbles across the crowd as fellow graduates Jeff Johnston, Cheryl Leopoldo and Dave Kimmel look on.

Photos by Fashinell







**During an** emotional moment, Senior Jeanine Kiliaan and Principal Roy Hanson say goodbye in a very special and touching manner near the completion of the ceremony.

**Addressing her** colleagues, Salutatorian Evelyn Fernandez gives her speech, "The Opportunity is There . . . We Have But to Reach," during commencement.

**Screaming at** the top of his lungs, Graduate Richardo Salcedo grabs his cap, raises his diploma, and shouts out to everyone present, "It's over."





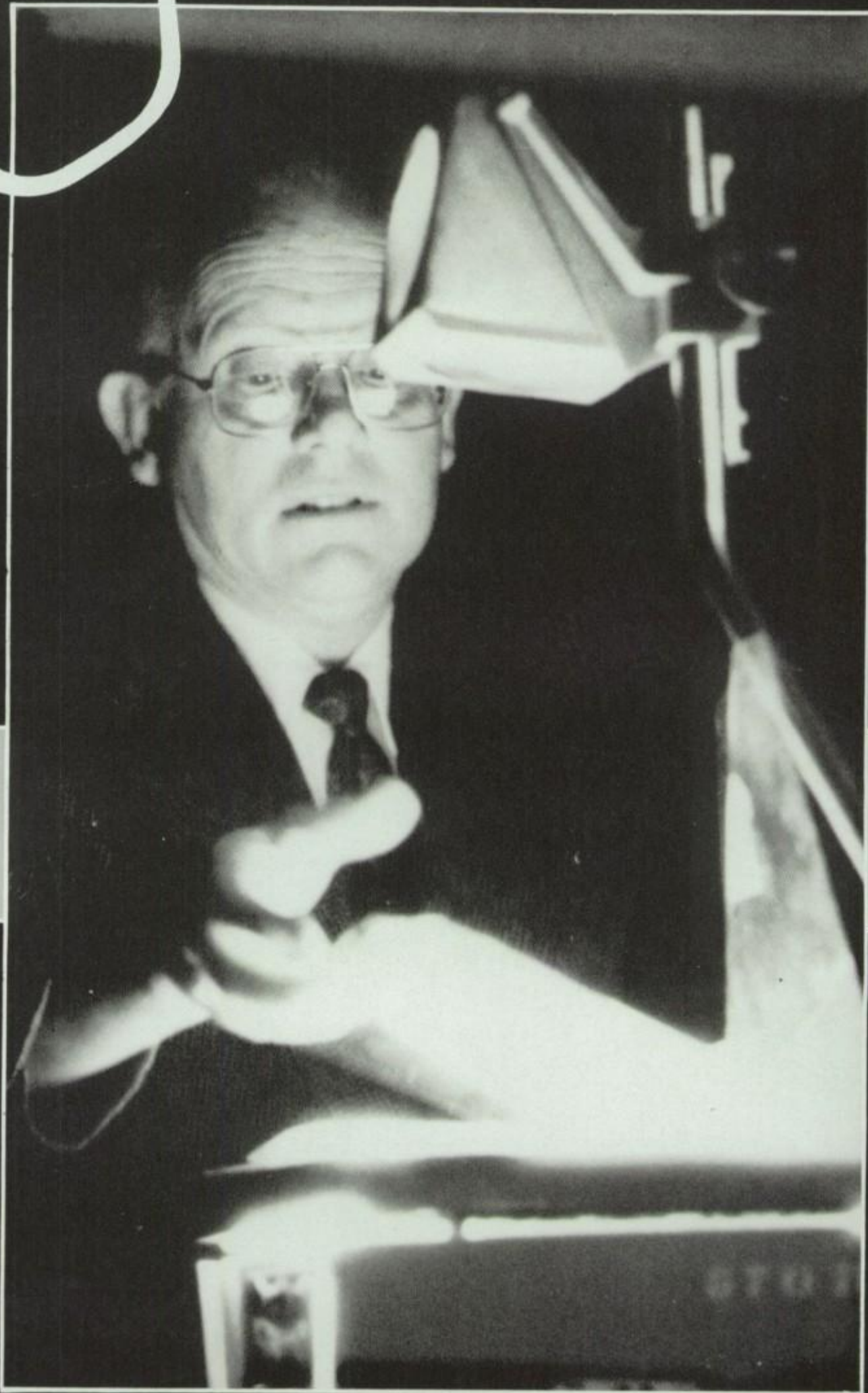
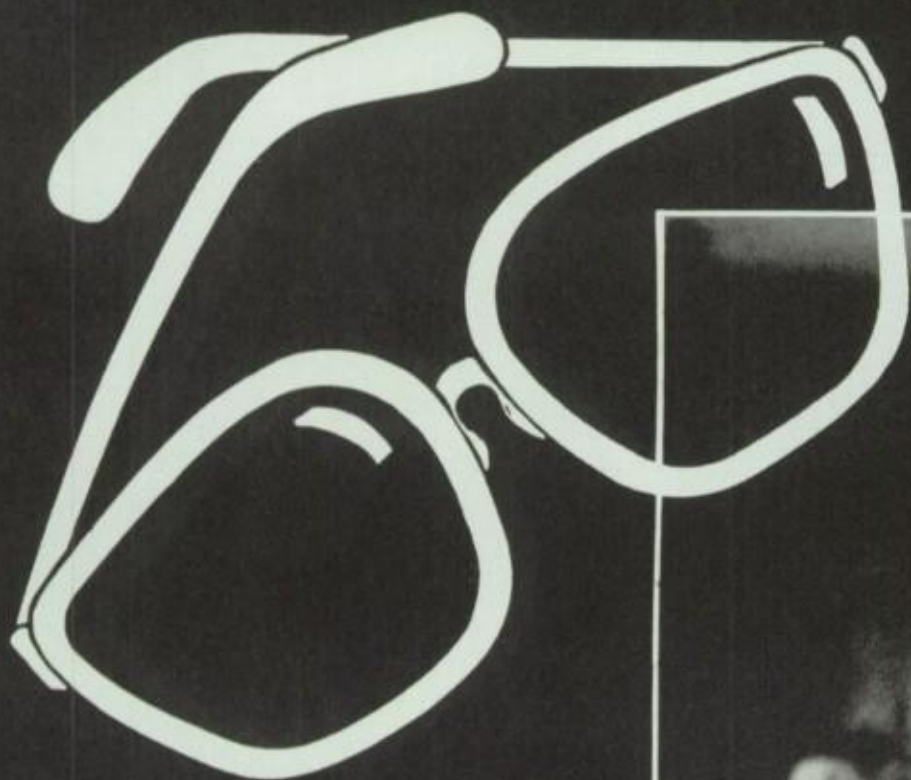


photo by Fashinell

**Instructing parents** during Back to School Night Kenneth Miller of the Science Department, outlines his students' current curriculum with the use of an overhead projector.





# ***Dons face tough standards***

---

by Rick Blaine as recorded  
by Janae Anderson.

---

Schoolwork isn't just studying anymore. It's more like training. What used to be my "lessons" are now academic study programs.

Kids are using new machines called computers to learn, and they're unbelievable. I never thought school could be like this. I sort of wish I could come back and take a better look at these thing-a-ma-jigs. They'd be great to keep my customer's tabs on at "Rick's Place" back in Morocco. Anyway most of the kids here are really bright and do real well in their lessons ... I mean academics. They even have contracts with their sports players that they do well or they don't play. Compared to when I was a kid, they have a lot of stuff to do. They tell me they even have more classes being required now so they'll be learning even more.

I didn't realize school could change so much. Kids have six different classes in different

rooms with different teachers. No more of one teacher and three subjects; reading, writing, and arithmetic. Their schedules are even suggested by counselors and, if they have something in mind for a future career, a special set of classes would be selected for them or suggested to them. There are certain classes that everyone must take and pass in order to graduate. The VIP's in education decided to beef up the requirements with lessons in computers, more math and English, and one less year of P.E. These new requirements affect the tenth graders on down because it's too late to change the plans of the Juniors and Seniors and future goals. Classes were centered more towards specialization, as in the computer class.

A lot was said by parents, teachers, and students about the low educational funding. Again, the VIP's decided to give the schools more money if grade point averages are stable or improve.

## ***Academics***





The School Board gained a new member this past year. Defeating Incumbent Barbara Sidari, Harry Gin was elected in the November 8 election.

Gin was well qualified for his new post. He received a Masters degree in social welfare and a bachelor's degree in psychology from the University of California, Berkeley. He also gained experience as president of the Board of Directors of the Multi-Cultured Coordinating Council for Children and Families.

During his campaign, Gin was enthusiastic about making improvements in the schools. When he reached office, however, he was faced with the problem of reopened negotiations of the

## ***Arbitration by State needed for contract***

by Jim Miller

teachers' contract and was unable to focus on his personal goals.

When the negotiations ground to impasse, a State arbitrator was requested by both the San Lorenzo Education Association and the School Board. The success of these hearings was not available at press time.

During the time of mediation, some administrators felt that they were placed in an awkward position. Principal Roy Hanson felt that the teachers deserved more money, but he didn't approve of their union's bargaining techniques. "I disagree with collective bargaining as a means of negotiation because it sets up an adverse relationship between groups." Hanson went on to say that no problems had arisen because of the professionalism on the part of all the school's staffs.

Although a great deal of attention was given to the contract negotiations, the agreement was not the only item with which the School Board dealt. Some of the other topics covered were new graduation requirements and the placement of a traffic light on the corner of Via Enrico.

The signal was an important topic because a great deal more traffic will be present when a planned shopping center, Garden Fair, is completed in 1985.



**While making** several photocopies of some very important papers, Vice Principal Mryan Levin checks to make sure that the quality of the copy is precise.

**Warmly greeting** a guest at a school luncheon, Principal Roy Hanson speaks about the accomplishments of Arroyo students and faculty.

**Working in** her office to catch up on the work she missed during her absence, Assistant Principal Diane Osborne addresses a letter during a spare moment.







Photo by Fashinell



Badal, Dr. Alden  
Moose, Betty

Gin, Harry  
Partridge, Dorothy

Griffen, Patricia  
Simpson, Loren



Photo by Proctor

**Watching with** great enthusiasm, Principal Roy Hanson sits down to talk with some of the participating students and members of the rally squad.

**Supporting the teachers** by picketting the district office, Kindergarden Teacher Ginny Christtherson of Hesperian Elementary School displays her concern over the contract dispute.





The Business Department, headed by Tom McNamara, helped students gain both personal and vocational skills. The skills taught were shorthand, accounting, record keeping, and typing.

"In accounting we learn how to organize transactions in different journals," stated Senior Anthony Garetto about his class.

About her class, Senior Michelle Raney said, "I thought the general office class was interesting at first."

Personal typing was a semester course that taught students the keyboard. It also covered the proper styles for typing letters, reports, lists, and tables. According to Sophomore Christine Becerra, "Even though it was a semester class, I learned a lot." She also said, "Mr. Powell was very patient with the beginning typists in the class."

If some typewriters were seen in

## Business gets new machines with donations

By Jim Miller

some classes, it was because the department received money to purchase them. The 35 machines bought cost over \$51,400. The money came from the Vocational Education Association, the school district, and Arroyo's general fund.

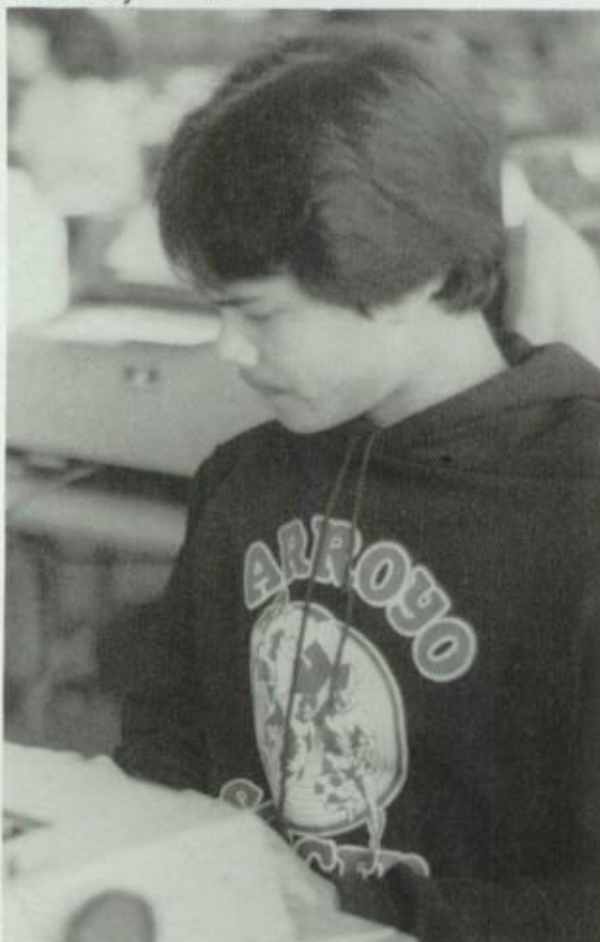
Some of the department's goals were, according to McNamara, "To develop business skills so students will have a chance to excel in the business field, teaching vocational skills, and giving an overall look at a real business office."

Many Arroyans worked hard in the ROP courses. One course was set up as a wholesale toy factory. The students handled imaginary orders, sales, and billings. "The ROP program is also starting a word processing system on an Apple IIe computer," stated McNamara.

McNamara also felt there were some problems in the department. "It's been kind of a rough year. There is new faculty and they are not too sure of what's going on. We are also having a problem with students damaging equipment."



Photos by Freitas



**While enthusiastically** searching through some papers in her business class, Junior Duan Bauer seems to have located the paper she has been searching for all period and tries to file them alphabetically.



**Trying to help** Freshman Cathy Mose on her assignment, Typing Teacher Mrs. Elizabeth Marsh tries to clear up some problems while Junior Shelly Bellison and Sophomore Carol Partridge listen to what is going on.

**Working ambitiously** on his typing assignment, Sophomore Steven Cabreana is lost in deep concentration in order to make sure that his typing assignment is complete and that there are no mistakes.







Photos by Frates



**Looking over some** forms in her general office class, Sophomore Patti Reyes finds the mistake for which she is looking and changes the form to make it correct and quickly moves on to the rest of the stack.

**Making sure she** gets the figures to come out right, Senior Toni Moore quietly concentrates on her work in her general business class for an assignment that is due before the end of the period.

**While working at** the keyboard of an Apple II computer, Senior Rhonda Castillo takes important figures from her notes on the desk and enters them into a business program due by the end of class.





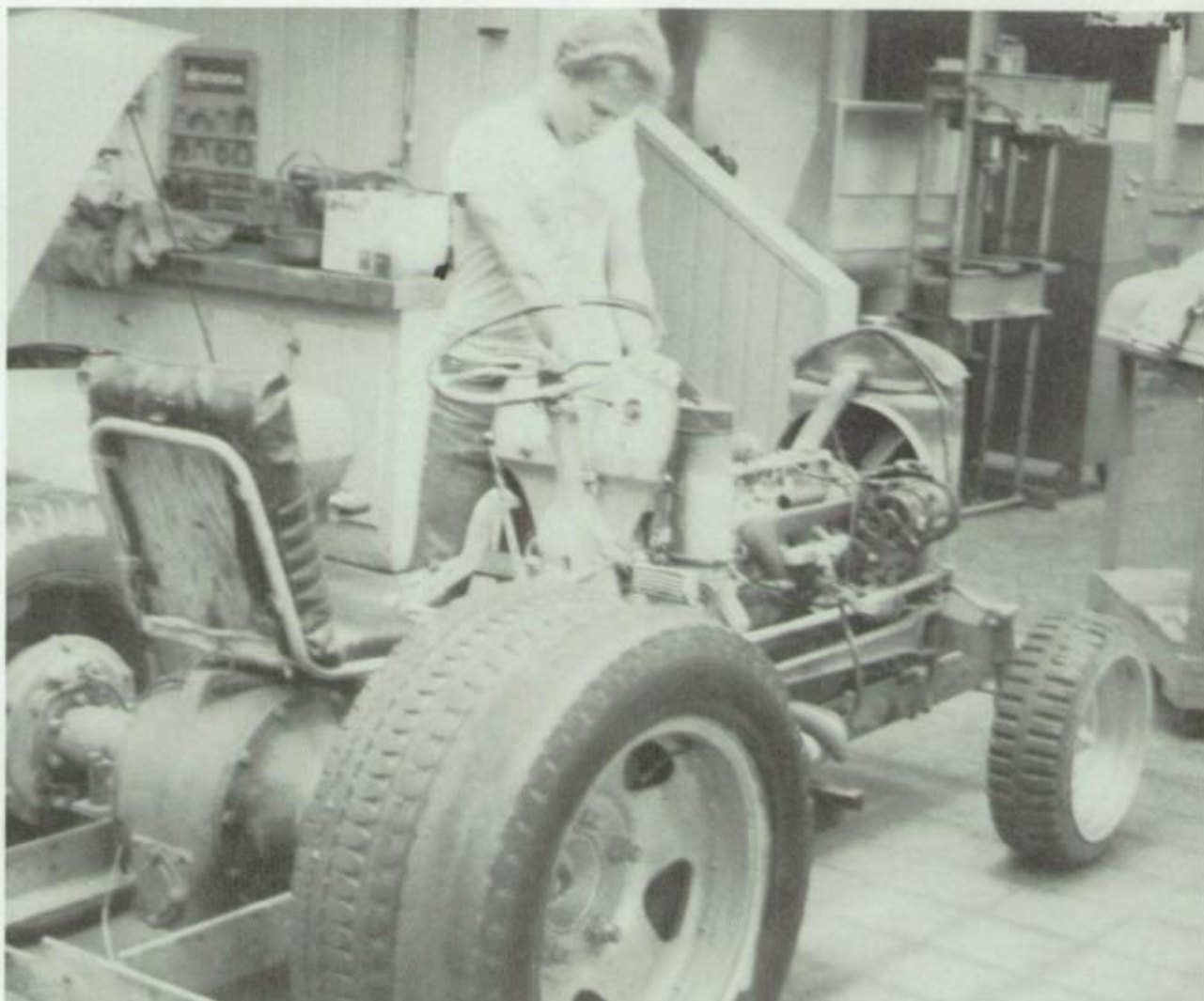
Looking at the Industrial Arts program, shop classes proved to be very successful in the 1983-1984 year.

According to Industrial Arts Department Chairman Gene Gire, "It seems like the students are really getting their act together and are really trying to learn."

Industrial Arts classes, such as auto shop, succeeded very well in teaching young mechanics about automobiles. The biggest project in the auto shop classes was the breaking down and rebuilding of the 1976 Datsun race car. Auto shop Instructor Ed LaMantia, a former professional race car driver, put a lot of time and effort into building the

## ***Industrial art students finish new race car***

Photo by Gurr



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By Glenn Stewart

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car. With help of students and various sponsors, the car was operational over the summer.

LaMantia also involved students in the restoration of an antique tractor. When completed, the tractor was donated to the Custodial Department to help maintain the shape of sports fields for after school activities.

Besides working on automobiles, auto shop classes journeyed to the San Francisco Airport to visit the aeronautics school. "It was pretty interesting, but I would of probably liked it better if I was more interested in aeronautics," stated Senior Keith Toon.

Auto shop classes also competed in the Plymouth Troubleshooting Contest, where students from different schools compete for an auto mechanics scholarship. Students in hopes of achieving the scholarship were Keith Toon and Mark Harris were sent as Arroyo's best Mechanics.

In other areas of Industrial Arts, such as metal shop, students learned much about welding and machine work. The metal shop was able to purchase some new tools such as an arch welder and a rotor thanks to some federal funds. These new tools helped improve the program and gave students new opportunities to learn.

Photo by Fashinell







Photo by Gurr

**Taking apart** the engine of a hauling tractor, Senior James Choate repairs the machine donated to the Auto Shop Department by the school district.

**Working on a class** project in wood shop, Freshman Gary Evans is assisted by Instructor Eugene Gire in the positioning of numbers on an address plaque.

**Examining the cylinder** head of a V-8 engine, Senior Dave Kimmel checks for the valve size while Senior Craig Candido looks toward the board for further instructions.

**Inspecting the interior** of Arroyo High School's race car, Seniors Glenn Stewart, Ryan Brown, and Mark Harris admire the work done during the past two years.

Photo by Fashinell





The Foreign Language Department, headed by Suzanne Fogg, was an important part of the course offerings.

Arroyo offered Spanish, French, and German. The 15 Spanish classes were taught by Melinda Ferreira, Elizabeth Lismer, and Linda Ramstrom. Fogg taught five French classes, and two German classes were taught by Keith Burnett.

Burnett's main emphasis was on developing practical grammar and vocabulary which was useable in everyday situations. He also stressed accurate pronunciation along with knowledge

## Fogg directs well-cultured language staff

Photo by Fashinell

by Jim Miller

of German culture. Burnett felt that culture does affect a language. "America has a lazy culture, and it is reflected in the lazy use of the language", elaborated Burnett. To expose his students to German culture, Burnett arranged for guest speakers and a trip to a German restaurant in San Francisco.

Learning about culture was also an important part of Ramstrom's Spanish classes. Ramstrom was exposed to many Latin cultures when she lived in South America. Ramstrom also stressed the ability to communicate orally. This method was enjoyed by many of her students, including Junior Patti Stender who said, "I liked the way she teaches better than anyone. I've learned more in class than any other."

According to Senior Susan Kahler, "The advanced French classes work mostly on grammar, and the beginning classes do a lot of dialogues." When Fogg became the acting assistant principal during Diane Osborne's absence, Margaret Baldwin taught the French classes. One of the interesting things that Baldwin taught about was the French school system. She knew of the system because she studied in France.

In taking a foreign language, students not only learned another language, but another life style.

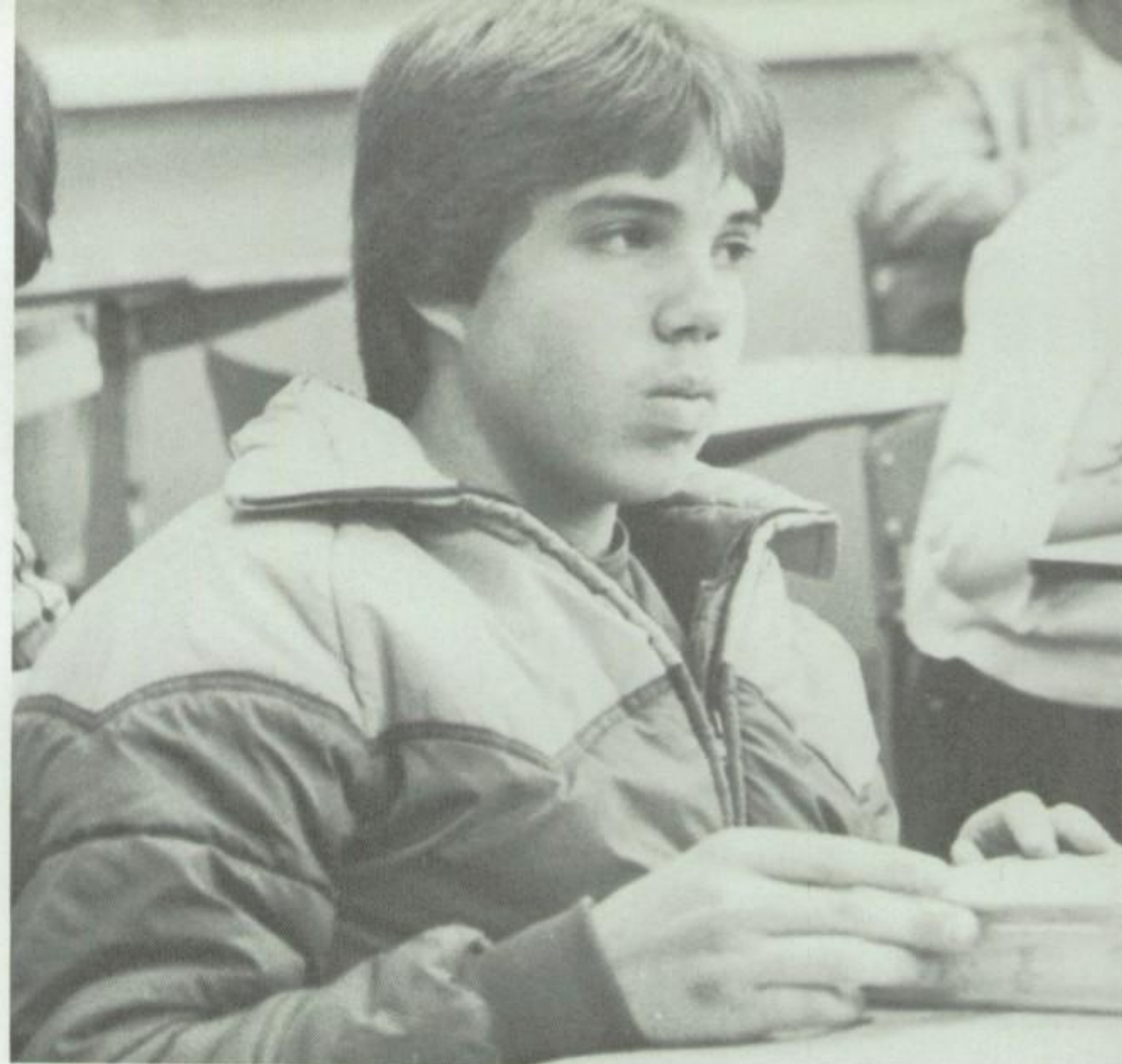


Photo by Fashinell



**Thoughtfully explaining** a passage in the book, Spanish Teacher Melinda Ferreira gets the message across to her class.

**Going through** some papers before class, Elizabeth Lismer prepares for her lecture in her Spanish class.

**Maybe after** asking about a confusing idea, Junior Barbara Clegg gets a thorough explanation in Spanish from her knowledgeable teacher, Elizabeth Lismer.

**While listening** to the end of the discussion, Sophomore Todd Massey gives a sigh of relief and gets ready for the bell to ring.







Photo by Anderson

**Paying close** attention to the instructor, Eighth Grader Dennis Hayward and Freshman Pam As-kew take down notes to remember the important facts of the new chapter.

**Learning new** terms and phrases, Diane Urizar works hard to complete class assignment in Instructors Suzanne Fogg's first-year French class.

**Intensely working** on some review work, Sophomore Gary LaFleur tries to finish before the bell to avoid extra homework.

Photo by Fashinell



Photo by Anderson



Photo by Anderson





According to Home Arts Department Head Darlene Scott, students learned how to be smart shoppers, to be wise consumers, and to read labels effectively.

Scott, who taught creative living and today's living, advised her students on sewing during the first quarter of the school year. The students' first project was a stuffed pillow, and the second was to construct an article of clothing.



**While preparing** to make a strawberry dessert with Partner Gordon Early, Junior Adrienne Montaine reaches for berries to cut up.

**Pointing to** the shelves above the kitchen stoves, Gourmet Foods Teacher Gail Drake instructs a student to get down some cooking pans.

**Stirring the** sauce for the day's meal, Senior Shelly Alleman stirs carefully, while Senior Steve Gaukrogers looks over to see how a fellow student is doing.

**After bending** a spoon trying to scoop out ice cream, Sophomore Tony Aniasco is advised to use an ice cream scooper by Gourmet Foods Teacher Gail Drake.

Photo by Frates

Photo by Frates

## Drake, Scott teach students cooking skills

By Tricia Gandsey

During the year, Scott and Colleague Gail Drake made plans for the department in the future. Included in the plans was the elongation of two semester courses, independent living and gourmet foods, to year-long classes. "That way we can accomplish a lot more, and it makes scheduling a lot easier," said Scott about the changes.

Drake and her students planned a December 15 Christmas dinner for the independent living class. The menu consisted of turkey, stuffing, mashed potatoes, tossed salad, rolls, and homemade cookies for dessert. Each group of students was assigned a dish to complete during a week of class. Because of time limitations, the turkey was cooked on Wednesday and reheated Thursday. "We had two classes do the cooking for the holiday dinner," said Drake. "It is a fun event, and the kids really enjoy it."

For finals, gourmet foods classes filled the campus with delicious aromas as they created dishes that challenged the techniques they mastered in class. After several days of practice, the dish was prepared and submitted to faculty judges for evaluation. "I think the teachers were very fair in grading," said Drake.

"Julia Child better watch out," said one Arroyan chef. "We baked our cake and now we get to eat it, too!"







**While helping** his cooking teacher, Future Homemaker Brett Lane passes out some knives to some of his classmates like Senior Dan Stranahan.

**While preparing** a delicious dessert of crepes, Sophomore Tony Aniasco adds the final touch with a scoop of ice cream.

**While putting** the cooking project fettucine on the plate, Senior Heidi Vandever waits for Senior Dave Cunho to put the fettucine sauce on the plate.

Photo by Frates



Photo by Frates

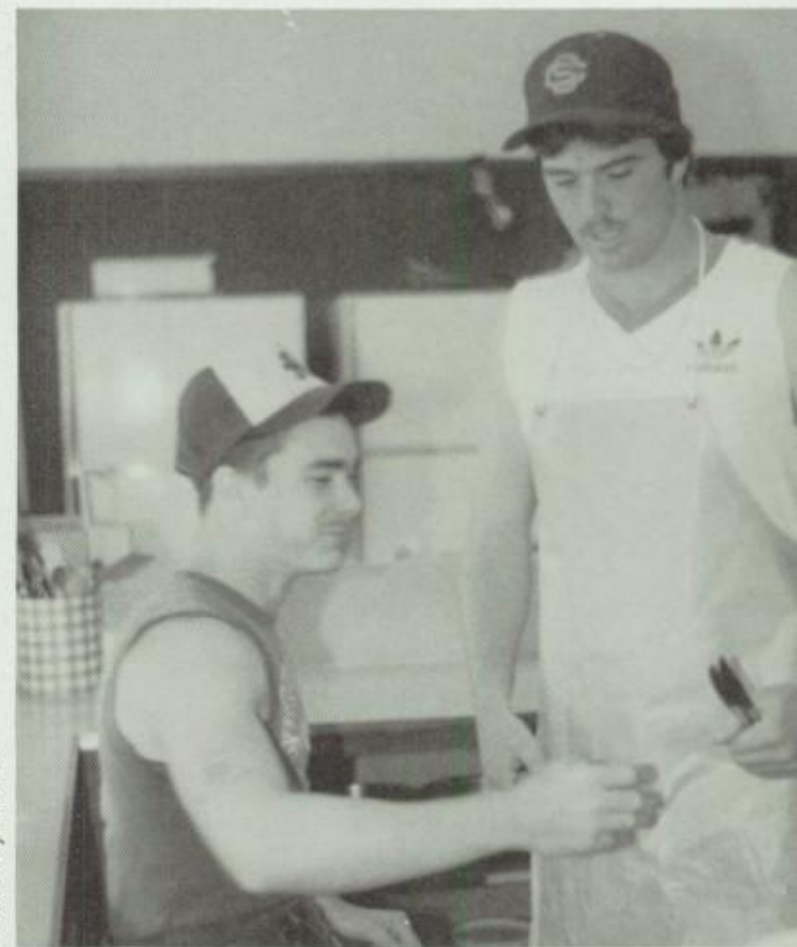


Photo by Frates



Photo by Gurr





In the past year, beneficial additions and changes made in the Math Department had been seen by the students at Arroyo.

One of the changes which took place was in the District's requirements. The Board of Education voted to increase mathematics requirements for graduation on December 20. This upgrade required students to take not one year of math, but two. Such a change also required those students who scored below a selected competency level on

## District votes to strengthen requirements

by Lisa Duncan, Bob Frates

a standardized test to take a third year of math.

According to Frank Casson, head of the Math Department, "Such an upgrade is beneficial to those students who do not plan to attend college after graduating from high school." Casson also stated, "It will help the students get themselves more acquainted with and further their skills in the mathematic field."

Another change in the Math Department was seen in new textbooks. Faced with a shortage in the supply of available books, the District was forced to purchase new ones to meet the demands of Arroyo's math students. A total of 200 algebra books were purchased by the District to replace the previous books which had been used for five years.

A beneficial addition had also been seen in the Math and Science Department. Apple Industries donated a computer package valued at \$1,900. This package consisted of a manual computer and a floppy disk-drive unit.

According to Casson, with the aid of a printer and three other computers, the eight students of Arroyo's advanced mathematics and science classes had access to the computer. "All teachers could use the computer to their own advantage and convenience," stated Casson.

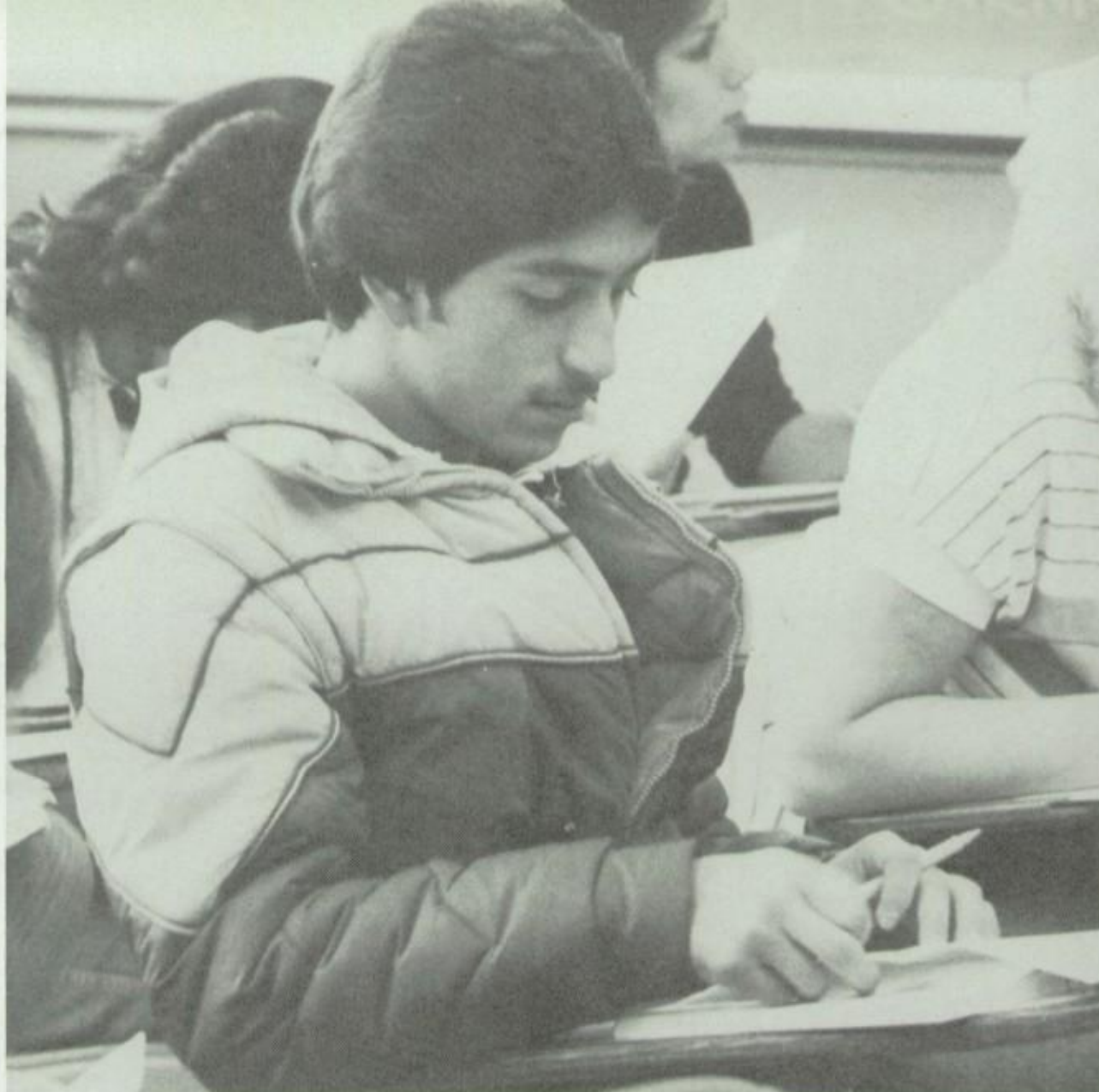
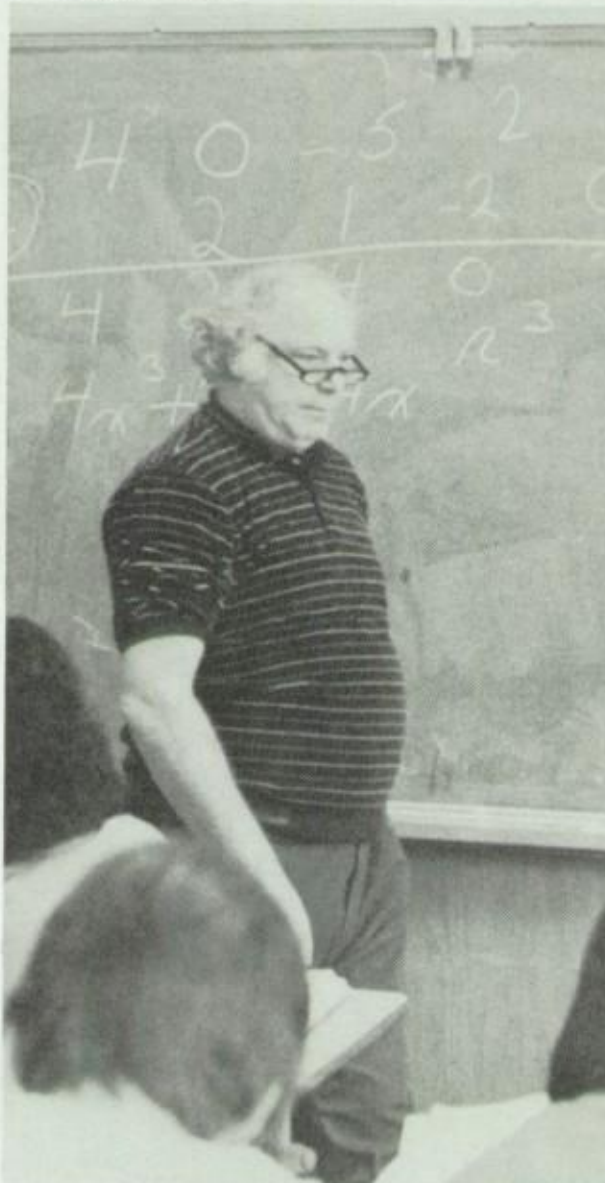


Photo by Stewart



After finishing a detailed lecture, Algebra Teacher Jerry Greenbaum listens to an inquisitive student as the rest of the class completes note.



Photo by Barros

Looking over his classroom assignment, Junior Greg Ramos takes a short break between problems before resuming to his work as the other students complete their assignments.

Observing Freshman Greg Wagner's classwork, Math Teacher Boyd McCaslin prepares to help out the troubled student as the rest of the class finishes assignments.





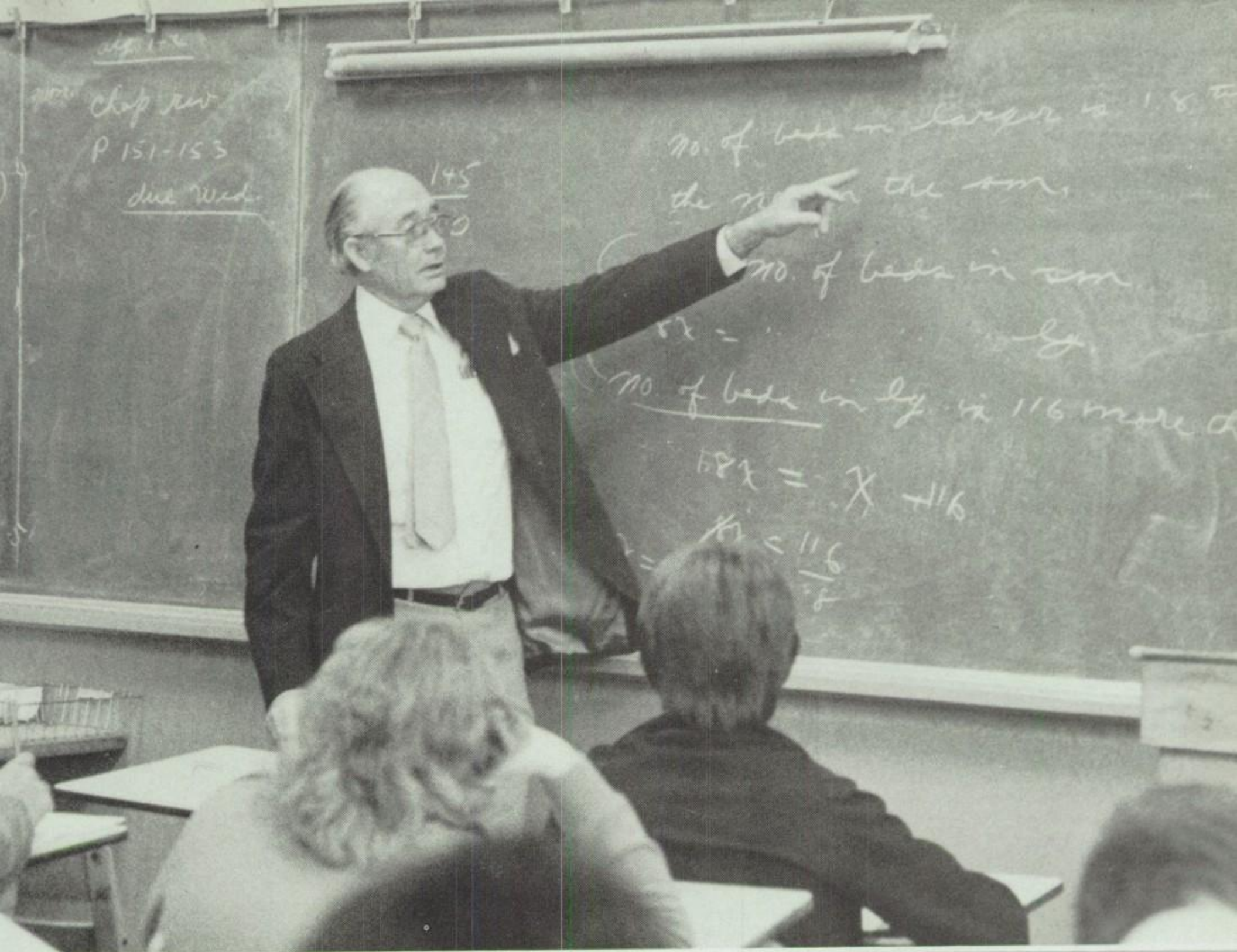


Photo by Fashinell



Photo by Frates

**Putting true feeling** into his board work, Math Teacher and Department Chairman Frank Casson lectures his advanced math class while students listen intently.

**Explaining the assignment** in detail, Math Instructor Jerry Metcalf displays the problem to Sophomore Gary LaFleur as he listens and discusses the matter.

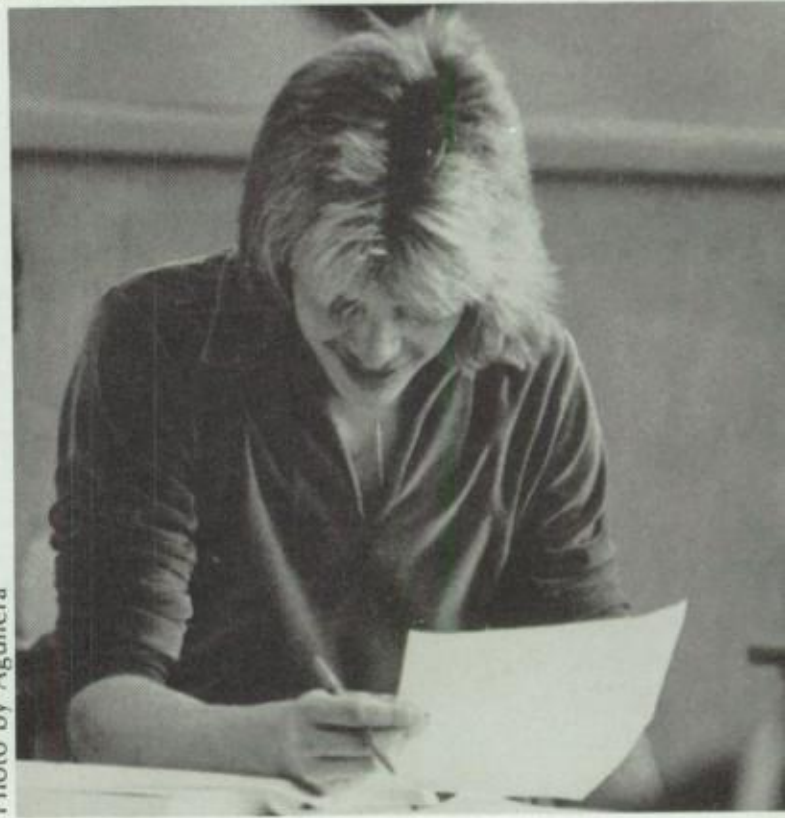


Photo by Aguilera

**Finding humor in his work**, Senior Sean Pierce looks over his paper and goes on to the next problem in completing the remaining classroom assignments.





Taking a look at the Physical and Special Education Departments, no major readjustments or changes have occurred.

Last year, the main topic of controversy in physical education was the physical fitness tests and requirements.

Department Heads Tamara Battino and Naish Piazza reviewed and reevaluated the previous year's student scoring on physical fitness tests. Battino and Piazza decided to lower the test requirements to make scores easily obtained by students. The entire scoring system was revised and put into effect

## PE chairmen study course requirements

by Sonya Madeiros

at the beginning of the school year.

Also, the manner in which students were used to changing classes at the end of each quarter was revised. Instead of handing each student a card and sending him off to a new class, students were given their cards and each class was named off one at a time and students would go to their chosen class. Battino said that she and the other teachers were pleased with this new process. Battino also felt that the "students were happier about activities. There were not as many students running around with cards and no classes."

Unlike physical education, the Special Education Department has not seen any changes since the law was passed in 1981 requiring that public schools provided a program for students with special needs.

According to Special Education Department Head Jerome Glenn, when the program began at Arroyo High School, it was small and consisted of one or two classes, now it has expanded into a full day complete program. The program is designed for students who have I.Q.'s lower than 10 percent of the norm, physical handicaps, or neurological handicaps.

The students in this program are given the same courses as the rest of the student body, but in a simplified form. Only the students with low I.Q.'s may remain in these classes all day.



Photo by Frates



Photo by Fashinell



Special and Physical Education Teacher Ed Blom demonstrates to one of his students some thing about keeping identification in her wallet.

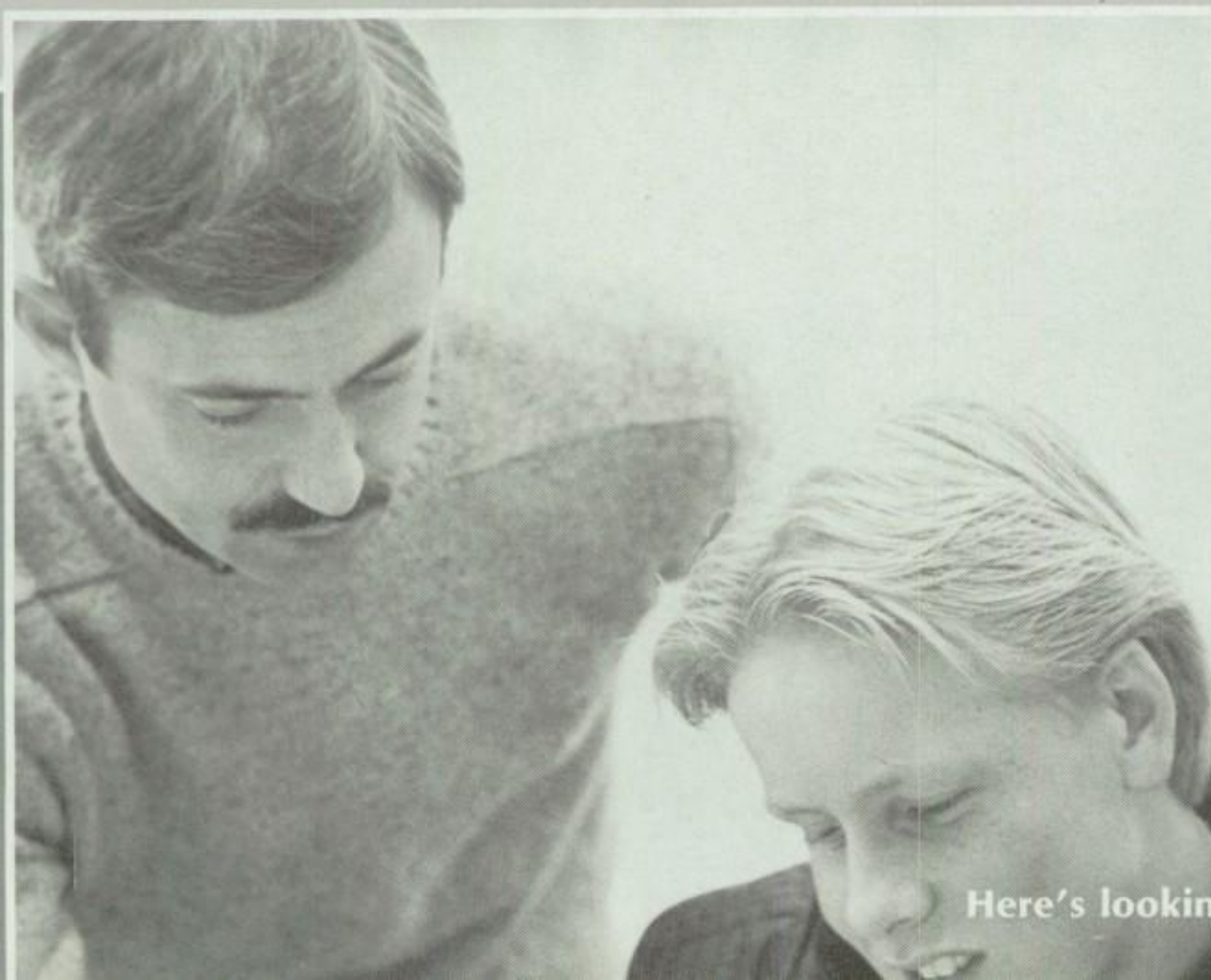
Showing their great ability, Ted Parham and Joe Souza battle out a spike as classmates Greg Ulloa and John Agulera look on.

Assisting a student in the special education program, Aide Janet Ecoffey gives advice on a mathematics problem.





Photo by Fashinell



Here's looking at... Special Education/PE 59



Photo by Frates



Photo by Gurr

**Improving on** coordination skills, Senior Bridget Pimentel participates in a game of ping pong.

**Learning basic** everyday skills, Sophomore Evelyn Gregory and other classmates work with setting up bowling pins.

**While students are** at play, PE Teachers June Macabee and Robert Hitchcock discuss changing classes for the next term.

**Assisting Freshman Jim Smith** with his homework, Special Ed Department Head Jerry Glenn gives problem-solving advice.





The Social Science Department brought new insights to students during the year.

Headed by Vicki Bissell, the department covered subjects that ranged from the bartering system of the Sumerians to US - Soviet relations.

The 16 teachers who made up the department worked with students of all grades. In Gerry Fisher's social studies class, students learned about the 13 Colonies and American Indian Cultures.

Project Business was an added bonus for some of the ninth grade Introduction to Social Science classes. The Project Business lessons were taught by local businessmen. They dealt with the

## Bissell brings new insights to department

Photo by Anderson

by Jim Miller

ideas of supply and demand, production, consumption, and the stock market.

Spending one million imaginary dollars was a part of Mary Camezon's Career Decisions course. Sophomores learned to fill out job applications, write resumes, and how to conduct themselves at job interviews. Along with career decisions, Sophomores took Millard Billings' family living class. The class covered drinking, pregnancy, and other social pressures.

"It was irritating at first, but now it does calm everyone down," commented Junior Steve Rose on US History Teacher Earl Remington's "Mood Music." Remington played the music during tests. He also had a unique way of reviewing for tests. The "History Bowl" was a game he devised in which two teams sit across from each other at a buzzer board and compete to answer questions. As Rose said, "The 'History Bowl' doesn't only help for the present test, but it reviews the previous material."

For Seniors the class was US government. The class dealt with the workings of all three branches, and it tried to develop a voter responsibility. "It was a worth while experience, and I learned a lot," said Senior Adrianna Aranda.

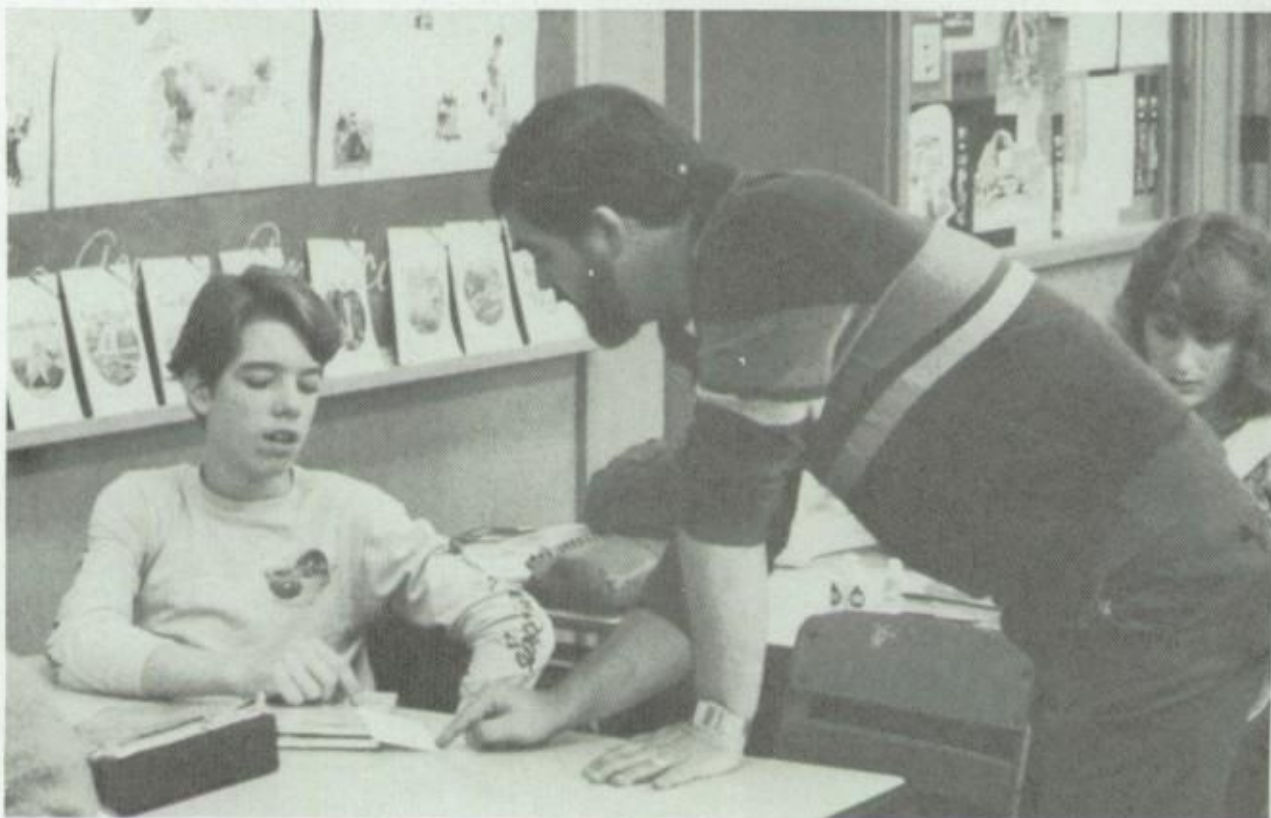


Photo by Fashinell

Photo by Proctor



**Eagerly awaiting** to start the day's lesson with his usual "hysterical events," U.S. History Teacher Earl Remington patiently waits for his students to quiet down.

**Offering assistance,** Social Science Instructor Gerry Fisher aids Eighth Grader Eric Ducey while classmate Shelly Bossi looks over the day's assignment.

**Discussing the format** of required term papers during her second period government class, Department Chairman Vicki Bissell gets the point across.



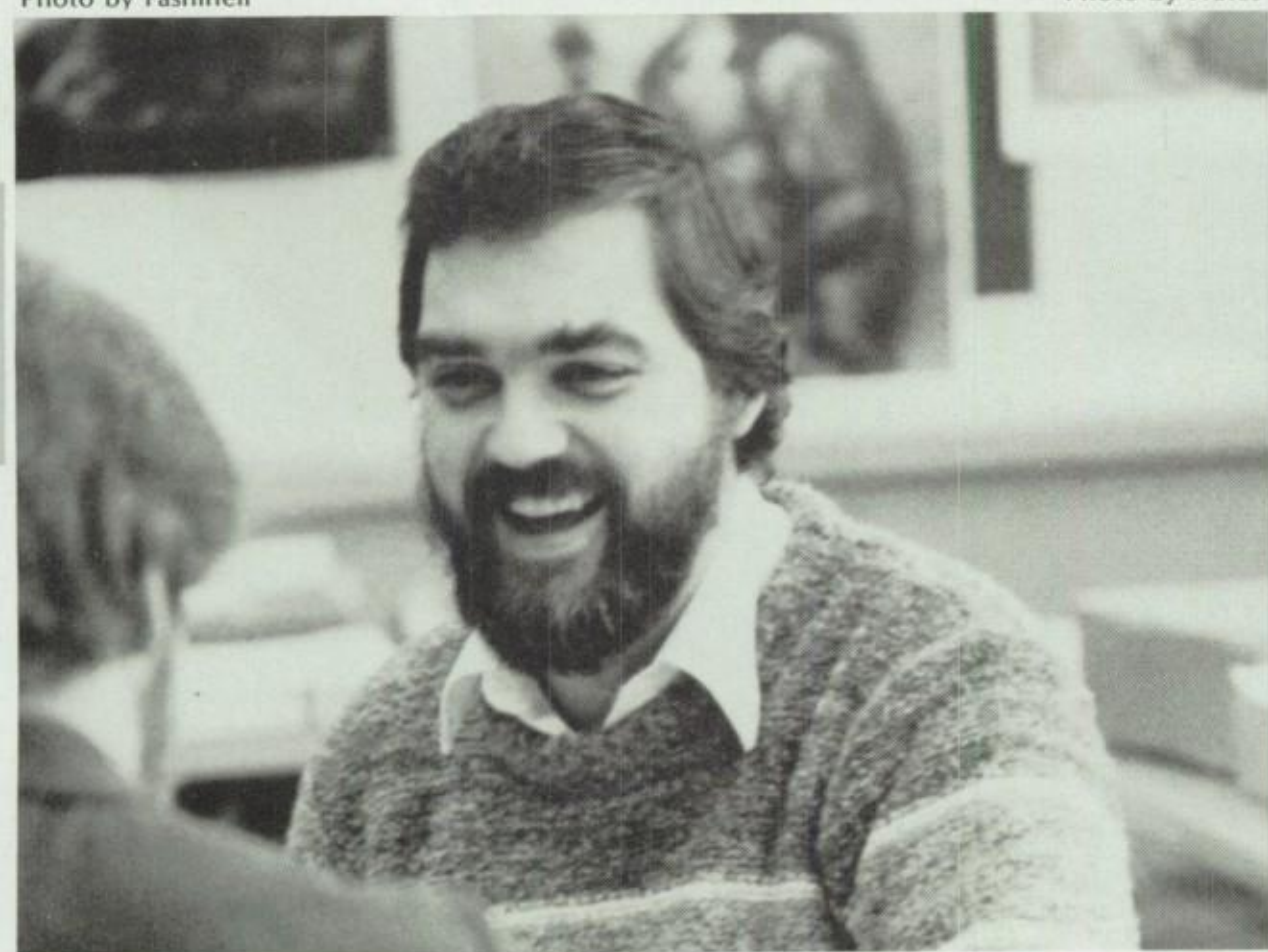




Photo by Fashinell

Photo by Frates

Photo by Frates



**Comparing notes** on the latest assignment, Eighth Graders Dina Robreigo and Roseanna Souza check their homework to see if their answers are correct.

**Having an interesting** conversation with a fellow teacher, Social Science Instructor Gerry Fisher tells about the progress of his Eighth Grade class.



**Enthusiastically writing** down his answers, Freshman Johnny Jacoby works diligently to complete his classwork in Introduction to Social Science before the end of the period.





To satisfy the School District's requirements for graduation this year, the Science Department worked very hard. The new requirements were that each student have at least one year of physical science and one year of life science.

There seemed to be little physical change in the students' attitudes and participation because of this change. The requirements were set up so that each student had a better understanding of science before graduating or going on to college.

The Department also designed special programs like Science 8, physical science, and life science for the fresh-

## New science requirements affect classes

by Susan Brokke

man and sophomores who did not planning to attend college after graduation. These new programs were a somewhat simpler form of teaching and learning science. They gave a general idea of what the science course was about and did not go into specific detail.

Head of the Science Department Ken Miller said, "We are planning to increase the number of hands on equipment parts to the courses to prepare students for the more advanced courses in science. All grade levels of science students will now be able to use the laboratory equipment, not the advanced classes alone." He also said that the students were very cooperative in being careful with the equipment, such as test tubes, beakers, and thermometers. The Department claimed the equipment was very expensive.

Video Machines were also used to help students to get a better understanding of the course. These tapes were made by the Science Department itself, and were also rented from the county library. The department also contracted with KQED to use their professional tapes.

Science Teacher Al Fourmey took a sick leave due to surgery on his back, and Teacher Charles Ross replaced him for the first semester and Debbie Knight for the second.

62 Here's looking at... Science Department



Photo by Gurr

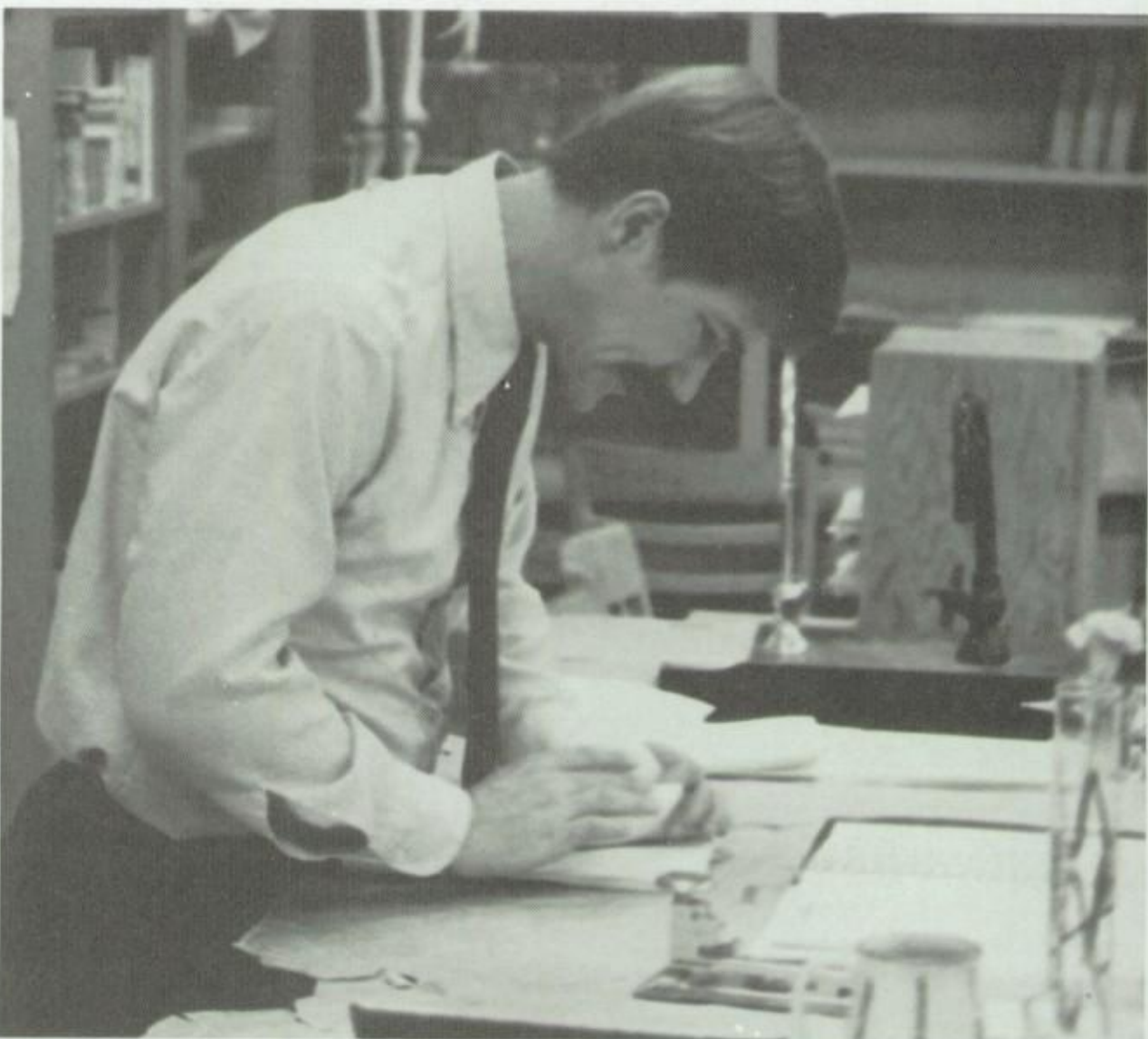


Photo by Gurr

**Preparing for a test** on the human body, Freshman Denae Croley tries to memorize the information, so she can get a high score on the exam.

**Patiently going through** some test papers, Science Teacher Rob Wigand searches for a student's test score while enjoying the quiet after class.

**During a class discussion**, Teacher Fred Hanson seems to bring a strange new method of instruction to get the students to learn the parts of the human body.

**Slipping a joke** in during class time, Sophomore Gary LaFleur and Teacher Ken Miller try to get a reaction from the students in the class.





Photo by Gurr

**Trying to help** the class understand a complicated theory, Physics Teacher Steve Bicknese glances at his lecture notes to try to clear the air.

**Experimenting in the lab,** Seniors Steve Small and Jenny Gault concentrate on the formulas given to them while Rebecca Diaz tries to get help from across the room.

Photo by Fashinell



Photo by Fashinell

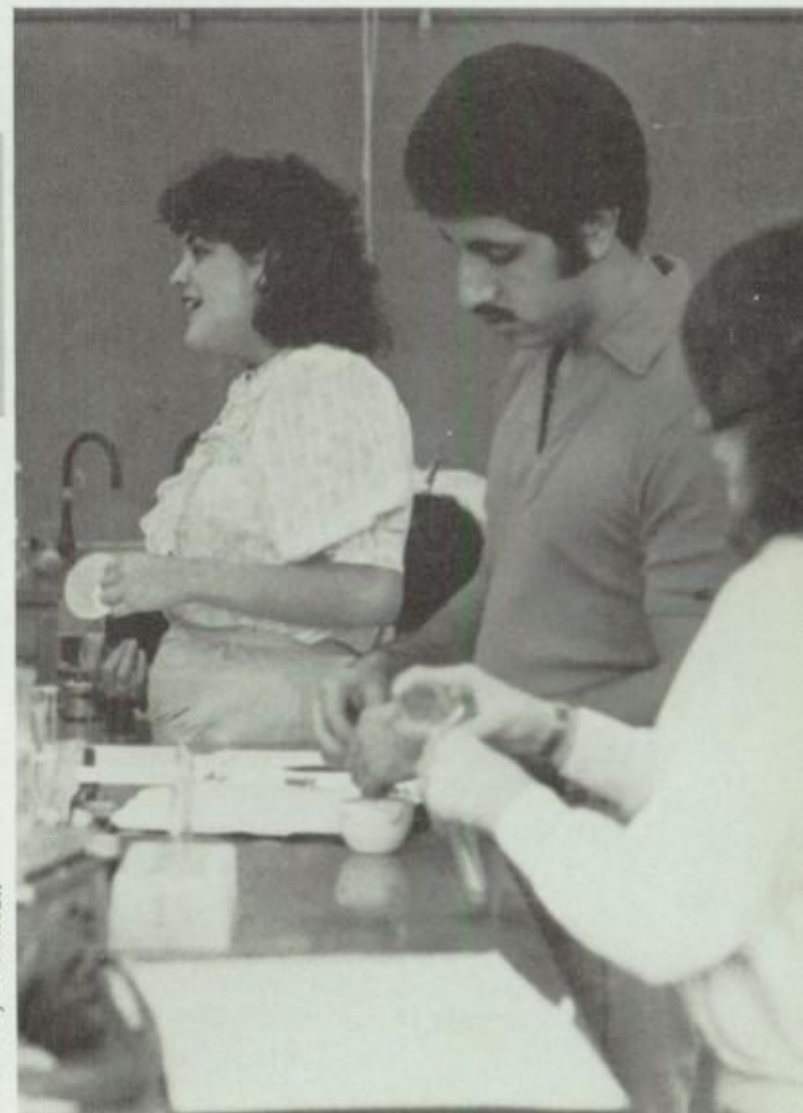
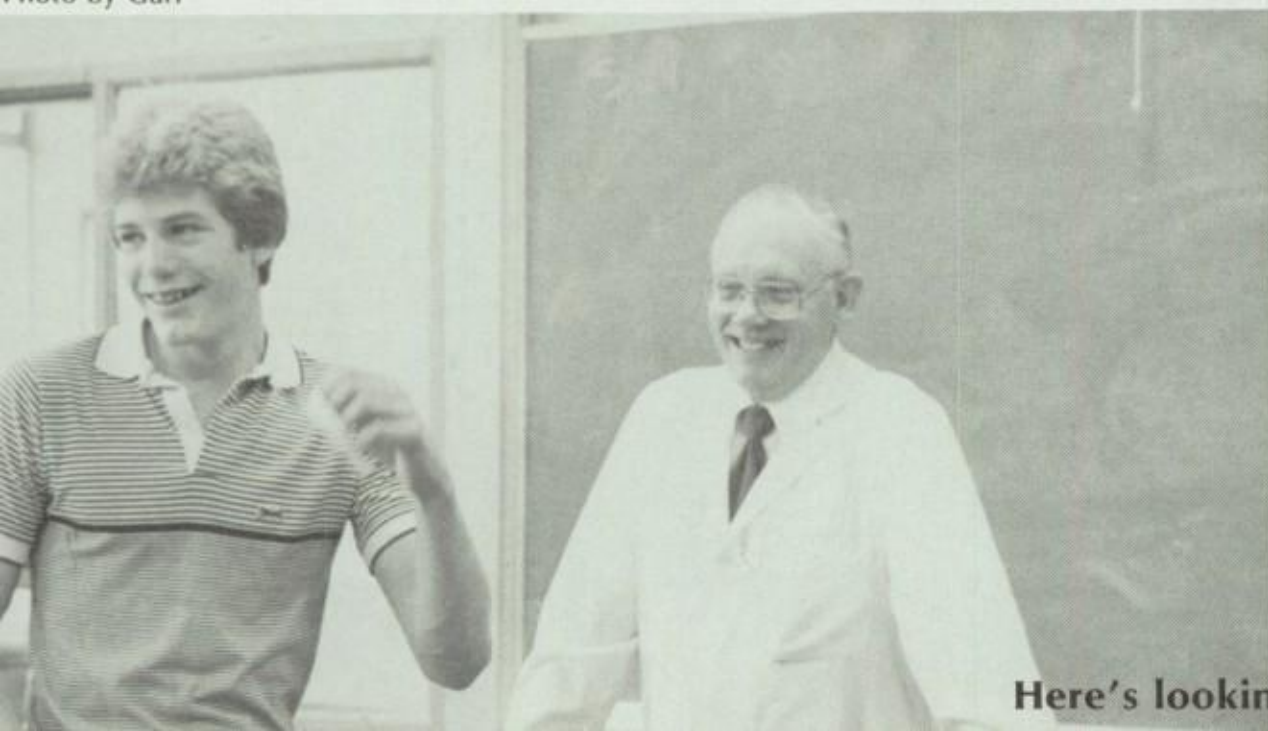


Photo by Fashinell





"I'm pleased with the work I receive from my students," stated English Department Head Norman Hopkins.

Arroyo's English Department was "looking" forward to a better writing program; it had two new texts, and added a new staff member, Linda Santillan.

Arroyo sponsored a group of students to compete nationally in a writing contest for Juniors sponsored by The National Council of Teachers of Eng-

## English pupils pay heed to improvement

by Elizabeth Bennett

lish. Students competed in a speech contest, and participated in a spelling contest with San Lorenzo High with \$750 in cash prizes. English teachers encouraged their students to enter more writing contests. The Scholastic Writing Awards were given out to students in which their work is published in magazines.

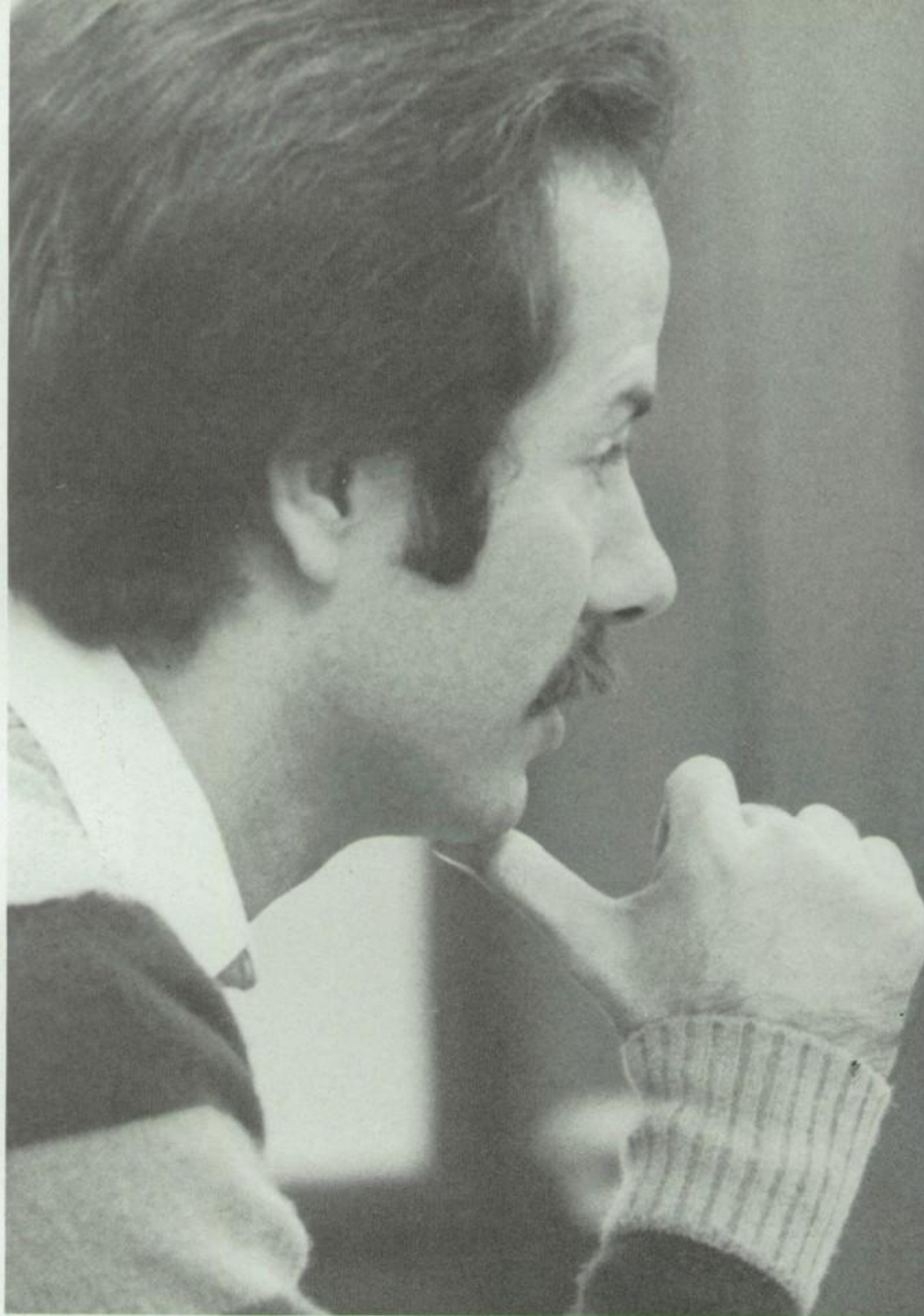
Hopkins mentioned an Honors Class for senior composition and literature. It was a high-level class, but due to scheduling, wasn't very successful.

Hopkins was pleased with the way his classes went and stated that it showed in his Sophomore and Junior classes. When asked about the low points, Hopkins said that the students weren't reading very much. They weren't reading classics or standard material, just things that were assigned to them. Those that were classic readers demonstrated that skill in their writing.

"We're trying to get a more consistent approach to teaching writing", stated Hopkins.

According to English and Media Teacher Jerrold Wergeland, the school board made a proposal to have public speaking as a required study in the English classes. Wergeland added, "I'm hoping that the English Department will be able to cooperate with the School Board in having speech activities in the classes."

Photo by Anderson



**While lecturing** to his Eighth Grade class, English Teacher Steve Miller listens intently to a comment from a student.

**Explaining lesson** plans to his class, English Department Head Norman Hopkins discusses an assignment from the text.

**Reading over** class assignment, English Teacher Don Strongman discusses some exercises with the class.

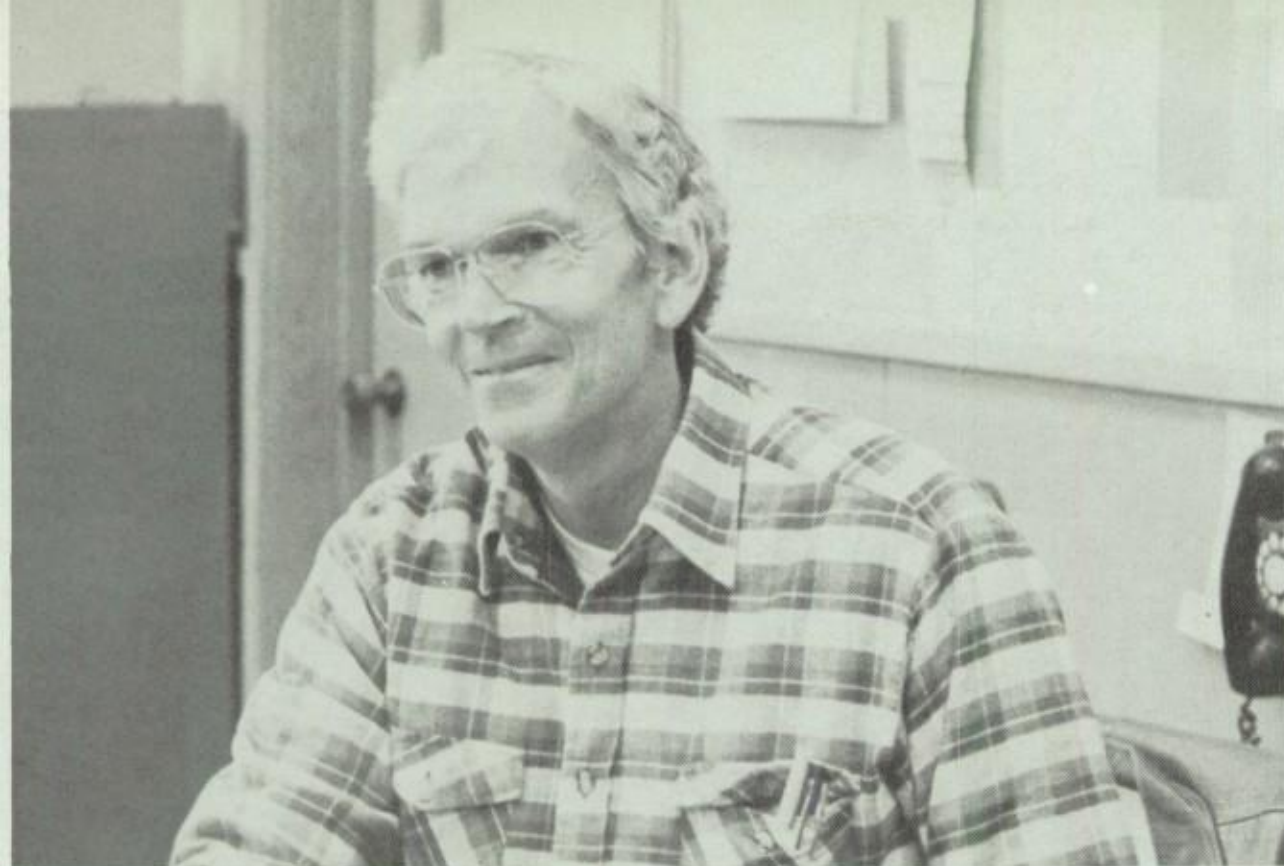
**Pouring over** a grammar exercise, Senior Mark Smith studies intently for a reading assignment.



Photo by Frates







**While talking** to the class, American Literature Teacher Robert Madsen is humored by a comment made.

**What answer** should I put? Freshman Derrick Castro daydreams before deciding what answer to put down.

**Going over** an assignment, English Teacher Michael D'Augelli assists Junior Danny Kaye with a problem.

Photo by Stewart



Photo by Reyes

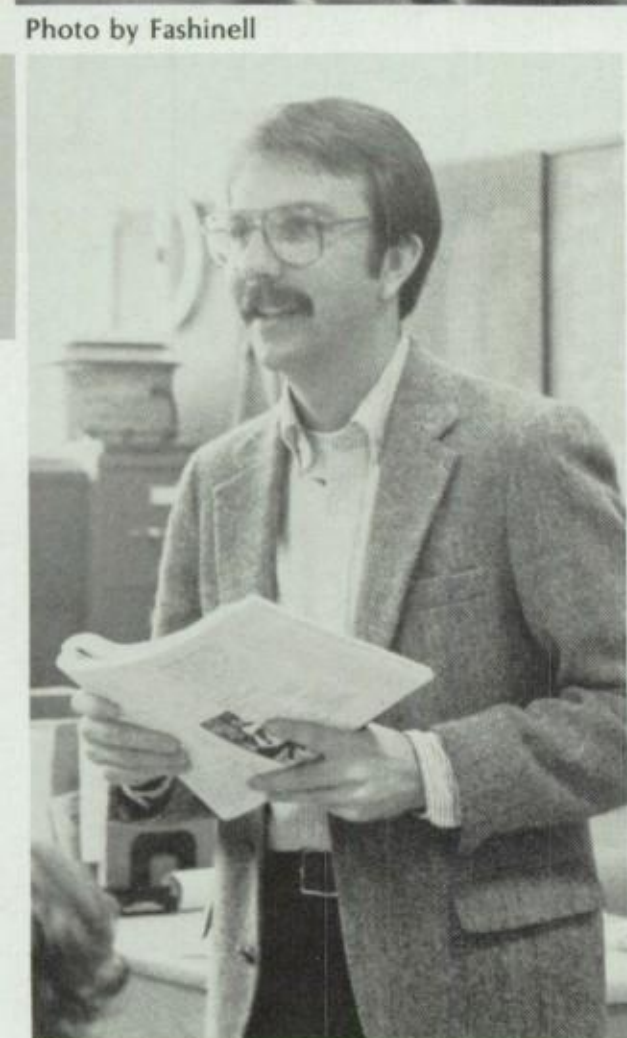
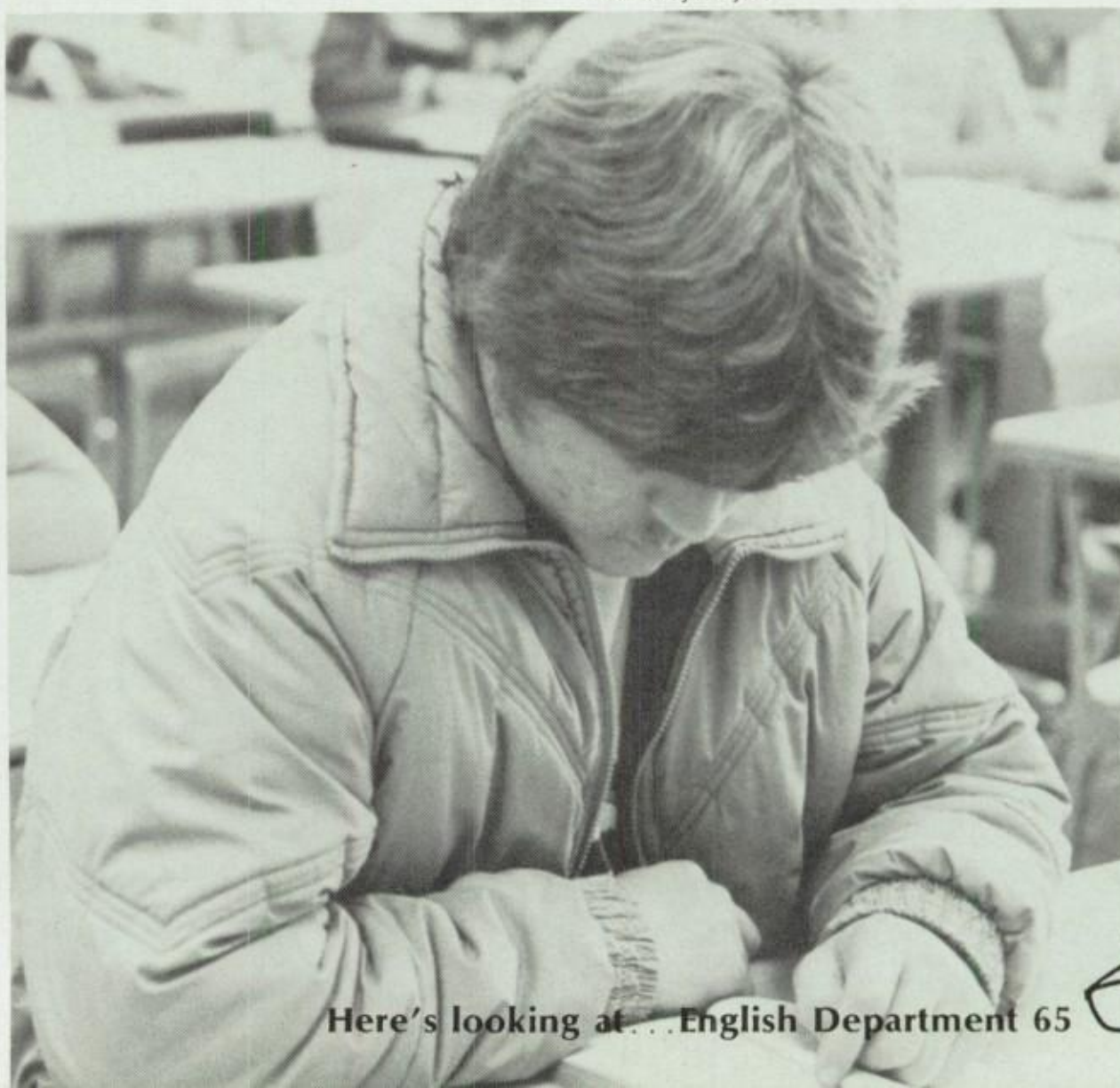


Photo by Gandsey

Photo by Fashinell





Headed by Charles Runyon, the Fine Arts Department developed a sense of beauty around the campus as well as an appreciation of music.

The department was made up of art, music, and drama classes. Fine arts were interesting because they contained students of all ages. In many classes, one or two grades may be represented, but in fine arts, a Senior flute player can be in the same class as an Eighth Grade percussionist.

Runyon taught photography and art classes. His third period class consisted of first year photography students; his fourth period class consisted of first

Photo by Fashinell



## Carter, Cho earn area award, honor

by Bryan Proctor

and second year photography students. "Students seem to work well on an individualized basis, their self-motivation is good and their creativity is above average," stated Runyon.

Among his photography students, Senior Chris Carter was nominated as a plaque candidate. In the art department, Senior Kathy Cho was selected for the Bank of America-award. "We have some really outstanding art and photography students this year," commented Runyon.

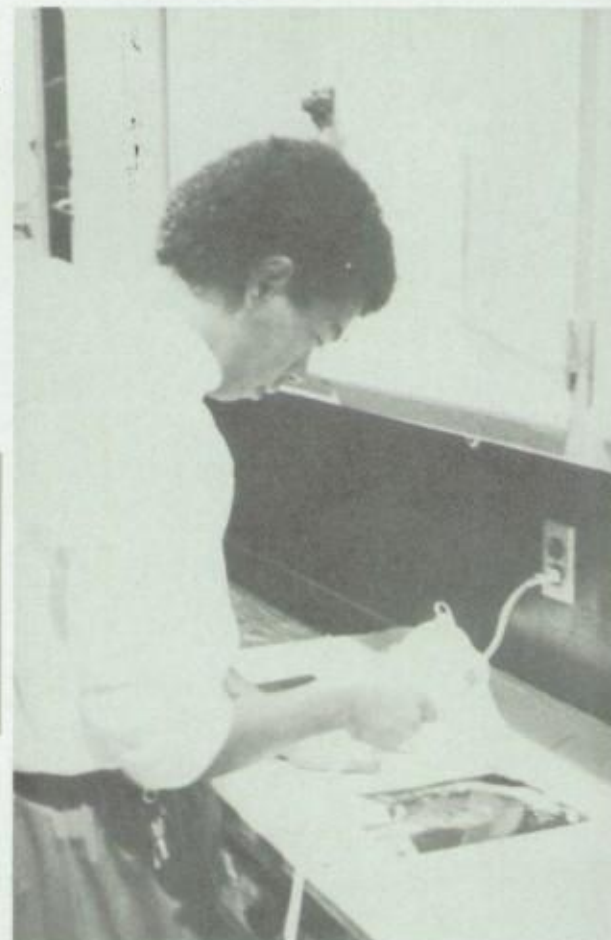
The choir was led by Pat Schultz. Schultz taught mixed choir and A Cappella. Some of the accomplishments of the Mixed Choir were to learn to sing three part music, to read music, to sing in tune, to sing artistically, and to learn proper phrasing. The A Cappella was a performance choir. They worked more on the artistic than the technical aspects of singing. Some of their other goals were to perfect their breathing techniques, posture, and to gain exposure to different types of music.

"If we had more people in the choir, it would be better than it is now," stated Junior Kevin Agrella. "Guys should join the choir, and they shouldn't be worried about having people make fun of them. We go a lot of places. It's a pretty fun class."

Photo by Fashinell



Photo by Gurr



**Getting into** their music, Sophomore Eric Vanderveer, Seniors Matt Renee and Ron Burton, and Junior Erik Bertaud read their music and play their instruments.

**Watching a** lunchtime rally, Band Members Andrew Thomas, Sabrina Rodrigues, Tina Cruz, Veronica Gallardo, and Sherry Hendricks get ready to play school fight song.

**Waiting patiently,** Junior Class Member Gordon Early uses a blow dryer to dry a photographic print of the popular pop singer, Rick James.





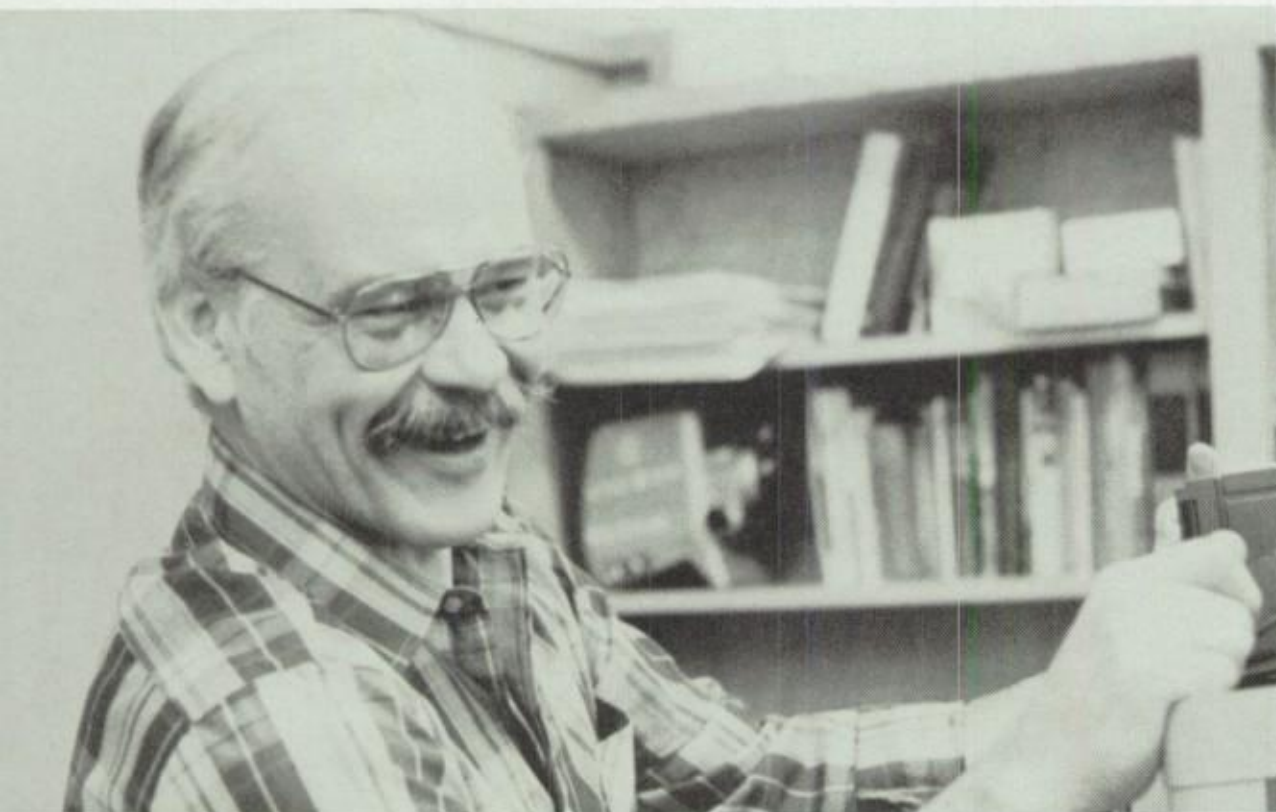


Photo by Gurr

**Adjusting the** controls on a slide projector, Drama Teacher Wayne Ward kids jokingly with the students of his acting class.

**Zooming in on** his subject, Senior Chris Carter focuses, sets, and makes other various adjustments in completing an assignment for his photography class.

**Keeping his eyes** on the sheet music before him, Sophomore Brian Hare plays his cello with extreme expertise in practice for an upcoming concert.

**As Sophomore Carrie Druppall** concentrates on playing the song, Eighth Grader Heather Sloan reads the music to play her violin as the class practices to become great musicians.

Photo by Proctor



Photo by Gurr



Photo by Fashinell





Jobs done behind the scenes were just as important as those done by teachers.

Secretaries, instructional aides, cafeteria workers, and custodians helped keep the school clean and run smoothly.

Keeping their eyes on things, the secretaries did jobs that ranged from filling out admit slips to processing books for every class. These jobs were accomplished with care and enthusiasm. "I think everybody works well together to help everyone else," stated Jeanne Flanders, Principal Roy Hanson's secretary. Flanders went on to say, "We work like a team," and "I enjoy working here. The students are very polite."

Helping both students and teachers were the instructional aides. Four of

## *Clerical staff helps school run smoothly*

by Jim Miller, Kristi Hanson

the aides worked in special education, one in the Career Center, and one in English as a Second Language class. The aides were full-time employees who did small group instruction under the teachers direction, and helped the students in special education work in regular classes. According to Assistant Principal Diane Osborne, "They make an outstanding contribution to Arroyo. We couldn't make it without them."

Under the direction of Caroline Marshall, the cafeteria staff fed hungry Arroyans. They also filled the vending machines and snack bars. "Our breakfast is getting very big," said Marshall when referring to Arroyo's breakfast program. Marshall also felt the nine-member staff was too small, but "they worked hard to make up for it."

Another understaffed group was the custodial staff. The eight-member staff worked well together. One of their biggest problems was the trash left after lunchtime exodus to McDonald's. As John Swalls, head custodian, said, "I think it's a very nice school, and the kids are really nice."

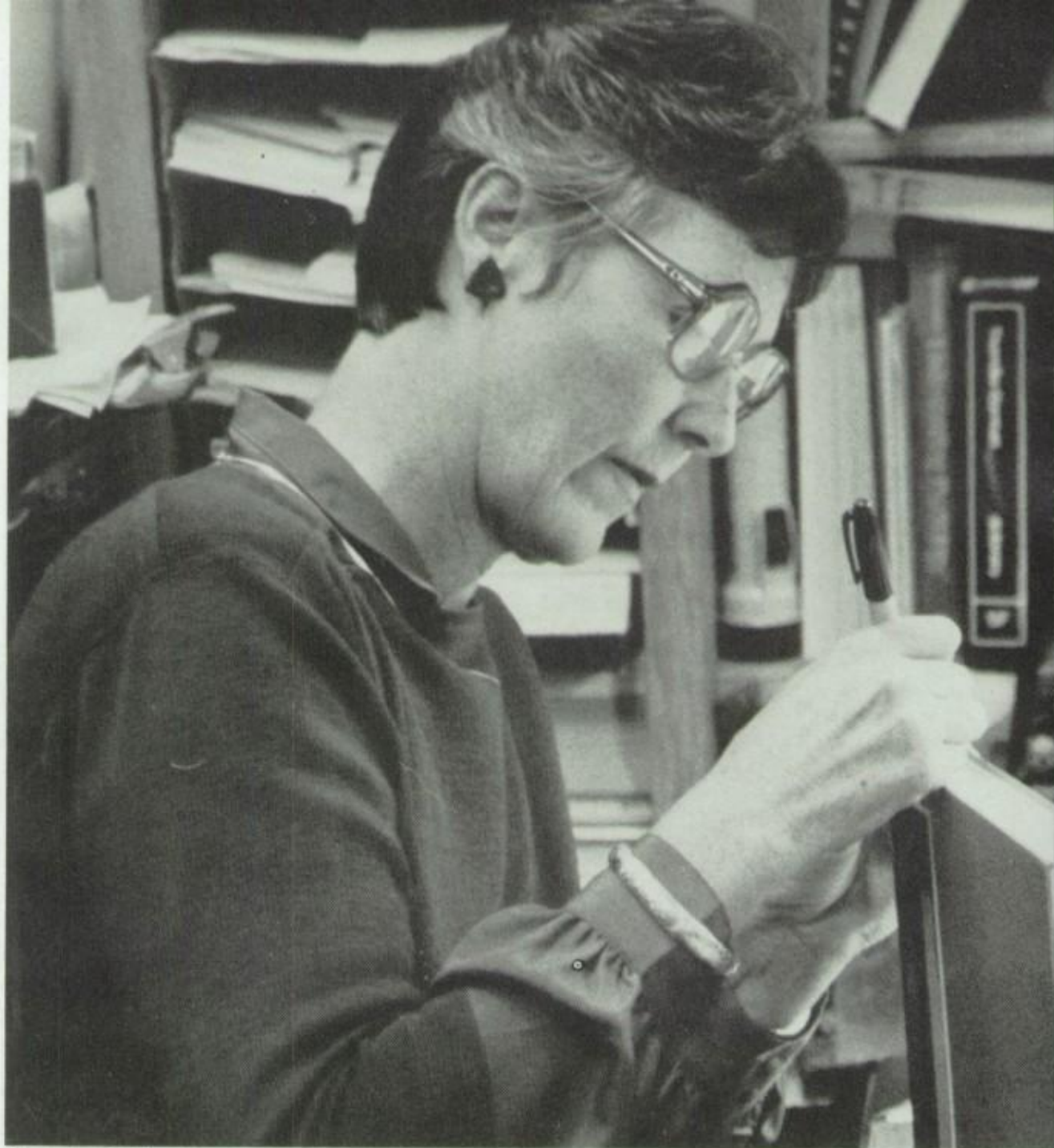


Photo by Fashinell



**Secretarial Staff:** Front Row; Barbara White, Faye Davis, Ida Reider, Judy Hackbarth. Back Row; Kathy Bumann, Nancy Carlson, Laurie Matarazza, Marie Johnson, Jeanne Flanders, and Sharon Hemmenway.

**Explaining her** position in the Special Education Department, Instructional Aide Jan Ecoffey takes time out to smile for **Arroyo** interviewer.

**Custodial Staff:** Front Row; Virginia Wenzel, Billy McNally, Dee Gonzalez. Back Row; Wes Peterson, Nancy Stang, John Swails, and Sam Peterson.

**Writing out admit slip,** Senior Sheri Stinnett gets the information from Student David Camp, so he can attend class.







Photo by Gurr

Photo by Fashinell



Photo by Frates



Photo by Fashinell

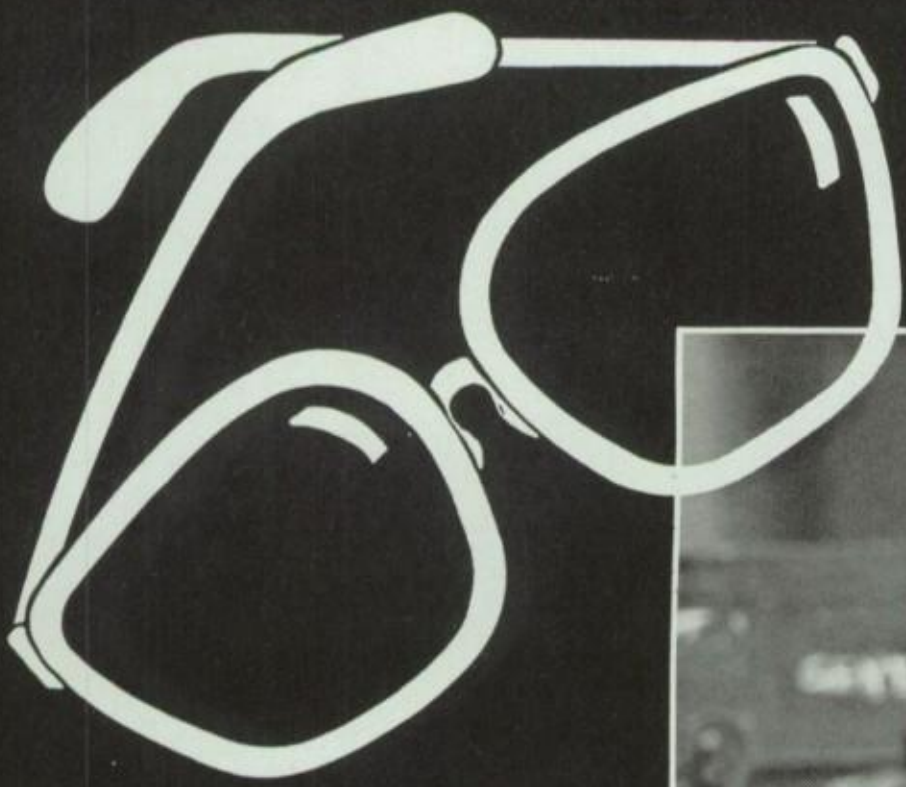


**Working in the bookroom,** Nancy Carlson concentrates on the numbers while she marks a book making it easier to find in the immense piles of books.

**Cafeteria Staff:** Front Row; Jean Spehar, Elenor Brown, Jean Hulsman, Elda Olivares, Meda Shultz, Edith Valerio, Carolyn Marshall. Back Row; District Sub., Ann Miller, Marilyn Butler, Colletta Hagerty







Practicing diligently, Junior Debbie Roderick displays her musical talents while concentrating on the notes she produces with the cello.

photo by Fashinell





# *Clubs bring fun to students*

by Rick Blaine as recorded  
by Janae Anderson

During my stay at Arroyo, I looked into a lot of student participation groups and clubs.

The clubs are a lot different from the ones I knew in Casablanca where no one under 21 was allowed. The kids have clubs that go skiing, to Washington, D.C., and even Europe. (Now that I've come maybe they'll start a Moroccan Club). The kids even produce their own newspaper and a yearbook. These kids really have a good thing going. Looking at them doing their jobs and working together makes me realize how much I missed by being a loner.

My memories of school don't go beyond bad-tempered teachers, bad grades, good grades that I worked overtime for, and even a little loneliness. I needed to get out and find out how to work with other people and have a good time, too. There are still a lot of loners around at this school too. They may think they

aren't missing anything, but if they only knew. Like when I went on the trip with the ski club, I never knew how much better you get to know people when you have to live with them in such a fun and confined conditions. I also thought raising money would be a lost cause, but it was fun doing car washes and spraying everyone with water. I guess you could say I had a lot to learn, but I learned by getting involved.

When I went to Washington, D.C. with Close-Up, I got to meet kids from Florida, Georgia, and Southern California. I got a good look at modern government in action. It was really an impressive place.

Even though the clubs seemed well "supported," the majority of students were involved in only a few activities and there isn't a lot of self-motivation. I guess it's hard to take a chance and come out of their shell a little bit. Hopefully, the Dons will show their pride and break their shell of uninvolvedness.

## *Student Life*





**Outlining ideas** on the chalkboard, Senior Council member Vicky Corral, decides that slot number three will be the right selection.

**Paging through** the calendar for dates, student body President Evelyn Fernandez, checks for upcoming events to be held at Arroyo.

**Intensely working**, Senior Catherine Gallagher, studies assignment given to her by the Executive Council's advisor, Jack Hunt.

**Reviewing Arroyo's** activity schedule, Juniors Debbie Roderick and Cindy Eckinger coordinate activities during Spirit Week.



Photo by Proctor



Photo by Proctor



Photo by Fashinell



Photo by Proctor

by Bryan Proctor

"Reorganization" was the key objective for the Executive Council according to Advisor Jack Hunt.

To improve the look of the executive Council members of the staff increased communications with students. Questionnaires were included in the daily bulletins. The questionnaires provided council members with an invaluable viewpoint of improvements. The system was extremely successful, so much so that Senior Class President Ken Montgomery said, "This year's Executive Council has taken the initiative to get more students involved which has made for a very successful school year."

Another outstanding achievement of the Executive Council was its ability to bring classes together. In the past, many classes and clubs held fundraisers on conflicting dates, thus the activity planned was not as successful. To alleviate that situation the Executive Council

along with Administration members formed a committee which coordinated activities throughout the year. Committee Commissioner Gail Noakes stated that classes or clubs would bring their requests to the committee, the committee would then vote in the proposal and approve, if the date and activity was acceptable.

The entire year was devoted to bringing classes together. The idea was devised to hold a "Family Fued" in which classes would compete against each other. Representatives were selected from each class to play for the cash prizes.

There were 100 students and faculty members polled for each question asked by the master of ceremonies. During the game, each class earned points which, at the end, were converted into funds for the class they represented. This "Family Feud" was in essence a "class feud" which brought faculty members and students closer together, said Hunt.

## Officers work to achieve school unity







Photo by Proctor



**Executive Council** members: Front Row, Debbie Roderick, Cynthia Eckinger, Jennifer Gregory, Darlene Sasaki, Vicky Corral, Kristine Dezotte, Susan Witowski, Kathryn Hudson. Back Row; Juanita Gregg, Gail Noakes, Sherry Bargagliotti, Julie Sterling, Evelyn Fernandez, Catherine Gallagher, Deanna Hill, Daniel Pryfogle, Mickey Potts, and Kenneth Montgomery.

**Trying desperately** to coordinate upcoming events, Student Body President Evelyn Fernandez, Senior Class President Kenneth Montgomery, and Susan Witowski, confer on possible problem in Executive Council planning.

Photo by Fashinell

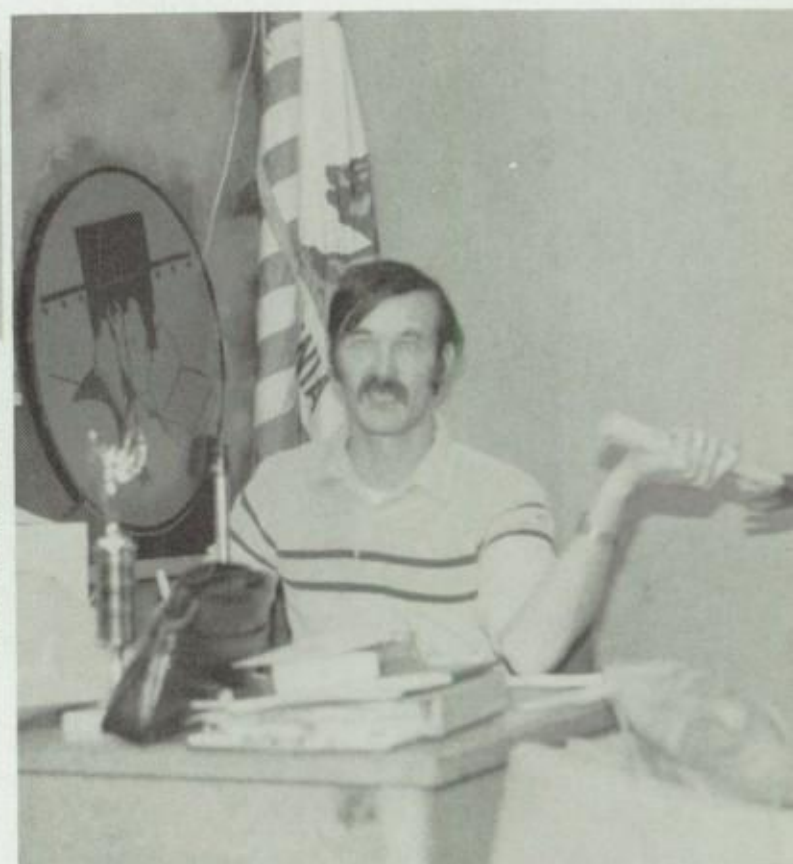


Photo by Proctor

**Putting the** hammer down, Advisor Jack Hunt lays down the law for class officers during his lecture in the Student Government Office.







Photo by Forsberg

Taking the trip in stride, Senior Chris Donovan endures the long bus ride to Squaw Valley on the club's first trip during the year.

**Buddying up** at the bottom of the slope, Seniors Chris Sullivan, Gregor Stewart, Tim Harris, Junior Jill Forsberg, and Senior Keith Hatcher get ready for another run.

Photo by Forsberg



**Awaiting the** final miles, Juniors Christine Woods, Sandy Rameriz, Seniors Jeff Mello, Joe Reyes, and Sophomore Lisie Ferreira enjoy each other's company.

by Elizabeth Bennett

## Students find club provides exciting trips

Arroyo's Ski Club looked at good snow and great skiing while taking two successful trips in the 1984 season.

The first trip was to Squaw Valley where 40 students and six adults participated in a fun weekend and good skiing. "It was a nice trip," stated Club Advisor Angelo Madrigal. The first trip was taken at a cost of \$105, and transportation, some food, lift tickets and accommodations for two nights were provided in the trips' package, according to Madrigal.

The second trip was a smaller one with 27 students and five adults. The group traveled to Heavenly Valley at a cost of \$103 and the same accommodations as the first trip. The club held two fundraisers of gift check book sales, and

a car wash-a-thon to help pay for the costs.

"I enjoyed both trips, but I think I liked the second one better. They were really fun and we had good transportation," stated Senior Jeff Mello.

According to Madrigal, there were 20 new skiers joining the club who received lessons with the trip package. When asked about the work involved in organizing Madrigal stated, "It's a lot of work, but once you actually get on the snow, it's worth it."

Ski Club President Chris Donovan stated, "I thought the weather conditions and lodging was better at Heavenly but both trips were really fun."

"We had about 49 club members which was a good turnout. I'm glad so many people were able to participate and have such a good time," stated Senior Skier Todd Long.







Photo by Forsberg



Photo by Proctor

**Ski Club:** Front Row; Diana Lewis, Julie Abney, Lisie Ferreira, Elizabeth Yopp, Lani Sanchez, Chris Sullivan, and Chris Dlugosh. Second Row; John Bueno, Tami Damerl, Ron Ingebretson, and Stacie Brose. Third Row; Angelo Madrigal, Casey O'Connell, Todd Long, Natalie Coppa, Michelle Harrell, Tami Choate, Janel Clarke, Paula Neto,

Sandy Ramirez, Christine Woods, Michelle Ritz, Michelle Mello, Ken Chambless, and Craig Nakashima. Fourth Row; Gregor Stewart, Jim Sposeto, Keith Hatcher, Joe Reyes, Jill Forsberg, Tim Harris, and Dave Henning. Back Row; Jeff Metz, and Chris Donovan.

**Trying to achieve a "backscratcher",** Senior Chris Sullivan demonstrates his skill.

Photo by Forsberg







Photo by Proctor



Photo by Gurr

**Gathered together** to discuss important issues, President Jim Miller, Member Cindy Rickert, Vice President Barbara Yee, and Member Jackie Corley make decisions about upcoming events.

**CSF Members:** Front Row; Casey O'Leary, Buffy Kuykendahl, Karleton Tse, Ken Jowe, Linda So, and Lisa Jeong. Second Row; Shan Lin, Angela Lam, Elaine Rockowitz, Helena Weiss, Dora Lee, Barbara Yee, Stacy Teshima, Melanie Young, Sandy Matejcic, Cindy Eperson. Third Row; Cin-

dy Eckinger, Cecelia Jeong, Cindy Rickert, Susan Kahler, Gail Noakes, Sharon Jew, and Dorothy Lin. Back Row; Evelyn Fernandez, Sherry Bargagliotti, Debbie Roderick, Jackie Corley, Jim Miller, Gerald Hohn, Chris Carter, Kevin Burkfield, and Janae Anderson.







Photo by Gurr

**Counting sales** income, CSF Member Linda So goes over deposit to determine club's Honor Day budget.

**Listening attentively** at one of the weekly meetings, California Scholarship Federation Advisor Mary Camezon awaits the decision to be made by members.

Photo by Gurr



by Tricia Gandsey

The California Scholarship Federation had many activities planned for the upcoming year. There were approximately 35 members enrolled.

With the year's new advisors, Mary Camezon and Vicky Bissell, things seemed to go pretty well, according to Secretary Susan Kahler.

For one to have qualified as a member of the California Scholarship Federation, a student had to go by a scoring system. This was where each grade was equal to a certain amount of points.

An A equaled three points, a B equaled one point and a C equaled no points. There were no D's or F's allowed. Also a certain amount of points had to come out of academic classes. Each semester every student had to pay dues of 25 cents, which went into the scholarship fund. A life membership could also have been received if one was involved for four semesters starting

in the sophomore year. For being a life-time member, one would receive a gold tassel for the cap during the graduation ceremony and also a stamp on the diploma.

CSF had many fundraisers during the year. There was a bake sale where they had raised \$92. There was a candy sale which raised approximately \$150 and a Christmas raffle drawing which made \$80. A Christmas tree was given to the winner of that drawing. The money that was raised from all of the sales during the year is put into an account to save for Honor day. Honor Day was held the last quarter of the year and everyone was rewarded for receiving good grades.

CSF was headed by President Jim Miller, Vice President Barbara Yee, Secretary Susan Kahler, and Treasurer Angela Lam. "Being in CSF is not only an honor but a lot of work. Members are not only expected to do well in their studies, but set an example," commented Jim Miller, president.

## Members go to California universities





**Spring and Fall Editors for the Dry Gulch Gazette,** Patti Bennett and Mark Pryfogle work on layout styles for the newspaper.



Photo by Gurr

**In trench coat and tie, Arroyan Editor Dean Gurr,** displays his spirit while trying to advertise sales for the yearbook.



Photo by Fashinell

Photo by Frates



Photo by Fashinell

**Gazette Staff:** Front Row; Jojo Lago, Craig Nakashima, Michelle Sudar, Mark Pryfogle, Patti Bennett, Nelson Cardadeiro, Al Elpusan, Brooke Mingarelli. Second Row; Kevin Burkfield, Jennifer Schwarz, Elizabeth Nunn, Evelyn Fernandez, David VanHeurck, John Stuart, Vince Merritt, Craig Candido, Darlene Lapenias, Sherri Ingebretson, Dean Gurr, Gerald Hohn, Paula Neto, Janet Partridge, and Adrianna Aranda. Third Row; Arlene Ogata, Richard Klimas, Michelle Strand, Bryan Proctor, Tracy Frazier, Gail Noakes, and Kara Mitchell.

**Arroyan Staff:** Front Row; Evelyn Rodriguez, Arlene Ogata, Charlene Ponzo, Michelle Raney, and Debra Reyes. Second Row; Rene Regalmuto, Elizabeth Bennett, Tricia Gandsey, Janae Anderson, Paula Neto, Sonya Madeiros, Susan Brokke, Nancy Kennedy, Patricia Stender, and Lynne Sorensen. Third Row; Margaret McKenna, Rachel Beeman, Lisa Duncan, Ken Barros, Dean Gurr, Bobby Frates, Glenn Stewart, Kevin Burkfield, Bryan Proctor, and Todd Long.

**While working on a story for the Dry Gulch Gazette,** Senior Craig Nakashima is assisted by Senior Vince Merritt in order to make a deadline.

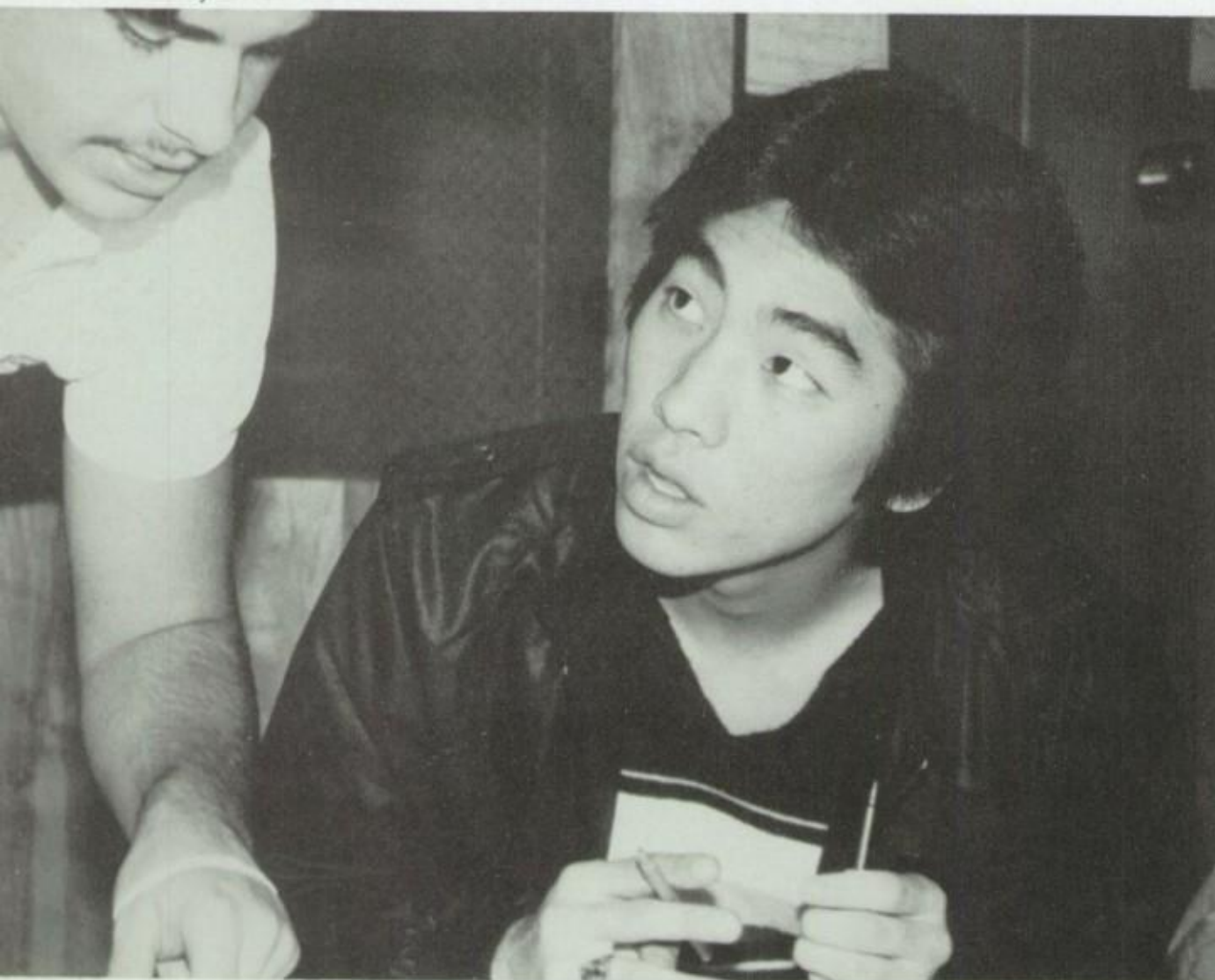






Photo By Frates

Photo By Kauffman



#### By Shawney Parsons

With the starting of a new year, the **Arroyan** staff was striving for a new look.

For having such a large student body on campus, sales this year were very low, only 57 percent bought yearbooks, for the 1983-'84 school year.

Staff Member Elizabeth Bennett commented, "I don't think people care anymore, or they just couldn't afford it." The prices for the yearbook were \$16 with an activity sticker and \$21 without an activity sticker. Whatever the problems were, it didn't stop the staff from working.

With only three students returning from the previous year, Editor Dean Gurr, Paula Neto, and Janae Anderson, and the small staff of 27 was ready for the new changes. "We wanted to change the style of the book and try something new. We made the layout of

the book really different and the cover is really something we haven't tried before. I think the outcome will be good," commented Gurr.

Returning for his fourteenth year, the class was run by Richard Lloyd who was also advised the **Dry Gulch Gazette**, the school newspaper. "I think the innovations and the graphic designs are outstanding. It's refreshing to know that staff members are interested in doing something different and exploring their limitations of creativity," explained Lloyd.

Productions of the **Dry Gulch Gazette** became a busy job for the school's journalists. In order to provide a little more variety in the underlying tone of the newspaper, the editors decided to change the style of the paper to make a more boxie look, like **USA Today**.

## ***Publications work toward unique styles***







**While practicing** in class, orchestra students Aime Barnard, Ronale Castron, and Cosy Bertaud concentrate hard on their music.

Photos by Fashinell

**Concert Band:** Front Row; Sabrina Rodriguez, Yvette Bertaud, Amy Bertaud, Diana Niemuller, Bridgette Wynne, Teresa Cavazos, and Rachelle Cross. Second Row; Gregg Gomes, Rubin Richardson, Andy Thomas, Veronica Gallardo, Sherry Hendricks, Shawn Shubert, Gail Gomes, Kelly Peirce, Tanny Hoffmann, Jeanette Robeson, and Tina Crews. Third Row; Mike Maddox, Instructor Pam Nadeau, Brian Popovits, Robert Newell, Paul Carralejo, Sal Costillo, Petri Toivonen, and Keith Victor. Back Row; Kingman Tang, Kevin Kussoro, Jorge Silva, Jim Scaloon, Ron Burton, Matt Rennie, and David Jones

**Intermediate Band:** Front Row; Debbie Dana, Mike Anastas, Jess Livesay, Howard Stender, Allison Finley, and Chris Giotto. Second Row; Brad McCallis, Tony Miramonte, Jason James, John Chester, Steven Strubell, Yvette Berthaud, Shirley Murphy, and Jennifer Grayson.

**Orchestra:** Front Row; Heather Sloan, Pam Hendricks, Ronale Gastron, and Eddie Alexander. Second Row; Ame Barnard, Michelle Gonzalez, Cosy Bertaud, Candy Green, Maria Neto, Tammy Hendricks, and Instructor Pam Nadeau. Third Row; Kevin Spore, and Laurie La Zama. Back Row; Sam Rhodes, Brian Hare, Aaron Chavez, Debbie Roderick, Nicole Beckman, and Annette Bolesworth.





by Patti Stender

If one looked closely at the music groups this year, one would have noticed something different.

Pam Nadeau became the new band instructor, taking the place of former Music Teacher Laura Marks.

The bands and orchestra had a very full schedule. They put on three productions, the all new Masquerade Concert, and the Winter and Spring concerts which also included both choirs. Other activities included going to three jazz festivals and participating in the Bobby Sox Parade and the Little League Parade. The most exciting trip

for the bands, and the most important, was the trip to Long Beach State to participate in a Band and Orchestra Festival.

"It's been a busy, but fun year," stated Nadeau.

Looking at the vocal half of the music groups, the choirs had a busy year also. Along with singing in the Winter and Spring concerts, the Mixed choir performed in Livermore. The ACappella choir also went to Long Beach and participated in a workshop at San Francisco State.

The Acapella choir also enjoyed performing at all the elementary schools in our area and at two high schools.

## *New teacher creates new look to bands*

Photos by Fashinell



**Acapella Choir:** Front Row; Sally Vidurri, Kim Freitas, Rhonda Kurzawski, Sherry Gannt, Bridgette Hoffman, Susan Levesque, Lisa Chang, Inga-bord Raum, Stacey Briggs, and Doreen Pagni. Back Row; Craig Lewis, Chris Demers, Norman Kellogg, Leila Yassin, Kevin Agrella, Bridgette Wynne, Keith Freitas, April Critelli, and Ricky Vasconcellos.

**Mixed Choir:** Front Row; Dawn Cabral, Laurie Lovell, Hope Belshe, Ramona Gonzalez, Shannon Thompson, Bertha Hernandez, Christine Anderson, Carrie LaMar, Sabrina Chin, and Lilia Fahnestock. Back Row; Susan Perry, Carrie Shoptaw, Jennifer Gibson, Vince Bermuduz, Andrea Drew, Christa Druppel, Amy Amaral, Darlene Lum, Karla Watson, and Cammie Burdine.

**Jazz Band:** Front Row; Lad Berry, Robert Newell, and Petri Toivonen. Second Row; Eric Bertaud, Sal Costillo, Rick Pestana, Jenny Schwarz, Mary Sancehz, and Mark Robinson. Back Row; Ron Burton, Todd Springer, Keith Mochida, Ron Johnson, Jesse Valdes, Rod Cavazos, and Steve Swall.





## Students finish second edition of 'Mindscapes'

by Elizabeth Bennett

Arroyo's **Mindscapes** "looked" at some good writing, poetry, and artwork during the year as the second edition of Arroyo's literary magazine was published and distributed in late May.

Led by Advisor Richard Tandowsky and Editor-in-Chief Barbara Yee, the **Mindscapes** group put out a 50-page magazine at a cost of \$1.25 per issue. A group of approximately 20 members encouraged the student body to submit work, then evaluated selections to choose the most appropriate stories to publish.

Although Arroyo has a literary magazine similar to **Mindscapes** called **Don Beat** back in the 60's, the actual name

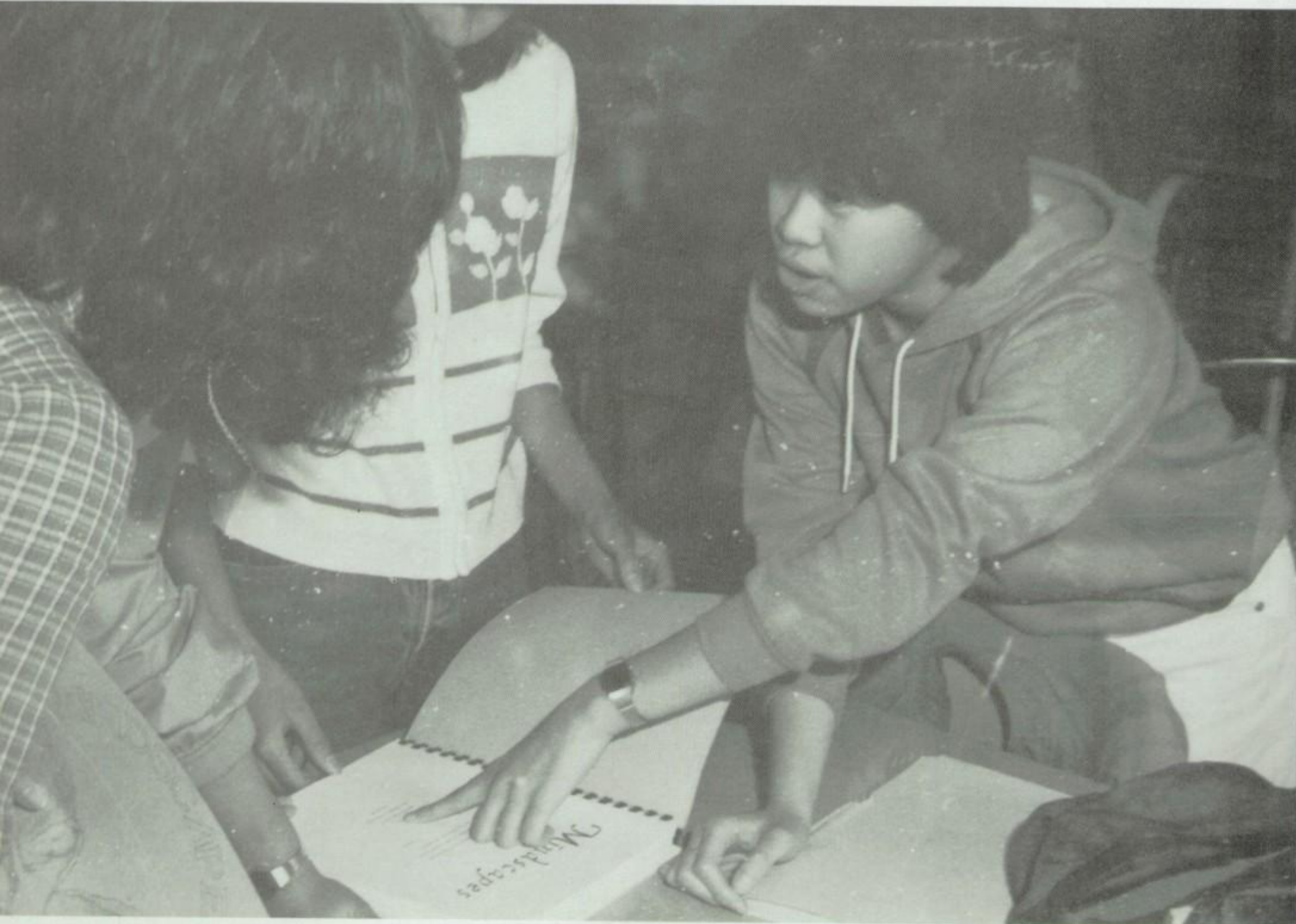
came as a tradition from Marina High and was in its second year at Arroyo.

"A student can learn a great deal about writing, editing, sales, layout, production, and all that goes into producing a magazine," stated English Teacher Tandowsky.

Though the club proved to be successful, they still didn't get as much participation as members wanted, "I think it's worthwhile project, I'd like to see more students involved, added Tandowsky.

Junior Editor-in-Chief Barbara Yee commented, "I find it quite challenging working with **Mindscape** and working with the staff, we got things done when we wanted."

**Mindscapes** Business Manager Linda So stated, "It's really fun."



Discussing the design of the magazine, Junior Dora Lee examines last year's **Mindscapes** Edition for some ideas.

Explaining some artwork, **Mindscapes** Editor Barbara Yee works with Junior Dora Lee to decide what to use.

During a lunchtime **Mindscapes**' meeting, Sophomore Joseph Watson flips through the last edition of **Mindscapes** in order to locate his own work.





**Mindscapes Staff:** Front Row; Barbara Yee, Richard Tandowsky, and Jim Musumeci. Second Row; Julie Clarke, May Yamate, Dora Lee, and Jaime

Yassin. Back Row; Joseph Watson, Gary DeFer, Linda So, and Jon Nagel.  
Photos by Gurr







Photos by Fashinell

by Staff

## Athletic group hopes to give \$200 award

While the participation in Block A continued to decline, the "look" of the club was one of togetherness.

Under the supervision of Physical Education Instructor Tami Battino, the club managed to raise approximately \$800. The first of two events sponsored by the club was the annual Donkey Basketball game held January 18. The second event was Volleyball Night held March 20. "I felt both events were well organized and a lot of fun," stated Senior Todd Lemke.

The club, which was organized to provide funds for the sports program, contributed trophies and awards to various sporting teams. Although anyone with a block letter was eligible, only 12 members remained active. Vice-President Al Elpusan commented, "Membership has been down for the

past years and I feel that if something isn't done to spark the students' interests, the club may be in jeopardy."

Sharing the same feeling, Active Member Jojo Lago stated, "I've enjoyed being in Block A these past years. There are a lot of activities that nobody should miss. It's too bad that there aren't enough people involved in this club.

Hoping to "spark" student interest, the club brainstormed and came up with a possible scholarship fund for Athlete of the Year (nominated by the coaches) according to Elpusan. The scholarship would be \$200, provided the students would be attending college.

Club President Missy Williams felt that without the group's continued efforts, this year wouldn't have been the success it was. "Even though the group was small, the feeling was positive and we all gave it 100 percent," stated Williams.







Photo by Proctor

**Desperately holding** on and intently speaking, Sophomore Johnny Bueno tries to direct his donkey toward the basket, so that he may score a point for his team.

**Block A:** Front Row; Keith Toon, Cecilia Jeong. Second Row; Melanie Lopez, Shawna Quigley. Third Row; Dayna Johanson, Missy Williams, Al Elpusan, Michelle Smith. Fourth Row; Bob Frates, Jojo Lago. Back Row; Dean Gurr.



**Enthusiastically returning** the volley, Junior Erin Looney sets up for a spike. Teammates Ricky Babb, Michelle Speer, and Stacey Wagner wait in suspense to see if the play works.

**Laid back** Seniors Chris Donovan and Jamie Jacoby humorously watch Donkey Basketball while Senior Chris Sullivan's attention is distracted by other activities.

**Growing bored** with Donkey Basketball, a young guest gazes into camera as Eighth Graders Laura McGill, Lisa Starr, Freshman Michelle Roloff, and Graduate Don Garcia watch the game.

**Planning team's** strategy, Teammates Dovovan Agrella, Doug Stadler, Brian Hemenway, Liz Dodds, Herb Walters, and Todd Lemke intently listen to Biology Instructor Rob Wigand.





**Performing** at Homecoming Rally, Song Girl Dyan Dezotte completes "ON ARROYO" competition routine.

**Forming a Pyramid** Juanita Gragg, Michelle Robinson, Deanna Hill, and Vicky Corral perform at Omega Rally.

Photo by Gurr



Photos by Fashinell



**Cheerleader** Deanna Hill seeks advice from Activities Director Jack Hunt at Homecoming Rally.



**Varsity Rally Squad:** FRONT ROW; Susan Holmes, Deanna Roloff, Stacey Racette, Michelle Robinson, Deanna Hill, Stacie Brose, Juanita Gragg. Back Row; Janae Anderson, Katy Hudson, Paula Neto, Theresa Yim, Darlene Sasaki, Christine Becerra, and Vicky Corral.

**Go Get Em; Dons:** Varsity and Jayvee squads Tracy Maderios Kristy Hansen, Vicky Corral, Shawney Parsons, Deanna Porras, Rochelle Cross, Mary Tilson, and Helena Weiss watch for a touchdown.





by Charlene Ponzo

"Arroyo had the most participation at Omega," said Songgirl Shawney Parsons about the new enthusiastic look that the Dons showed at the 1983 edition of the annual Kick-off Rally.

Starting the year with the Omega Rally October 29 at the Church of Crossroads in Castro Valley, the cheerleaders placed third out of 20 schools, but the song squad did not repeat its 1982 championship performance. "Omega was a very difficult time," stated Head Songleader Vicky Corral who performed both cheer and song routines.

The Squads attended the United Spirit Association of California at Santa Cruz August 2-6.

"The camp was a lot of fun. It brought all the squads closer together," stated second-year Cheerleader Susan Holmes.

A lot of hard work, practice, and money went into being a rally squad leader. Uniforms cost \$183.88 for song leaders and \$119.30 for the rally squad who practiced an average of three hours a day preparing for the season. Before Omega the squads practiced morning and night. "Omega was a good experience for the girls because you learn how to work together to achieve your best," stated Songleader Paula Neto.

Later in the year, the squads attended the competitions at the Church of Crossroads, Mission San Jose High, American High School, Mount Eden High, and Ygnacio Valley.

## *Cheer squad places third at Omega*







Photos by Fashinell



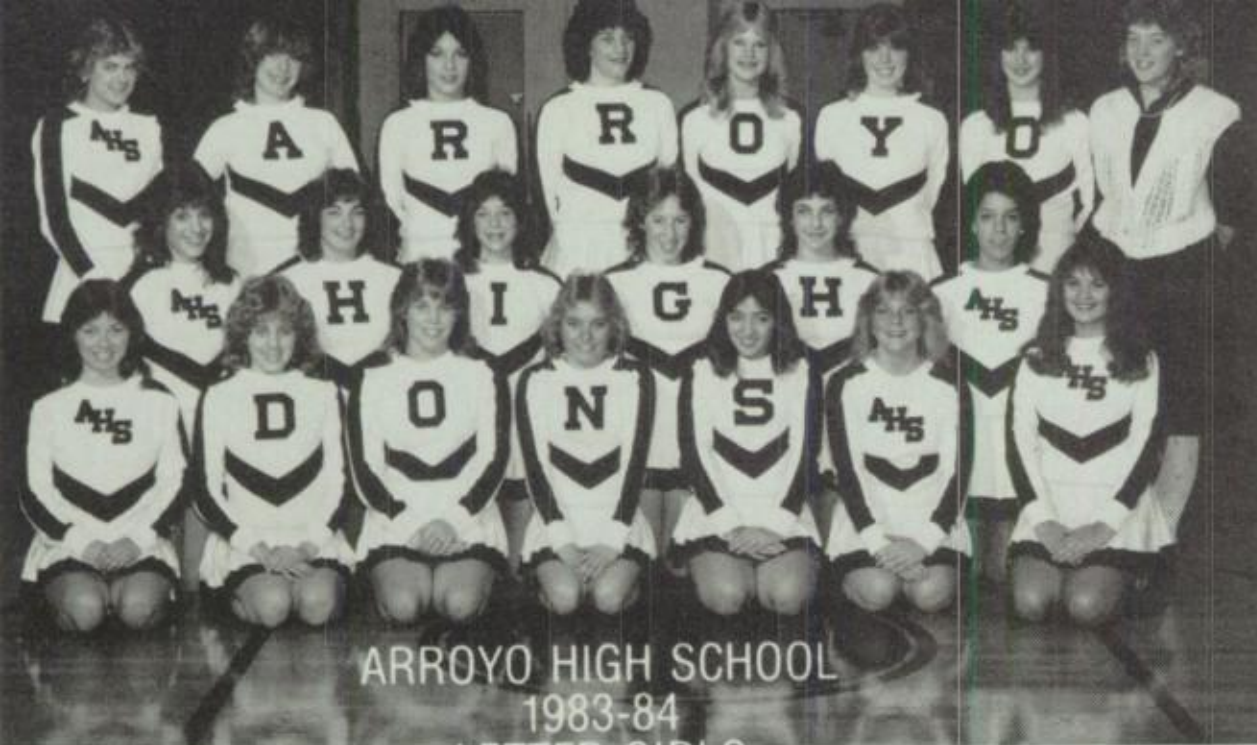
**Showing we** are number one after a football game, Squad Members Kristy Hanson, Denae Croley, and Cindy House show their enthusiasm on the way home from a game.

**Cheering on** a section, Lettergirls Nicole Zoggas and Jennifer Gregory hold up a sign calling for more noise.

**Looking suspiciously** at a referee's call, Juniors Tracey Medeiros and Kristen Clayson await the outcome of the decision.







**Lettergirls: Front Row;** Jill Carvalho, Kristen Clayson, Kristy Hanson, Cherie Guardias, Cindy House, Nicole Zoggas, and Stephanie Sezar. **Second Row;** Rachelle Cross, Tracey Medeiros, Shannon Klegman, Elaine Rockawitz, Helena Weiss, and Deanna Porras. **Back Row;** Mary Tillotson, Danae Croley, Kristy Dezotte, Julie Abney, Jennifer Gregory, Stacey Madeiros, and Sue Witkowski.

**Cheering happily** at a play, Sophomore Kristy Hanson and Freshman Jill Carvalho smile at a jubilant touchdown.

**At a sixth period rally,** Juniors Julie Abney and Tracey Medeiros try to help cheer their section.



by Nancy Kennedy

Twenty lettergirls added a brand new look to Arroyo spirit.

Led by Freshman Cindy House, the girls were selected to assist the Varsity Rally Squad in raising AHS spirit and enthusiasm.

"Whether we win or lose, the girls always kept up their spirit," stated Sophomore Kristi Hanson.

When the girls tried out last year, only 14 were supposed to be selected, but because the scores were all so close, all 20 were selected. "Everyone on the squad gets along well and looks forward to next year," said Cindy House.

There were 37 rally squad uniforms

to be purchased and the approximate cost was \$8,000. To help pay for these uniforms, the lettergirls had fundraisers such as the welcome dance, flower-gram and ribbon sales, 50-50 tickets at the football games, and Arroyo T-shirts. With all the fundraisers, they made almost one third of their cost for the uniforms.

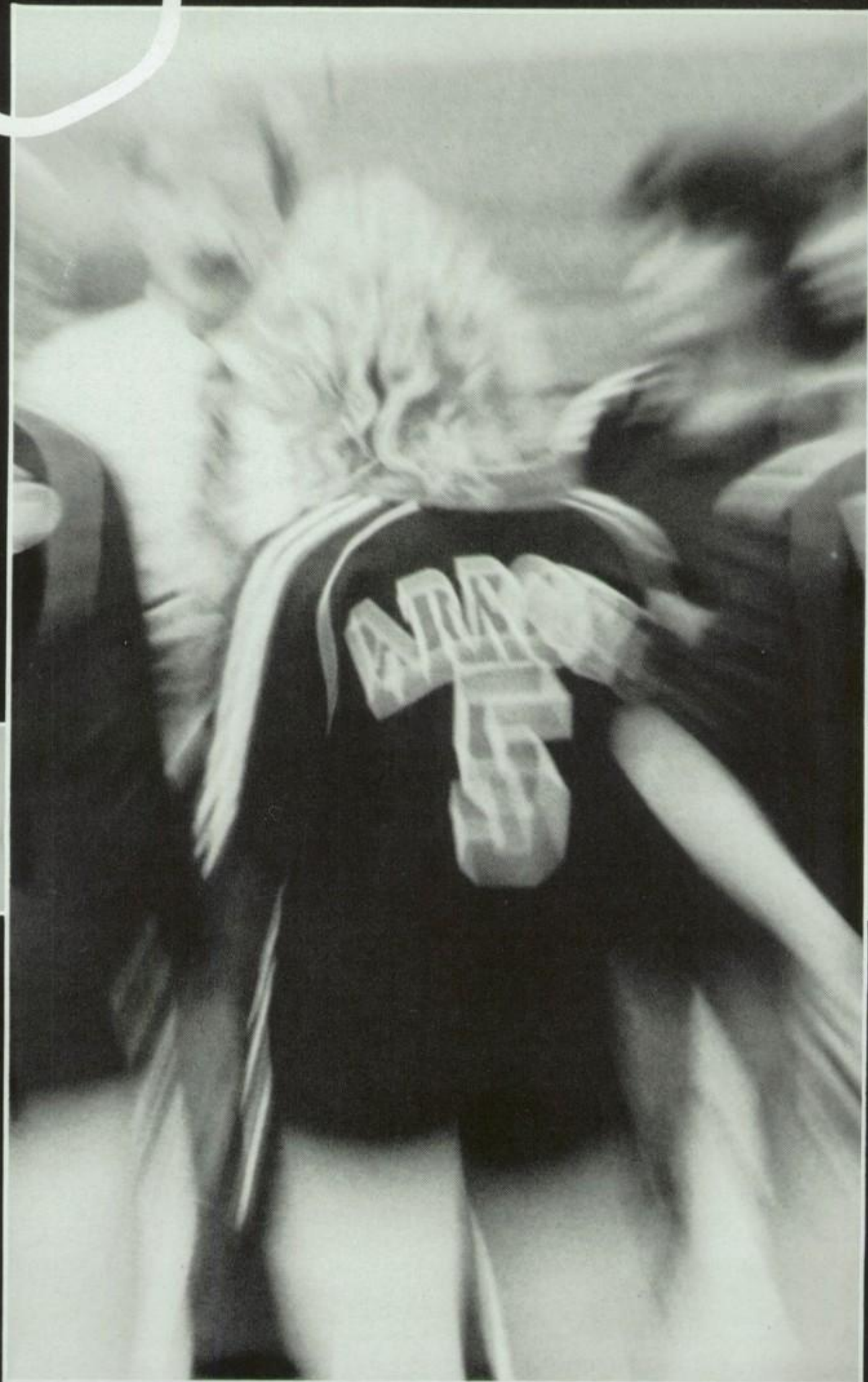
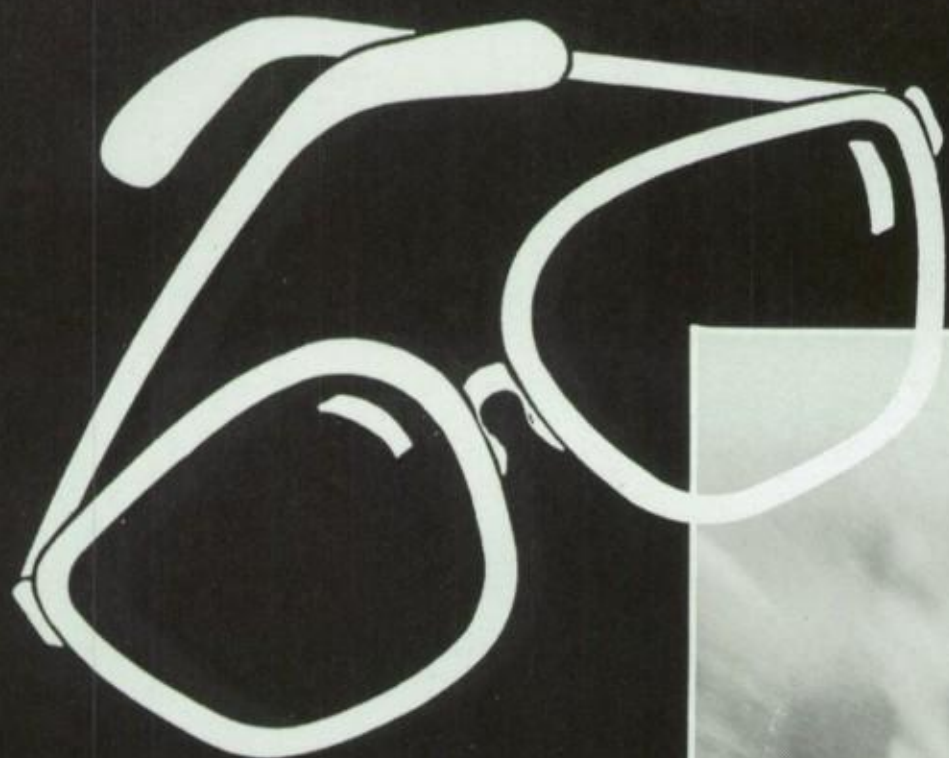
During the summer, the squad members had a chance to go to camp at Santa Cruz University for a week, at the cost of \$120 each. "We had a lot of fun and a chance to perform in a competition, and meet a lot of new people," stated Sophomore Julie Abney.

Helping advise the lettergirls were Director of Activities Jack Hunt, Math Teacher Laura Clapp, and Senior Sue Witkowski.

## 20 girls form new lettergirl spirit squad







**Creatively captured,** Coach Rob Wigand discusses strategies with numbers of the Varsity Volleyball team.





# *Athletics interest Dons*

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By Rick Blaine as recorded  
by Dean Gurr

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One thing I find is different from my desert days in Casablanca is the physical activities in which students participate.

I recall that the physical aspects of my youth often consisted of a scuffle in a local booze joint, dodging the law, and chasing women.

At this school I discovered that there was something for everyone in the ways of a number of different sports for both guys and girls. There were events for people that required contact, strength, and agility; sports that demanded skill and precision and those that consisted of personal achievement.

One of the first events I attended was a football game. This was a brutal sport, often reminding me of some of the conflicts that arose at my place.

Then there was such skillful sports as badminton, volleyball and tennis. In volleyball and ten-

nis, a ball is used, but in badminton they hit around what is known as a "birdie". How primitive!

Another court game that was played was called basketball. This, as well as other sports, required a special skill and ability.

For those who care to participate and excel in individual events for personal satisfaction, there was track.

Although not giving the variety of Track, Cross country proved to be an event for the individual.

Wrestling was a sport in which team members used strength and quickness against another's.

Baseball and softball were two sports of precision. Baseball was played by guys and softball was played by girls on a smaller-scaled field.

Although students were active in sports, being active in one's class was also important. Unity of people of the same grade was necessary.

## *Sports*





# Dons squeeze past Rebs 7-6 in opener

by Todd Long

Having lost 20 of their 22 starters from last year's team due to graduation, the defending Hayward Area Athletic League Champions and North Coast Section Game Finalist, the Arroyo Varsity Football Squad, was a little short on experience, according to Head Coach Wayne Roberts.

Only 11 players returned from last year's squad. Many of the seniors who played this year did not participate last year due to the size of the 1983 team as a result of the Arroyo-Marina merger. The only two returning starters were Center Jeff Johnston and Linebacker Brett Lane.

Due to the lack of experience, the team went through the pre-season with zero wins and four losses. However, the squad did win its season opener over rival San Lorenzo Rebels by a score of 7-6.

Fullback Joe Oliveira felt that the reason for the slow start was that "basically we had a lot of young (first-year) players."

However, Senior Paul Marples also

stated, "The team played this year and was highly ranked most of the season."

Lack of experience wasn't the only problem that slowed the team. This year the Varsity Football squad had an average of three injuries per game. It seemed that out of 37 varsity players, most of them were hurt at least once.

"I understand that football is a rough sport, and bruises and pains are part of the game. But this year, bruises weren't all we had," stated injured Player Gerald Hohn.

Some of the more serious injuries were Lineman Tony Aniasco's and Running Back Gerald Hohn's broken legs; Senior Mike Brown's and Junior Ken Barros' knee injuries; Junior Running Back Jimmy Lee's broken collar bone; and Defensive Back Mike Mendiola's bruised lower back.

Head Coach Wayne Roberts stated, "I really don't know. It's weird. I believe it's the most injuries I've had in one season."

"Some injuries are accidental and some are from people playing at full speed," stated Mike Mendiola.

Despite the lack of experience and injuries the team had its good points,

too. One such triumph was Senior Brett Lane.

The six-foot, four-inch, 225-pound-linebacker signed a letter of intent to play college level ball for the University of Southern California, a prestigious football school.

Lane stated that virtually no one thought "I would be good enough and some said U wouldn't go to USC, but I fooled them all. I did it!"

"It goes to show that if you want to do something bad enough, you can do anything you want. Nothing is impossible. I've wanted to be a Trojan ever since I was in the seventh grade," stated Howie (Lane).

Lane was the first player in the Hayward Area Athletic League since 1981 to receive full-four year scholarships from high school to a major university.

In the 1983 season, Lane caught 31 passes for a total of 391 yards and five touchdowns as tightend. He also had a great year as defensive linebacker having grabbed 90 tackles with 25 unassisted. He also scored ten quarterback sacks.



Photo by Fashinell

**Running with two-hole power** with hopes of good yardage, Junior Jimmy Lee uses Senior Joe Oliveira's good block to run around a James Logan High player and break away down field.





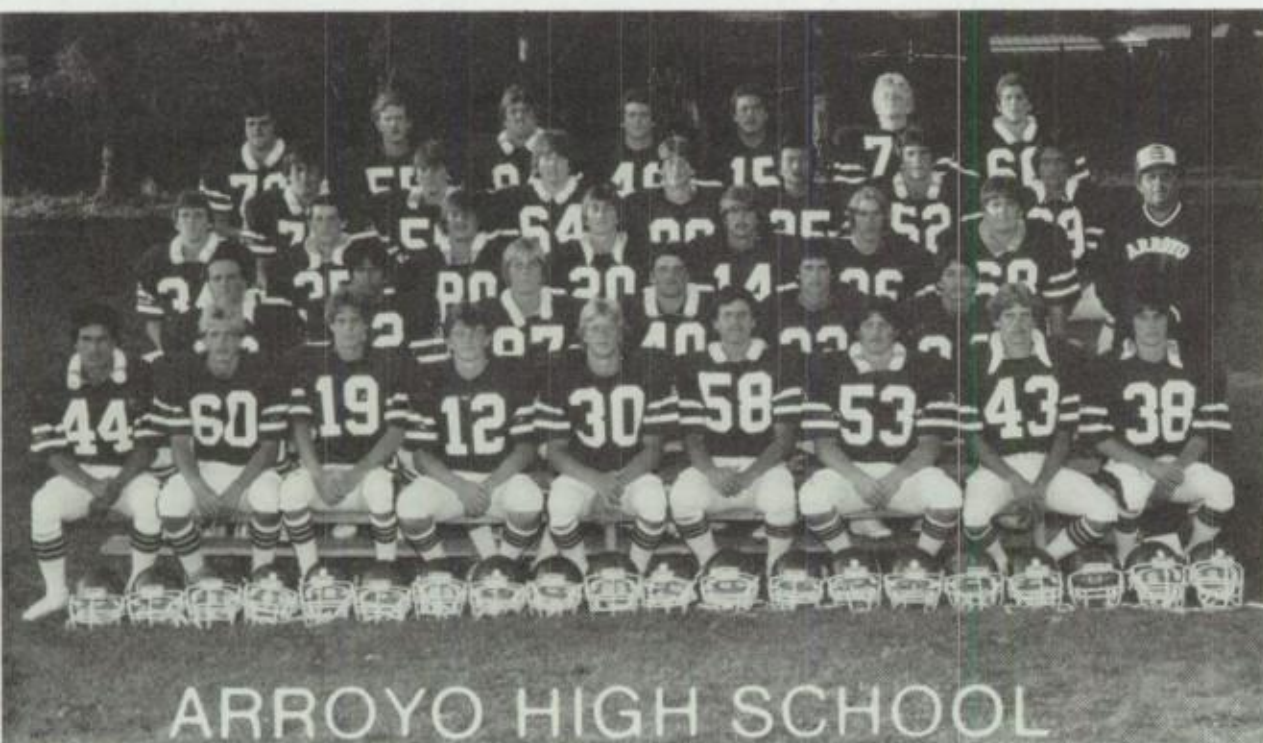


Photo by Barros

### Varsity Football

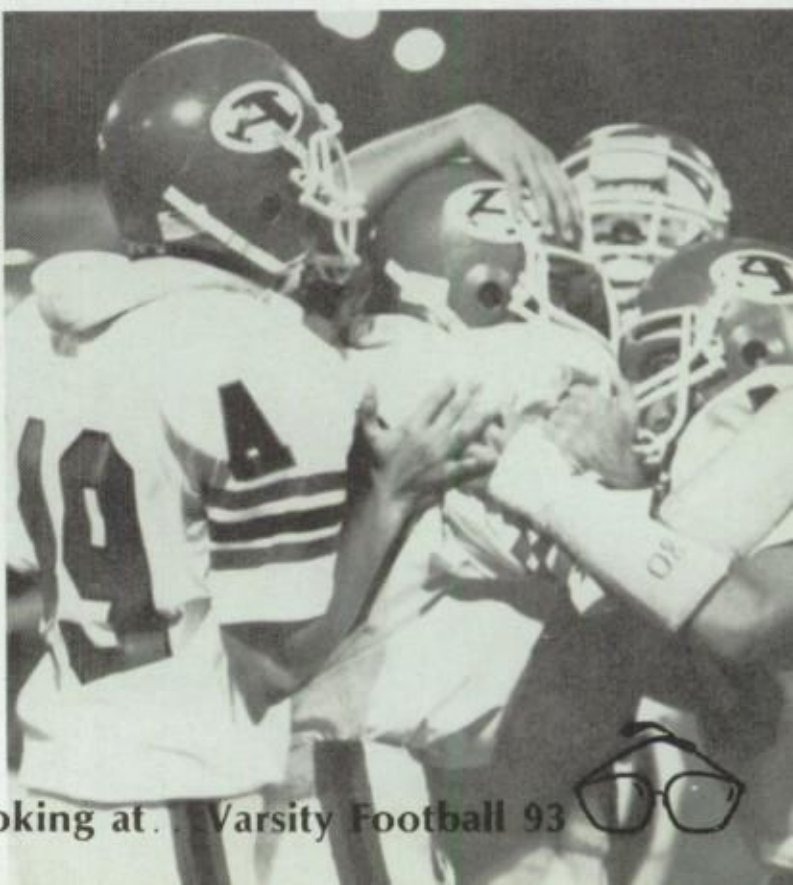
Arroyo	vs.	Opponent
7	San Lorenzo	6
0	Tennyson	13
19	Castro Valley	7
26	Hayward	28
34	Sunset	2
26	Mt. Eden	6



**Varsity Football Team:** Front Row; Robert Aranda, Junior DeHoyos, Jay Delaney, Chad Heiman, Jimmy Lee, Chris Donovan, Jeff Johnston, Sean Armstrong, and Steve Berryhill. Second Row; Craig Candido, Shane Guzman, Rod Shinko, Joey Olivera, Ross Amaral, and Greg Ramos. Third Row; Sean Abbott, Gregor Stewart, Dave Kimmel, Jamie Jacoby, Tim Harris, Gerald Hohn, Mark Marples, and Coach Wayne Roberts. Fourth Row; Anthony Aniasco, Mark Demers, Paul Marples, Mark Pryfogle, Al Elpusan, Chad Bellmer, and Mike Mendiola. Back Row; Dave Escobar, Mike Sommer, Brett Lane, Ozzie Fernandez, Ron Flores, Dino Markette, and Ken Barros.

### Varsity Football

Photos by Fashinelli



After talking to informative in the booth above the field, Head Coach Wayne Roberts calls a timeout to talk to Paul Marples about the blocking that he will have to do for the next play.

After a hard to get touchdown that put in clincher on the game, teammates Ozzie Fernandez, Dave Kimmel and Jamie Jacoby congratulate each other for a job well done.





### Frosh-Soph Football

Arroyo	vs.	Opponent
14	San Lorenzo	0
14	Tennyson	6
20	Castro Valley	13
8	Hayward	8
28	Sunset	0
14	Mt. Eden	0



**Taking the ball** all the way, Sophomore Kevin Business runs up the sideline toward the goal while the referee watches with anticipation for number 42 to step over the line.

**Making a run** for it, Back Ron Ingebretson executes the play during a game against San Lorenzo while Quarterback Dan Coombs follows to keep potential tacklers away.

**After winning** important home game, jubilant team members, knowing that a camera is taking aim, display their emotions and pride by showing who is Number One in the league.





# Effort, talent carry team to championship

Photos by Fashinell

by Kerin Burkfield

Discipline and team effort was what carried the Frosh-Soph Football Team to first place with a 5-0-1 record, according to Coach George Dunphy.

"Good talent," was another contributing factor to the team's championship season, stated Dunphy who shared the coaching duties with Gene Gire and Herb Walters.

"It was a team that was equal all the way through offensively and defensively," stated Gire, who also mentioned that the team was very coachable. "They listened well and did what they were asked."

According to Dunphy, the defensive team did well and the offensive line was very quick. "We have a quarterback (Dan Coombs) who can throw and receivers who can catch", stated Dunphy in an early season statement.

Also during the early part of the season, Gire stated that the team was immature, but their attitudes were good and their willingness to learn and work hard was also good. Gire believed that at the Frosh-Soph level, winning was not the most important thing, even

though it was nice to win. The most important thing was to teach the squad members the basic fundamentals and to teach them to have self-discipline, so they could advance to Varsity.

According to Gire, Castro Valley was Arroyo's toughest opponent. The team was physically bigger, but Arroyo came out on top, 20-12. The team's only flaw, a tie against Hayward, was a disappointment. With the goal line in sight, time ran out to end the game at an 8-8 tie.

Noteworthy players, in the opinion of Dunphy, were Dan Coombs, Ron Ingebretson, Rex Reddick, Brad Youngblood, and Eric Nakashima on offense. Defensively he felt Robert Monroe "did a good job".

Offensive and Defensive Player Lee Teich was the outstanding player in Coach Gire's opinion. Most improved players, according to Gire, were Pat Monroe and Jon Proctor.

"They hustled in practice and in the game," stated Gire about his team that played other schools' Jayvee teams instead of their Frosh-Soph level teams.

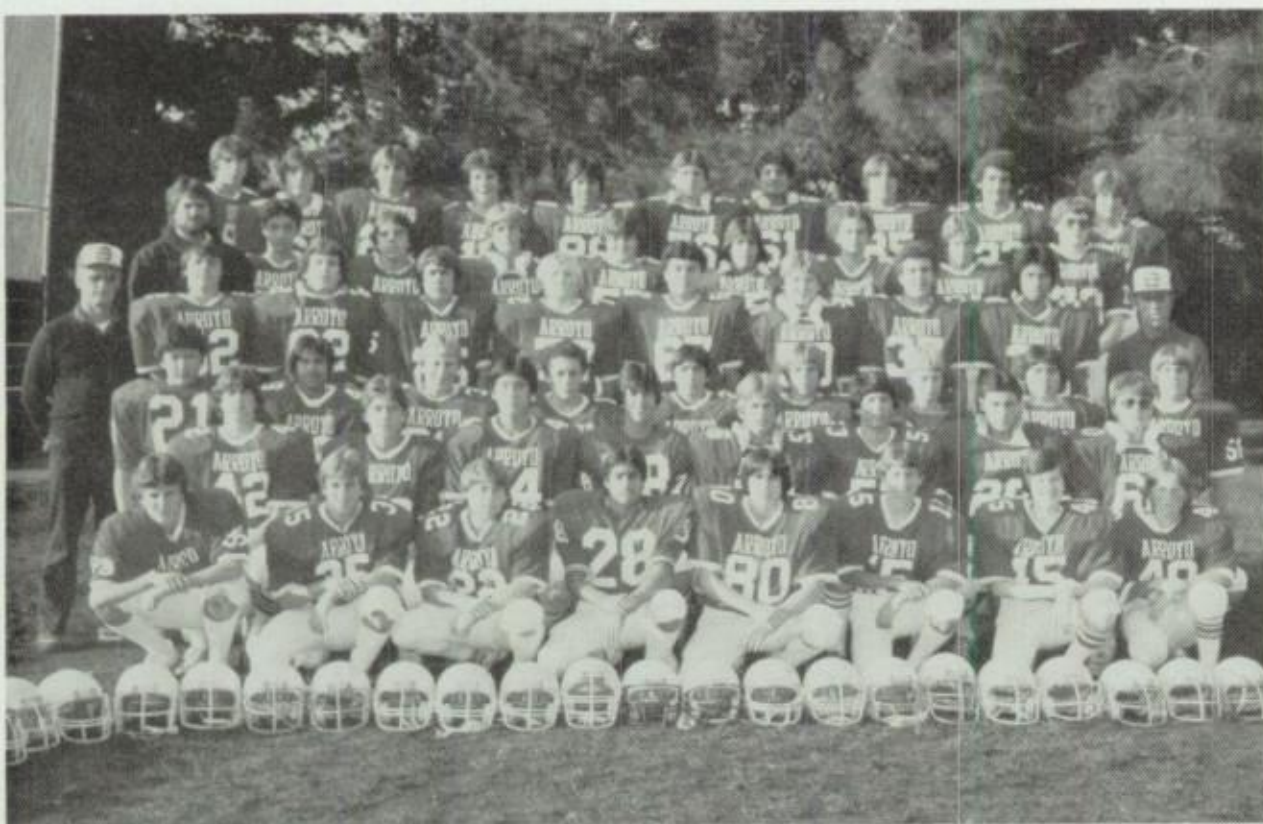
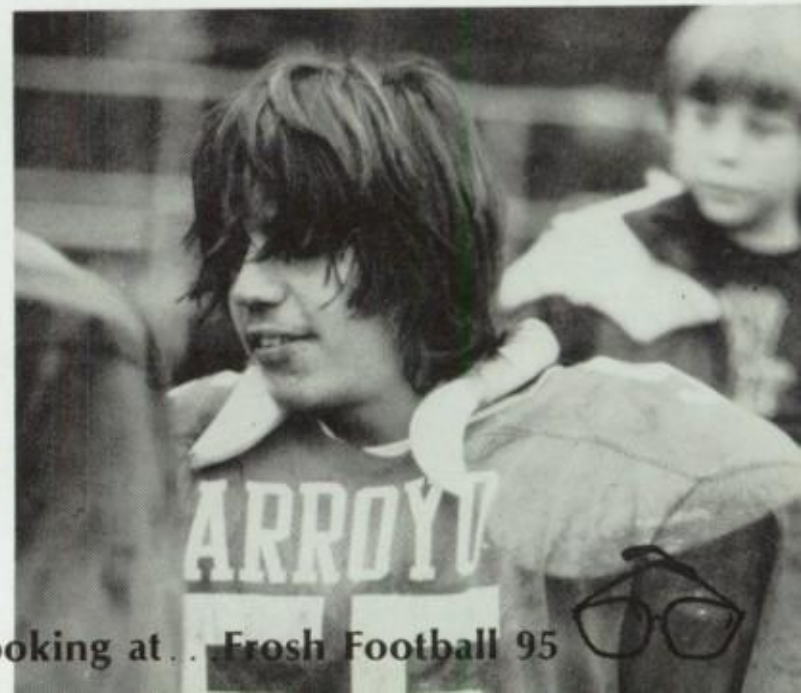
"We felt winning the championship was an overall team effort," stated Dunphy in conclusion.



Passing the ball with confidence, Freshman Mathew Hoffmann hands off to Sophomore Bob Croley, who is hoping for a significant gain, as opposing team member looks on.

## Frosh-Soph Football

Displaying a smile, Sophomore Tom Fashinell takes time out from the game and engages in conversation about game strategy and previous play with fellow team member.



**Frosh-Soph Football Team:** Front Row; Vince McNiel, Jeff Trischan, Ron Ingebretson, Joseph Vegas, Mike Angotti, Matt Hoffmann, Charles Mullane, and Steve Dean. Second Row; Kevin Busness, Dan Pryfogle, Eric Nakashima, Art Caceres, Erik Hove, Tom Young, Pat Monroe, and Jeff Brady. Third Row; John Sarosy, Steve Cabreana, David Cuneo, Ken Clark, Bob Croley, Jon Bueno, Richard Knupfer, Kevin Hankins, and Erick Vandereer. Fourth Row; Coach Gene Gire,

Todd Etringer, Jeff Lowe, Rex Reddick, Troy Hilder, Jiries Samara, Steve Blick, Jesse Tuttle, Carlito LaRosa, and Coach George Dunphy. Fifth Row; Coach Herb Walters, Pat Monroe, Todd Massy, Richard Harlan, Paul Gardner, Tom Fashinell, Steve Wright, Tim Nordstrom, and Paul Howd. Back Row; Rich Reed, Dave Schardt, Bob DeHoyos, Dan Coombs, Shane Gusman, Dave Kolinski, Lee Teich, Paul Hoffman, Brad Youngblood, and Jon Proctor.



# LaFleur leads team to 8-4 in league

by Todd Long.

## ARROYO VARSITY VOLLEYBALL

ARROYO	vs.	OPPONENT
15, 15	Mt. Eden	7, 10
15, 15	Hayward	4, 13
15, 10, 15	Sunset	6, 15, 5
8, 15, 15	Tennyson	15, 9, 8
15, 7, 15	Castro Valley	13, 15, 7
7, 15, 4	San Lorenzo	15, 13, 15
15, 10, 13	Mt. Eden	12, 15, 15
15, 15	Hayward	9, 13
9, 15, 13	Sunset	15, 4, 15
15, 15	Tennyson	10, 9
15, 16	Castro Valley	8, 4
12, 15, 1	San Lorenzo	15, 12, 15

With a record of eight wins and four losses, the Girls' Varsity Volleyball Team looked really good, however, these stats were only enough for the squad to take third place in league.

"The record of eight and four could have been better, if the girls would have played as a team and not so much as individuals," said Coach Robert Wigand.

With six returning players, "The matches demonstrated the high skill level we had. But they didn't have intensity that they needed to put away a weak team," stated Wigand.

Highly-talented Laura LaFleur, according to Wigand, was a good setter and hitter. Another top player was All-leaguer Denine Schmitz, who was considered one of the league's best setters.

According to Player Janine Vander-

beek, the most challenging team this year was San Lorenzo; not only because AHS lost both matches to them, but because the Rebels "had a really good team."

The Team had three all-league players; Seniors Schmitz and Sheri Tamala and Junior LaFleur. Other awards went to Schmitz for most valuable player, and Vanderbeek for most improved player.

The girls played in Oakland's Head-Royce tournament again and took second place. "The girls played well maybe even their best match, but they just ran out of steam in their last match," stated Wigand.

"All the girls this year were good athletes, the only problem was that their primary sport was not volleyball. They still played good volleyball, but I think if they had to make a choice, it wouldn't be volleyball," stated Coach Wigand.



Photos by Fashinell



Photo by Barros

**Getting ready** to receive serve, Senior Cindy Sanchez keeps an eye on ball and gets ready to set Teammates Denine Schmitz, Laura LaFleur, who run in for the action.

**Congratulating each other** with happy faces, Senior Denine Schmitz and Junior Laura LaFleur shake on a very important game-winning point.

**Varsity Volleyball Team:** Front Row; Cindy Barros, Laura LaFleur, Veronica Binder, Patty Quintana, and Coach Robert Wigand. Back Row; Sherri Tamala, Toni Moore, Sherri Adams, Janine Vanderbeek, Renee Henderson, and Denine Schmitz.







**Before upcoming match**, the Varsity Volleyball team gathers around and listens intently while Coach Robert Wigand gives a pep talk to get them mentally prepared for the match.

**Stretching for** an extra effort, Junior Laura LaFleur helps the ball over the net, but with faith in her teammate, Sophomore Cindy Barros still anticipates a return from the other team.

**Watching how** Junior Veronica Binder receives the serve for a good set is Freshman Shelly Bossi, looking for a helpful hint or two on a good set.

**Jumping up** to receive the serve for a set is Senior Toni Moore, but, just in case she misses, Senior Sherri Tamala is there, ready to back her teammate up with hopes of saving the game.



## *Varsity Volleyball*





# Jayvee takes first place with 11-0 record

by John Aguilera

Photos by Fashinell

Dominating the league, Arroyo's Jayvee Volleyball team took first place with an Impressive 11-0 record.

"The season was very successful, a lot of teams knew Arroyo would be strong and would try to knock us off," stated first-time Coach Keith Burnett. "The girls lacked a little bit of disciplining in the beginning of the season, but by the end of the season, they learned to play together well and fight for every victory."

With excellent coaching, team spirit and togetherness, the squad had the look of a championship team.

"Mr. Burnett used the athletes in

such a way they were all able to play and make a contribution to the program. They were just a good group of people that played good basic volleyball," stated Varsity Volleyball Coach Robert Wigand.

"I'd say the most valuable or most strongest player that led the team was Beth Berg," said Burnett.

Berg, a Junior in her second year, was one of the many talents that was involved in the 1983 season.

"We worked well together, It was fun. It took a lot of time, but it was worth it because we came in first place," stated Berg.

"They were probably capable of beating a couple of the other high school Varsity teams in the league," said Wigand.

## GIRLS' JAYVEE VOLLEYBALL

Arroyo	Opponent	
15-11-15	Mt. Eden	0-15-9
15-14-15	Sunset	7-16-7
15-4-15	Tennyson	1-15-6
15-15	Castro Valley	5-5
15-5-15	San Lorenzo	8-15-13
17-15-15	Mt. Eden	15-12-8
15-11-15	Hayward	2-15-6
15-15	Sunset	1-11
13-15-15	Tennyson	15-8-9
15-2-15	Castro Valley	3-15-7

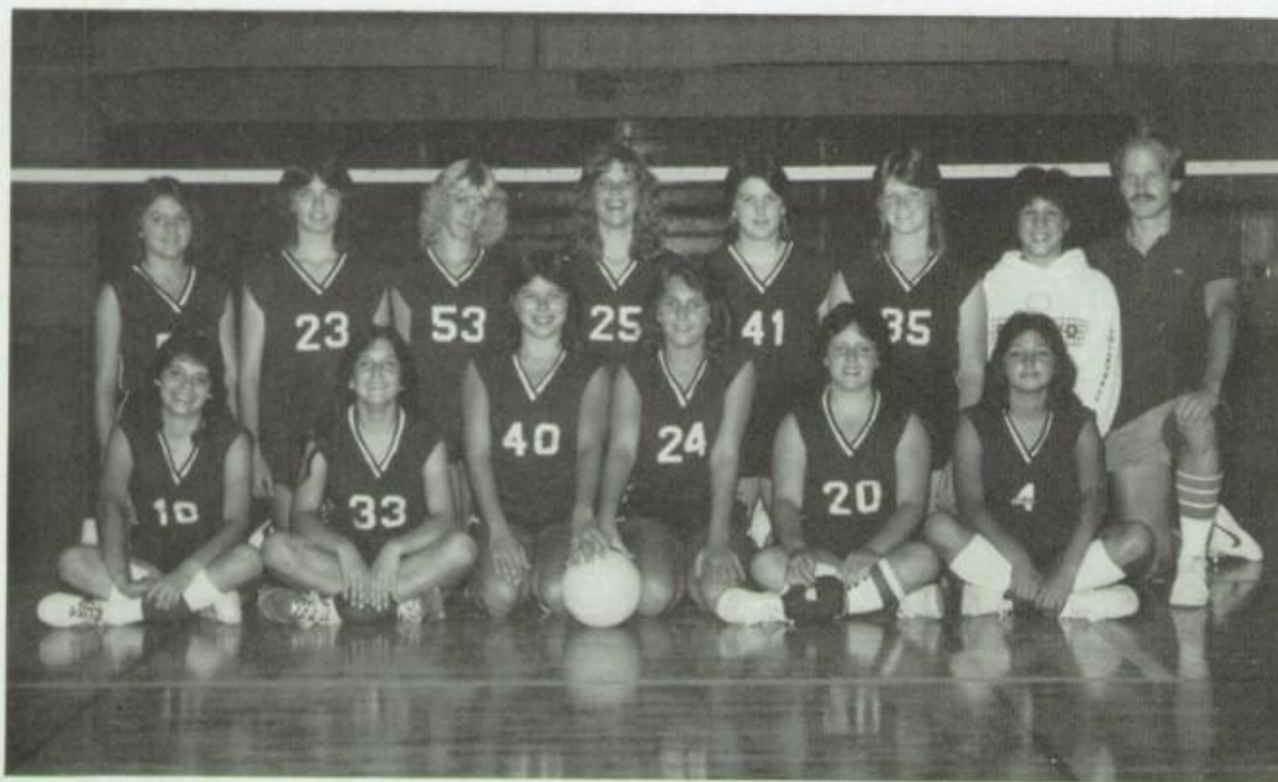


Photo by Barros

**Jayvee Volleyball Team:** Front Row; Debbie Himango, Nichole Montalvo, Lisa Peterson, Shelly Bossi, Carrie Sanford, and Christine Loza. Back Row; Becky Strom, Susan Edwards, Elizabeth Dodds, Beth Berg, Glenda Dovigi, Kristy Regan, Shannon Amaro, and Coach Keith Burnett.

**As the ball** lingers overhead, Freshman Kristy Regan, Sophomore Susan Edwards, and Junior Beth Berg wait in anticipation.

**Showing her** technique Sophomore Susan Edwards returns the ball with her back to the net while Junior Beth Berg and Sophomore Christine Loza look on.

**Keeping her eye** on the ball, Junior Beth Berg uses total concentration as she skillfully sets the ball up for return.



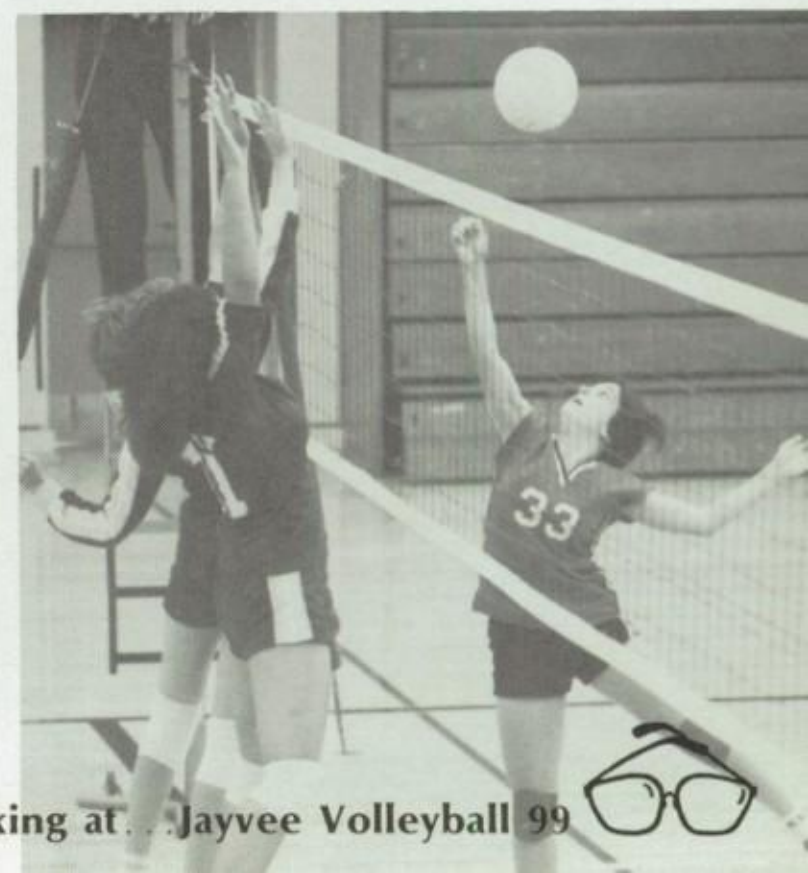
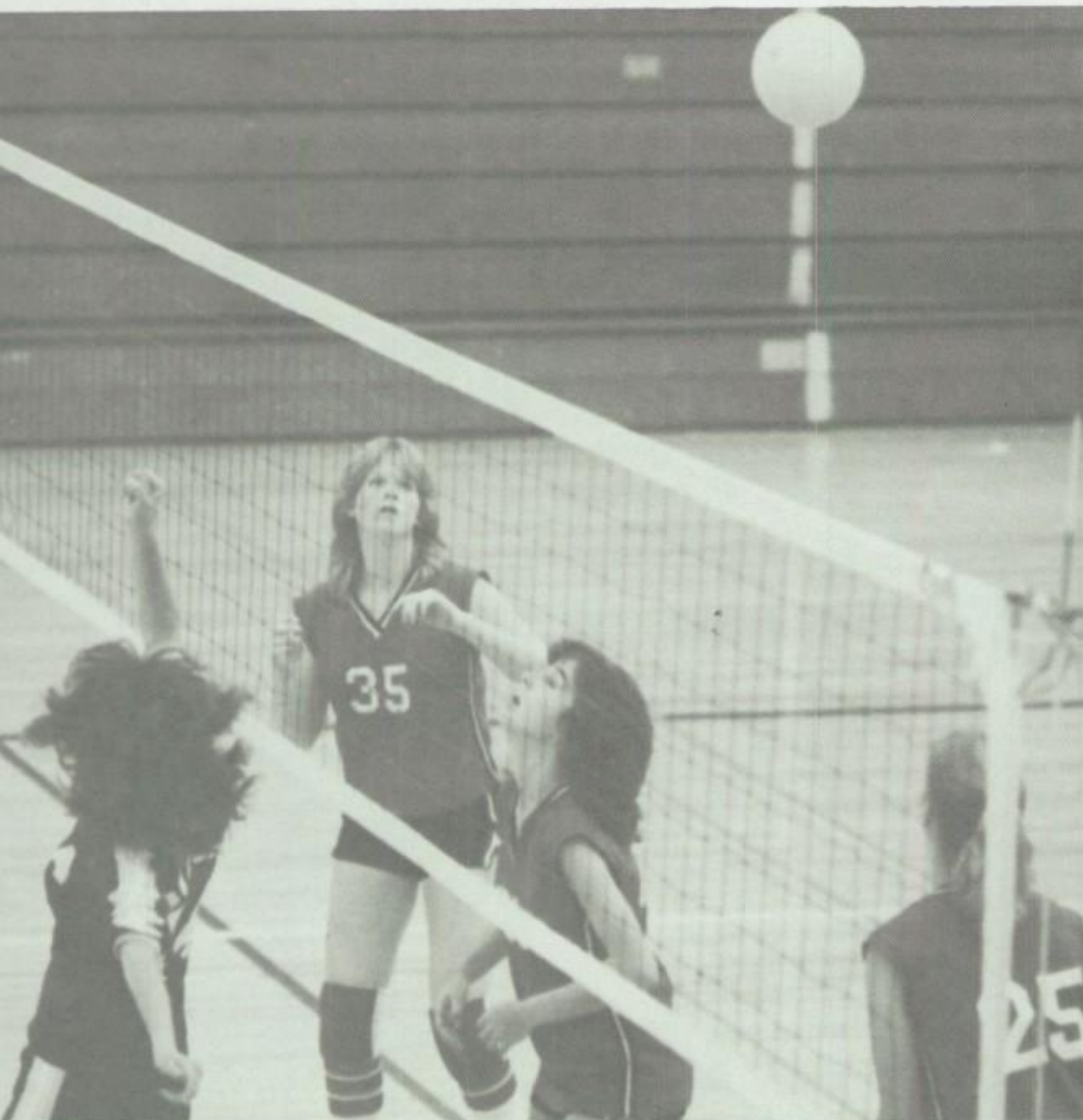




**Showing her stuff,** Junior Nichole Montalvo fights desperately to keep the rally alive as Freshmen Kristy Regan and Elizabeth Dodds and Junior Beth Berg look on.

**Going up against** two Sunset opponents, Junior Nichole Montalvo, giving it all she's got, prepares to aggressively spike the ball down their throats.

## *Jayvee Volleyball*





# Unity produces winning team record

by Staff

If you looked hard enough, you might have seen the blur of our 1983 Boys' and Girls' Cross Country Teams.

Carrying what's become a tradition of fine runners, this year's teams participated in their sixth year of the North Coast Section competition.

The Girls' Varsity Team, led by Senior Suzanne Roberts, took the league championship for the second year in a row.

Roberts, who's been running Cross Country since her sophomore year, placed second at the league meet at Hayward High School.

"I always want to work hard to get to the top. But, it seems when you get there, there's always someone else there who's better than you," said Roberts.

Revealing her secret to a good year, Roberts, a second year All-Leaguer, explained, "You should always run hard, of course, but leave a little room for fun. Have fun while you're doing it."

Along with Roberts, on the Girls' side, Sophomores Cecelia Jeong, Dayna Johansen, and Lani Sanchez fought to achieve All-League honors.

On the Boys' side, Senior Bob Frates

also managed to pull All-League honors.

In Cross Country, the top seven runners at the league meet get All-League status.

The Boys' Varsity Team, led by Frates, ran to a 6-1 record and a close third place to the Hayward Farmers.

"I felt this year's team did so well, not only because of the fact that we had a lot of good runners, but because our top three runners ran very close to the same pace," stated Frates.

Leading it all, Cross Country Coach Jerry Metcalf was pleased with this year's team.

"Cross Country was fun, as always, but this year we had a very cooperative team. You don't always find that in a team. The runners weren't real good friends at the beginning of the season but they came together in a common goal," commented Metcalf.

Metcalf scheduled a workout plan called "interspersed," which added distance work with speedwork to extend the runners' endurance.

Most of the team felt it was the coach that caused them to do so well.

"It's hard to push yourself, and it's good to have a supportive coach who pushes you, to help you attain higher goals," stated Roberts.



photo by Fashinell



photo by Gurr

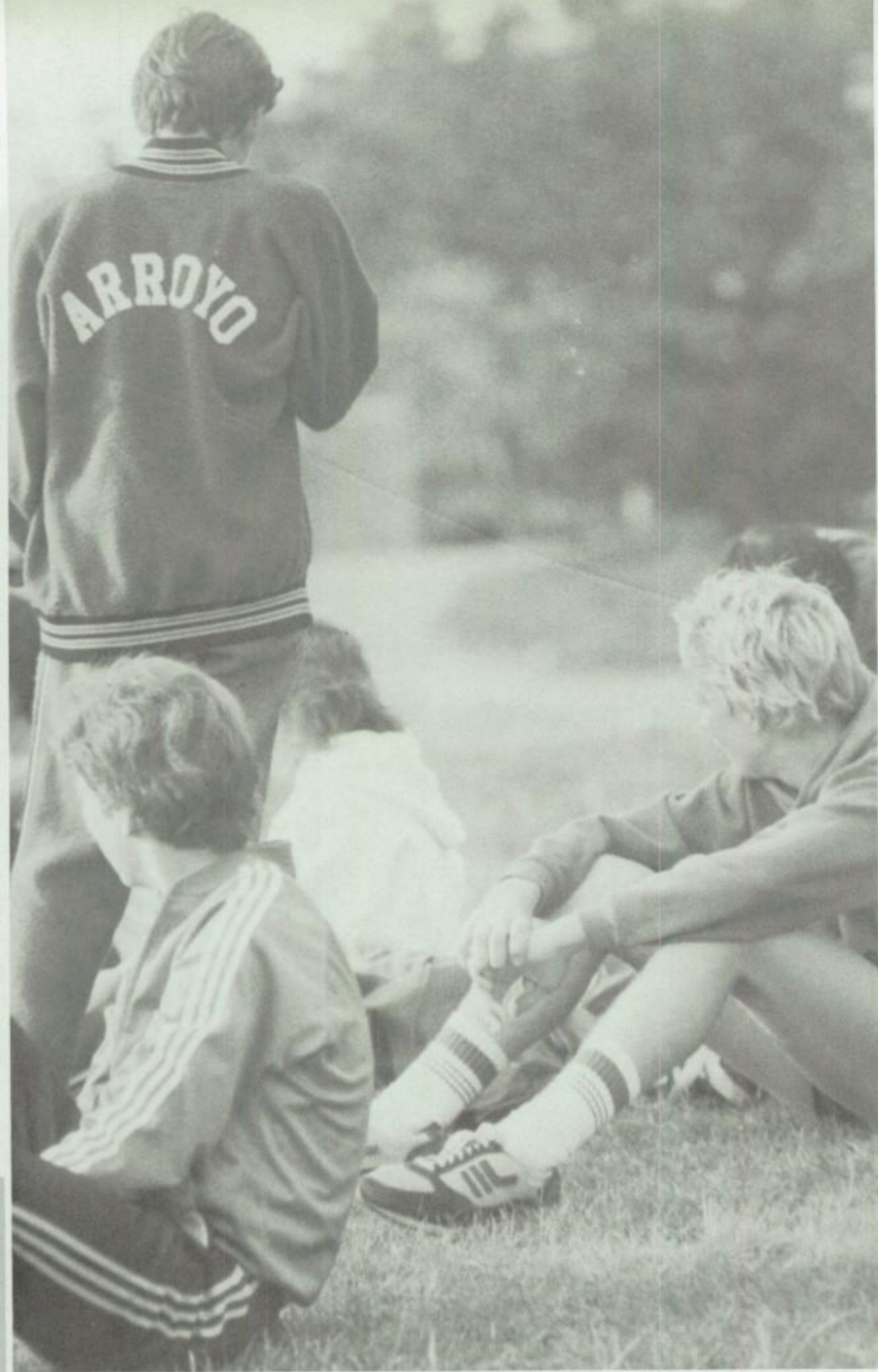


photo by Fashinell

**Cross Country Team:** Chris Jensen, Suzanne Roberts, Bob Frates, Margaret Gonzales, Graig Nakashima, Cecelia Jeong, and Bob Berry. Second Row; Jon Bumgarner, Julie Clark, Todd Ong, Lisa Regan, John Tiernan, Dayna Johansen, Jojo Lago,

Shawna Quigley, and Rick Cho. Third Row; Head Coach Jerry Metcalf, Keith Hatcher, Lori Coker, Mitch Hemenway, Lani Sanchez, Devon Lazarus, Jill Foresburg, Keith Toon, Tony Garetto, Dean Gurr, and Holly Belshe.





**Carefully planning** their tactics for the best race possible, Boys' Varsity Runners Devon Lazarus, Keith Hatcher, and Bob Frates listen for instructions on the course.

**Straining to** keep the pace, Sophomore Cecilia Jeong concentrates on the finishing leg of the Girl's Varsity race at Hayward. Jeong achieved All-League honors in her first year of Cross Country.

**Looking for** a lost article of clothing, the youngest team member, Freshman, Bob Berry joins other team members as they watch the start of the Girl's Varsity race.

**Warming up** for their race, Seniors Tony Garetto and Bob Frates stretch out and secure laces for Boys' Varsity three mile competition.

**Running at** full stride, Most Improved Runner, Sophomore Dayna Johansen gives her all for the home stretch of her three mile race at league competition at Hayward High School.

photo by Fashinell

#### Boys' and Girls' Cross Country

Arroyo	Boys vs.	Opponent
15	Sunset	NS
15	San Lorenzo	NS
16	Tennyson	44
15	Mt. Eden	48
27	Hayward	28
39	Castro Valley	16
Girls vs.		
15	Sunset	NS
15	San Lorenzo	NS
15	Tennyson	NS
15	Mt. Eden	NS
15	Hayward	NS
15	Castro Valley	NS

## Cross Country

photo by Fashinell

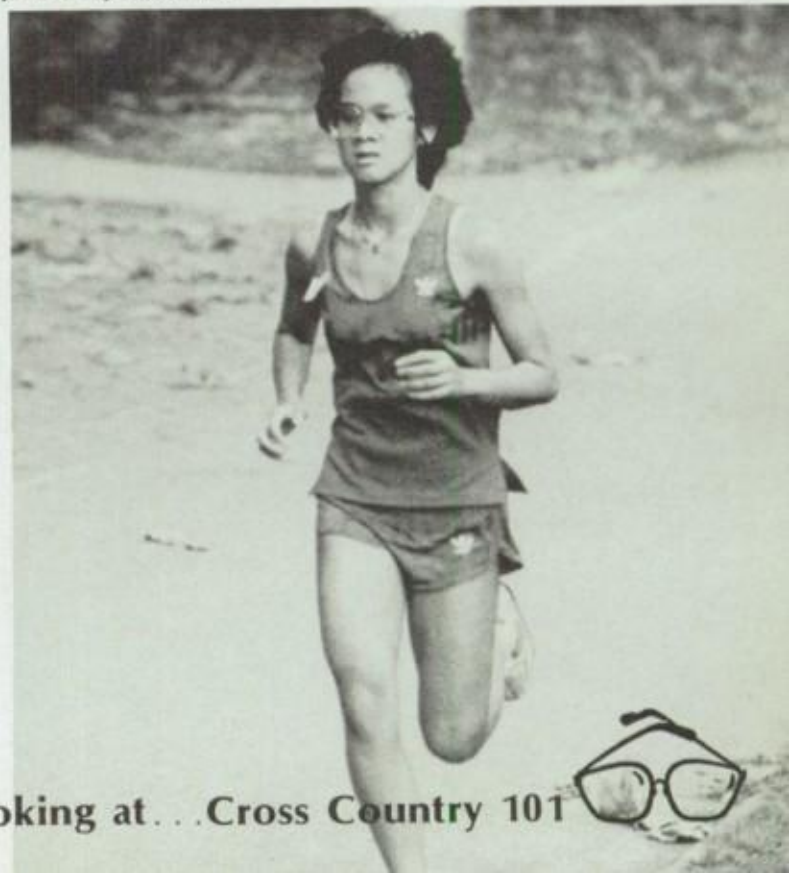


photo by Fashinell





# Dons share championship with Trojans

by Evelyn Rodriguez

## 1984 Girls' Tennis

Arroyo	Opponent	
3	Newark-Memorial	4
1	Washington	6
0	James Logan	7
4	Mt. Eden	3
5	Hayward	2
7	Sunset	0
6	Tennyson	1
3	Castro Valley	4
6	San Lorenzo	1
5	Mt. Eden	2
6	Hayward	1
7	Sunset	0
7	Tennyson	0
4	Castro Valley	3
6	San Lorenzo	1

Taking a look at Girls' Tennis, Arroyo tied Castro Valley for the league championship for the second consecutive year. Both teams finished with 11-1 records in the HAAL playoffs.

Castro Valley defeated Arroyo 4-3 the first game, and during the second match, Arroyo beat the Trojans 4-3.

"I think the girls did a really good job this year. They worked hard in their matches and were rewarded for their hard work," stated Coach Ken Weissenborn.

"I'm really happy we could end it with a first place win. It is great to end my tennis career at Arroyo in this manner as I am sure it is a great way for Coach Weissenborn to end his coaching career. We're really going to Miss 'Golden Legs', stated Singles Player Evelyn Fernandez.

In league tournament, Senior Stacy Santos finished third in singles and Fernandez fourth. In doubles, Juniors Kathy Marilao and Jackie Corley finished second by losing the doubles fin-

als match in the three-sets. These girls were also selected to the All-League team.

"I'm really glad we were able to stay together because last year we knew we were loaded with talent and this year we knew we'd have to work hard for it," commented Junior Leslie Mason.

"I think this year everyone on the team had the determination to defend our number one league title from last year and we reached that goal," stated fourth-seeded Singles Player Missy Williams.

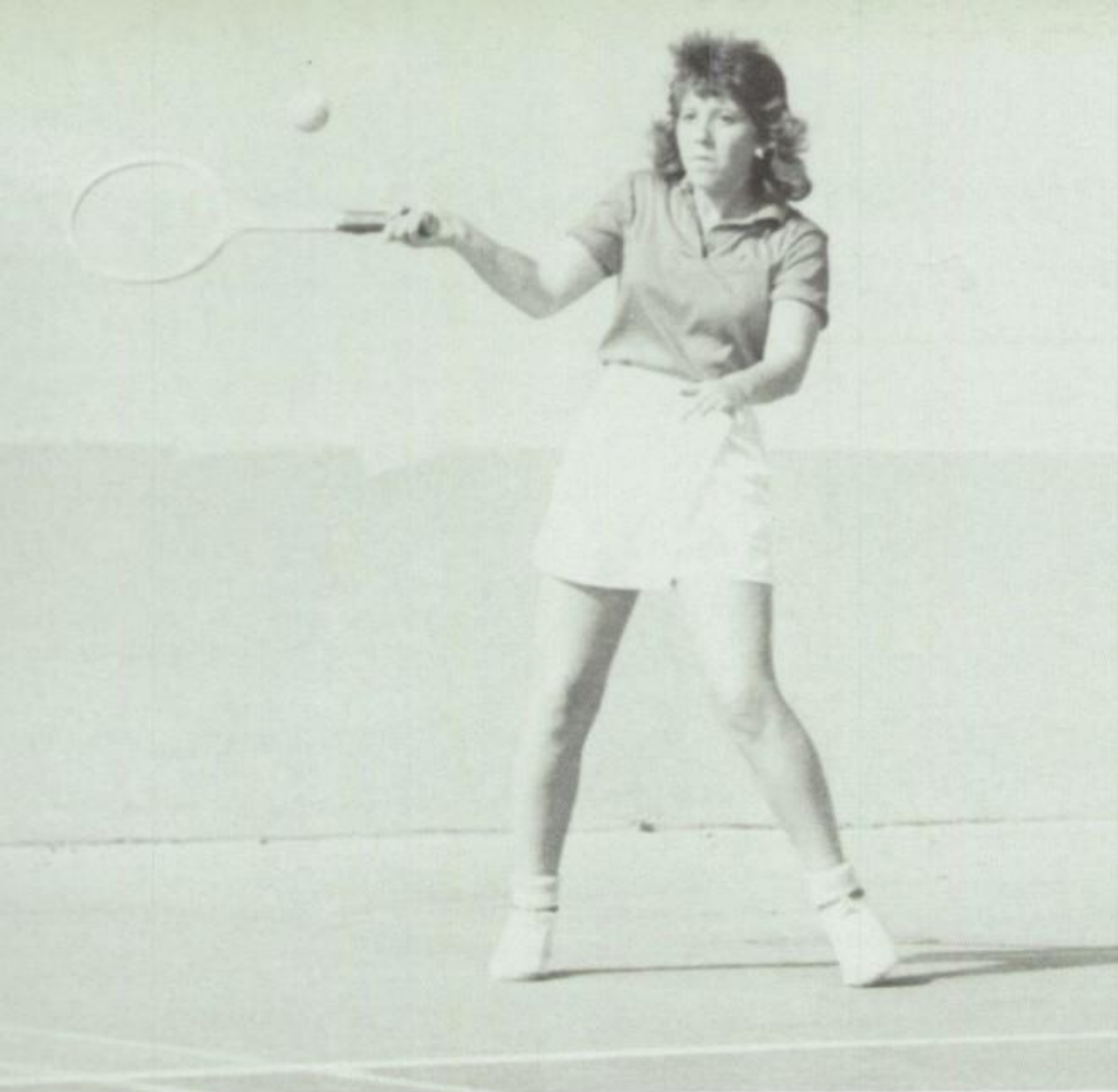
Award winners for the year were Jill Antone, most valuable; Missy Williams, hardest worker; Kathy Marilao, most improved; and Seniors Fernandez and Santos were selected co-captains.

"It was a very satisfying year at the beginning of this season. We all knew what we wanted and set our goal. I'm really glad we pulled through," said Senior Kathy Marilao.

"Even though we lost more than half of the team from last year, we were able to pull it together," stated Senior Jill Antone.







Photos by Fashinell



**From behind the net,** Varsity Tennis Player Evelyn Fernandez gets set for a backhand smash.

**Keeping her eyes** on the ball, Senior Jill Antone prepares to make a forehand return.

**Talking strategy,** Senior Missy Williams and Teammates Pam Crooke and Kim Hoeber discuss their upcoming match.

**Girls' Varsity Tennis Team:** Front Row; Leslie Mason, Ingeborg Raum, Joanne Casstevens, Kathy Marilao, and Jill Antone. Back Row; Pam Crooke, Kim Hober, Missy Williams, Jackie Corley, Evelyn Fernandez, Stacy Santos, and Coach Kenneth Weissenborn.



**With the look** of determination, Senior Kathy Marilao returns the ball with all her might.

## *Girls' Tennis*





# New coach leads Varsity to playoff spot

by Patti Stender

Before the season began, there were questions about what this year's team's performance would be like with a new coach after 23 seasons and a team with only four returning lettermen. But the Dons proved everything okay by finishing fourth in league tying Castro Valley with a 5-7 record and making it to the playoffs.

Unfortunately the score in the playoffs ended with a disappointing 41 for Arroyo and 85 for Hayward.

"They did a very good job. They finished the year with a 13-13 record over all. As a goal, we wanted to make it to the playoffs and we achieved it," commented first-time Varsity Coach Ken Weissenborn.

The four returning lettermen for this season were All-League Guard Jeff Mendoza, Senior Chad Bellmer, and 6-6 Junior Guard Steve Tang.

This season's key players were Seniors Jeff Mendoza with a 10.3 point average; Dave Henning, Richard Beckering, Chris Carter, Mark Moran, and

Juniors Ron Flores with a 13.6 point average and an 8.2 rebounding average, Steve Tang with a 12.3 point average, and Dennis Bricker.

At the Sierra Tournament, Mendoza was named "Most Valuable Player." Mendoza also made the All-tournament Team along with Juniors Tang and Flores.

Tang also made All-Tournament team at the Alameda Tournament.

At the San Leandro Tournament, Junior Ron Flores made the All-tournament Team.

The team had four categories for awards. Most Valuable Player went to Flores. Captain was awarded to Flores and Mendoza. Richard Beckering and Dave Henning received "Most Improved". Dennis Bricker was voted "Most Inspirational".

The league scores at the end of the season were Hayward in first place with score of 12-0, Mt. Eden in second with 10-2, San Lorenzo in third with 8-4, Arroyo with 5-7, Castro Valley with 5-7, Tennyson with 2-10, and Sunset with a score of 0-12.



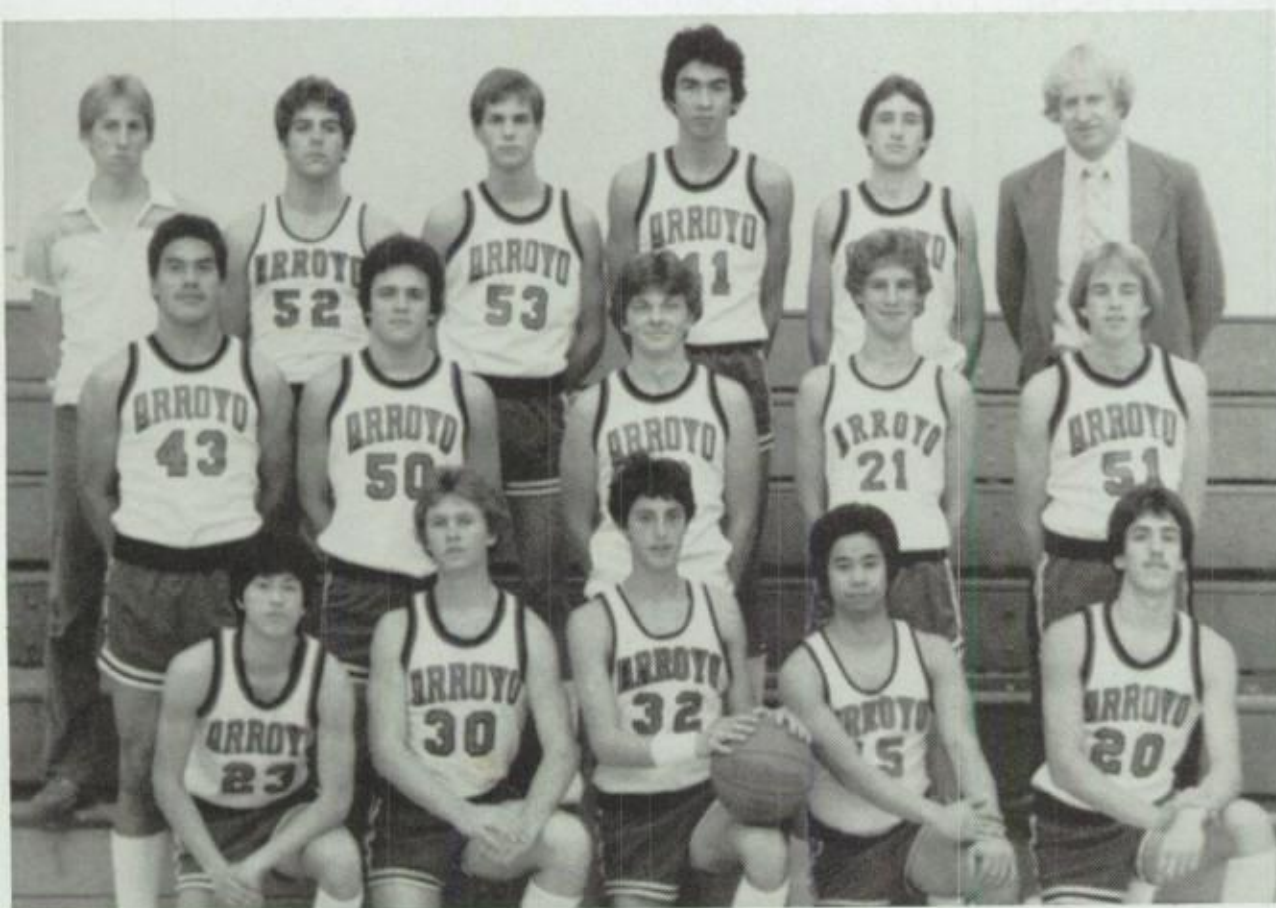
Photos by Barros





**Arroyo Varsity Basketball Team:** Front Row; Steve Tang, Mike Bechtholt, Mark Moran, Darwin Tuazon, and Jeff Mendoza. Second Row; Ron Flores, Ozzie Fernandez, Chad Heiman, Jay De-

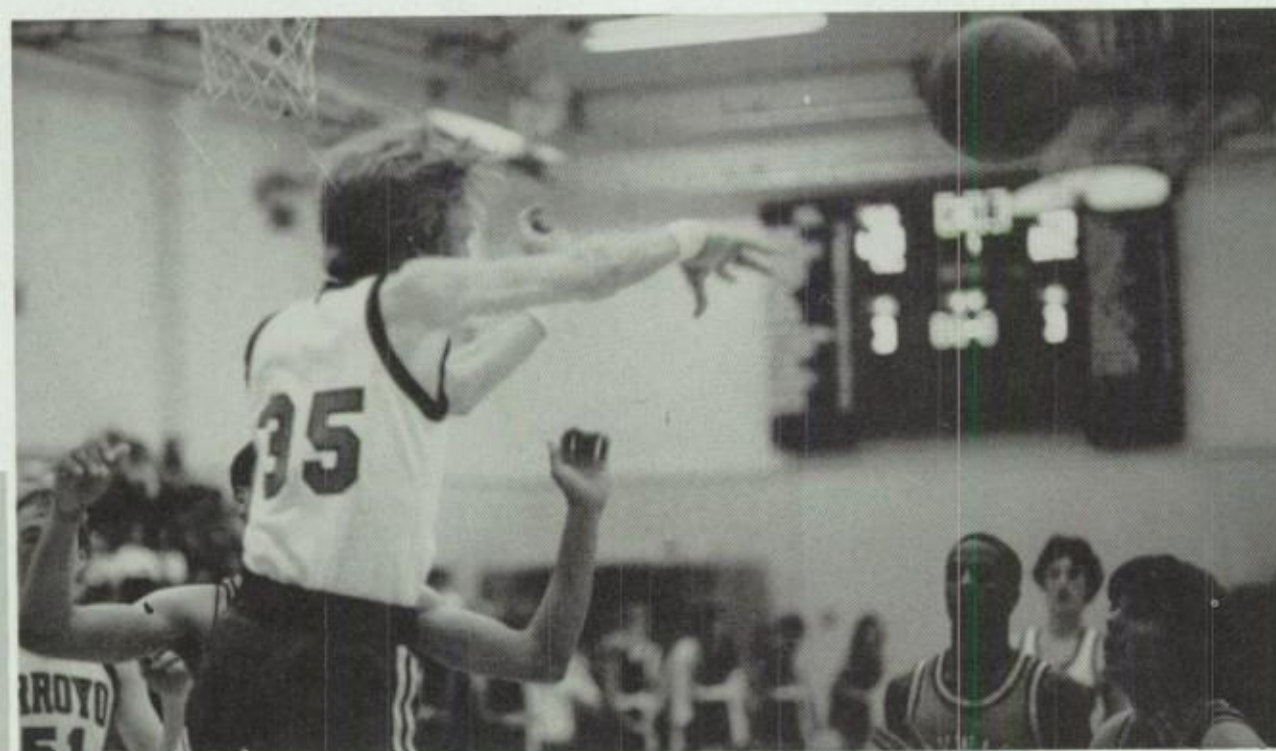
laney, and Dave Henning. Back Row; Chris Carter, Chad Bellmer, Dennis Bricker, Richard Beckering, Steve Witherspoon, and Coach Ken Weissenborn.



**Looking very determined,** Senior Jeff Mendoza gets ready to shoot while there are no opposing team members in the way to block his chance to score.

### Boys' Varsity Basketball

Arroyo	vs.	Opponent
50	Mt. Eden	72
53	Castro Valley	72
51	Tennyson	49
60	San Lorenzo	72
58	Hayward	90
69	Sunset	55
63	Mt. Eden	78
65	Castro Valley	64
58	Tennyson	56
59	San Lorenzo	84
64	Hayward	86
89	Sunset	53

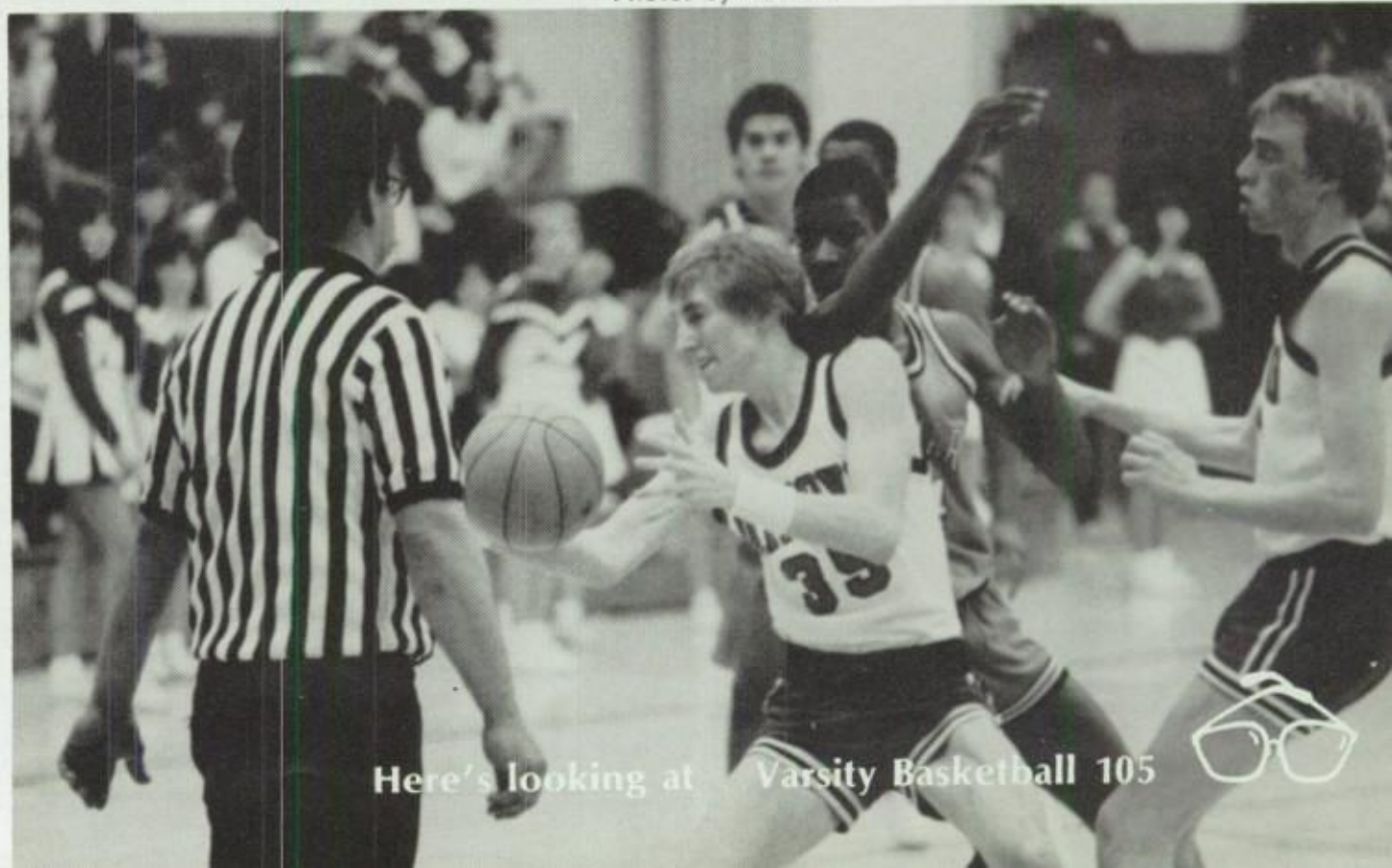


**With 25 seconds left** in the first period, Junior Ron Flores jumps into the air trying to block the opposing team member from making the shot.

**While Senior Jeff Mendoza** keeps the ball away from the opposing team member, Senior Dave Henning assists by setting a pick for the opposite direction.

**Saving the ball** from going out of bounds, Senior Chris Carter passes the ball over the heads of Hayward players to a fellow team member in hopes of two.

**As the referee** watches for a possibility of a foul, Senior Chris Carter receives an in bound pass while Senior Dave Henning blocks the opposing Hayward player.



Photos by Fashinell





# Jayvee team close to first, ties for second

by Kevin Burkfield

Finishing its season with a 9-3 record, the Boys' Jayvee Basketball Team tied for second with Mt. Eden.

According to Coach Robert Hitchcock, his team could have tied for first place with Hayward and finished its season at 10-2. The coach explained that in the tenth game of the season, the Dons lost to San Lorenzo 49-44, a game they should have won, in his opinion. The next game the Dons played, they defeated Hayward 53-50, described as the best game by Hitchcock. "Hayward is always the strongest team, and we were beaten by them the first time by 23 points. The second game, we did the things we needed to beat them," stated Coach Hitchcock.

Offensively, Hitchcock said early in the season that the team played well, but relied too much on the outside shot. "We lived and died by the outside shot," stated the Coach.

The leading scorer on the team was Sophomore Brian Hare, who had 173 points in league play. Hare, as voted by his teammates, was elected most improved. The most valuable player was Sophomore Bo Youngblood who also led the team in rebounds; 66 on de-

fense and 35 an offense. Sophomore Dan Coombs was voted most inspirational.

Completing its season with only three wins, the Boys' Frosh-Soph Team finished in a disappointing fifth place.

According to Coach Jim Hyde, the team had a slow start, but "came on strong at the end of the year," with two wins in its last three games. The reason for the strong finish, according to the coach, was that the squad started playing more together as a team.

Undoubtedly the toughest team, as described by Hyde, was Mt. Eden, completing its season with a perfect 12-0 record. The Monarchs were also involved in one of Arroyo's better games. According to the Coach, the game was "Closer than the score." The team played hard in his opinion. Also described as a good game, was game two versus Hayward. Hyde stated that the Dons played well for the first three quarters but at the end, the Farmers took charge of the game.

Voted most valuable player was Freshman Bob DeHoyos who also led the team in scoring. Freshman Lee Teich was named most improved and most inspirational.

Hyde foresaw a good future for this team now that they have learned to play together as a unit.



Looking for team member to pass the ball to, Freshman Bob DeHoyos tries to find an open man while his worthy opponent puts his hands up hoping to regain the advantage to his team.

Photos by Fashinell

**Boys' Jayvee Basketball Team:** Front Row; Bo Youngblood, Brian Hare, Doug Griffin, and Marcel Meijer. Back Row; Coach Robert Hitchcock, Dan Coombs, Shane Gusman, Gianni Napoli, Eric Nakashima, Vincent Tortorelli, and Ron Ingebretson.





### Boys' Jayvee Basketball Team

Arroyo	vs.	Opponent
41	Mt. Eden	40
47	Castro Valley	44
52	Tennyson	44
49	San Lorenzo	42
47	Hayward	70
54	Sunset	44
49	Mt. Eden	52
58	Castro Valley	53
48	Tennyson	33
44	San Lorenzo	49
53	Hayward	50
38	Sunset	33

**Taking jump shot** over San Lorenzo player, Sophomore Marcel Meijer tries to add two more points for the Dons while Sophomore Eric Nakashima positions himself as Rebel player looks on.

**Trying to keep** his opponent from adding to the Rebel score, Sophomores Bo Youngblood and Marcel Meijer block attempted shot while Number 32 guards his man ready to get the loose ball.

**Preparing to obtain** the rebound, Sophomore Eric Nakashima waits for the ball to come down while Sophomore Marcel Meijer looks on in an important road game against the San Lorenzo Rebels.

**Shooting over Mt. Eden** defender, Frosh-Soph Team Member Tom Young takes a jump shot hoping to put the Dons on top, while Freshman Lee Teich strategically positions himself.

### Boys' Frosh-Soph Basketball Team

Arroyo	vs.	Opponent
18	Mt. Eden	73
30	Castro Valley	51
42	Tennyson	52
47	San Lorenzo	34
24	Hayward	57
28	Sunset	36
41	Mt. Eden	64
46	Castro Valley	53
48	Tennyson	57
41	San Lorenzo	33
44	Hayward	67
44	Sunset	38



### Jayvee, Frosh/Soph Basketball





# Basketball teams do well in league play

by Kevin Burkfield

Completing one of its best seasons in recent years, according to Coach Ed Blom, the Girls' Varsity Basketball Team finished in fourth place with a 7-5 league record.

Highlighting the season was a come-from-behind victory against Hayward, the team that finished in third place with a 8-4 record. According to Blom, the Dons had "great team defense," which enabled them to make turnovers resulting in Arroyo points. In the last minute and eight seconds, the Farmers were held to no points while Arroyo scored seven points, according to the coach.

According to Blom, the toughest opponent was Mt. Eden, who finished second at 9-3. "We pride ourselves on team speed; they ran away from us," stated Blom. Another tough team had to be Tennyson; the champions with just one defeat.

Leading the Dons in scoring was Senior Cindy Sanchez who was also voted most valuable player. Finishing with the best scoring average was Senior Evelyn

Fernandez who was also named most inspirational. Most Improved went to Senior Stacy Santos.

"Probably the best girls' varsity basketball team we put together since admittance into the Hayward Area Athletic League," stated Blom whose squad had its first winning season in six years.

Not to be overlooked, the Girls' Jay-vee squad finished the season at 8-4, second only to Hayward completing its season with a record of 11-1.

According to Coach Ken Repose, the Dons best game was against the champions which gave the Farmers their only defeat. Arroyo won the game by just one point after Freshman Cheryl Denton scored with only seven seconds remaining. In the opinion of Repose, the team was at its peak for this victory.

Voted most valuable player was Leading Scorer Maria Potestio. Other awards went to Sophomore Melanie Lopez for most improved while most inspirational went to Junior Kim Hoeber.

In conclusion Coach Repose stated that his team had "tremendous talent, played very well as a team, and gave more than they were asked.



Photo by Fashinell



Photo by Barros

Photo by Barros

**Girls' Varsity Basketball Team:** Front Row; Lynn Tracy, Cindy Barros, Laura LaFleur, Jessica Rhodes, and Gina Thorn. Back Row; Donna Benallie, Sherri Ingebreton, Cindy Sanchez, Renee Henderson, Stacy Santos, Evelyn Fernandez, Toni Moore, Missy Williams, and Coach Ed Blom.

**Shooting over San Lorenzo Rebel opponent,** Jay-vee Team Member Edna Villamin takes a jump shot while Number 44, Kim Hoeber, prepares herself in case the shot fails to hit its target.

**Preventing her from** passing the ball, four Sunset Falcon players surround Varsity Team Member Renee Henderson while Junior Jessica Rhodes watches hoping Number 15 notices her.



## Girls' Varsity Basketball Team

Arroyo	vs.	Opponent
18		Mt. Eden 52
43		Castro Valley 33
36		Tennyson 47
43		San Lorenzo 33
52		Hayward 59
29		Sunset 25
34		Mt. Eden 61
48		Castro Valley 31
32		Tennyson 50
52		San Lorenzo 33
42		Hayward 39
44		Sunset 29







Photo by Barros

In an important away game, Varsity Player Sherri Ingebretson blocks vision of Sunset Falcon player hindering her from passing the ball to out of picture teammate.

As Monarch player tries to inbound, Jayvee Team Member Melanie Lopez raises her arms in attempt to block the pass, while Don Patricia Pereira keeps an eye on other Mt. Eden player.

**Girls' Jayvee Basketball Team:** Front Row; Teri Norman, Cheryl Denton, Wendy Moss, Michelle Repose, Patricia Pereira, and Edna Villamin. Back Row; Kim Hoeber, Kristy Regan, Tamara Roeber, Kelly Pierce, Maria Potestio, Dawn Telesco, Melanie Lopez, and Coach Ken Repose.

#### Girls' Jayvee Basketball Team

Arroyo	vs.	Opponent
23	Mt. Eden	28
30	Castro Valley	31
22	Tennyson	25
38	San Lorenzo	30
36	Hayward	35
35	Sunset	27
36	Mt. Eden	18
31	Castro Valley	25
37	Tennyson	30
56	San Lorenzo	20
31	Hayward	42
34	Sunset	31

Photo by Barros



## Girls' Basketball

Photo by Barros





# Don grapplers repeat as HAAL champions

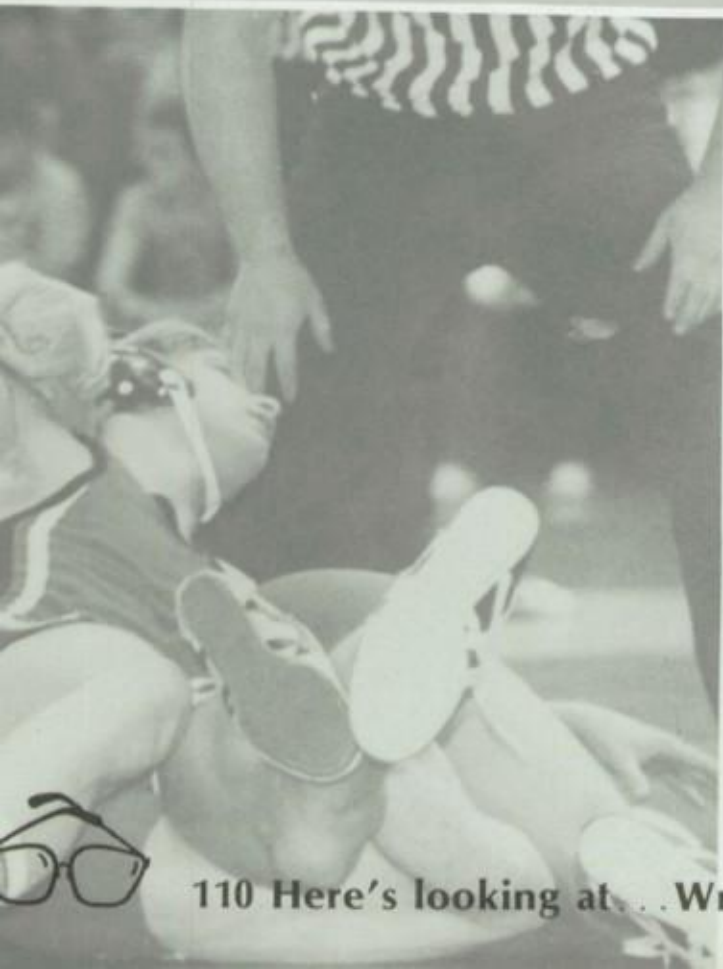


Pushing his competitor to the extremes, Junior KC Flanders tries a switch.

**Varsity Wrestling Team:** Front Row; Larry Breyhan, Leonard Siroy, Danny LeDoux, Dave VanHeurck, KC Flanders, and Rich Fox. Back Row; Assistant Coach Ed Xavier, Junior DeHoyos, Jeff Johnston, Dino Markette, Pat Monroe, Ken Barros, John Texeira, Mike Sommer, Head Coach Fred Indalecio, and Assistant Coach Rick Hilder.

**Jayvee Wrestling Team:** Front Row; John Shouts, Gary Evans, Jamie Yassin, Bob Vegas, Jason Trujillo, and Justin Sullivan. Back Row; Assistant Coach Rick Hilder, Joe Vegas, Eric Vandever, Pat Monroe, Frank Salazar, Head Coach Fred Indalecio, Don Kolinski, Tony Silveira, Marcus Huizar, Roger Crites, and Assistant Coach Ed Xavier.

Putting the finishing move on his opponent, Senior Rich Fox uses the most painful hold, "the guillotine" to pin his opponent.



by Ken Barros

Defending Hayward Area Athletic League Champions repeated their performances this year with an outstanding record of 6-0 in league dual matches.

Going into the season with only five returning lettermen on the varsity squad, ten out of the 13 weight classes qualified for the North Coast Championships. Leading the team at North Coast was one of the youngest wrestlers on the squad, Sophomore Larry Breyhan, with a record of 36-5. Breyhan took a fourth place at the Championships.

Supporting Breyhan at North Coast was fifth placer KC Flanders, Senior Rich Fox, and Senior Captain Leonard Siroy, and Teammates Junior Dan

Koehn, Jeff Johnston, Mike Sommer, Dino Markette, John Texeira, and Ken Barros.

This year's squad faced a different situation this season by having another new head coach. Last year's coach, Tom Rosenthal, transferred to neighboring James Logan High School, and to fill in his spot on Arroyo's Wrestling Team was 1983 Jayvee Coach Fred Indalecio.

"I didn't think this year's team was as organized as last year's team because it was Fred's first year as head coach and he needed to get things on the right track," said Junior KC Flanders.

"The team really surprised me by doing so well in dual matches," said Senior Captain Leonard Siroy.

The 1984 Jayvee team was also undefeated in league competition with a record of 6-0. Without a full Jayvee squad, the team did well in league competition.





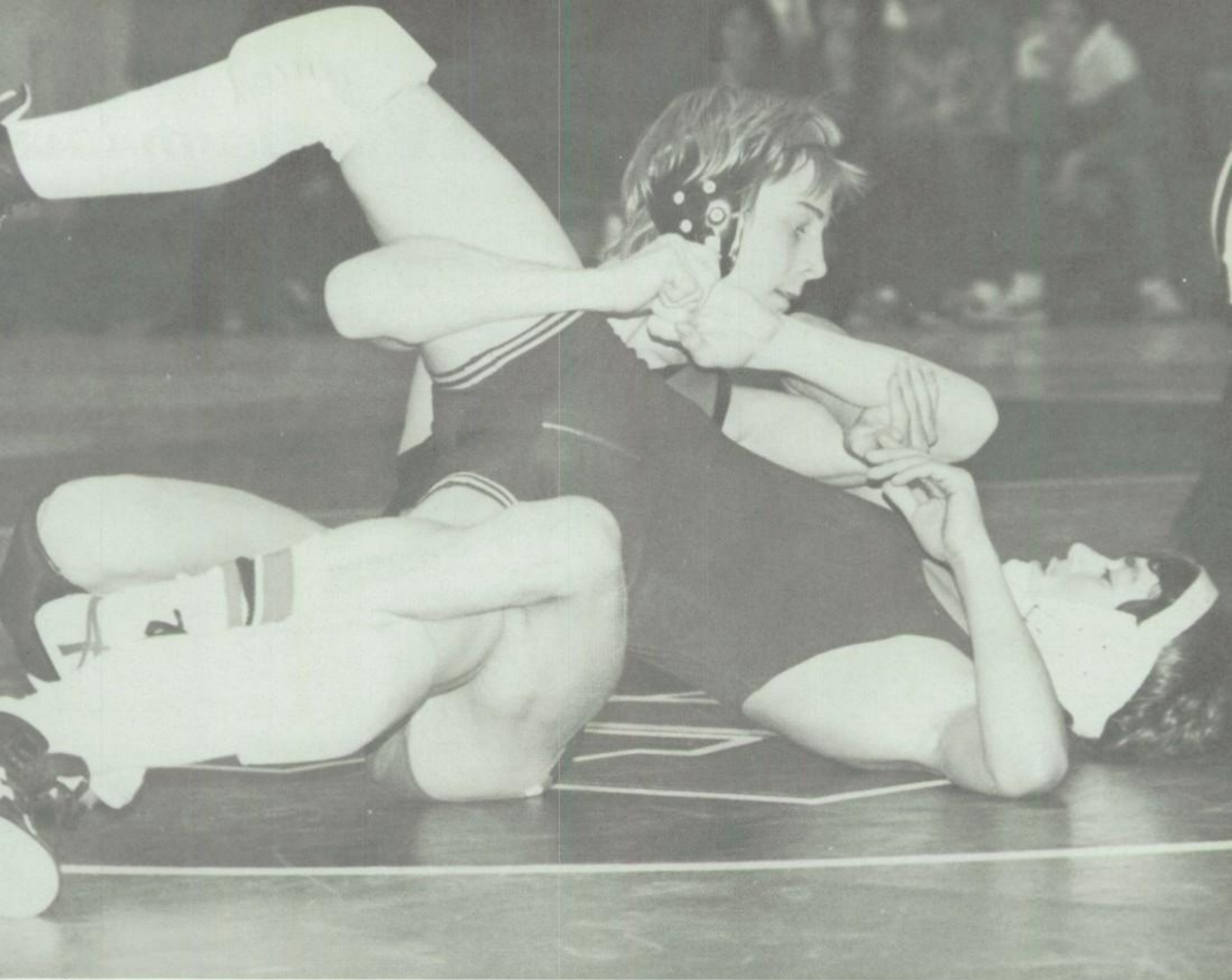


Photo by Barros



#### Varsity Wrestling

Arroyo	Opponent
62	Sunset 10
43	Castro Valley 20
50	Mt. Eden 22
56	Tennyson 9
60	Hayward 10
52	San Lorenzo 18

#### Jayvee Wrestling

Arroyo	Opponent
75	Sunset 12
54	Castro Valley 18
68	Mt. Eden 20
60	Tennyson 54
60	Hayward 42

## Wrestling

**Holding his opponent** in a painful position, Larry Breyhan waits for Leandro Costa of Sunset to make a wrong move.

**Getting the feel** of thrill and victory, Freshman Joe Vegas gets his arm raised after the win over his opponent.





# Robert Norris leads Dons to North Coas

by Todd Long

The Hayward Area Athletic League's 1983 Champions and North Coast Finalist let everyone know that they were back to do it again.

After losing most of their starters from last year's team due to graduation, the Arroyo Varsity Soccer Team still looked good. The Boys' Soccer Team ended up in second place this year in the HAAL, still good enough to get them into the playoffs.

"All we had to do was get into the playoffs. Because once we were there, anything could happen," stated Head Coach Tom Hanson.

The playoffs consisted of three games in which the Dons came out on top. The first game was a 2-1 win over Castro Valley. The other two games were both victories against rivals, the Hayward Farmers, 2-0 and 5-0.

The game was tied at the half, still at 0-0. The Dons then took charge of the game and won by a score of 2-0.

Coach Hanson believed that, "The boys played their best game when it counted the most."

"After losing both league games to

Hayward, it was a really good feeling to have won against them twice in the playoff games, then to have shut them out both times was even better," stated All-League Player Robert Norris.

"The game against Hayward was tough, but I feel that the toughest game was against Sunset High. The reason being that they had very well skilled players, and a great deal of speed. However, we did win by a score of 3-2," stated Hanson.

The team had several All-League Players including Senior Center Forward Robert Norris, a unanimous choice. Norris was also awarded the title of "Prep of the Week" from the **Daily Review**. He was also the highest scorer for the Dons with 11 goals and two assists. Other All-Leaguers were center Halfback Jeff Metz and Goalie Todd Lemke all on first team.

Second team players included Chris Sullivan, Mark Marples, and Chris Donovan. Honorable Mention included Gary LaFleur and Robb Pandolfo.

Other team-voted awards went to Norris, most valuable offensive player; Mark Marples, most valuable defensive player; Chris Donovan, most inspirational; and Steve Cabreana, most improved.



**Both trying to get a head on the ball**, All-League Player Robert Norris and Opponent Number 17 from Hayward jump for the extra effort needed to reach the ball first.

**Making a move** to steal the ball from Hayward Player Number 12, Senior Fullback Paul Marples makes it look easy, with a little fancy footwork, and hopes of scoring for the Dons.

**Watching to see** which direction the ball is going to fly, Hayward Opponent, number 18, and Sophomore Halfback Robb Pandolfo jump to kick the ball to a teammate.







## BOYS' SOCCER

Arroyo	vs.	Opponent
7	Tennyson	1
3	Sunset	2
0	Hayward	1
3	Mt. Eden	2
3	Castro Valley	0
1	San Lorenzo	0
11	Tennyson	0
1	Sunset	1
1	Hayward	3
3	Mt. Eden	1
2	Castro Valley	0
3	San Lorenzo	1



**Boys' Varsity Soccer:** Front Row; Jeff Metz, Mark Marples, Gary LaFleur, Chris Donovan, John White, Steve Moser, and Suknant Grewal. Back Row; Coach Tom Hanson, Adam Hitchcock, Chad Moul, Randy Morris, Victor VanHille, Robert Norris, Chris Sullivan, Otto Urizar, Steve Cabreana, Robb Pandolfo, Greg Means, and Todd Lemke.

**Making sure that** he keeps his hands off the ball, Senior Chris Sullivan jumps to get the ball while Teammate Gary LaFleur and Hayward Opponent watch to see if he does.

**In the game** against Hayward High Senior Robert Norris dribbles the ball down the field while being chased by Number 9, and Teammate Jeff Metz who waits for a pass to score.

Photos by Fashinell



## Boys' Soccer





# Girls place second at NCS

Photos by Fashinell

by Tricia Gandsey

With a second place season record, the Girls' Varsity Soccer Team achieved North Coast finals.

With a total of 54 goals, an average of 4.5 goals a game, and a total of 18 assists an average of 1.5 per game, the girls really worked well together. During the second half of the HAAL regular season, Arroyo girls outscored opponents 33 to 3, averaging 5.5 goals to only 0.5 per game.

Coached by Keith Burnett, with manager assistance from Senior Jim Miller, the girls had a season record of eight wins, one loss, and three ties. "I think our best game was against Mt. Eden in the playoffs. It was raining, a very muddy field, but they played well as a team. Our passing was excellent and they wanted to win. The game that cost us the championship was the tie against Sunset," stated Burnett.

In league play against Hayward, the Dons met the Farmers three times,

which resulted in two ties and a win. "Without Roberts in the first game, Hayward got us with a tie," added Burnett.

Receiving awards for most valuable player for offensive forward was Suzanne Roberts. Most valuable, for defense, was Denine Schmitz. Most inspirational player was Joanne Derieg. Most improved was Irene Manalisay. First team All-League were Senior Suzanne Roberts, Senior Denine Schmitz, Sophomore Joanne Derieg, Freshman Debbie Lovell and Senior Irene Manalisay. The Dons had five All-Leaguers, more than any other team in the league. Roberts scored the most individual goals in one game against Castro Valley. Schmitz had the most assists in one game against Tennyson.

The Dons' toughest game was against Amador Valley in the North Coast Semi-finals, with a loss of 6-0.

The team worked really well together this year," commented Manager Jim Miller.



Girls' Varsity Soccer Team: Front row; Suzanne Roberts, Linda Leach, Allisen Harris, Debbie Lovell, Michelle Harrell, Danica Sequeira, Dawna Lenz, Shelly Borges, and Coach Keith Burnett.

Back row; Jim Miller, Veronica Binder, Lani Sanchez, Susie Thau, Carrie Aguiar, Kelly Shaw, Joanne Derieg, Denine Schmitz, Irene Manalisay, and Shannon Amaro.

Photo by Barros







**Kicking the ball** up and away from the opposing player, Sophomore Joanne Derieg passes it to Fellow Team Members Danica Sequeira and Veronica Binder.

**After experiencing a** rough playoff game, Team Members Denine Schmitz, Shannon Amaro, Shelly Borges, and Michelle Harrell express their happiness with a big hug.

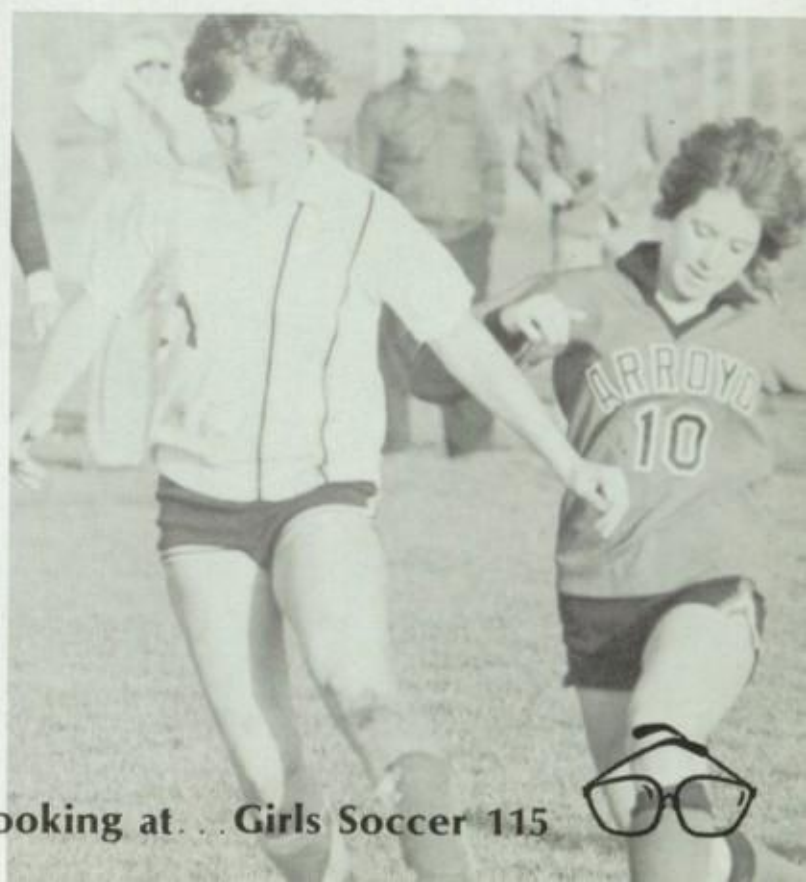
**As Junior Kelly Shaw** tries to steal the ball, Fellow Team Member Debbie Lovell assists by blocking opposing player as Senior Denine Schmitz looks on.

**Attempting to take** the ball from opposing Hayward team member, Freshman Debbie Lovell tries to reverse the direction of the ball to go in the correct direction.

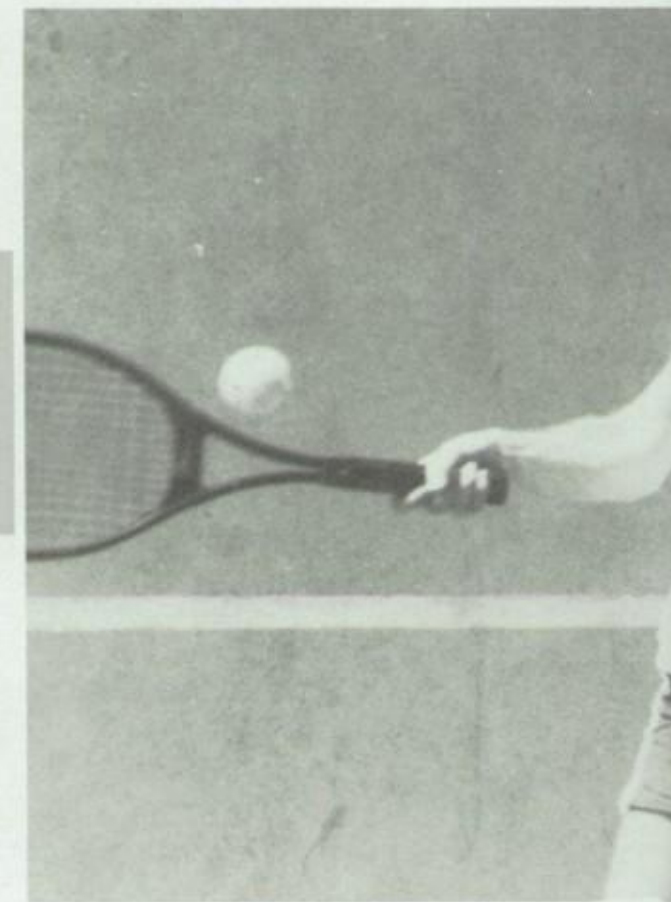
Arroyo	Vs.	Opponent
12	Tennyson	0
0	Sunset	0
3	Hayward	3
2	Mt. Eden	1
9	Castro Valley	1
4	San Lorenzo	0
10	Tennyson	0
6	Sunset	1
1	Hayward	1
3	Mt. Eden	1
7	Castro Valley	0
6	San Lorenzo	0



## *Girls' Soccer*





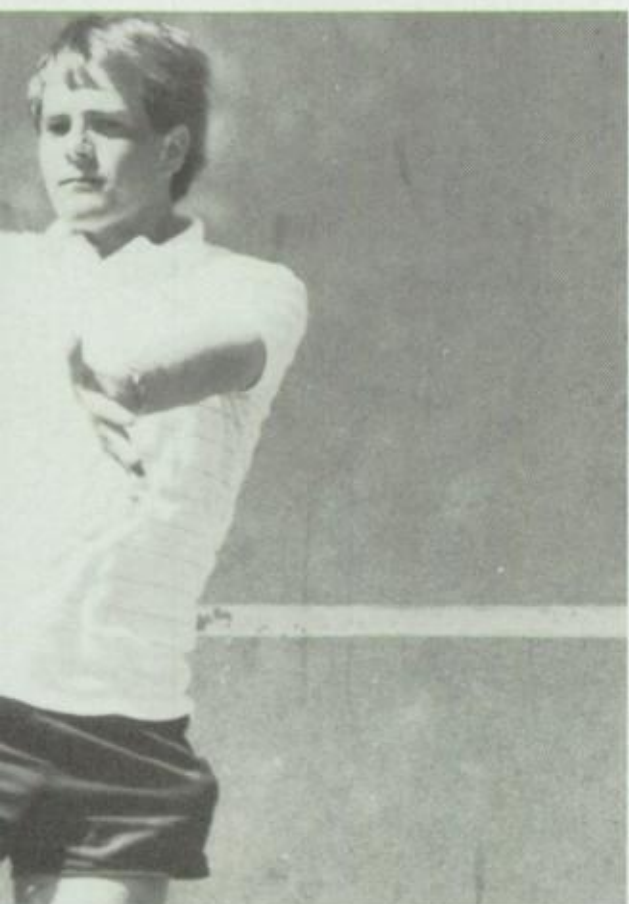
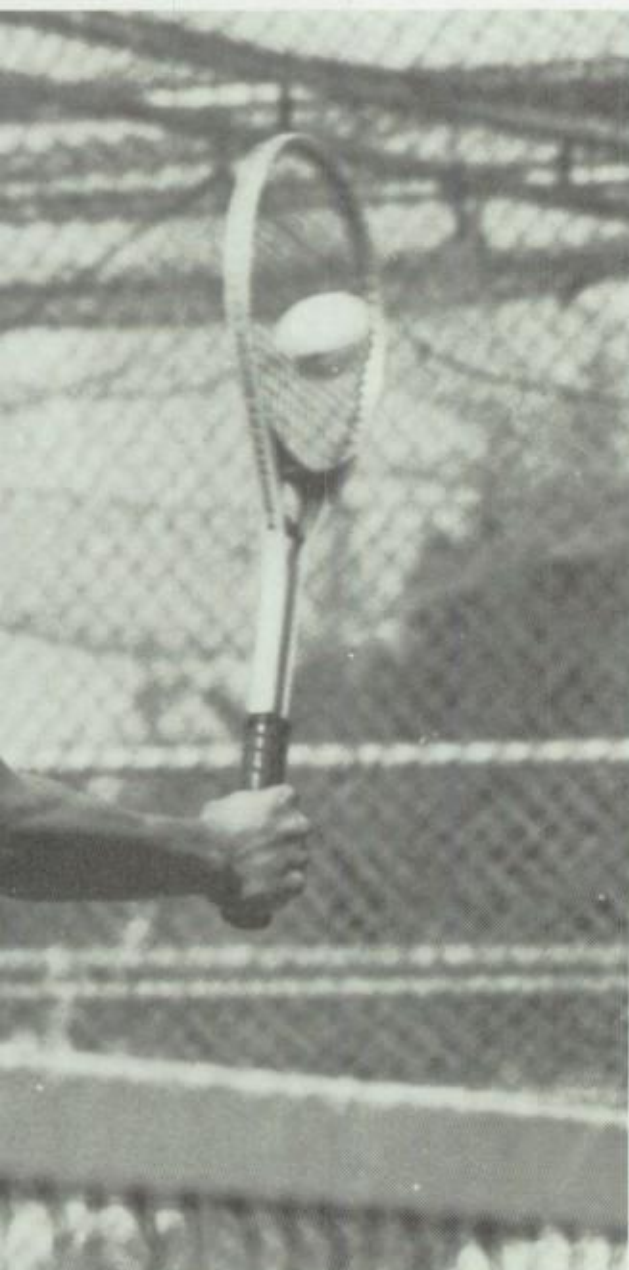


**Returning an opponent's volley,** Junior Phil Ip displays his skill and technique in play at the base of the net.

**Reaching for the sky,** Senior Craig Nakashima leaves the ground while powering a serve into his opponent's backcourt.







**With cool determination,** Senior Jim Miller, Number 8, returns a forehand shot to win a match point.

**Boys' Tennis Team:** Front Row; Craig Nakashima, Jim Miller, Eric Nakashima, and Brian Hare. Second Row; Coach Tom Hanson, Phil Ip, Tony Ellis, Shane Guzman, and Mark Moran.

## ***Hanson assumes coaching position from Weissenborn***

Photos by Gurr

by Susan Brokke

Leading the 1984 Boys' Tennis Team in his first year was Coach Tom Hanson who also headed the soccer program.

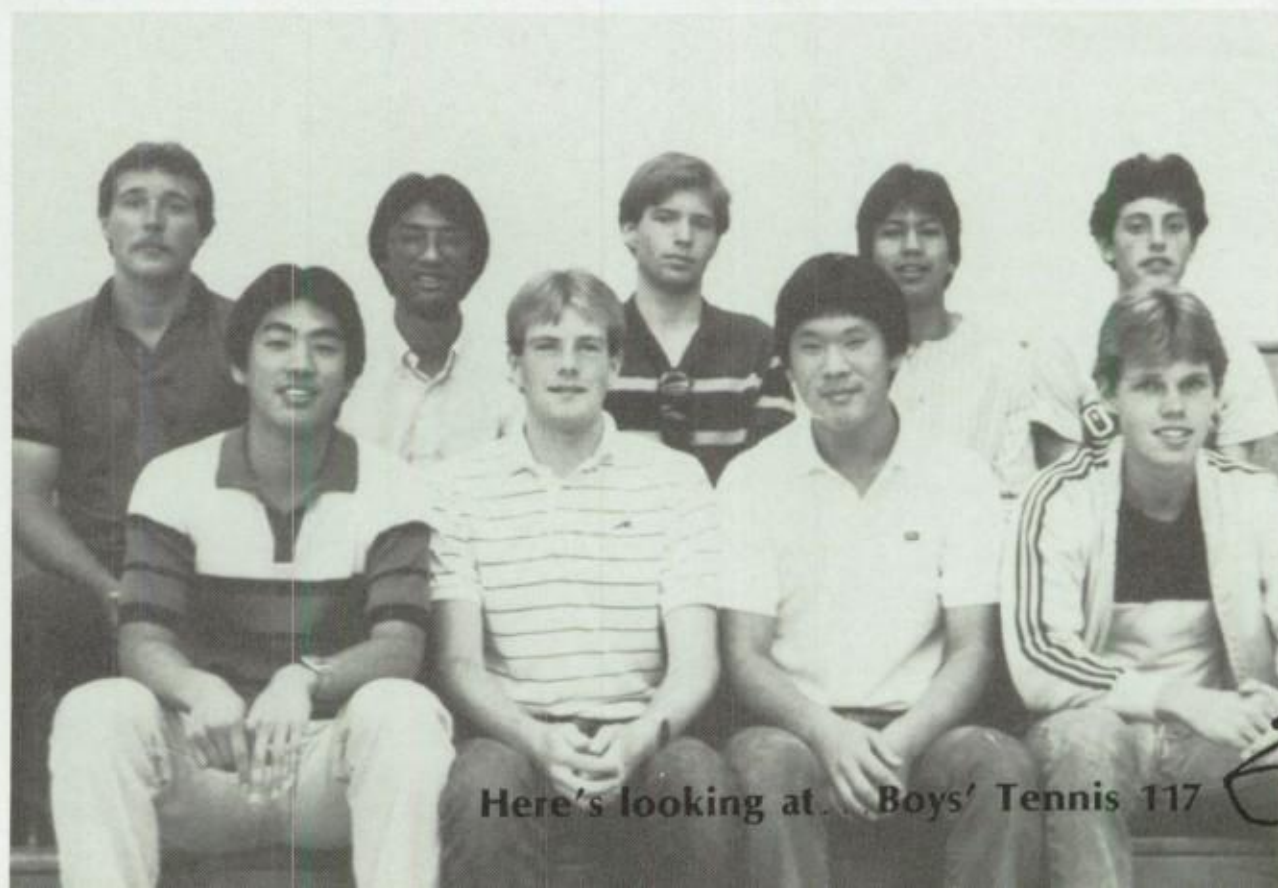
Hanson took over duties from former coach Ken Weissenborn who retired to devote more time to the Boys' Varsity Basketball program. Weissenborn also headed the Eighth Grade Basketball program on campus. Citing the time element, Weissenborn felt that he couldn't devote enough energy to all three sports, so when the heading coaching position on basketball opened up, he opted to pursue that. All of the Tennis Team's returning players regretted, but respected Weissenborn's decision.

After report card grades came out in the Spring quarter, the team was com-

prised of eleven players. Seeded Number One on the squad was Mark Moran, followed by (in order) Brian Hare, Craig Nakashima, Phil Ip, Tony Ellis, Adam Hitchcock, Eric Nakashima, Jim Miller, Shane Guzman, Eric Hove, and Mark Todd.

Competing in the May 11 Hayward Area Athletic League Tournament at Tanglewood Club in Hayward, the squad met seven other schools. Representing Arroyo were two sets of doubles teams and two singles players. While Castro Valley's Trojans walked away with the tourney, Arroyo finished a disappointing seventh.

Mirroring the regular season, the Trojans took league champ honors. Arroyo's Dons finished last, but did manage to defeat Sunset for a season tally of one win and 11 losses.



Here's looking at... Boys' Tennis 117





# 21 team members block after 11-1 season

Photos by Proctor

by Jim Miller

Arroyo's Badminton Team had a really strong season finishing with a record of ten wins and two losses. This put them in second place behind Castro Valley who finished with 11 wins and one loss.

"We had a really good year," stated Coach Tom McNamara. "We came only a couple matches away from being the league champions."

On indicator of the team's ability was the awarding of 21 block A's, ten of which went to first time block winners.

The team had a lot of spirit. They voted Senior Sherri Ingebretson team captain. Ingebretson won the girls' singles title in the HAAL Badminton Tournament at Sunset High. She advanced to the North Coast Section and was one of the three Arroyans selected as All-

League.

The girls' doubles team of Seniors Michelle Liang and Martha Serrano were also selected for the All-League team. Liang and Serrano won the girls' doubles championship in the HAAL Tournament and advanced to North Coast.

Two other doubles teams placed in the HAAL Badminton Tournament. Victor Vanhille and his partner, Scott Ferreira, placed fourth.

Also finishing fourth at HAAL was the mixed doubles team of Sophomore Susan Edwards and Junior Kent Lee.

Awards were given to some members by their teammates. Freshman Betty So and Sophomore Tony Aniasco were Most Improved. Sophomores Kristi Nickerson and Randy Morris were Most Inspirational. And the Most Valuable were Junior Kevin Stapp and Senior Sherri Ingebretson.



**Keeping his eye** on the bird, Junior Kevin Stapp returns the bird with a powerful shot as he uses all of his effort to try and stay on his feet after he loses his balance.

**Preparing for her** powerful backhand, Senior Patty Quintana shows tremendous strength and concentration to keep the rally between her and her opponent full of action.

**Using great skill** and heavy concentration, Sophomore Jon Bumgarner skillfully drops the bird barely over the net just enough so the opponent on the other side can't return it.

**Following through** on a terrific smash, Sophomore Susan Edwards watches the bird carefully to make sure that the other team does not retrieve it over the net.







Photos by Proctor



### Arroyo High School Badminton Team

Arroyo	vs	Opponent
6	Berkeley	7
8	Sunset	5
8	J.F. Kennedy	5
4	Newark Memorial	9
9	Irvington	4
7	American	6
9	San Lorenzo	4
8	Castro Valley	5
10	Tennyson	3
6	Mt. Eden	7
11	Hayward	2
8	Sunset	5
7	San Lorenzo	6
6	Castro Valley	7
9	Tennyson	4
8	Mt. Eden	5
11	Hayward	2
6	Berkeley	7
7	Sunset	6

## Varsity Badminton



**Warming up** before the matches, Senior Raymond Lee jumps as high as possible to return a miss hit and to keep the rally going between him and his opponent.

**Leaning over** to one side of the court, Sophomore Randy Morris stretches to make sure that the bird is still in play and has not gone out of bounds before he can return it.

**Badminton Team:** First Row; Patty Quintana, Patricia Perreira, Raymond Lee, and Kent Lee. Second Row; Kevin Strom, Kristi Nickerson, Adrienne Montaine, Stacey Wagner, Betty So, Kevin DeMello, and Susan Edwards. Third Row; Martha Serrano, Marcela Jimenez, Sharon Jew, Lori Stromgren, Tony Aniasco, John Bumgarner, and Danny Tse. Back Row; Coach Tom McNamara, David Silva, Dave Hutchinson, Michelle Liang, Scott Ferreira, Shawn Shubert, and Kevin Stapp.

Photo by Fashinell





# Girls complete second undefeated year

by Kevin Burkfield

With an overall record of 9-0, the Girls' Track Team completed its second straight undefeated season and was once again the Hayward Area Athletic champ.

"The girls were dominant in every phase of track and field," stated Coach Jerry Metcalf. The lopsided scores showed the team dominance.

With only three members graduating from the '83 squad, the '84 team was virtually intact. Other factors to the success, according to the coach, was team spirit and because most of the team had experience in North Coast League finals.

On the way to their undefeated season, the Girls' Team set seven school records. Senior Missy Williams set two individual records, one in the high jump at five-feet, four-inches and the other in the triple jump at thirty-six feet, three-inches. Other individual records were set by Junior Veronica Binder in the 400 at 60.5, Sophomore Dana Johanson in the 800 at 2:24.6, and Sophomore Cindy Barros in the long jump at 17-feet, four-inches. In the

400-relay, 49.5 was the new record ran by Seniors Suzanne Roberts, Missy Williams, and Sophomores Melanie Lopez and Lani Sanchez. The team of Binder, Lopez, Roberts, and Sanchez now hold the mile relay record at 4:03.38. Another record set by the whole team was the league meet point record which is now 107 1/2.

From this record breaking team, seven were named all-league; Roberts for two hurdle events and one relay, Williams for the high and triple jump. Senior Holly Belshe was named for the 1600 and Johanson for the 800. Binder, Lopez and Sanchez were all nominated in the relay.

Finishing with a 4-5 record, the Boys' Track Team completed a "rebuilding" stage in fourth place.

According to Metcalf, the Boys' Team had strength in the hurdles and in the throwing events. Led by Senior Al Elpusan, there were also strong showings by Senior Steve Rantz and Sophomore Steve Moser. The throwing events were led by Senior Joey Oliveira in the shot, Senior Jeff Johnston in the discus, and Junior Ken Barros in both events.

Metcalf said they did a surprising job. It was a young team with not much experience. Some underclassmen who competed on the varsity were beneficial.



**Track Team:** Front Row; Coach Jerome Glenn. Second Row; Danielle Gragg, Ursula Reckling, Cindy Barros, Missy Williams, Melanie Lopez, Dyan Dezotte, Holly Belshe, Shawna Quigley, and Veronica Binder. Third Row; Cecilia Jeong, Jenny Phipps, Kim Hoeber, Lani Sanchez, Suzanne Roberts, Jojo Lago, Bruce Worden, Richard Racette, and Charles Mullane. Fourth Row; Roman Blass, Petri Toivonen, Laura LaFleur, Todd Lemke, Dan Pryfogle, Dean Gurr, Frank Salazar, and Al Elpusan. Fifth Row; David Burke, Randy Waage, William Emery, Bob Berry, Brian Hemenway, Todd Ong, Steve Rantz, and Devon Lazarus. Sixth Row; Robert Briesch, James Thorne, Mitch

Hemenway, Steve Moser, Tom Gonzales, and Dan Lum. Seventh Row; Roger Criter, Robert Clegg, Joey Oliveira, Nelson Cardadeiro, and John Tiernan. Eighth Row; Jon Nagel, Joe Watson, Gil Vargas, Dino Markette, Jeff Johnston, Gwendolyna Dovigi, and Eric Bertaud. Ninth Row; Mark Marples, Ken Barros, Glenda Dovigi, and Lance Arionus. Back Row; Jimmy Lee, Gianni Napoli, and Steve Witherspoon.

**Just about ready** to release the discus, Senior Gwen Dovigi, with the look of determination, uses her best form to throw the best that she has ever done before.





#### Girls' Track Team

Arroyo	vs.	Opponent
119	Sunset	7
116	San Lorenzo	11
94	Mt. Eden	33
88	Hayward	37
110	Castro Valley	17
108	Tennyson	10

#### Boys' Track Team

Arroyo	vs.	Opponent
106	Sunset	25
75	San Lorenzo	61
67	Mt. Eden	69
57	Hayward	77
40	Castro Valley	96
90	Tennyson	46

## Boys', Girls' Track

**With the look** of determination in his face, Junior Petri Toivonen grips the poll in the beginning of his vault while he tries to succeed in clearing the bar just an inch higher than before

**Resting before their** upcoming events, Sophomores Shawna Quigley, Dayna Johanson and Melanie Lopez discuss what has occurred in the league meet held at Chabot College

**With only one** opponent running close by, Senior Suzanne Roberts, with the finish line close by, leaps over her last hurdle on the verge of winning another race.

**Soaring through the** air, Sophomore Dan Pryfofle extends his body and yells out while trying to make enough distance to win in his event of the long jump





# Varsity Softball has high amount of talent

Photos by Fashinell

by Todd Long

With seven returning letterman this year, the Girls' Varsity Softball Team looked very good with the high amount of talent. The returners included Toni Moore, Denine Schmitz, Sherri Tamala, Michelle Smith, Vicky Gagnon, Janent Partridge, and Evelyn Fernandez.

Head Coach Rich Kerr stated, "The strengths in this year's team was their strong outfielding, infielding, and very strong batting, and their pitching."

This year's batting was led by Sophomore Michelle Smith, Susan and Vicky Gagnon; "They got the key base hits when they were needed the most," stated Kerr. "We had several power hitters also, Seniors Toni Moore, Denine Schmitz, and Evelyn Fernandez also Junior Lynn Tracy. "They all hit the ball with homerun potential."

Due to graduation, the loss of Kari Bailey left a big gap in the pitching staff,

but Kerr felt that the Gagnon sisters had filled the gap as well as anyone in the league could have.

The Dons' most challenging teams this year were the San Lorenzo Rebels and the Castro Valley Trojans. They both were very good teams with good hitters and fielders, said Kerr.

The Girls made it through the Hayward Area Athletic League in place only to be beaten by the San Lorenzo Rebels in the HAAL playoffs game by a score of 3-1.

Both the Varsity and Junior Varsity teams were coached by first-year coaches. The Varsity team was coached by Ex-Marina Titan Coach and graduate, Rich Kerr, and the Junior Varsity was coached by All League Player and Marina Graduate Deby Barros.

The Jayvee Softball Team had an average season this year with two wins against San Lorenzo and two losses against the Castro Valley Trojans.

## Girls' Softball

Arroyo	vs.	Opponent	
9	Castro Valley		6
1	San Lorenzo		2
11	Tennyson		2
4	Mt. Eden		0
8	Hayward		0
12	Sunset		4
7	San Lorenzo		4
2	Castro Valley		1
12	Tennyson		2
17	Mt. Eden		0
19	Hayward		0
18	Sunset		0



With the ball in her glove Senior Janet Partridge neals to tag out her Mt. Eden opponent, Number 21, at second base, while the infield umpire shows that she has seceded.

Taking a good size lead off of third base, Catcher Michelle Smith looks intently for the signal from the coach to run while her Mt. Eden Opponent keeps an eye on her, watching for the steal.

After being batted in from second base Sophomore Chris Waybright is sure to step on the plate as she crosses it, while the homeplate umpire closely watches to make sure that she does.





**Hoping to get** out of the first inning, against Mt. Eden High, with a strike out and no hits, Senior Pitcher Vicky Gagnon goes through the windup to let go of her fastball towards homeplate.



**Varsity Softball: First;** Michelle Smith, Vicky Gagnon, Tami Damerl, and Amy So. **Second Row;** Sandy Rose, Susan Gagnon, Lynn Tracy, Shari Tamala, and Chris Waybright. **Third Row;** Janet Partridge, Denine Schmitz, Stacy Santos, Evelyn Fernandez, Tracey Frazier, and Michelle Ropose.

**Jayvee Softball: First Row;** Michelle Stefani, and Margret Gonzales. **Second Row;** Karen Mendoza, Teri Norman, Edna Villamin, and Christina Loza. **Third Row;** Carol Partridge, Dawn Correia, Laurie Kerr, Coach Deby Barros, Carol Marples, Kristy Regan, and Wendy Connell.

## Varsity Softball





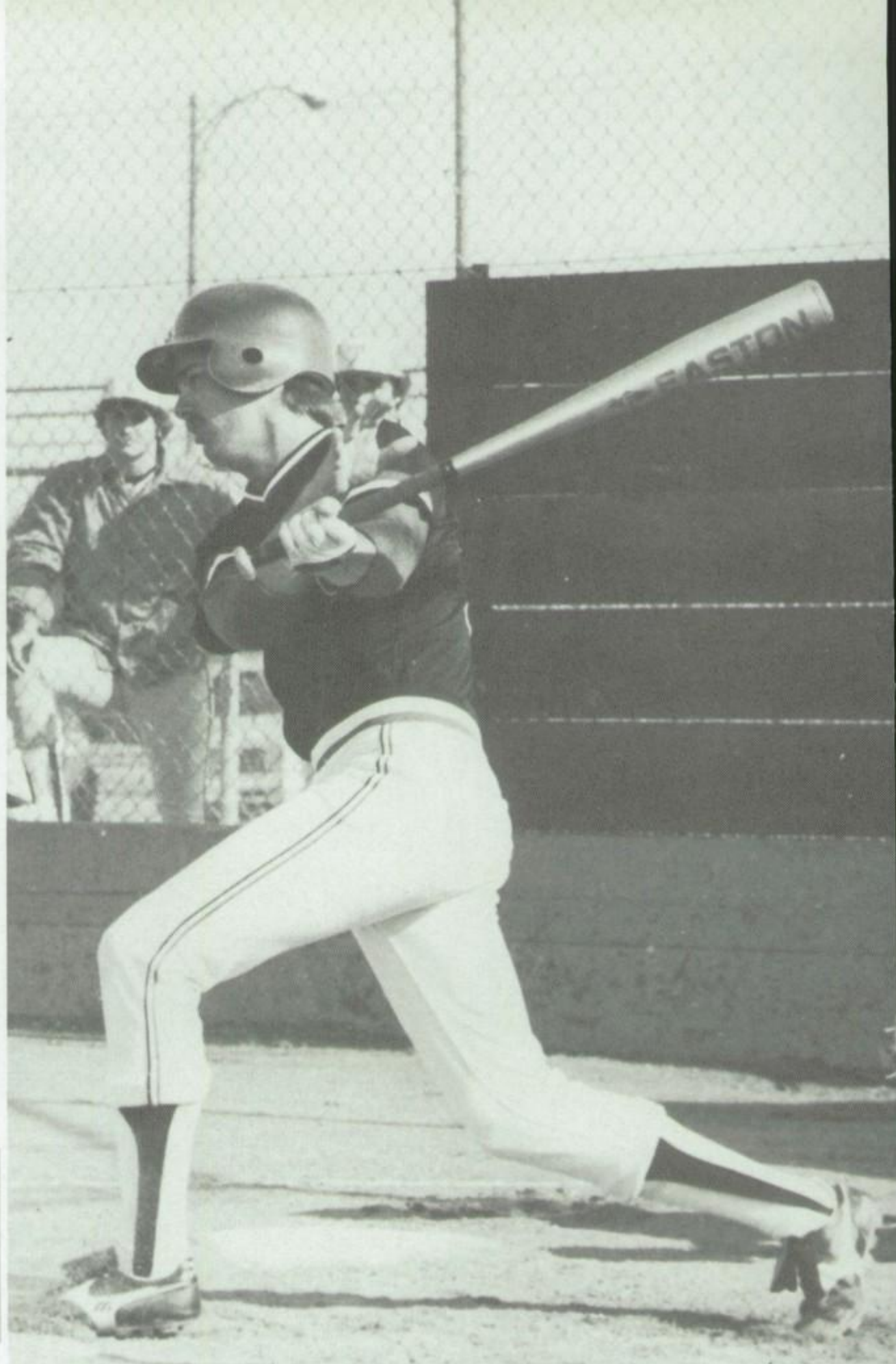
## VARSITY BASEBALL

Arroyo	vs.	Opponent	
3	San Lorenzo	0	
6	Castro Valley	8	
2	Tennyson	0	
0	Mt. Eden	4	
3	Hayward	4	
5	Sunset	7	
3	San Lorenzo	4	
8	Castro Valley	1	
0	Tennyson	10	
11	Mt. Eden	10	
7	Hayward	9	
5	Sunset	0	



**Stretching for home plate** with all his will power, Junior Pitcher Dennis Bricker hopes to throw one of his many opponents all three strikes to finish the game with a strike out.

**After tagging out** one of his Opponents, Senior Catcher Chris Carter dodges player's move so that he can go for a double play.





# Squad takes second in Easter Tournament

Photos by Fashinell

by Todd Long

Playing well all year long, the Varsity Baseball Squad just missed the playoffs, this year by only one game. Since the Tennyson Lancers won their last game against the San Lorenzo Rebels, the Dons moved down and out of the Hayward Area Athletic League playoffs. Arroyo ended the HAAL season in fifth place with a record of five wins and seven losses. They finished the season behind Tennyson High.

"Again this season we didn't have any individuals, which means that we won as a team and we lost as a team. When you play as a team, you are bound to have fun, and to me that is what high school sports are all about," stated Head Coach Mike Reardon.

The team did very well in the Verl Thornock Easter Tournament, winning three games and losing only one, good enough for second place.

Batting was led by Senior Jeff Men-

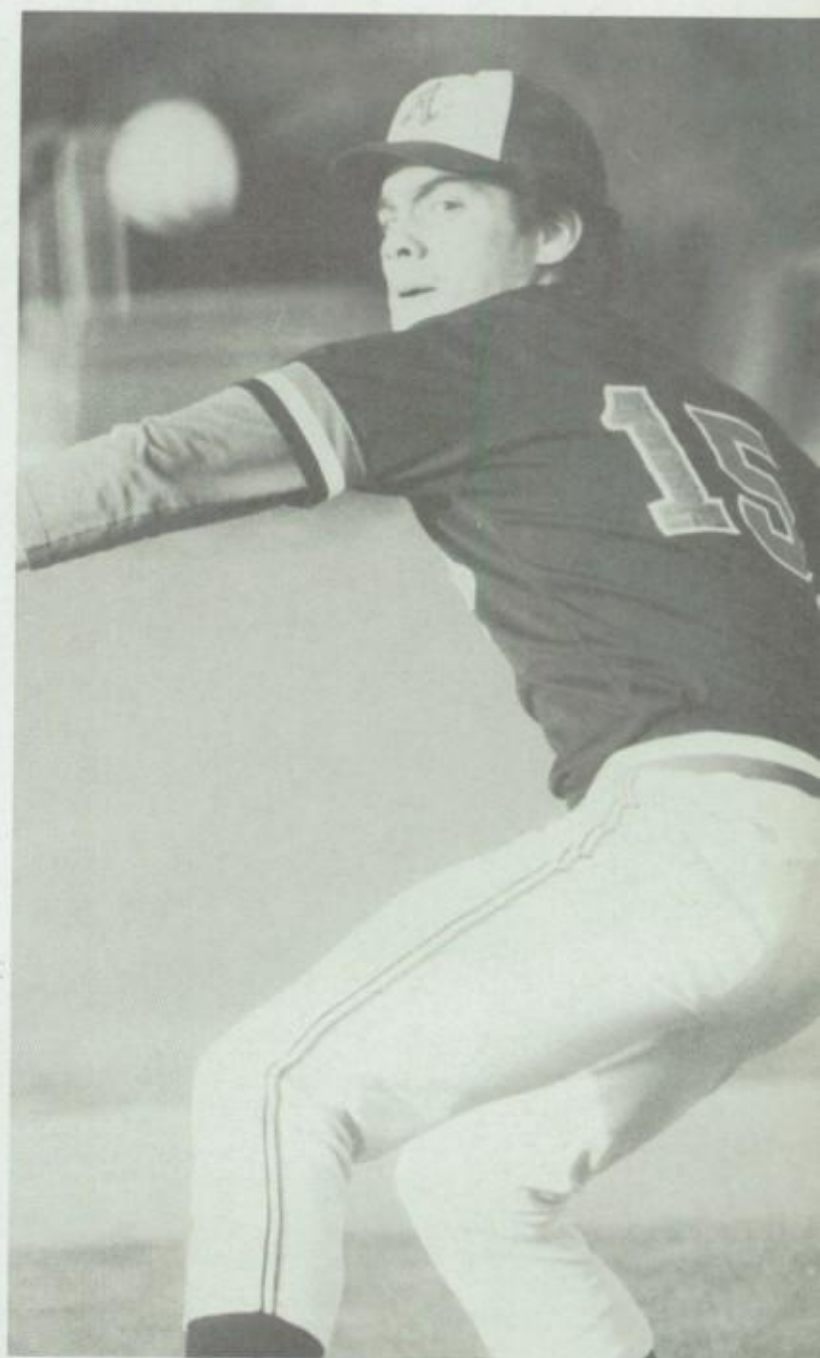
doza, who hit a good .400 average. Mendoza was followed by Bo Youngblood, Chris Carter, and Brett Lane, batting .333, 7.23 and .273 respectively.

The pitching of the tournament consisted of two main pitchers, Sophomore Jason Brosnan and Junior Dennis Bricker. Combined they had an earned run average of 2.25.

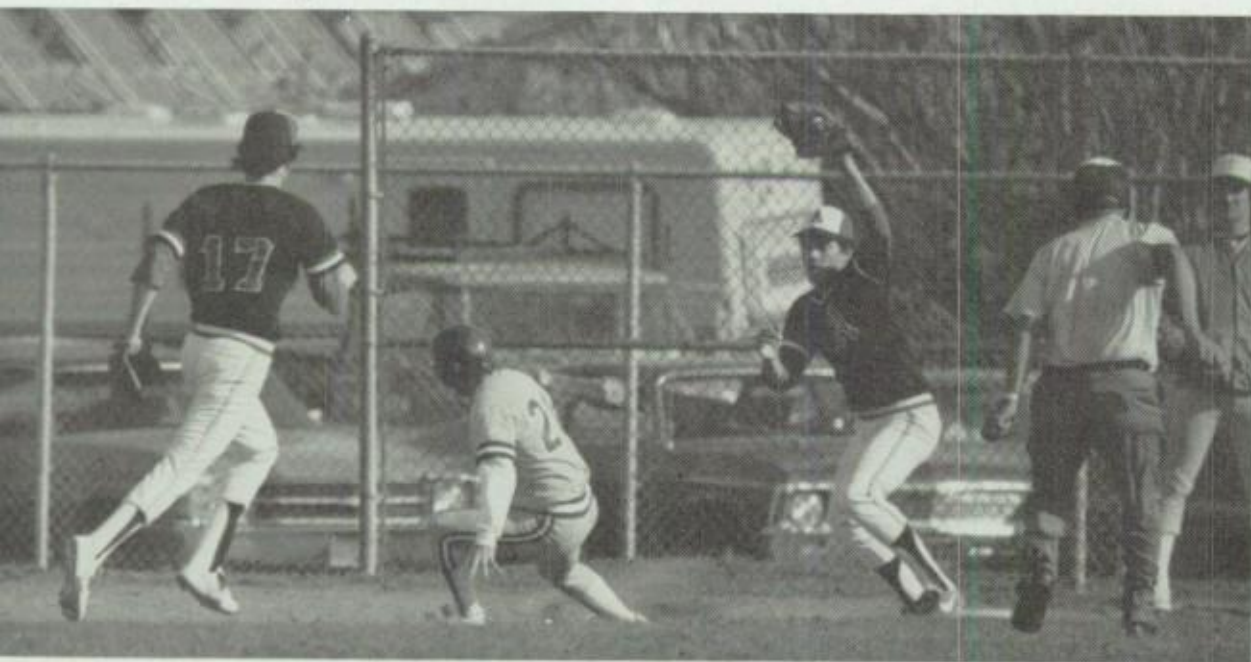
"One of the strongest assets of the tournament was the strong pitching we had by Brosnan and Bricker," stated Coach Mike Reardon.

The batting was rallied this year in the HAAL season by Senior Brett Lane who had 35 trips to the plate. He had 14 hits, three homeruns and 12 runs batted in. Lane was followed by another Senior, Tim Harris, who batted a good .406. Harris received 18 hits out of his 32 times up to bat. Other top hitters included Mendoza, Youngblood, Fernandez, Carter, Chris Donovan, and Tim Antone.

The pitching was led by Junior Ron Flores who hurled 39.2 innings, had an earned run average 1.94, and had 40 strikeouts.



## Varsity Baseball



**Looking to receive** the signal, Pitcher Ron Flores prepares to throw his best curve ball.

**Playing pickle with** their Castro Valley opponent, Number 20, First Baseman Chris Donovan and Short Stop Jeff Metz closes the gap, while the referee watches for the tag to be made.

**Varsity Baseball Team:** First Row; Jay Delaney, Tim Harris, Karen Profumo, Dennis Bricker, and Vince Tortorelli, Second Row; Jason Brosnan, Chris Carter, Ozzie Fernandez, Brett Lane, Ron Flores, Jamie Jacoby, and Bo Youngblood. Third Row; Coach Lou Profumo, Jeff Mendoza, Kevin Borges, Mike Bechtholdt, Chris Donovan, Chris Sullivan, Vince Merritt, and Head Coach Mike Reardon.

**Swinging for the fence** with his picture-perfect poise, Senior Center Fielder Tim Harris watches the ball rocket up and away from the bat before running for first base.







**Crossing over home plate,** Sophomore Ron Ingebretson scores the possible lead run while Number 4, Kevin Bunsness, gives the signal to prevent the third-base runner from being thrown out at home.

**With the look of determination** to make one of his better pitches, Sophomore Dan Coombs completes his wind up in near perfect form.



Photos by Fashinell

## ***Team finishes two games away from first***

by Kevin Burkfield

With a league record of 7-5, and an overall record of 9-6, the Jayvee Baseball Team finished its season in third place.

Under the guidance of Coaches George Dunphy and Gil DeHoyos, the team finished just under Mt. Eden, with an 8-4 record, and two games behind first place Castro Valley, completing its season at 9-3.

According to Coach Dunphy, Arroyo split with every team in the league except for Tennyson, who the Dons defeated twice. This put the team over .500 for league play. Dunphy mentioned that in most of the losses the margin was only one or two runs and felt that they were always in the game. Victory, however, showed a dominance by the Dons over other teams which enabled them to outscore their opponents 80-51.

"A real good attitude on the part of everyone on the team," stated Dunphy about one of the strong points of the team. "Practicing every school day with-

out a break, it was important to have good attitudes, according to Dunphy. Other strong points, in the coaches opinion, were good hitting and fielding with "over-all good players." There was no weakness that Dunphy could point out, but he did say an overall improvement might have helped to win a couple more games.

The 6-0 victory against Hayward was described as one of the best games. The team "fielded well" and "hit good in the clutch", according to Dunphy.

Strong hitters on the team consisted of Sophomores Ron Ingebretson and Junior DeHoyos who both hit over .400. Four other players hit above .300. DeHoyos and Dave Aguilar were the strong pitchers with good relief work by Sophomore Tom Fashinell, all who had good coaching by Gil DeHoyos, commented Dunphy.

Dunphy could not think of one outstanding player, but said it was a team effort. About a dozen players will be playing at the varsity level next season which shows why the team "overall played well," according to Dunphy.







**Jayvee Baseball Team:** First Row; Bob Croley, Tom Fashinell, Mike Angotti, David Flores, Doug Statler, and Rob Hitchcock. Second Row; David Aguilar, Angelo Eiras, Joe Vagas, Chad Moul, Ron Ingebretson, Sam Pacheco, and Greg Leung. Third Row; Coach Gil DeHoyos, Casey O'Connell, David Schardt, Junior DeHoyos, Rod Shinko, Kevin Bunsness, Dan Coombs, and Coach George Dunphy.

**Looking over his left shoulder** to catch the first-base runner off guard, Sophomore Tom Fashinell waits for a perfect opportunity to pick off the would-be base stealer before throwing to the batter.

**Following through on his powerful swing**, Sophomore Rod Shinko looks to see how far and to what direction the ball is headed for before he begins running to first-base to start a possible rally.

#### Jayvee Baseball Team

Arroyo	vs.	Opponent
8	San Lorenzo	4
1	Castro Valley	2
9	Tennyson	2
3	Mt. Eden	5
0	Hayward	6
16	Sunset	0
3	San Lorenzo	5
7	Castro Valley	6
8	Tennyson	4
17	Mt. Eden	10
6	Hayward	3
2	Sunset	4

## Jayvee Baseball





# Eighth Grade sports teams find funding

by Michelle Raney, Glenn Stewart

After being dropped from the previous year's sports program due to lack of District funding, Eighth Grade Sports returned to Arroyo's campus for the 1983-'84 season.

According to Flag Football Coach Bill Basacker, funds were located for Eighth Grade Boys' Flag Football and Basketball for both Eighth Grade boys and girls.

The schedule was quite different from years before. Instead of playing teams only from the San Lorenzo School District, the groups played squads from Hayward and Castro Valley as well.

The Boys' Basketball Team compiled an impressive 8-0 record in league play. During their undefeated season, the team won the **Daily Review** HARD tournament. Having a successful season also, the Girls' Team recorded a respectable 4-2 record.

The Eighth Grade Boys' Flag Football Team upheld the tradition of representing Arroyo well, by finishing 2-1 in league play.

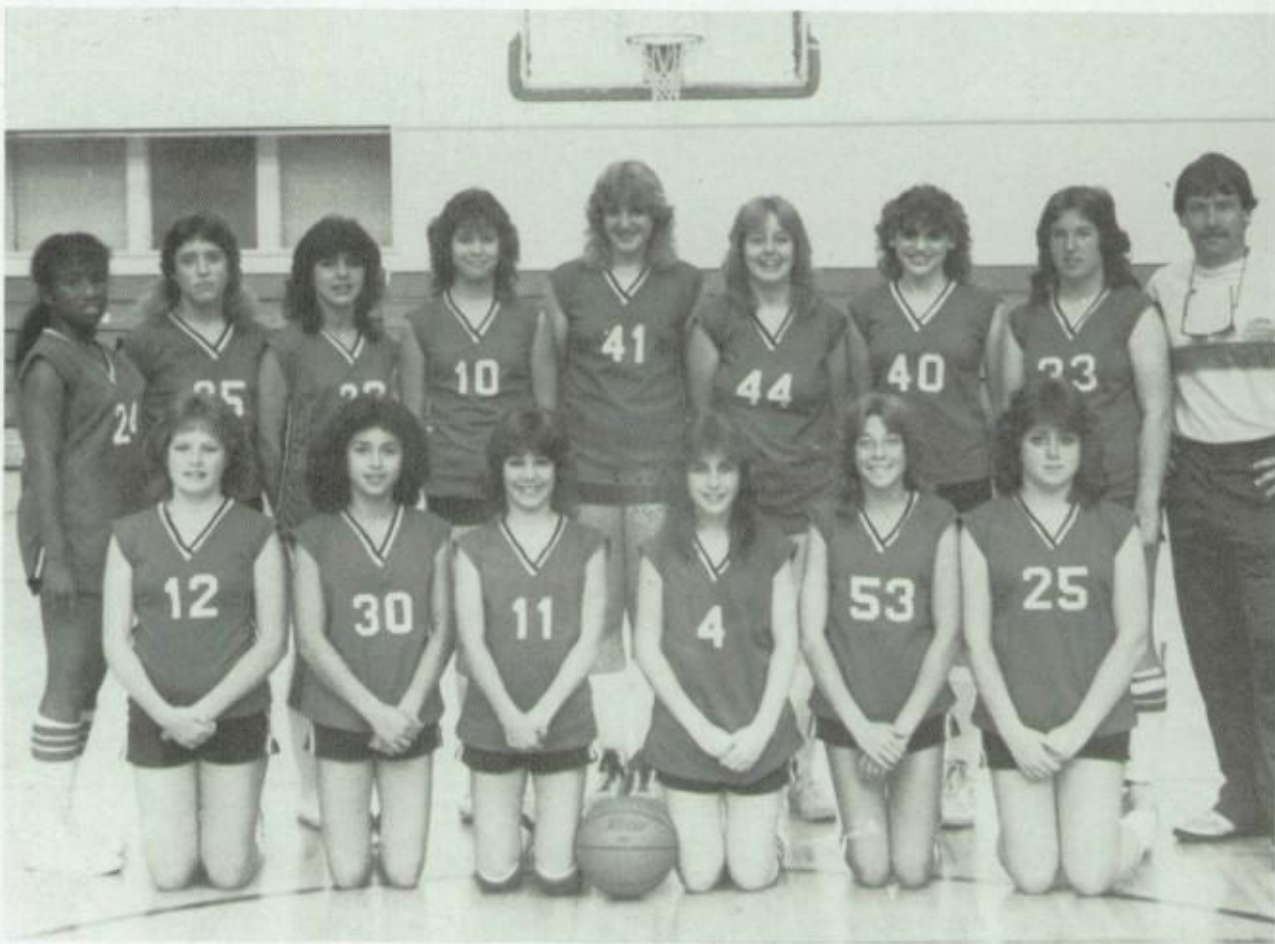
Giving his opinion, Flag Football Coach Bill Basacker said, "It's a necessary part of school to have Eighth Graders involved in the sports program."

**Getting in shape** for football seasons, Eighth Grader Jason Walling works out hard.

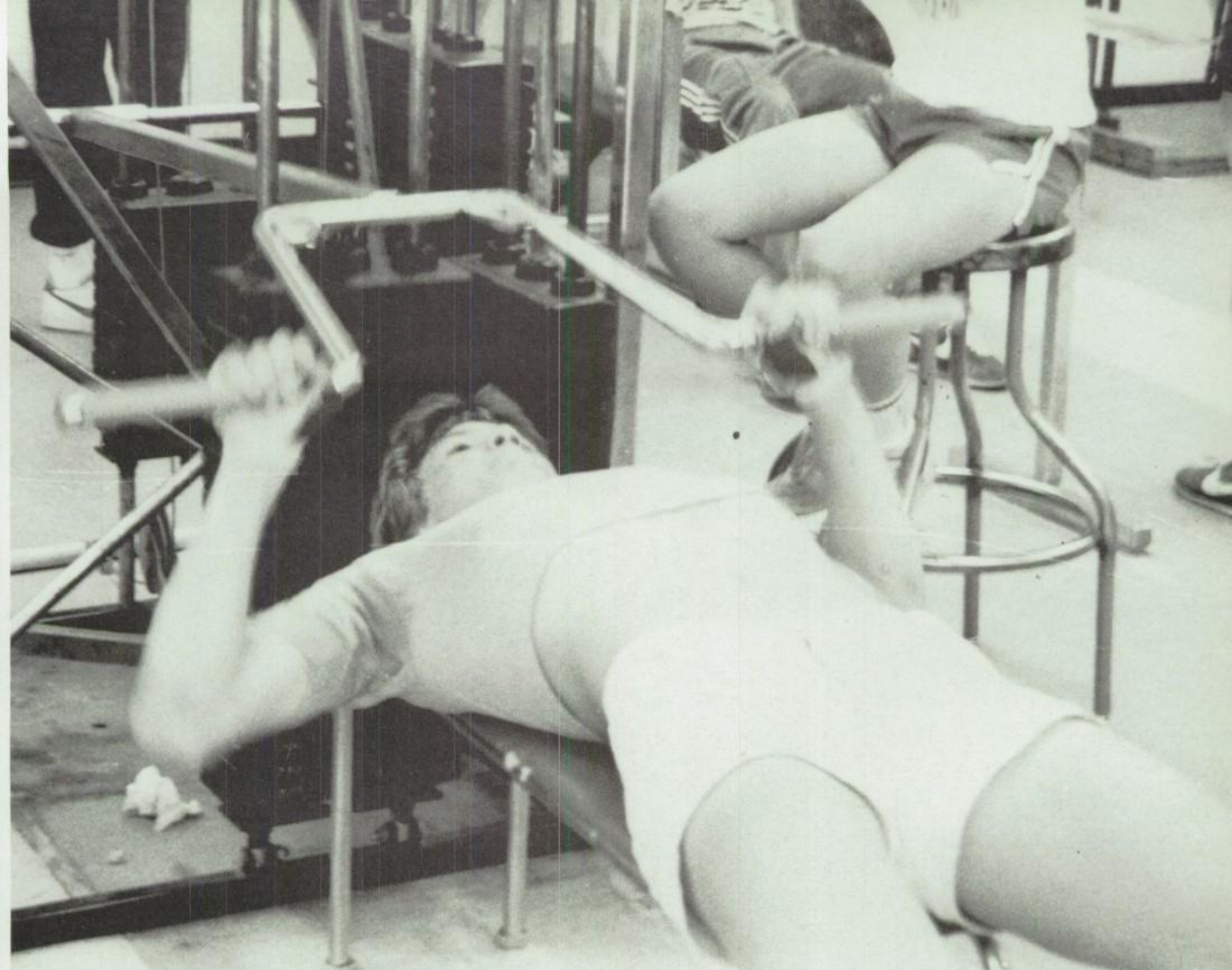
**Eighth Grade Boys' Basketball Team:** Rik Sasaki, Donovan Agrella, Sean Wildman, Bill Arterburn, Tim Muria, Andre White, and Rowdy Vierra. Second Row; Coach Ken Weissenborn, Chris Williams, Paul Muria, Joey Villabobos, Mike Andrade, Jason Walling, Robert Andrade, Eddie Tengco, Dirk Linton, and Jon Dunphy.

**Eighth Grade Girls Basketball Team:** Front Row; Cheryl Metz, Regina Villalobos, Rachael Rodriguez, Julie Stivers, Christine Rice, and Linda Smith. Second Row; Antoinette Smith, Candace Griggs, Nadine Quiroz, Lisa Starr, Dana Nagel, Gandy Green, Beth Reimers, Ginger Wachtel, Coach Ed Blom.

**Eighth Grade Football:** Front Row; Coach Bill Basacker, Gary Valdes, Toby Trester, John Lyons, Steve Owyong, John Vigeon, and Mike Anastia. Second Row; Danny Oliver, Jose Cobreo, Ken Jackson, Chris Willias, and Anthony Andrade. Third Row; Glenn Aviles, Jason Walling, Doug Santos, Fred Dutrieux, and John Dunphy.







#### Eighth Grade Boys' Basketball

Arroyo	vs	Opponent	
54	San Lorenzo		33
45	Canyon		35
55	Tennyson		48
49	Mt. Eden		46
58	Hayward		46
57	Sunset		30

#### Eighth Grade Flag Football

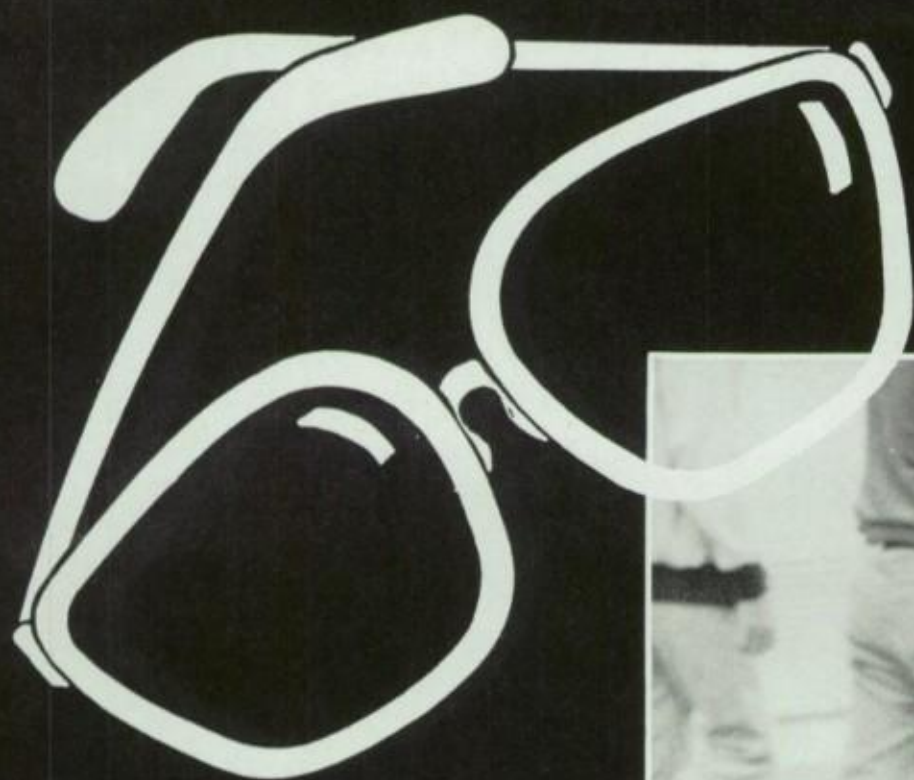
Arroyo	vs	Opponent	
38	San Lorenzo		0
6	Canyon		12
22	Sunset		6

#### Eighth Grade Girls' Basketball

Arroyo	vs	Opponent	
28	San Lorenzo		23
28	Canyon		18
28	Tennyson		7
36	Mt. Eden		40
29	Hayward		12
17	Sunset		21







Looking at what's on the agenda, Sophomore Michelle DeBone and Freshmen Friend Tanya Harvey compare class schedules during the first day of school.

Photo by Fashinell





# *Classes sponsor activities*

By Rick Blaine as recorded  
by Dean Gurr

Back at the booze joint I owned in Casablanca, I found that in order to succeed, people learned to stick together. Usually people had something uniquely in common to keep them united.

Here in this high school environment, I find that the same principal still holds true. Students of the same grade level were needed to get involved in class activities and events, to give students the feeling of belonging.

With frequent meetings throughout the year, each class planned for new activities.

In order to accomodate these activities, classes held many fundraisers through the high school years. Moneymakers such as bake sales, candy sales and car washes often gave each class the chance to raise money to support important events, such as Spirit Week. Each of the classes

even got the chance to sponsor one of the many dances that was held throughout the year.

The biggest events of the year usually came to the Seniors. The class funded such events as the ball, picnic, and brunch. With the money left over, the class purchased a gift so the rest of the student body could remember them.

With all the bustle among the classes, students needed some sort of authoritative figures. This is where the leadership qualities of individuals shined through.

Positions as class leaders were filled with students taking the responsibility of commanding the groups. Certain teachers played an important part by volunteering to advise the classes' meetings and events.

Above them there is the student government which also plans events for the entire student body to participate in.

Politics must be what really makes the world go round.

## *People*





# Senior Class officers coordinate activities

by Nancy Kennedy

Starting off their final year with \$4,629.95, the Senior class was able to have its Senior Ball at the Sheraton Palace Hotel in San Francisco.

"Everyone works together and participates in all our activities," stated Lisa Costa, class secretary. The cost for the Senior Ball tickets this year was raised, opposed to other years, because the Senior Class was unable to raise enough money throughout their five years of high school. The Senior Ball was May 4 and was a great success.

Senior officers included Ken Montgomery, president; Juanita Gragg, vice-

president; Deanna Roloff, Treasurer; Lisa Costa, secretary. Counselor Donna Pinkney, and Dennis Powell, class advisors, both put in a lot of time and effort advising the group.

"This being our second year together; Marina and Arroyo, I feel we have accomplished many goals with the help of many people. This year has been a great success," Stated Class-President Ken Montgomery.

Another fundraiser the class held was the Addidas raffle drawing which brought in \$200 for the class.

"More people this year have come to meetings and helped things run smoothly than in recent years," stated Costa.

"As a member of the Senior Class, this year has been different in that we have spent a lot more time planning for future events and fund raisers, than in executing them. For example, much of this year has been spent in committees, planning and organizing for the Senior Ball, which is one of the high-lights of our senior year," Stated Senior ball committee member and Student Body President Evelyn Fernandez.

The Senior Class ended up with approximately \$7000 by the end of the year after all their activities.

"The Senior Class always knew how to plan and organize all of their activities well," stated Class Advisor Donna Pinkney.

Acosta, Carl  
Alleman, Michelle  
Anderson, Donald  
Anderson, Janae  
Andrade, Glen



Annunzio, Sabrina  
Antone, Jill  
Aranda, Adrianna  
Asgari, Nadia  
Babb, Rick



Baptiste, Michelle  
Bardwell, Donna  
Beaver, Kimberlee  
Bechtholdt, Michael  
Beckering, Richard



Beckham, Nicole  
Bellison, Rachelle  
Belshe, Holly  
Benevides, Kim  
Bennalli, Donna







Photo by Gurr



Photo by Proctor

Photo by Fashinell



Photo by Fashinell



**Class Council** Secretary Lisa Costa, Treasurer Deanna Roloff, President Ken Montgomery, Advisor Donna Pinkney, and Vice-president Juanita Gragg.

**Explaining instructions** for an assignment, Senior Class Advisor Dennis Powell answers question from Junior Beth Berg.

**Discussing arrangements**, Seniors Deanna Roloff, Juanita Gragg, and Ken Montgomery plan for senior activities.

**Working hard** at lunchtime, Seniors Juanita Gragg and Ken Montgomery sell raffle tickets for Adidas drawing.



Bennett, Elizabeth  
Bennett, Patricia  
Berry, Ladd



Binand, Michael  
Brokke, Susan  
Brookshire, Rodney





# Manalisay tops classmates with 3.88

by Michelle Mello

At the end of the struggling years at Arroyo and Marina High Schools, ten outstanding seniors were named as top academic students.

Planning to attend California State University, Hayward, Irene Manalisay planned majoring in nursing. Manalisay was also involved in other activities, such as Varsity Soccer and the California Scholarship Federation.

While Evelyn Fernandez had the second highest grade point average, she also managed to work part-time, participate in school activities along with

sports, and held the position of Student Body President. Fernandez was accepted to the University of California, Berkeley. She also was a Zone winner in the Bank of America Scholarship Competition and won \$500.

University of the Pacific awarded Jim Miller a \$4,000 scholarship to major in German. Miller remarked, "I'm glad that the work I have done has finally given me something more than a good grade point average." He was also selected as one of the National Merit Finalists from Arroyo. Some of Miller's activities included playing tennis, being a member of the **Arroyan**, and CSF.

## Top Ten Seniors

1. Irene Manalisay	3.88
2. Evelyn Fernandez	3.86
3. James Miller	3.78
4. Darwin Tuazon	3.77
5. Michelle Wright	3.70
6. Susan Kahler	3.66
7. Rodrigo Cavazos	3.61
8. Christopher Carter	3.57
9. Julie Connell	3.54
10. Vicky Rocca	3.54

Brose, Stacey  
Brown, Michael  
Brown, Ryan  
Buchanan, Amy  
Burkfield, Kevin



Burton, Ron  
Butcher, Kari  
Camp, Steve  
Candido, Craig  
Cardadeiro, Nelson



Cardera, Traci  
Carter, Chris  
Casstevens, Joann  
Castillo, Rhonda  
Casuga, Robert



Casuga, Ronald  
Cavazos, Rodrigo  
Chaco, Georzann  
Chambless, John  
Chatterton, Christina







Photo by Proctor



Photo by Fashinell

**Receiving an Award**, Seniors Jim Miller, Brad Reed, and Principal Roy Hanson look over the National Merit Finalist papers.

**Carrying the torch**, Student Body President Evelyn Fernandez opens the Spirit Week Olympics with pride for her school.

**Controlling the ball** down the field, top Senior Irene Manalisay also participates in Varsity Soccer.

**Learning new educational** skills, Chris Carter doesn't miss a word that his instructor is explaining to him.



Photo by Frates



Photo by Gurr



Chavez, Aaron  
Chen, Brenda  
Chester, John



Cho, Kathy  
Choate, James  
Choy, Michael







Christensen, Tina  
Claveria, Jose  
Connell, Julie



Coppes, Chris  
Corral, Vicky  
Cortez, Julie



**While expressing** her happiness, Senior Evelyn Fernandez accepts \$500 at the finals of Bank of America's 1984 Achievement Awards. Fernandez placed in the Liberal Arts study field.

**Watching intently**, Senior Toni Moore listens to the awards being announced at the reception. Moore was named All-League in both Volleyball and Softball.

**Standing proudly** next to the Athlete of the Year trophy, Senior Tim Harris holds his miniature trophy to remember his accomplishment. Harris was also named All-League in Football.





# 98 receive 1984 honors, awards May 22

by Michelle Mello

Attending the annual Senior Recognition Reception in the Cafetorium, May 22, were parents, students, faculty, and special friends.

Presented with the Outstanding Student Award, Valedictorian Irene Manalisay was also the Bank of America Certificate Winner for Social Studies. Manalisay also was named All-League in soccer.

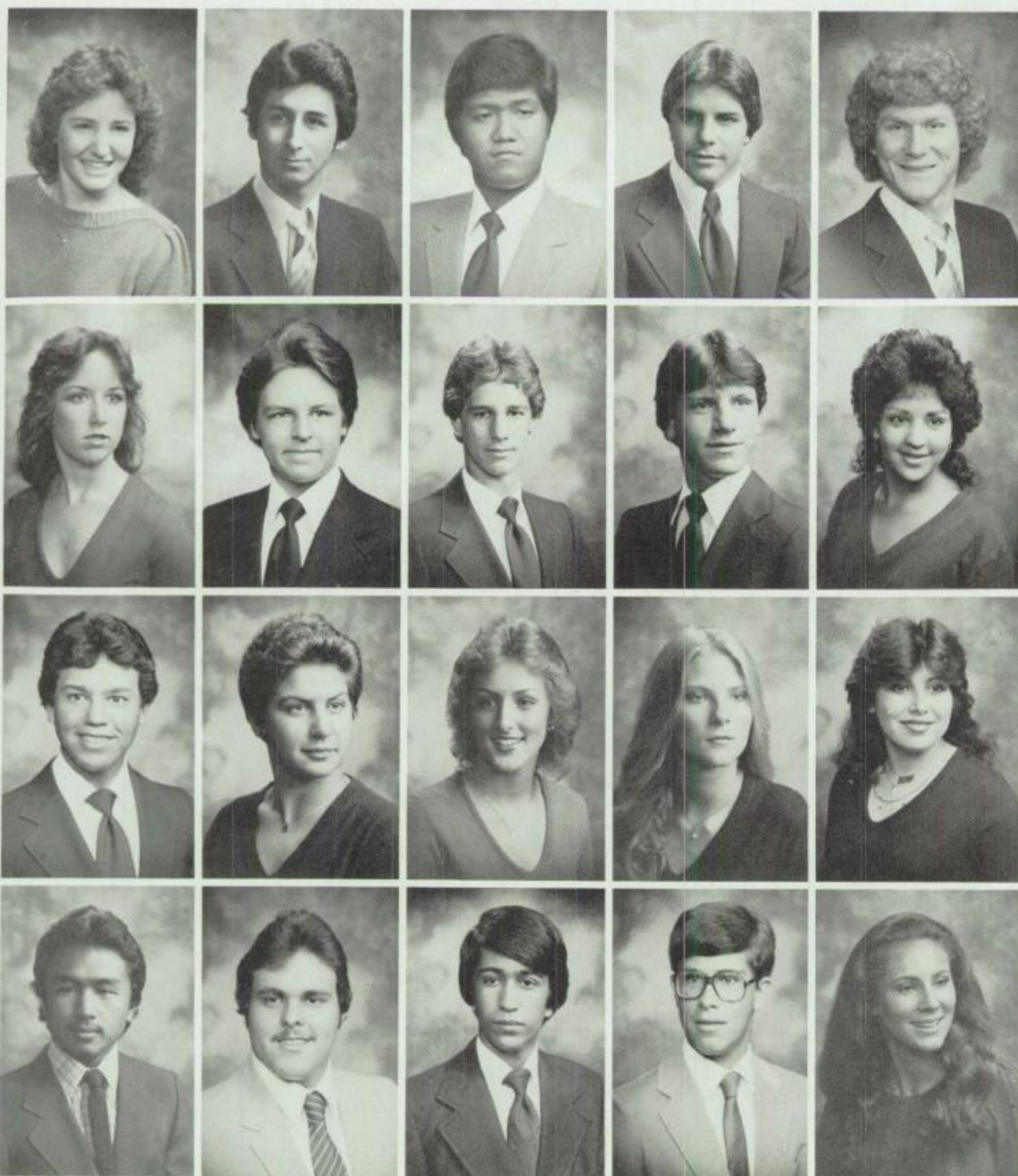
For James Miller, being accepted to the University of Pacific wasn't enough, Miller is a Cal Grant "A" recipient as well as a National Merit finalist.

## SAN LORENZO SCHOLASTIC FOUNDATION

Carl Acosta-Elizabeth Bennett-Ryan Brown-Christopher Carter-Kathy Cho-Victoria Corral-Jay DeLaney-Emily Diaz-Christopher Donovan-Gwendolyna Dovigi-Troy Fernandez-Evelyn Fernandez-Donald Forsberg-Richard Fox-Daniel Gilbrech-Kimberly Hallert-Timothy Harris-Gerald Hohn-Sherri Ingebretson-Jojo Lago-Gail Noakes-Denise Paye-Nicole Polvorosa-Gary Ramponi-Cynthia Sanchez-Denine Schmitz-Jennifer Schwartz-Marilene Williams-Leila Yassin-Gregory Yim

## BANK of AMERICA AWARDS

Kathy Cho-Applied and Fine Arts Plaque  
Evelyn Fernandez-Liberal Arts Plaque  
Christopher Carter-Art  
Rodrigo Cavazos-Lab Science  
Salvador Costilla-Music  
Daniel Gilbrech-Trades and Industrial  
Susan Kahler-Foreign Language  
Irene Manalisay-Social Sciences  
James Miller-English  
Brad Reed-Computer Sciences  
Lisa Regan-Drama  
Dean Tuazon-Mathematics  
Heidi Vandever-Home Economics  
Marilene Williams-Business



Costa, Lisa  
Costilla, Salvador  
Cruz, Bernardo  
Cunha, David  
Cunningham, Bill

Deane, Lisa  
Defer, Gary  
DeLaney, Jay  
Demers, Mark  
Diaz, Emily

Donovan, Christopher  
Dovigi, Gwendolyna  
Dyer, Sheryl  
Eisenhauer, Jennifer  
Elenes, Aime

Elpusan, Alfredo  
Escobar, David  
Faqiryan, Mahmoud  
Fernandes, Troy  
Fernandez, Evelyn



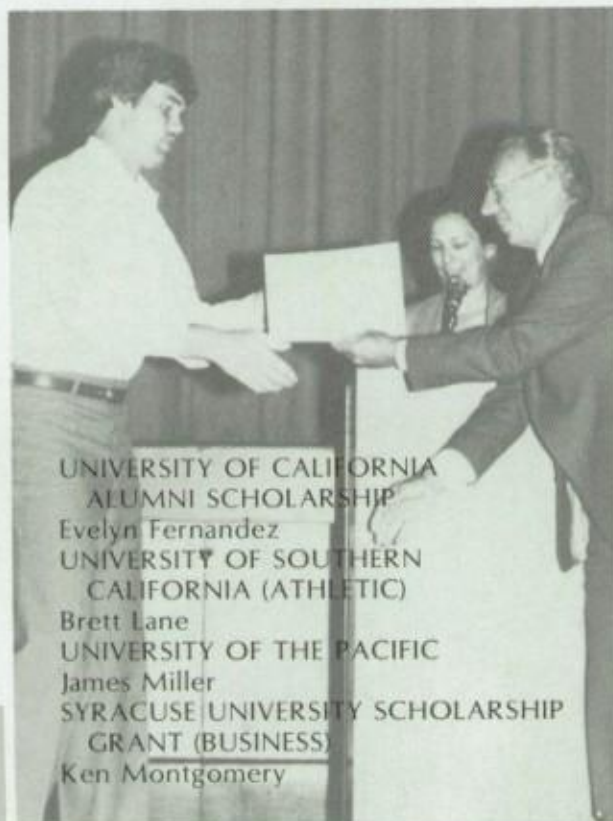




**CALIFORNIA COLLEGE OPPORTUNITY  
GRANT A**

Emily Cho  
Miguelo Elpusan  
James Miller

Dennise Paye  
Victoria Rocca  
Denine Schmitz



**UNIVERSITY OF CALIFORNIA  
ALUMNI SCHOLARSHIP**  
Evelyn Fernandez  
**UNIVERSITY OF SOUTHERN  
CALIFORNIA (ATHLETIC)**  
Brett Lane  
**UNIVERSITY OF THE PACIFIC**  
James Miller  
**SYRACUSE UNIVERSITY SCHOLARSHIP  
GRANT (BUSINESS)**  
Ken Montgomery



**Accepting her award** for Female Athlete of the Year, All-time leader in the North Coast Section in six events, Suzanne Roberts is presented the certificate from servicemen.

**Modeling a black tuxedo with tails**, Senior Al Elpusan displays formal in the Senior Fashion Show. Elpusan was one of many Arroyans to receive the Cal Grant "A."

**Receiving his certificate** for All-League in Baseball, Senior Brett Lane approaches to shake hands with Principal Roy Hanson. Lane's largest achievement was his athletic scholarship to the University of Southern California.

**After receiving their scholarships**, Seniors Greg Yim and Gail Noakes pose with Principal Roy Hanson. Yim and Noakes were the winners of the Julie A. Connell Memorial Award.

Forrester, James  
Forsberg, Donald  
Fox, Richard



Foy, Lisa  
Frates, Robert  
Frazier, Tracey





# Grads recognized for sports achievement

by Michelle Mello

Having been recognized for their outstanding accomplishments throughout the five years at Arroyo, a total of 98 awards and scholarships were presented to the recipients.

Presented as "Athlete of the Year", Suzanne Roberts and Tim Harris are All-Leaguers in several sports. Roberts was named All-League in Cross Country, Soccer, and in Track. She was also named All-North Coast in Track. Harris played football and baseball and was named All-League in both sports.

Photos by Fashinell



**Welcoming the** Class of '84 and their parents, Superintendent of Schools Dr. Al Badall praises the achievements of the Senior Class.

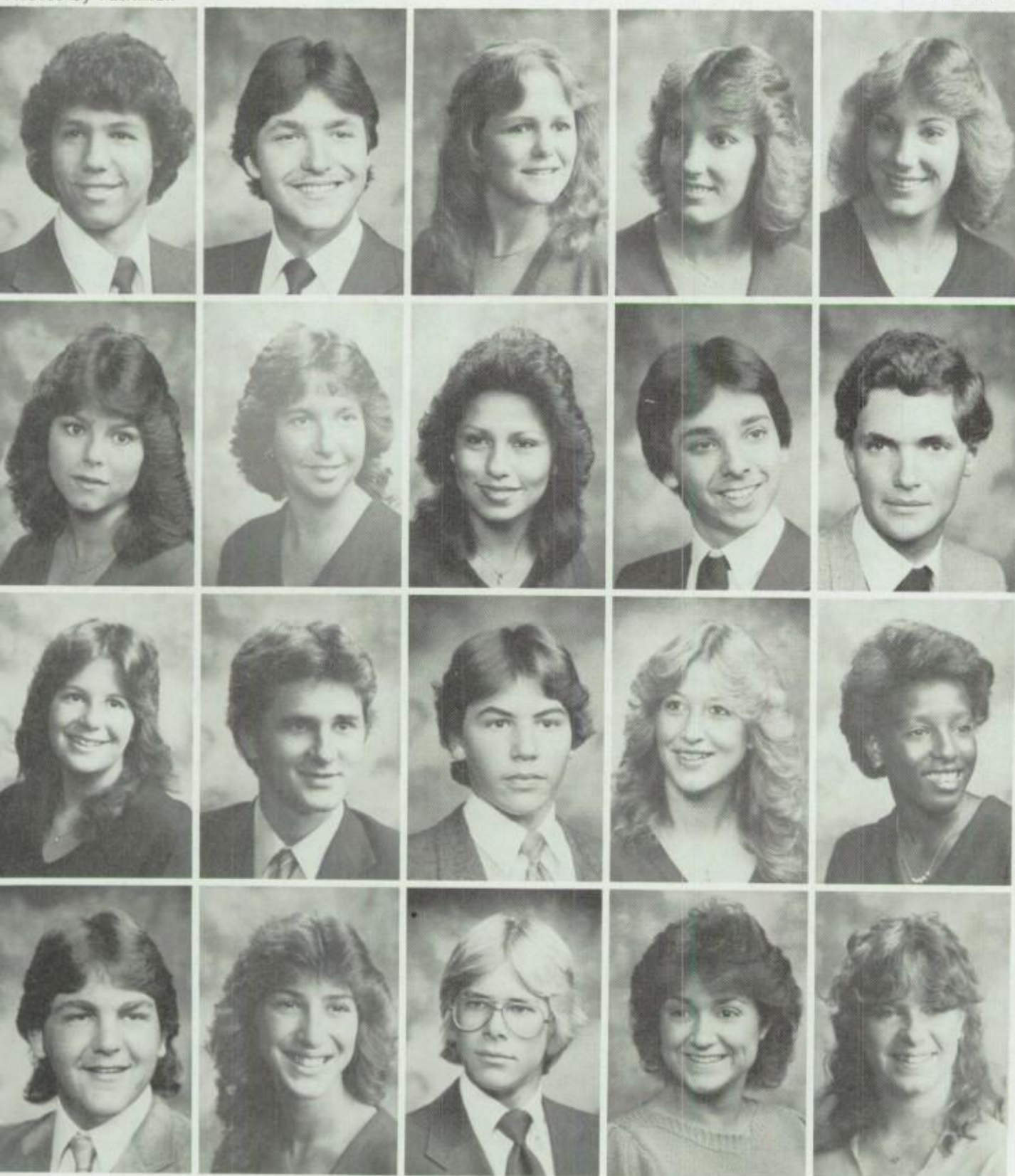


**CALIFORNIA SCHOLARSHIP FEDERATION**  
(LIFE MEMBERS)

Michael Choy  
Evelyn Fernandez  
Susan Kahler

Angela Lam  
James Miller  
Gregory Yim

**Performing in** the Senior Ball Fashion Show, National Merit Finalist Jim Miller walks the runway. Miller has also been accepted to the University of Pacific.



Freitas, Keith  
Friesen, Ronald  
Frost, Laura  
Gagnon, Suzanne  
Gagnon, Victoria

Gallagher, Catherine  
Gandsey, Tricia  
Garcia, Michelle  
Garetto, Anthony  
Garland, William

Gault, Jennifer  
Gilbrech, Daniel  
Glass, William  
Goding, Tomi  
Gragg, Juanita

Gurr, Dean  
Haak, Susan  
Hackbarth, Michael  
Halahan, Terri  
Hale, Charlotte





# Class profits \$500 on March 16 show

by Michelle Raney

Seniors looked to the past and present for the 20 acts that made up the 1984 Senior Show, held March 16 at 7:30 p.m., in the Cafetorium.

Ticket prices were \$2 pre-sale, \$3 at the door. With approximately 200 in attendance, the Senior Class made a profit of roughly \$500.

Class Advisors Donna Pinkney and Dennis Powell, along with show coordinators Sherri Stinnett and Shawney Parsons, organized the show which ran

two hours, with a 20 minute intermission for free refreshments.

Acts included scenes from such television shows as the "Newlywed Game," "Dating Game," and "Brady Bunch." Also performing were bands, such as the Go Go's, MoFoz, Switch 625, and the Uptown Girls. Demonstrating special talent was Gail Noakes who played two piano numbers. Seniors added extra entertainment with well-known commercials performed throughout the show. Master of Ceremonies for the evening was Jay DeLaney.

Judging from the laughter and clapping that came from the audience, the Senior Show was enjoyed by all attend-

ing. "It may not be nominated for an Academy Award, but it was entertaining," said Senior Paula Sanchez.

Show coordinator and Senior Sherri Stinnett expressed her feelings, "At first I worried if there would even be enough acts to make up the Senior Show. Then I worried if the acts would be good. It turned out I worried for nothing. The Class of '84 came through."

Junior Jim Lee voiced his opinion, "I was really surprised, the seniors put together a pretty funny show."

The proceeds from the very successful Senior Show went towards the Class Picnic and other activities.

Hallert, Kimberly  
Hamann, Kris  
Harbeck, Kristy  
Harrelson, Eve  
Harris, Mark



Harris, Tim  
Hatcher, Keith  
Heinrich, Kevin  
Hendrickson, Daren  
Henning, David



Hohn, Gerald  
Hom, Milton  
Homen, Glenn  
Hudson, Kathryn  
Hughes, Carole



Ingebretson, Sherri  
Jacoby, James  
Jeffery, Latyuana  
Jensen, Chris  
Jimenez, Marcela







**Performing live in concert,** Arroyo's Brady Bunch; Seniors Renee Regalmuto, Todd Lemke, Jamie Jacoby, Elizabeth Bennett, Jeff Mendoza, and Kathy Jones rehearse act.

**Rockin' out** Seniors Lisa Costa and Deanna Roloff show they've got the beat as they imitate the group, the GoGos.

**Asking a question,** Senior Jay DeLaney gets advice from Senior Sean Pierce on his acting techniques.

**After performing their own version of "New York, New York,"** Seniors Ken Montgomery, Lisa Costa, Evelyn Fernandez, and Susan Witkowski end with a spectacular finale.



Johnson, Michael  
Johnston, Jeff  
Jones, Kim



Kahler, Susan  
Kama, Sharon  
Katosh, Joe





# Commencement garb rental costs \$13.75

by Michelle Raney

January 18 brought feelings of anticipation and excitement to Arroyo's Class of '84.

Throughout the day, Seniors arrived in the Administrative Conference Room to be measured for Caps and Gowns as the dream of a June 13 graduation came much closer to reality.

"I felt happy at the thought of graduation being so close, but I also felt sad. My high school days are almost over," said Senior Terri Halahan.

Under the direction of Don Lane of

Josten's, Seniors paid \$13.75 each which entitled them to wear the gown, cap, tassel, and medallion in the commencement ceremonies. As special reminders of their graduation, Seniors were allowed to keep the cap, tassel, and medallion.

"Being measured for my cap and gown was great. I'm looking forward to graduating, but I do have mixed emotions about it. I think every Senior does," said Senior Lisa Costa.

For the second year in a row, Seniors will attend the ceremonies on Bourne Memorial Field attired in red and white, the traditional school colors.



Kennedy, Nancy  
Kiliaan, Jeanine  
Kimmel, David  
Klimas, Richard  
Knopik, Kathy



Kornfield, Mitchell  
Kugler, Lisa  
Lago, Jojo  
Lam, Angela  
Lane, Brett



Lapenias, Darlene  
LeDoux, Daniel  
Lee, Raymond  
Legakis, Julie  
Lemke, Todd



Leon, Cezar  
Leopoldo, Cheryl  
Liang, Michelle  
Lievsey, Deric  
Long, Todd







Photos By Gurr



**As graduation** comes closer in to view, Don Lane checks his figures as he measures Senior Mark Robinson.

**Listening carefully** to Don Lane of Josten's, Seniors Denine Schmitz and Irene Manalisay wait to be measured for their cap and gown.

**Thinking about** graduation, Senior Keith Toon waits patiently while Mr. Lane measures his head.

**Exchanging currency** after being measured for his cap and gown, Senior Mike Witherspoon pays his rental fee.



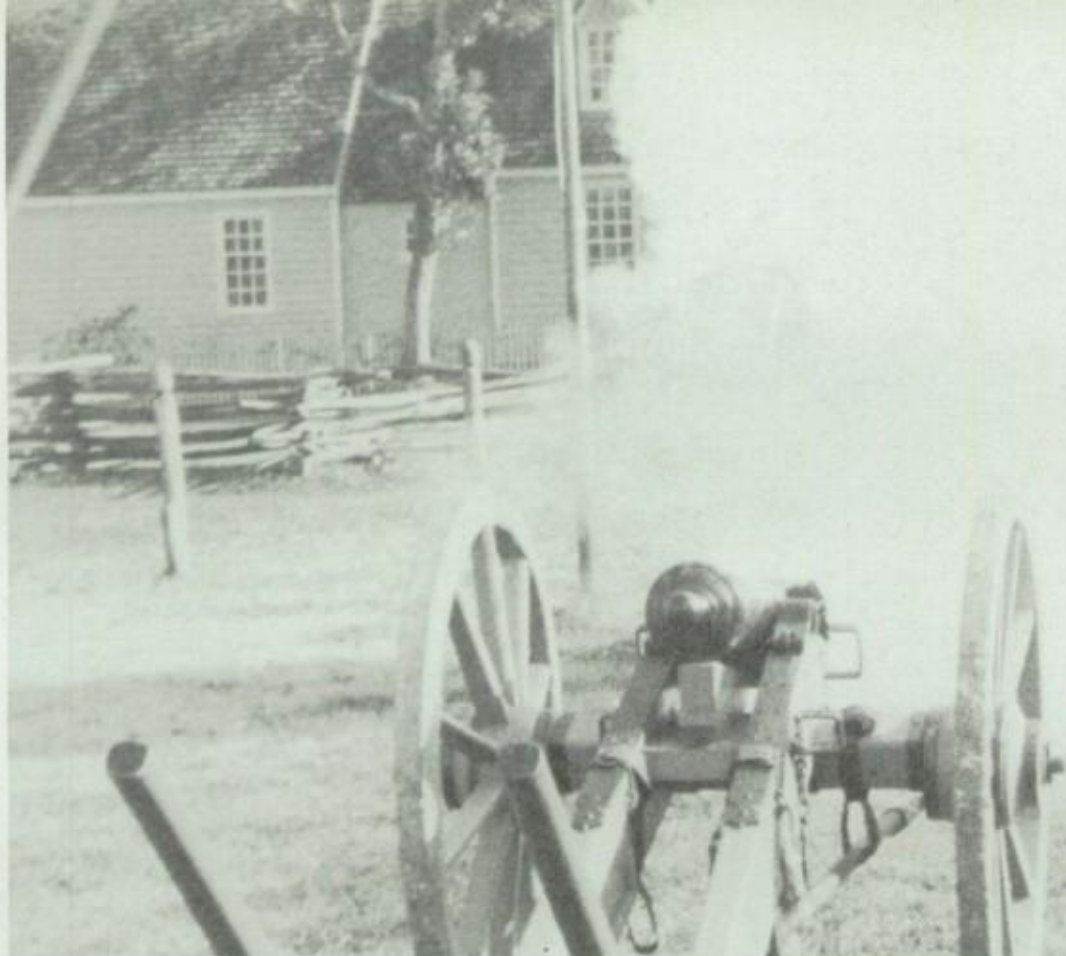
Lozano, Chris  
Lucero, Alexia  
Madeiros, Sonya



Manalisay, Irene  
Marilao, Kathy  
Marples, Paul







Photos by Anderson



Martinez, Debbie  
Martinez, Margarita  
Matheson, Keith



McGill, Mark  
McPherson, Aileen  
Mello, Jeff



**Starting off with a bang**, Close-Up members visit Williamsburg, Virginia where colonial guard demonstrates the shooting of a cannon.

**Taking time** out of their busy schedule, Senior Susan Kahler and Teacher Vicki Bissell discuss their plans for the rest of the week.

**Close-Up Participants:** Front Row: Leila Yassin, Kathy Cho, Juanita Gragg, and Miho Takarda. Second Row; Janae Anderson, Susan Kahler, Florida student Erin O'Brian, Cindy Eckinger, Susan Witkowski, and Jill Antone. Back Row; Gerry Fisher, Tracy Sterling, Lisa Costa, Sherry Bargagliotti, and Debbie Roderick.





# 13 Arroyans visit Washington monuments

by Nancy Kennedy

Deciding to take a closer look at the political machine, 13 Arroyo students accompanied by Teacher Gerry Fisher made the excursion to Washington D.C. "It was the highlight of my senior year, even though it cost a lot it was worth it," stated Close-up President Janae Anderson.

The trip, for one week at the cost of \$775, included round-trip fares, meals, and hotel accommodations at the Quality Inn in Pentagon City, five miles

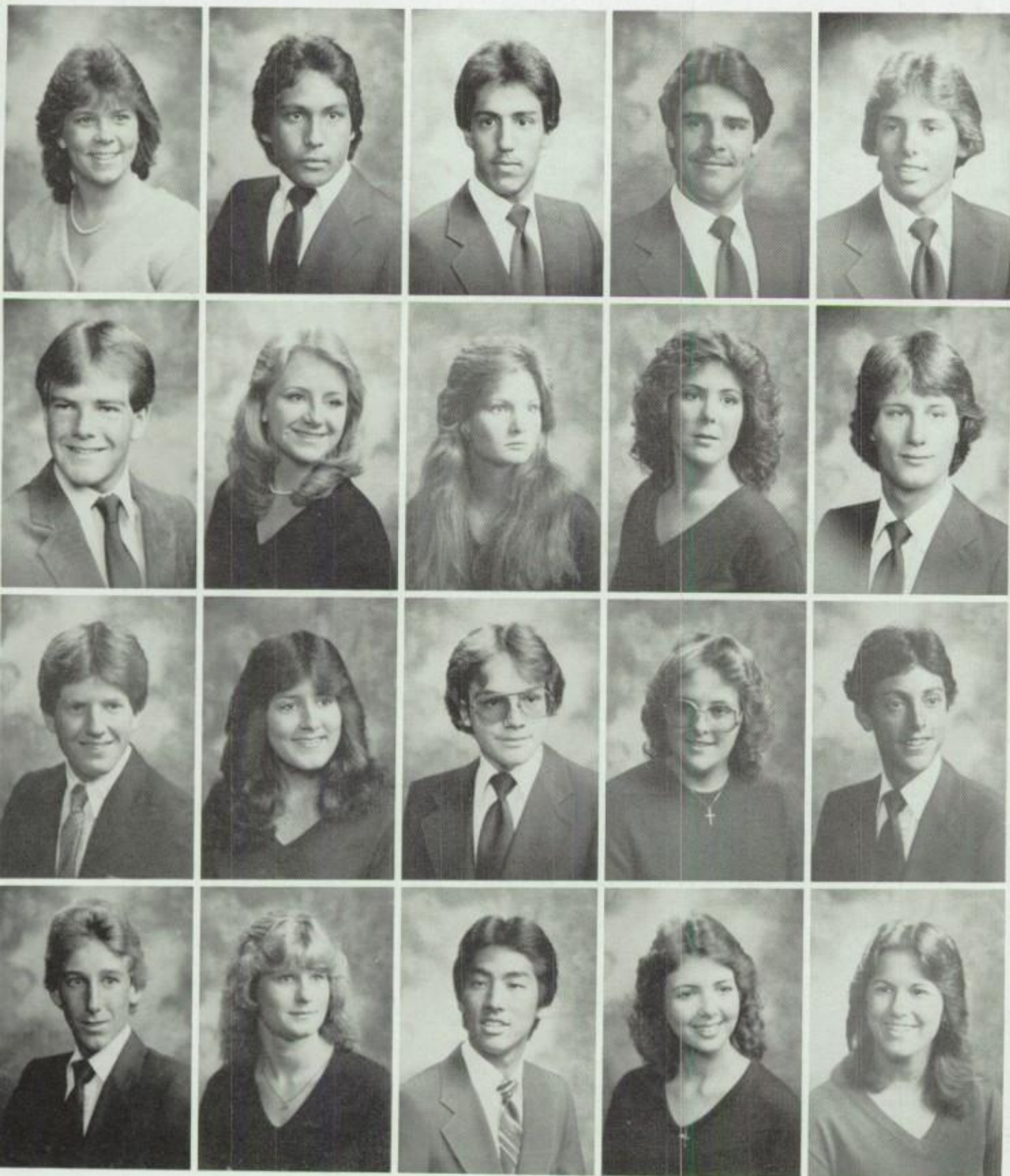
out of Washington D.C.

In the hotel rooms, there were four people per room; two of whom were from the same school and two who could have come from Florida, Georgia, or Southern California. The group went from December 11-17.

This was the tenth year Arroyo has participated in Close-up. "Students are able to interact with other students from another state, and can get a deeper understanding of how our government works," stated Government Teacher Sheila O'Connell who has participated in close-up on five different occasions.

The activities for the week consisted of seminars that focused on political, economic, or social issues. Each session was with a different speaker. Students spent a day or two on Capitol Hill where they met Congress members. To take a break from government, the students got to go to a play or show and ate in a local pizza parlor and concluded the week with a banquet and dance.

"I had a wonderful time, and it was a great experience for me. I learned a lot more about how our government is operated and who runs it. I had the time of my life," stated Senior Lisa Costa.



Mello, Michelle  
Mendiola, Michael  
Mendoza, Jeff  
Merritt, Vince  
Metz, Jeff

Miller, Jim  
Mingarelli, Brooke  
Mitchell, Kelly  
Mitchell, Kara  
Mitchell, Mark

Montgomery, Kenneth  
Montoya, Dana  
Moore, Ken  
Moore, Toni  
Moran, Mark

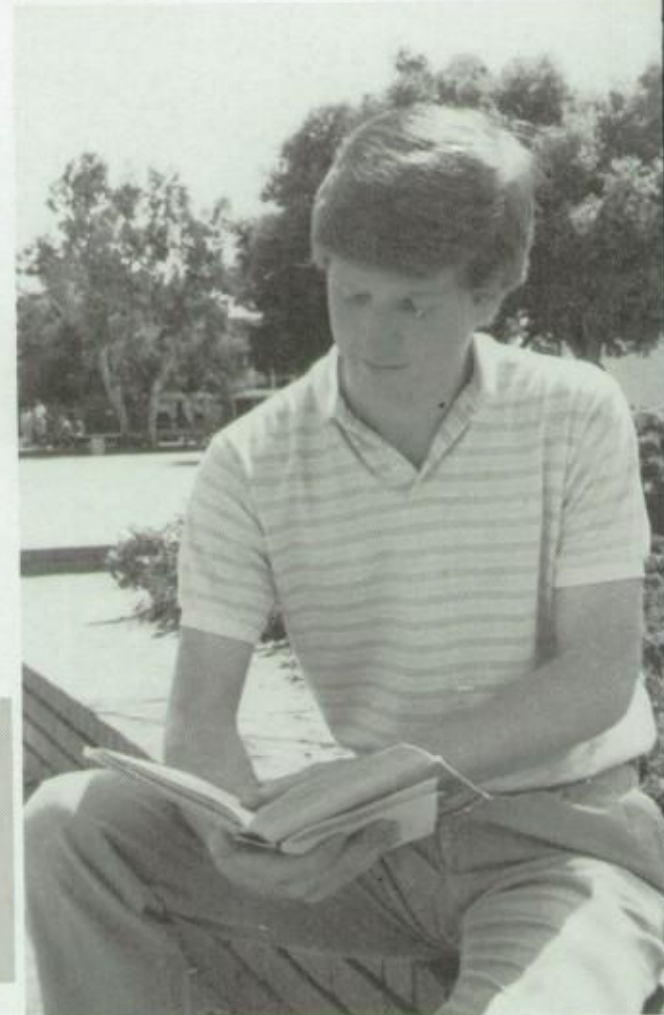
Morris, Doug  
Munoz, Sheri  
Nakashima, Craig  
Neto, Paula  
Neves, Julie







Photos by Proctor



Newell, Robert  
Noakes, Gail  
Nobriga, Ken



Nunn, Betsy  
Ogata, Arlene  
Olewinski, Gregory



**Playing wheelbarrow, "Best Personality"** Winners Staci Brose and Dave Hennings smile while thinking of a joke.

**Using up every** minute possible, Don Forsberg who was named "Contributed Most," hangs posters to publicize senior events.

**Showing off his** strength, "Most Athletic" Brett Lane holds up Suzanne Roberts as if she were a football or a weight set.

**Making use of** his valuable time, "Most Likely to Succeed" Ken Montgomery studies all he can for his physics class.





# Only 92 vote to select class favorites

by Michelle Mello

"I was surprised that only 92 Seniors voted for the 1984 Senior Class Favorites. Students usually can't wait to vote for the person from each category," stated Senior Class President Ken Montgomery about the number of voters.

Montgomery also added, "The purpose of the Senior Favorites as primarily just a tradition being carried on."

Unlike the previous means of announcing the favorites at the Senior Ball, the results were announced dur-

ing March on campus.

"I wish they saved the results for the Senior Ball, so there would be something to look forward to," commented Senior Class Secretary Lisa Costa. "It's more exciting to hear the winners at the Ball."

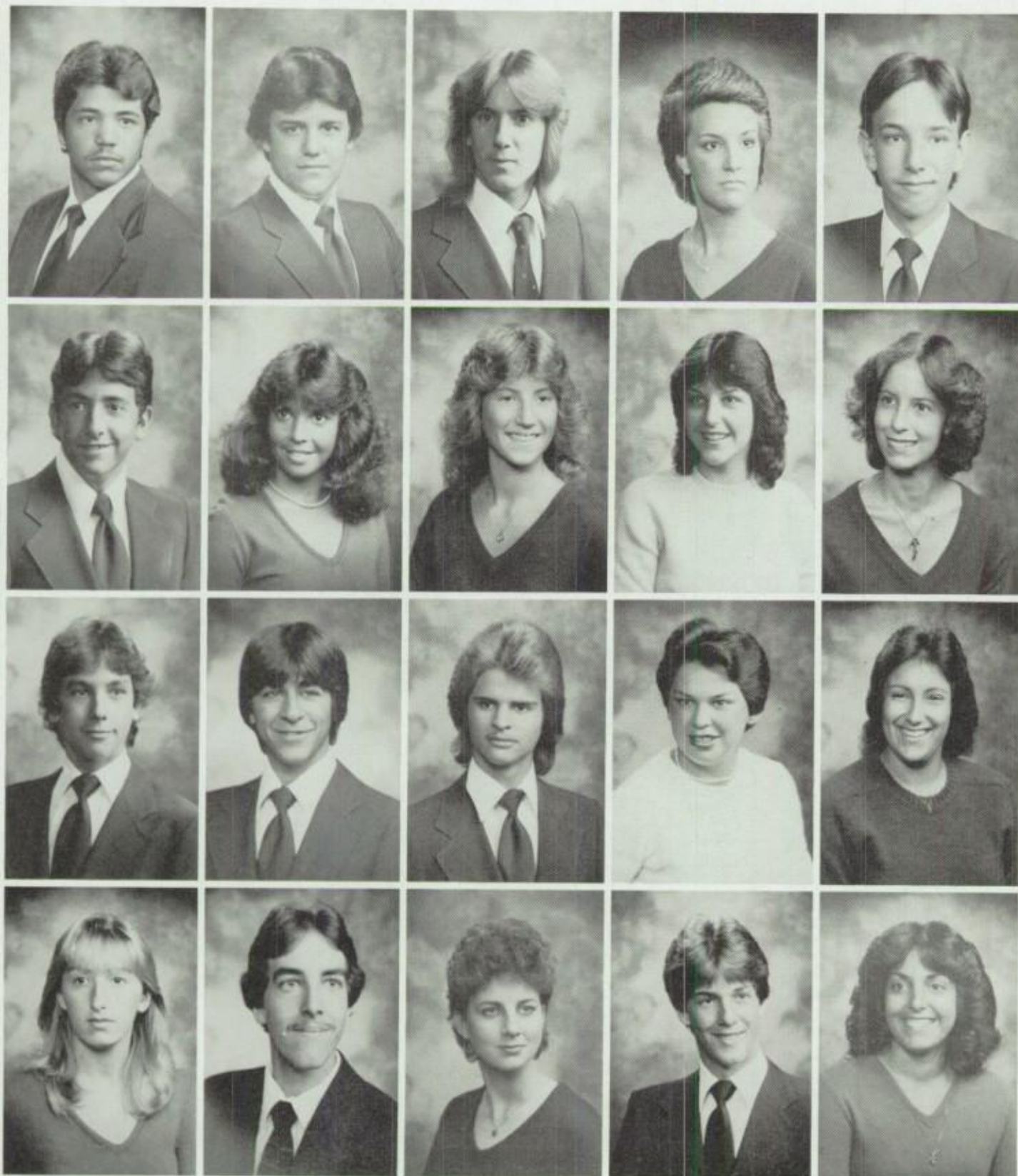
Another change took place was the voting procedure. During a class meeting, students nominated people for each category. The rest of the Seniors voted from the list of nominations. Students were expected to vote on their free time in the Student Government office.

Winners of the five main categories were "Most Likely to Succeed," Evelyn Fernandez and Ken Montgomery;

"Most Athletic," Suzanne Roberts and Brett Lane; "Contributed Most", Evelyn Fernandez and Don Forsberg; "Best Personality," Staci Brose and Dave Hennings; and "Most Spirited," Vicki Corral and Joe Olivera.

"It seems as though the merger of the two schools finally showed up through the results of the winners. I felt as a part of the Class after the selection of the favorites," confessed Winner Vicki Corral.

Senior Vince Merritt, who was voted "Biggest Flirt", "It was an embarrassing award to win, especially when a girlfriend sees it in the book. I think the categories should be changed into new and different ones".



Oliveira, Jose  
Orlowski, Ed  
Oyarzo, Benjamin  
Pacheco, Karen  
Pacheco, Peter

Paine, Tim  
Parsons, Shawney  
Partridge, Janet  
Pavlic, Rhonda  
Paye, Denise

Penning, Don  
Pestana, Rick  
Pierce, Sean  
Pimintel, Bridget  
Polvorosa, Nicole

Ponzo, Charlene  
Proctor, Bryan  
Protto, Kim  
Pryfogle, Mark  
Quintana, Patty





# New fashions revealed for '84 Senior Ball

by Lisa Duncan

One of the most anticipated events for seniors is the Senior Ball. So the second annual Senior Ball Fashion Show was held in Arroyo's Cafetorium Thursday, March 1, to let the students and parents have a look at the latest styles in formal wear.

There were a total of 32 models and 18 escorts who participated in the show. All models were members of the **Gazette** and **Arroyan** staffs, and students in beginning journalism courses.

"It was an interesting and fun experience for me. I think anyone who gets an opportunity to try modeling, should!" stated Model Darlene Lapenias.

All formal dresses were donated by Brides n' Belles and Holiday Bridal, located in San Leandro, from the clothes Barn, located in Hayward, and Kay's Bridal Shoppe in Castro Valley. The tuxedos were donated by Gingiss and Selix located in Hayward and from Smiths in San Leandro, and Tuxedo King in Newark.

The coordination of the show was

Photos by Fashinell

done by Students Darlene Lapenias and Brooke Mingarelli. Supervision was led by Mary Lou Barros, Kathy Dezotte, Patricia Karrick, Richard Lloyd, Pam Ne-deau, and Jack Wilber.

Aporiximately 400 attended this fund raiser and a profit of over \$500 was made. The funds were used to go towards the Journalism Education Association Convention held in Phoenix, Arizona.

Racette, Stacey  
Ramos, Gaudalupe  
Ramponi, Gary



Raney, Michelle  
Rantz, Steven  
Raum, Ingebord



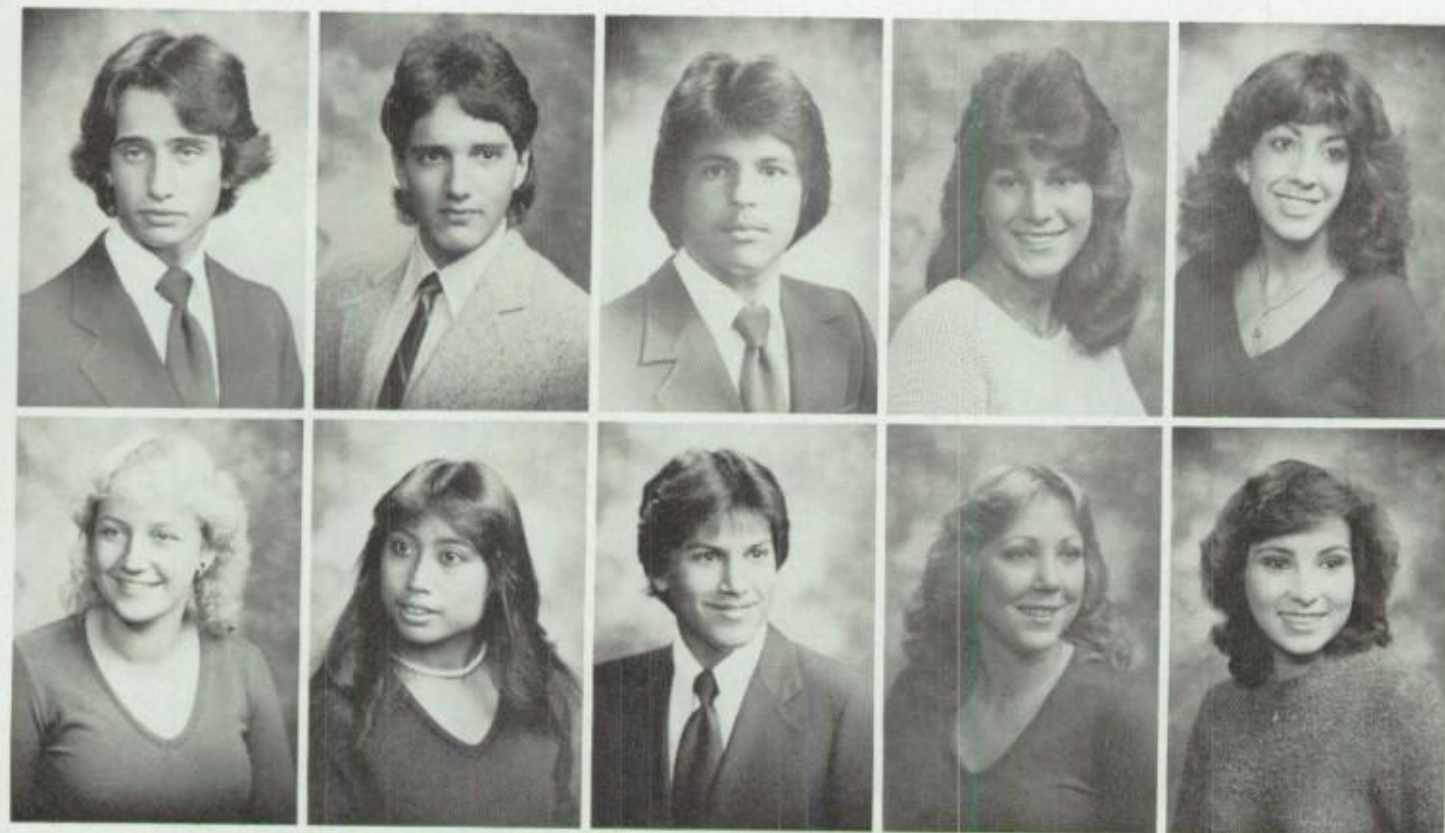
Reason, Laurie  
Reed, Bradley  
Regalmuto, Rene  
Regan, Lisa  
Rennie, Matthew



Repose, Mark  
Reyes, Deborah  
Reyes, Joseph  
Richardson, Patricia  
Roberts, Suzanne







Robertson, Keith  
Robinson, Mark  
Robinson, Michael  
Rocca, Vicky  
Rodrigues, Kimberley

Roloff, Deanna  
Rosalla, Salome  
Salcedo, Ricardo  
Sanchez, Cynthia  
Sanchez, Mary



**Walking down the runway**, Junior Denise Renquist wears a cherry red chiffon evening gown and is escorted by Junior Michael Fitzgerald in a tuxedo from Smiths.

**Displaying their elegant** fashion wear at the Senior Fashion Show, Seniors Tim Harris and Elizabeth Bennett give each other a loving and romantic kiss.

**Stepping out after** the show, Paula Neto, John Aguilera, Evelyn Rodriguez, Mark Pryfogle, Darlene Lapenias, Al Elpusan, Jeanine Killaan, and Ken Barros to receive another round of applause.



Photos by Fashinell



Sanchez, Paula  
Santos, Stacy  
Sargent, Gina

Scallon, James  
Schmitz, Denine  
Schneider, James





# 'Family Feud' Game awards Seniors \$40

by Michelle Mello

"For being the first "Family Feud game, I feel that everything ran smooth and everyone who participated had a lot of fun," commented Senior Class President Ken Montgomery.

This event had a turnout of 80 people, including faculty and students. Montgomery felt the amount of people who came was "pretty good" since it was the first event of this nature and the "event wasn't publicized early

enough".

Winning a total of \$40, the Seniors had to take three games to come in first place. Second place winners, who had a very close score to the Seniors, were the faculty members. Juniors trailed in third place with the Sophomores behind them in fourth. Freshmen finished in fifth place, and the Eighth Graders were eager to win, but placed last.

Activities Director Jack Hunt felt that the game was a "new idea for students to build enthusiasm and for class competition."

Leadership Class was able to profit the remaining \$40 from admissions.

Half of what was made at the door was the amount the Seniors won, and the other half was kept by Leadership who sponsored this event. The game was held in the cafeteria September 28.

First of all, the teams were chosen by drawing five names from each class. Two teams played at a time. Montgomery, who played host, asked each team questions and the team who answered the questions correctly, won points. Questions varied from, "What is your favorite food on campus?" to "What is the most common name on campus?"

"I hope this event can be done again," added Montgomery.



Photo by Fashinell



Photo by Fashinell

Schwarz, Jenny  
Scott, Karen  
Serrano, Martha



Shadrick, Ana  
Shelton, Kelly  
Shubert, Shawn



**Responding joyfully** to Feud Organizer Ken Montgomery, Freshmen Lorrie Steiner and Susan Schwarz prepares to give the answers.

**Listening intently** to a contestant's answer, Junior Class President Debbie Roderick prepares to show the next result.

**After flipping** on the light switch, Eighth Grader Steven Hartwig answers a question given by "Ken 'Richard Dawson' Montgomery."







Silveira, Michael  
Silveira, Margaret  
Siroy, Leonard  
Sisneros, John  
Smith, Juanita



Smith, Shelly  
Sparrow, Julie  
Stagnaro, David  
Stefani, Todd  
Stewart, Gregor

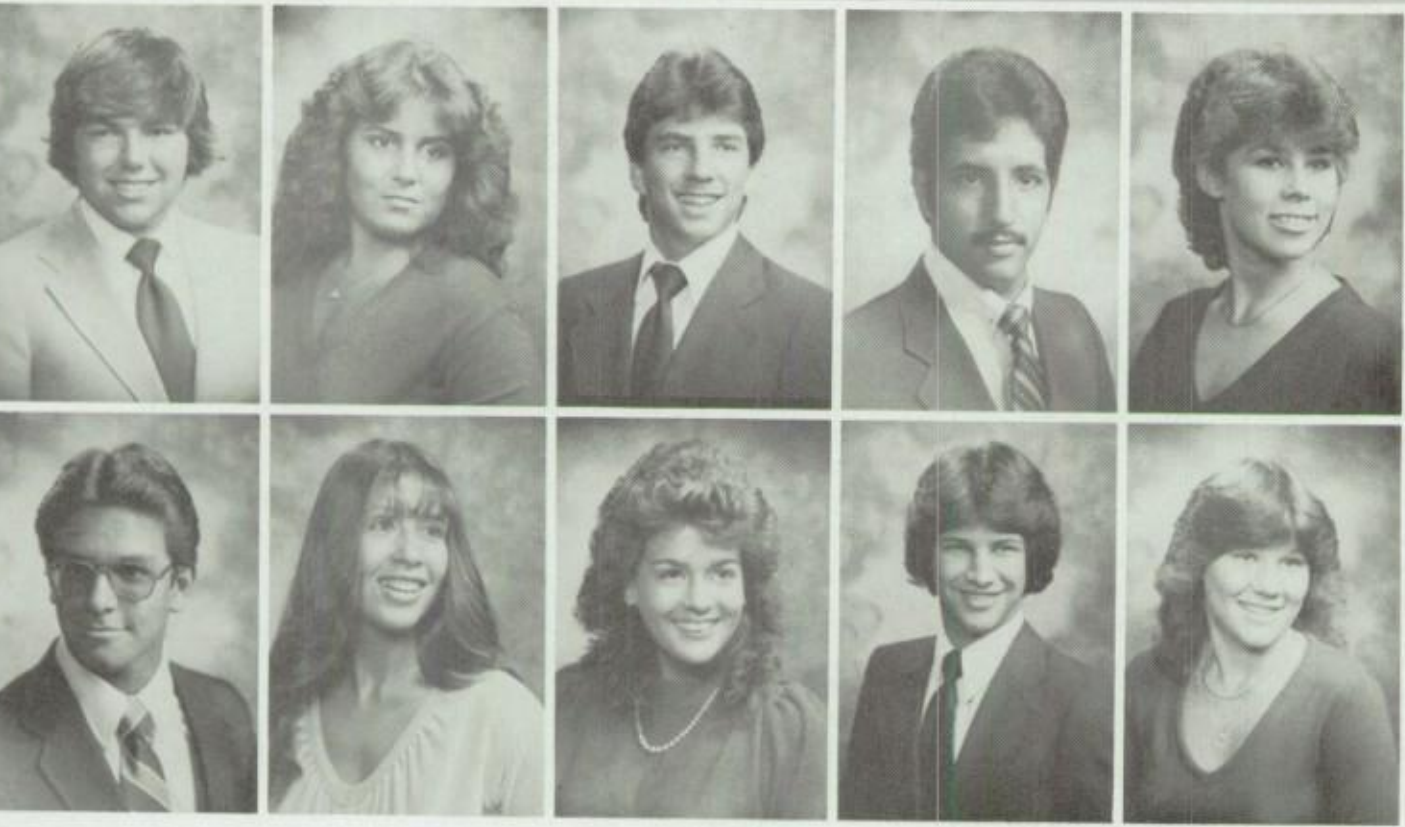


Photo by Fashinell



Stewart, Glenn  
Stinnett, Sheri  
Stone, Richard

Stoner, Robert  
Stratton, Linda  
Strom, Kevin



Stuart, John  
Sudar, Michelle  
Sullivan, Chris  
Swall, Stephan  
Tagliapietra, Dawn

Talley, Michael  
Tamala, Sharilyn  
Tanner, Meri  
Teixeira, Arnold  
Tilton, Tammy





# Rally squad averages third in competition

by Nancy Kennedy

After long hours of practice and a lot of hard work, the Rally Squad competed in three Bary Area events and averaged a third place finish for their efforts.

Practicing three to four hours daily, six days a week, the Squad was advised by Instructors Kim Hardester, Ellie Telesco, and Veronica Binder.

The first competition was held at Yg-

nacio Valley High School. "It was our funnest (sic) competition. We were all very nervous watching the other schools, but we did great," stated Cheerleader Stacy Brose.

The Squad's second event was held at Mission San Jose High School. "Eventhough we didn't win, we still had a lot of fun. It was our toughest competition. The songgirls were very pleased with the outcome of the event because they defeated Hayward High and tied with Moreau," stated Brose.

The final competition was held at Mt. Eden High School. "We just went out and had fun and did our best," stated

Cheerleader Deanna Roloff.

All of the hard work paid off, as the squad's received a third place at the Omega competition.

"I think competition is the best time of the year. It really draws everyone closer together and makes us more united. I guess you could say we're more of a family during this time of the year," said Songgirl Katy Hudson.

"We put a lot of hours of practice all year long, but we were really never close until competition came. All of the excitement of competing brought us closer together," said Rally Squad member Roloff.

Toivonen, Mika  
Toon, Keith  
Torrao, Kimberly



Trujillo, Andrea  
Tuazon, Darwin  
Valente, Virginia



Vales, Timothy  
Vanderheiden, Nancy  
Vandever, Heidi  
VanHeurck, David  
Vidaurre, Vicki



Walters, Edgar  
Williams, Missy  
Williams, Randy  
Wilson, Ron  
Witherspoon, Michael







Photos by Frates



**Cheering enthusiastically,** Songgirls Shawney Parsons, Vicky Corral, Deanna Hill, Paula Neto, and Theresa Yim form an A to show the spirit of Arroyo.

**Showing off** for the judges, Cheerleaders Juanita Gragg and Stacey Racette try a dangerous position to score points.

**Looking at** the judges in concern, Junior Deanna Hill waits patiently for their decision.

**Having a good time,** Junior Deanna Hill, Senior Juanita Gragg, and Junior Susan Holmes compete in a Bay Area competition.



Witkowski, Susan  
Wong, Randy  
Wright, Michelle



Wurm, Jill  
Yassin, Leila  
Yim, Gregory



Yuzon, Emmanuel  
Zoggas, Deana  
Zoggas, Gina





Abbott, Sean  
 Acevedo, Eddy  
 Adams, Sherri  
 Agrella, Kevin  
 Aguilar, Danny  
 Aguilera, John



Alarcon, Lidia  
 Alcaraz, Alex  
 Altomare, Denise  
 Amaral, Ross  
 Anderson, Rebecca  
 Anguiano, Javier



Antone, Tim  
 Aranda, Robert  
 Arionus, Lance  
 Arrowsmith, Shauna  
 Ausmus, Melissa  
 Autin, Alaina



Balandra, Bob  
 Barajas, Beto  
 Bargagliotti, Sherry  
 Barrett, Dawn  
 Barros, Ken  
 Barton, Mary



Bauer, Duan  
 Becerra, Lori  
 Beeman, Rachel  
 Bennett, Ken  
 Berg, Beth  
 Berrios, Jose



Bertaud, Erik  
 Binder, Veronica  
 Blank, Jon  
 Blevins, Michelle  
 Borges, Kevin  
 Bourne, Gianna



Boyce, Beverly  
 Breilein, Brad  
 Bricker, Dennis  
 Broughton, Ann  
 Brown, Dawnette  
 Bunker, Dave





# Juniors help Roderick in return of prom

**Junior Class Council:** Vice President Dyan Dezotte, President Debbie Roderick, and Treasurer Pam Crooke.

Photo by Fashinell

**Pulling up her sleeve,** Junior Susan Holmes decides which is the best way to mount a stubborn donkey while Junior Ted Parham and Sophomore Michelle Smith watch.



Photo by Gurr



by Michelle Mello

For the first time in years and in return to tradition, the juniors were able to have a Prom. The event turned out to be successful and the largest money maker for their funds.

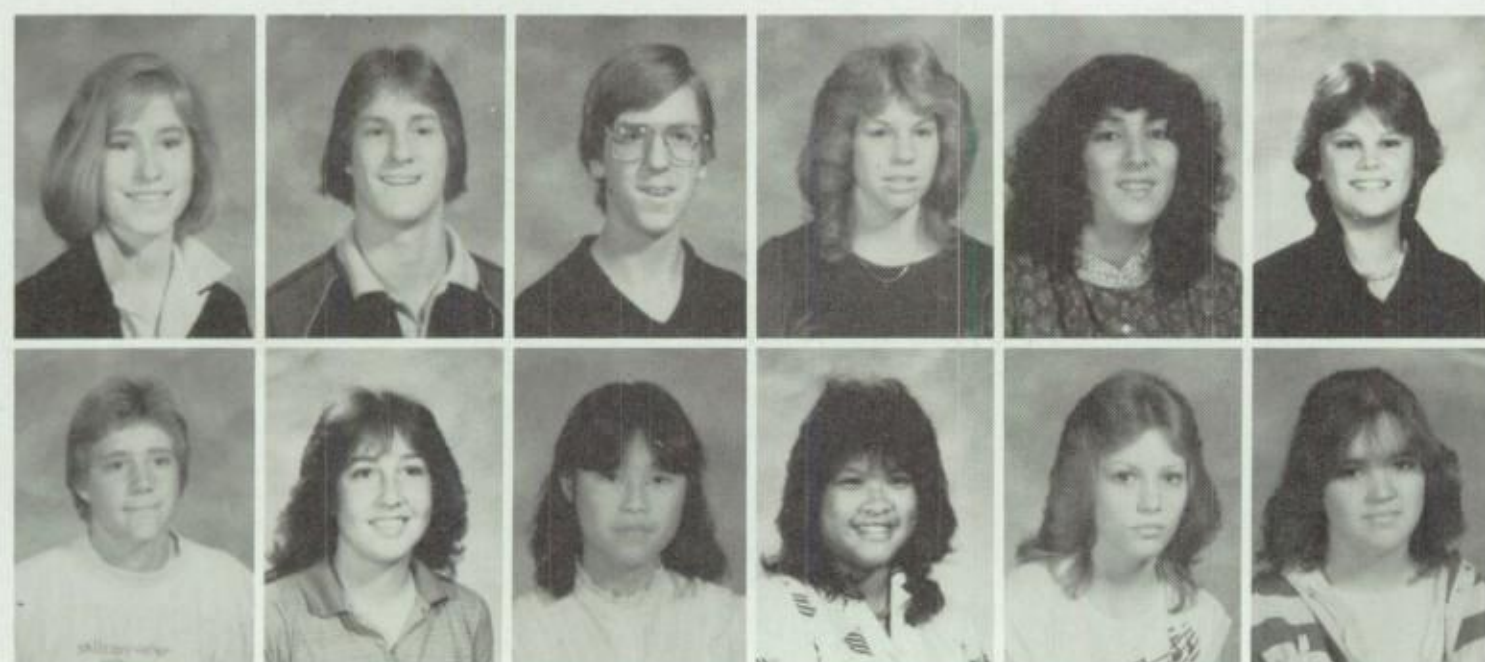
Junior Class President Debbie Roderick stated, "I didn't plan on having this event as our major fundraiser. I just wanted the class to have a special occasion just for them as a reward for all the help they contributed."

The Class of 1985 finally had the Junior Prom approved by the administration. It was held April 6 in the Gymnasium.

Officers included Roderick, Vice-President Dyan Dezotte, Secretary Laura Luehmann, and Treasurer Pam Crooke. French Teacher Suzanne Fogg was the only advisor as opposed to the other classes which had two.

The Juniors were well off in their finances. They started the school year with an outstanding total of \$5,000 and ended up with a remarkable \$6,500. Other fundraisers, besides the Junior Prom, included a Mexican stand at Day-in-the-Park, a rollerskating party, \$100 grocery gift certificate drawing, gift checkbooks sale, 25-cent-a-spoon dinner, a pizza night, a flowergram sale, bakesales, carwashes, and other various drawings.

"Our class is a lot of fun to work with because they have creative ideas, they help out with everything, and they're a good group of people," stated Roderick, who served her class for the fourth year as president.



Burton, Lisa  
Cameron, Bruce  
Campbell, Dave  
Cardana, Sandy  
Cardera, Traci  
Carter, Corinne

Casuga, Bob  
Catano, Kim  
Chang, Pamela  
Chinn, Deeann  
Choate, Tammie  
Christensen, Tina





# Bike Club plans for summer grand finale to Yosemite National Park

Photos by D'Augelli

by Todd Long

Mother Nature's Weather man played a big part in clubs like the Bike Club.

Weather meant the difference between an excellent trip to remember or a miserable day for a ride. Sometimes good weather was a priceless virtue, and bad weather meant a canceled trip and a disappointment.

"Last year we were plagued with a streak of bad weather, but this year Mother Nature was nice to us. We had to cancel only one trip this year due to bad weather," stated Bike Club Advisor Michael D'Augelli.

"The Bike Club paid for the trips with fundraisers which included the usual gift check book sale, "which always helps us out a lot," and a car wash, said the advisor. "The car wash turned out to be very profitable for us too. We were given a ten per cent discount from Ross Bike Shop, for everyone of the bike club members. The owner just happened to stop by," stated D'Augelli.

At press time, D'Augelli stated that the Club has two more big trips planned; one to Santa Cruz, down Highway 1, and the Grand finale to Yosemite this summer. It was planned to be a two-week trip starting June 15 and ending June 27.

"I just hope that everyone can make the trip," commented D'Augelli.

After the long trip to Point Reyes, Bike Club Members David Salazar and Ryan Combs still find enough energy to walk up the stairs to the lighthouse for a spectacular view of the ocean.

**Arroyo Bike Club:** Front Row: Scott Pristas, David Salazar, and Erik Hove. Back Row; Donald MacDonald, Joe Watson, Jeff Haskins, Petri Toivonen, Ryan Combs, and Ken Chambless.



Photos by D'Augelli



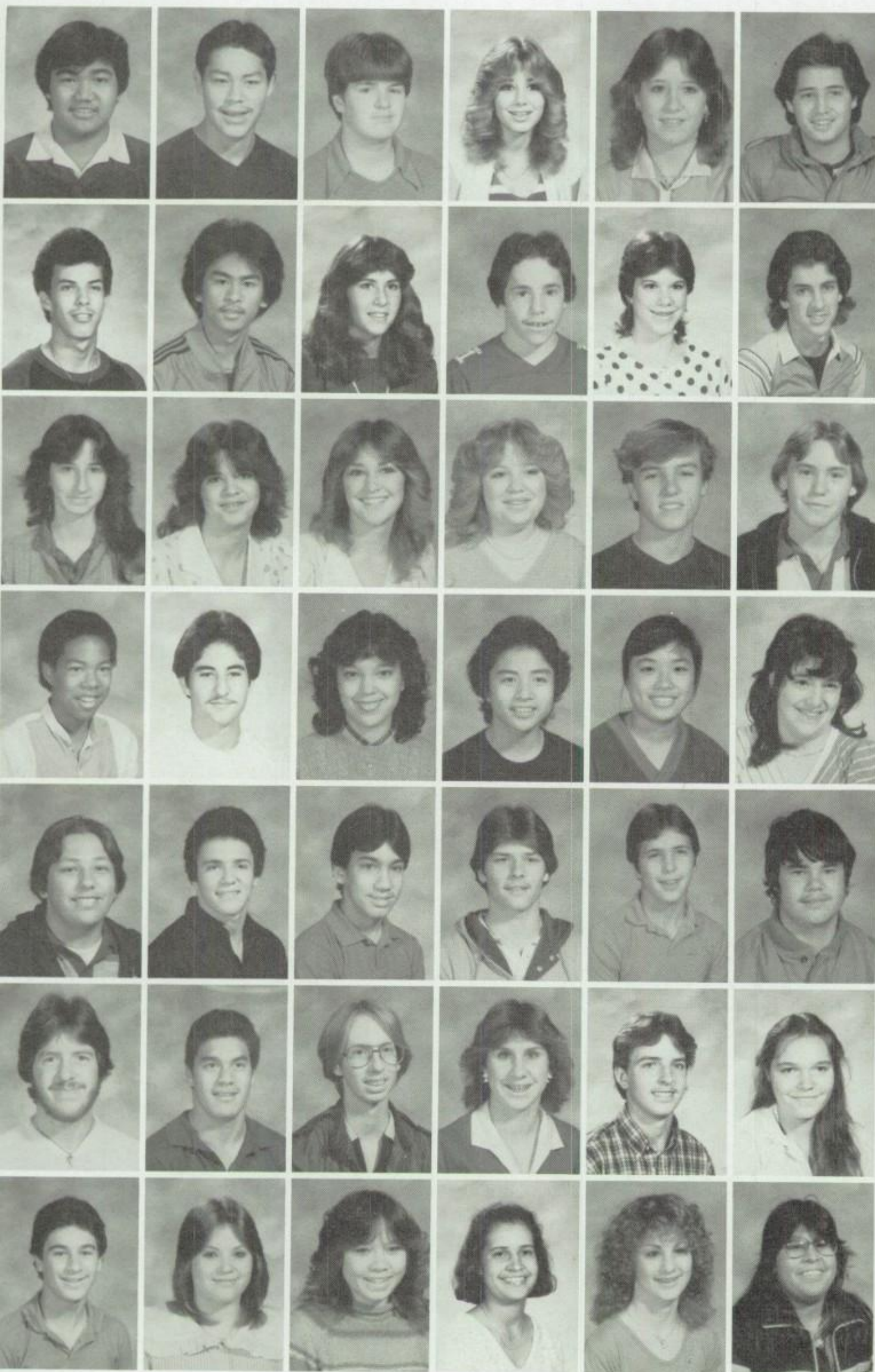
Cirimele, Angela  
Clark, Julie  
Clarke, Janel  
Clegg, Barbara  
Clememti, Paul  
Coker, Lori



Combs, Greg  
Connelly, Karen  
Corley, Jackie  
Croll, Mark  
Crooke, Pamela  
Cruz, Brenda







Cruz, Joseph  
Cuevas, Jose  
Daly, Neil  
Damerai, Tami  
Davis, Jean  
Delgado, Dave

DeLima, Bobby  
DeLuna, Rolly  
Dezotte, Dyan  
Dixon, Dan  
Dlugosh, Chris  
Dolin, Mark

Drew, Andrea  
Duncan, Kristy  
Duncan, Lisa  
Dupree, Serena  
Durning, Brent  
Dutton, Chad

Early, Gordon  
Easley, Jim  
Eckinger, Cindi  
Elpusan, Ray  
Endonila, Maria  
Enea, Donna

Fernandez, David  
Fernandez, Ozzie  
Ferreira, Scott  
Fitzgerald, Michael  
Flanders, KC  
Flemin, Robert

Fletcher, Robert  
Flores, Ron  
Fobroy, Brian  
Forsberg, Jill  
Frame, Dennis  
Freeman, Marci

Ganem, Darrin  
Gantt, Sherry  
Geick, Clea  
Geine, Katherine  
Gomes, Gail  
Gonzales, Denise





Gonzalez, Raul  
Green, David  
Griffin, Doug  
Gutierrez, Evyn  
Hacker, Jerry  
Hall, Marie



Harpole, Patty  
Heiman, Chad  
Hemenway, Brian  
Henderson, Renee  
Hendricks, Tamara  
Hernandez, Matt



Hickman, Darlaine  
Hicks, Tim  
Hill, Deanna  
Hitchcock, Adam  
Hocker, Joe  
Hoeber, Kim



Hoffman, Bridget  
Hoffmann, Tanny  
Holgate, Greg  
Holmes, Susan  
Howard, Anna  
Hunt, Suzanne



Ip, Philip  
Jarrett, Tom  
Jeong, Lisa  
Jew, Sharon  
Johnson, Mike  
Johnson, Ronnie



Judd, Trevor  
Kama, Gloria  
Kaser, Steve  
Kaye, Danny  
Kaylor, Kathi  
Kelley, Denise



Kelly, John  
Kelsey, Leslie  
Keown, Bobby  
Kim, Peter  
Koehn, Danny  
Koleada, Lisa





# Students sacrifice social lives to work part-time for extra money

Preparing a large combination pizza, Seniors Mark Pryfogle, Bob Frates, and Sophomore Dan Pryfogle joke around as they admire their masterpiece.



by John Aguilera

No matter how tough or how bad the job was, Arroyans still kept working.

The thing students wanted most out of a job was money; to buy clothes, food, gas, or have fun. It also meant having the look of a person who had responsibility and enthusiasm.

"I didn't want to be dependent on my mom. I want to earn my own money and support myself," stated Student Body Vice-President Mickey Potts.

Most students don't have to work for a living, but if they enjoyed having extra money, a job was necessary.

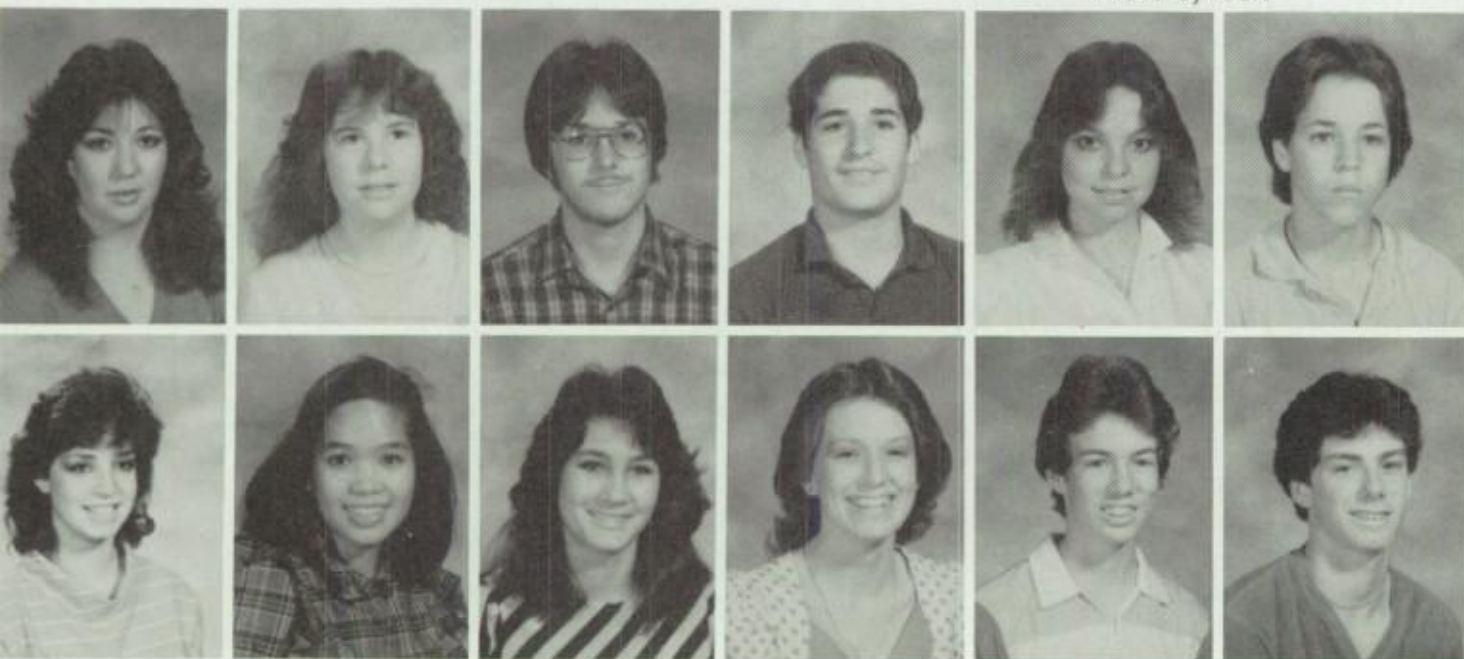
"It's not worth it at all, but the money pays off," stated **Gazette** Editor Mark Pryfogle. "I've found it is very difficult to study, but somehow I have kept up."

Another reason students worked was for the experience and benefits that the job provided in the long run.

"Working has helped me learn valuable lessons in everyday life and situations pertaining to school," stated Senior Class President Ken Montgomery. "Also it has been a lot of fun because I've been able to make a lot of new friends and I've had to learn to deal with a lot of people."

Students felt school was more important, but they also felt that they were able to handle both school and working. Working and going to school certainly interfered with a student's academics and social life.

Photo by Gurr



Kral, Lisa  
Krause, Cheryl  
Krstulovich, Tony  
Kurtz, Len  
LaFleur, Laura  
Landreth, Phil

Larison, Lisa  
LaRosa, Cecilia  
Lavine, Lisa  
Layne, Diane  
Lazarus, Devon  
Ledda, Frank





# Center assists students' plan for future

by Susan Brokke

The career department at Arroyo High School has come a long way. Since 1975 when it first began, the department has accumulated much information concerning career opportunities.

Career Center Technician Barbara White has done much research on college information to help students prepare themselves for the business world ahead.

When the career center first started, it was run by parent volunteers. It became too confusing, and the department decided to hire one technician to carry out the responsibilities of the center. White is employed not by the school district, but by the R.O.P. program. She keeps all information up-to-date by contacting different colleges and businesses. She also helps out with the job research of the career decisions classes.

Teachers Ken Weissenborn, and Mary Camezon, were the instructors of the class which lasted one quarter and was designed to make students aware of the procedures in getting a job. The students are given a GAT B test to find out what skills they have for a particular career. They are also taught how to write a resume and how to act during an interview.

With a lot of hard work from him, and with the cooperation of parents, the career center became a great opportunity for students.

Instructing his career decisions class, Teacher Ken Weissenborn explains the importance of choosing the right career. The career programs guide the students toward the career for which

they are best skilled. Although the course is only one quarter long, it helps students learn the correct procedures of choosing their career, and getting the job.



Photo by Takeda

Lee, Dora  
Lee, Kent  
Lee, Jim  
Lenz, Dawna  
Leon, Lee  
Levesque, Susan



Lewis, Lamont  
Lim, Norman  
Lin, Dorothy  
Long, Dianna  
Looney, Erin  
Lopez, Diana







Love, Barry  
Lovell, Steve  
Lucia, Sharleen  
Luehmann, Laura  
Lutle, Cindy  
Macapagal, Ruperto



Mahoney, Sean  
Maldonado, Gabe  
Manstrom, Debbie  
Markette, Dino  
Marples, Mark  
Marquez, Florante



Mason, Leslie  
McKenna, Maggie  
McLearen, Michelle  
McNiel, Nick  
McPherson, Aileen  
Medeiros, Tracy



Melton, Rebecca  
Merino, Sylvia  
Mitry, Sandra  
Mojarro, Angie  
Moniz, Mary  
Montaine, Adrienne



Moser, Laurie  
Moser, Sandy  
Mrak, Steve  
Mulock, Glen  
Musumeci, Jim  
Napoli, Gianni



Nguyen, Minh  
Nichols, Dan  
Nicoletti, Sandra  
Nuchols, John  
O'Malley, Casey  
Ong, Todd



Ortega, Karen  
Padilla, Michael  
Pagni, Doreen  
Parham, Ted  
Patrick, Robert  
Paugh, Sahwn





Pavan, Rich  
Payne, Warren  
Phipps, Brad  
Pierce, Veronica  
Pineo, David  
Pond, Cynthia



Porrass, Deanna  
Potts, Micky  
Proctor, Jennifer  
Protto, Kim  
Pusich, Jodi  
Quintell, Monique



Racette, Richard  
Ramirez, Sandra  
Ramos, Greg  
Randolphi, Danny  
Regan, Danny  
Regnier, Steve



Reid, Ron  
Renquist, Denise  
Repose, Mark  
Rhodes, Jessica  
Rinella, Diane  
Robeson, Jeanette



Robinson, Troy  
Roderick, Deberah  
Rodriguez, Evelyn  
Rogers, Paul  
Rose, Steve  
Ross, Adam



Rubero, Dan  
Russell, April  
Sanford, Carrie  
Santos, Eric  
Schroeder, Susan  
Scott, Deanna



Scott, Joey  
Segraves, Brad  
Shaw, Kellie  
Shulte, Dan  
Silva, Davide  
Silva, Eric





# Gazette, Arroyan staff members excell at convention

**Conventioneers:** Front Row: Bob Frates. Second Row: Richard Lloyd, Sharon Jew, Charlene Ponzo, Arlene Ogata, Michelle Sudar, and Lynne Sorensen. Third Row: Vicky Palma, Kara Mitchell, Daniel Pryfogle, Gerald Hohn, Nelson Cardadeiro, and Gail Noakes. Fourth Row: Michelle

Mello, Bryan Proctor, Brad Breilein, Steve Rose, Kristy Hanson, Jojo Lago, and Dean Gurr. Back Row: Vince Merritt, Janine Vanderbeek, Steve Witherspoon, Laura LaFleur, Joe Reyes, Elizabeth Bennett, and Mike Fitzgerald.



Photo by Robinson

by Brad Breilein

At an April convention in Phoenix, Arizona, the Arroyo High School journalists placed sixth nationally.

Consisting largely of students from the Newspaper and Yearbook staffs, four journalists excelled at the Journalism Education Association Convention to propel Arroyo to an overall sixth place in the competition.

Senior Janet Partridge won a first place for her submission in copy editing, one of the most difficult events in the overall competition.

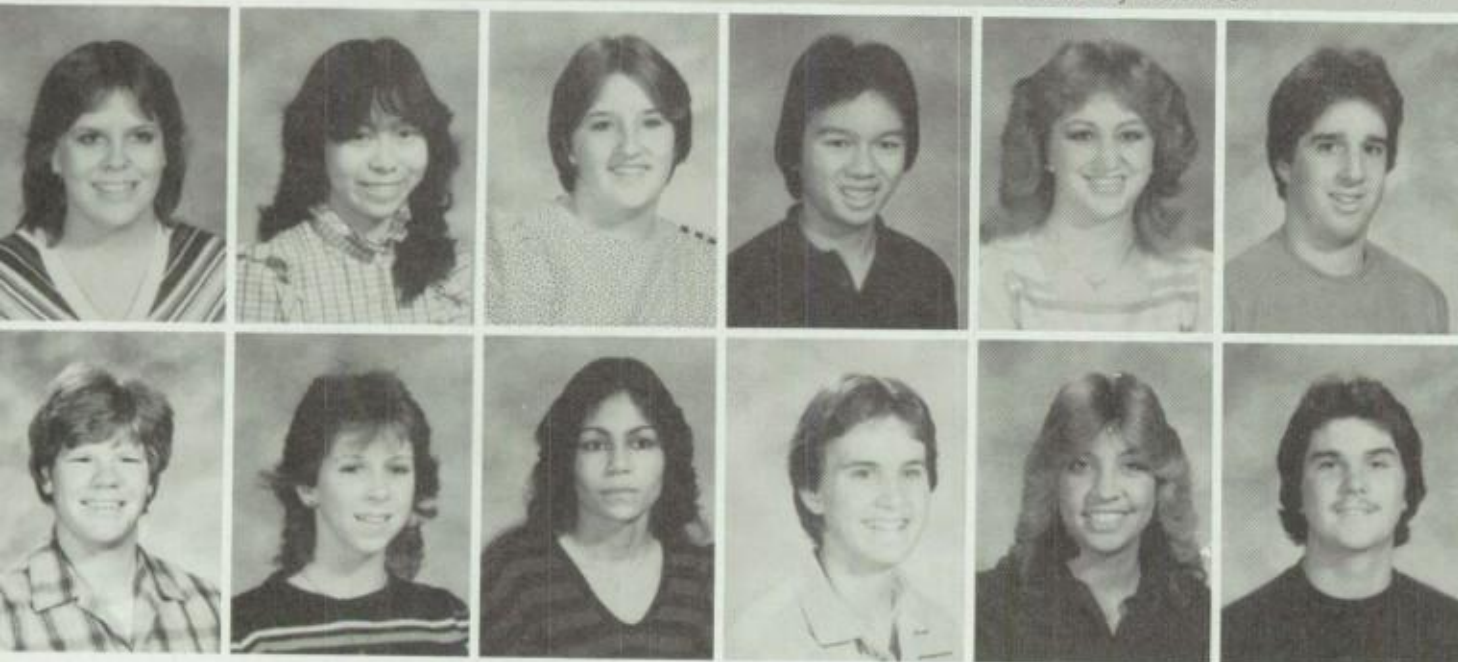
Newspaper Editor Mark Pryfogle took an honorable mention in the newspaper layout section.

Dean Gurr, editor of the Arroyan, placed third in the section dealing with yearbook theme and design. Gurr replied, "I was surprised (I won). There was a lot of competition. We were pressed for time."

The other winner in the competition was Senior Elizabeth Bennett. Bennett won a third place in the yearbook layout inside pages competition.

All of the winners were overwhelmed by winning. They all were quite modest feeling that they were genuinely shocked at having their work selected as being among the best in the nation.

After the write-off competition, the students were to attend seminars the next day which dealt with prospects of newspaper and yearbook techniques.



Silva, Rhonda  
So, Linda  
Somsak, Gwyn  
SooHoo, Andy  
Sorensen, Inga-Lynne  
Sposeto, Jim

Springer, Todd  
Stafne, Ann  
St. Amant, Flaca  
Stapp, Kevin  
Sterling, Tracy  
Stigall, George





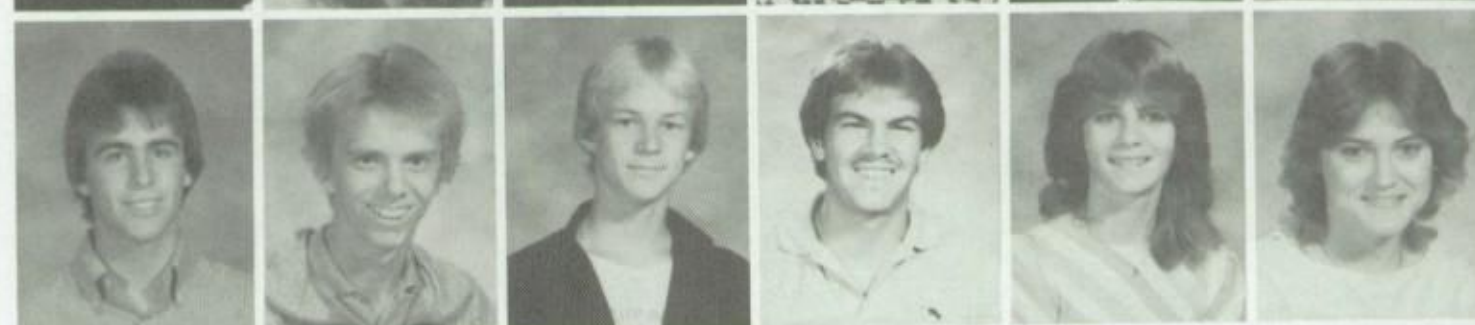
Stender, Patti  
 Stockton, Deanna  
 Stover, John  
 Strand, Michelle  
 Strom, Becky  
 Takeda, Karen



Tang, Steve  
 Tavani, Pam  
 Taylor, Randy  
 Tejano, Jocelyn  
 Telles, Pat  
 Thomas, Vicky



Thornton, Jerry  
 Tiernan, John  
 Toivonen, Petri  
 Tortorelli, Vincent  
 Town, Deanna  
 Tracy, Lynn



Tse, Danny  
 Tornos, Yvonne  
 Turner, Allison  
 Urizar, Mayra  
 Urizar, Otto  
 Valdes, Jesse



Vanderbeek, Janine  
 Vanhille, Victor  
 Vargas, Gilbert  
 Vasconcelos, Richard  
 Vegas, James  
 Victoria, Eddie



Vierra, Stacy  
 Villavicencio, Mary  
 Wagner, Stacey  
 Ward, Laura  
 Wasch, Audrey  
 Waybright, Chris



Wee, Sandra  
 Werand, Debbie  
 White, Rich  
 Williamson, Kristina  
 Wilson, Gary  
 Wilson, Steve





# Popular music hits Bay Area youth hard- students rave about concerts

**Arroyo Alumni** Dave Menniketti and Joey Alves of Y&T really get into their music at the New Year's Eve 1983 blowout at the San Francisco Cow Palace.

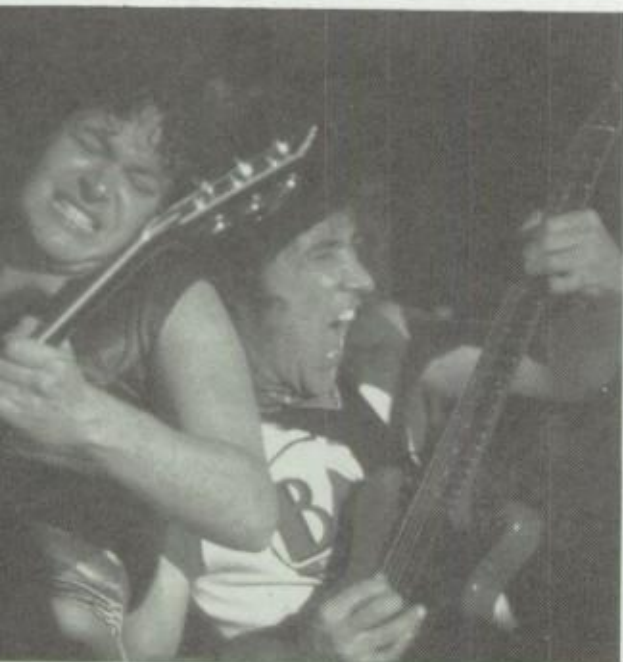
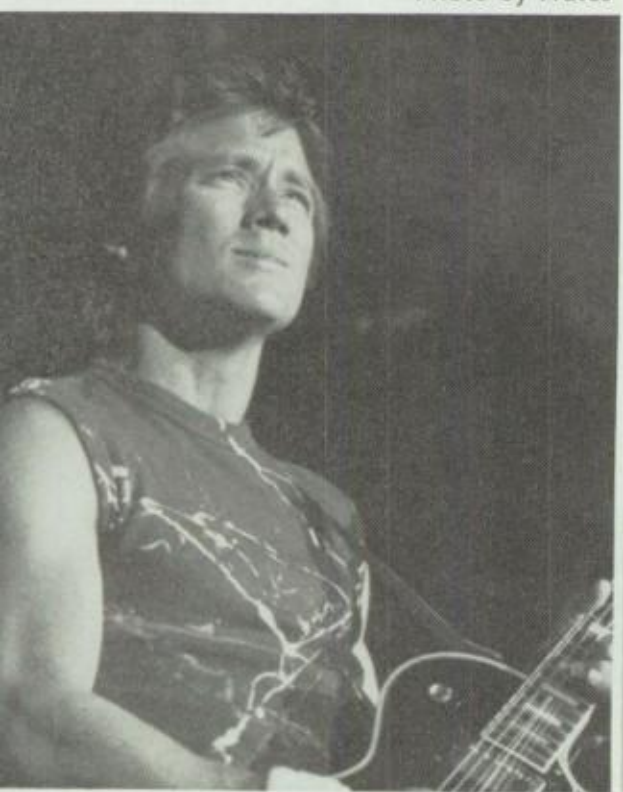


Photo by Frates



**Getting into the song**, Huey Lewis and The News' lead guitarist Chris Hayes plays his lead to perfection. The Band's last album, "Sports," was in the Top 10 shortly after its release.

**Belting out** one of the band's recent hits, Huey Lewis gives it all during the band's sold out New Year's Eve show at the Kabuki Nightclub in San Francisco.



by Vicky Palma

Music was one of Arroyo's favorite pastimes. Ever since M-TV came out in 1980, more interest in modern music has developed for students.

An individual had several choices of popular music from which to choose, including punk, new wave, soul and, of course, rock. Many bands from these categories performed locally at places such as the Oakland Coliseum in San Francisco, the Civic Center and Warfield Theater.

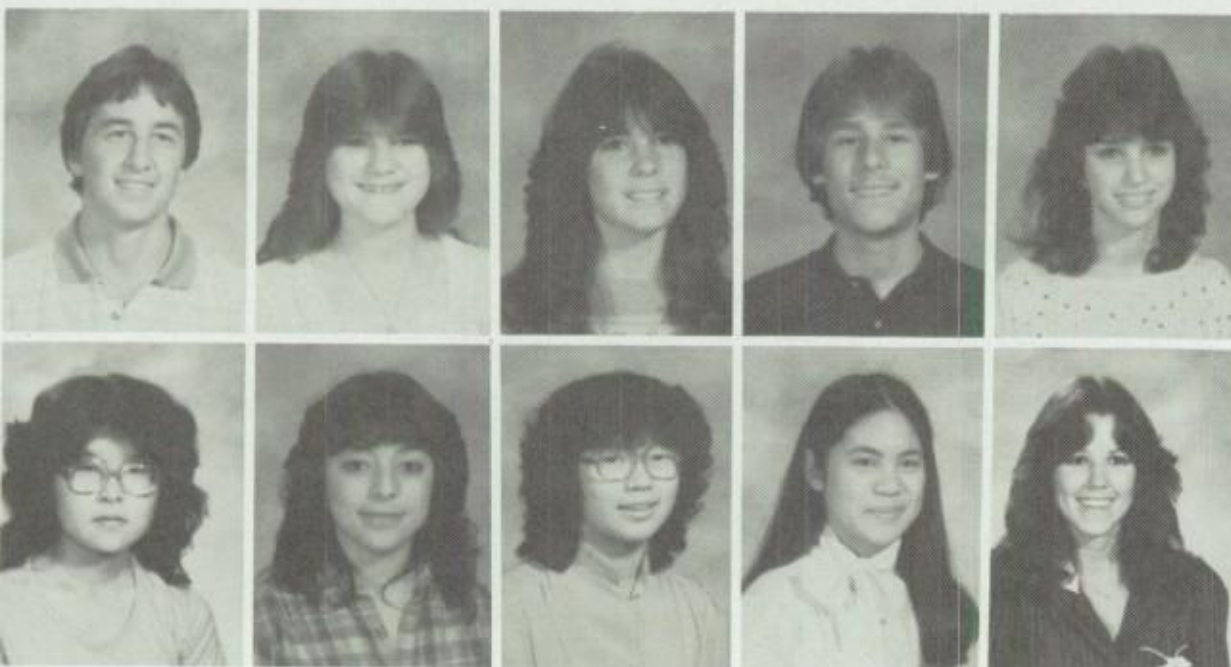
"Mod" or new wave made an exceptional entrance into the Bay Area recently. Performers such as Duran Duran, Thompson Twins, The Clash, and Billy Idol were only a few of the hot concerts this year. Billy Idol, in particular, was one that received a lot of recognition. His rude gestures and remarks brought a lot of attention to his reviews.

The Stray Cats and Roman Holliday concert attracted many students.

"I'm glad the concert was at the Civic Center since there's a big dance floor and one couldn't help dancing to the rockabilly tunes," said Senior Rene Regalmuto.

In soul, the big news was Prince, the Time, and Vanity 6, since tickets were sold in less than a day.

As for rock, this year's more famous groups that played in the East Bay were Van Halen, Y&T, and Loverboy.



Witherspoon, Steve  
Wood, April  
Woods, Christine  
Worden, Bruce  
Wynne, Bridgette

Yamate, May  
Yassin, Miriam  
Yee, Barbara  
Young, Melanie  
Zorman, Judy





Abney, Julie  
Amaral, Ramona  
Amaral, Sheila  
Anderson, Bill  
Angotti, Mike  
Aniasco, Anthony



Aquino, Maria  
Armstrong, Sean  
Askew, Rhonda  
Banks, Johna  
Barnes, Thomas  
Barros, Cindy



Becerra, Chris  
Beckering, Thomas  
Beggs, Christine  
Belshe, Heidi  
Berndt, Carl  
Bertaud, Amy



Blea, Janie  
Blick, Steve  
Bowen, Eric  
Brady, Jeff  
Breyhan, Larry  
Briggs, Stacey



Brosnan, Jason  
Bueno, Jon  
Bully, Esperanza  
Bumgarner, Jonathan  
Bunsness, Kevin  
Bush, Pam



Bybee, Tania  
Byboth, Norman  
Cabreana, Steve  
Cardana, Jimmy  
Carson, Dale  
Case, Alan



Caufield, Jamie  
Cavazos, Teresa  
Chambless, Ken  
Chan, Ed  
Chang, Lisa  
Chaves, Arlene





# Dan Pryfogle leads Sophomore Class to spirit jug

Sophomore Class Council Secretary Lani Sanchez, and Vice President Lisie Ferrirria.

Sophomore Class Council President Dan Pryfogle and Treasurer Darlene Sasaki.

During leadership class, President Dan Pryfogle takes a break and brainstorms for more fundraisers that could be successful.

by Christine Becerra

Under the leadership of President Dan Pryfogle, the Class of 1986 looked good financially.

The annual Winter Ball proved successful when it made a profit of \$750. The creative class planned a new fundraiser which was computer dating. Each student filled out an information card and was matched up through a computer. Other fundraisers included Thanksgiving Flowergrams, and See's Candy sales during the Varsity Football games.

"The class as a whole is spirited, but there is a select group that does the work", stated Pryfogle.

Advisor Steve Miller was so impressed by the class he hoped to stay with them through their senior year. He stated the class is extremely organized.

Other officers are Vice-President Lisie Ferreira, Secretary Lani Sanchez, and Treasurer Darlene Sasaki.



Photo by Gurr



Photo by Gurr



Photo by Anderson



Chavez, Gilbert  
Chetcutti, Lisa  
Chilianis, Mark  
Chin, Andrew



Chitwood, Brian  
Cho, Rick  
Cisneros, Carmen  
Clark, Ron  
Clarke, Kim



Ciarfaglio, Mike  
Clegg, Robert  
Cody, Marcy  
Combs, Ryan  
Connell, Wendy





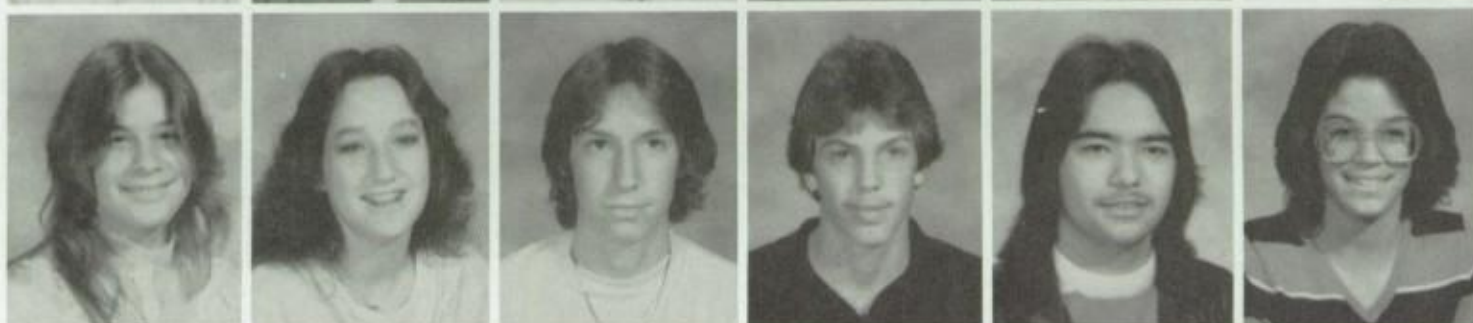
Coombs, Dan  
Coppa, Natalie  
Corralejo, Paul  
Correia, Derek  
Cowan, Marci  
Critelli, April



Crites, Roger  
Croley, Robert  
Crooke, Amy  
Cuneo, Dave  
DaRosa, David  
Davis, Deanna



Dean, Jenny  
De Bone, Michelle  
Decker, David  
DeHoyos, Gilberto  
Delacruz, Jeff  
Delguidice, Debbie



Delima, Danny  
DeMello, Kevin  
Demers, Christine  
Denton, Ron  
Deo, Sohini  
Derieg, Joanne



Diaz, Becky  
Dinh, Mai  
Dodds, Christine  
Dorais, Stacy  
Dossantos, Christine  
Druppel, Carrie



Duarte, Stephani  
Duke, Bobby  
Eagles, John  
Ebner, Gary  
Eckinger, Paul  
Edelman, Derrick



Edwards, Bryan  
Edwards, Susan  
Ehmke, Chris  
Elliott, Heidi  
Epperson, Cindy  
Ericksen, Kirsten





# 'Flashdance' look inspires Arroyo Dons

**Waiting for flight** to take off for Washington, DC, Instructor Gerry Fisher, in vest, tie, and tweed coat, and Senior Sue Witkowski in quilted down jacket, say goodbyes.



Photo by Anderson



Photo by Anderson

**Checking schedules**, Jennifer Gregory, in an oversized blouse and sweater, talks with Mark Mendoza in baseball jacket.

**Comparing class schedules**, Sophomores Troy Martin and Hector Morales wear fashionable 501's, OP shirts, and sunglasses.



Photo by Fashinell

by Sonya Madeiros

The most eye-catching fashion trend this year was the "Flashdance" sweat-shirt look.

With the neck cut out and draped over one shoulder, this look was seen in a multitude of different styles, dressed up or down. Jennifer Beals' sexy cutup sweatshirt in "Flashdance" took Arroyo by storm.

Also seen on numerous bodies were polo shirts and oversized blouses worn with the collars turned up and, quite often, layered with an oversized sweater. Pedal pushers and pinstripes were in, too.

The popular attire for feet on campus were short boots and a wide variety of pumps. A lot of low-heeled, neutral colored, suede boots were seen on a good number of students. As for the pumps, an industrious and creative mind went to the brightest extreme in plastic footwear.

All around, it was a year for everyone to express themselves through their clothes. Anything one's heart desired could be worn and individuality dominated.



Escorico, Maria  
Fabela, Shawn  
Fargo, Steve  
Faria, Carmen



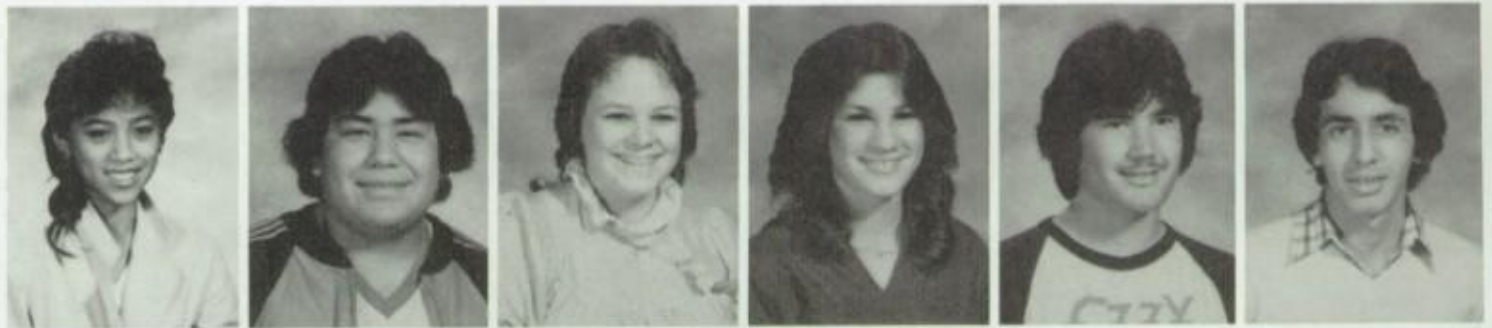
Fashinell, Tom  
Fehrmann, Lisa  
Ferreira, Lisie  
Fialho, Nelson  
Flores, Dave

Flowers, Mike  
Frates, Michele  
Freitas, Ken  
Freitas, Kim  
Fuller, Rob





Gapay, Jennifer  
Garcia, Mark  
Geick, Chantell  
Gomes, Theresa  
Gonzales, Ron  
Gonzales, Tom



Gonzales, Michelle  
Gould, Kevin  
Green, Kelly  
Gregory, Evelyn  
Grewal, Sukhwant  
Gusman, Shane



Ha, Thuong  
Halahan, Denise  
Hale, Lisa  
Hampton, Wendy  
Hansen, Ben  
Hanson, Kristy



Hare, Brian  
Harlan, Rich  
Harrell, Michelle  
Harris, Lance  
Harrison, Kim  
Hartwig, Stacy



Harvey, Tanya  
Haskins, Jeff  
Haudon, Maisie  
Heitz, Christina  
Hemenway, Mitch  
Hendricks, Pam



Hetrick, Shannon  
Himango, Debbie  
Hitsman, Stacey  
Holmes, Greg  
Hove, Erik  
Howd, Paul



Howton, Traci  
Ingebretson, Ron  
James, Andrea  
Jardin, Frank  
Jeong, Cecilia  
Jeong, Steve





# Arroyan wallets strained by high priced entertainment gourmet food

While drinking his small cherry slurpee, Senior Tony Garetto waits patiently for what little change he will receive after paying the high prices of today's inflation.



Photos by Gurr

Checking out the new album by The Cars, "Heartbeat City" at the Warehouse Records and Tapes, Sophomore Jon Bumgarner seems to be having trouble making a final decision.

Pounding frantically for a K.O., Senior Jojo Lago tries to put away his boxing opponent, Bald Bull, on one of the newest video game attractions, "Punch-Out."



by Christine Becerra

Arroyo students were in the "battle for the buck" when it came to weekends out. Many Arroyans found out that they had to substitute some weekend activities, so they could enjoy others.

While entertainment was found quite expensive for the students, filling their closets with the "in fashion" clothes was found close to impossible. A pair of pants ranged from \$20-\$50, shirts and sweaters in the neighborhood of \$15-\$40, shoes were priced at \$25-\$50.

Students also found food prices were constantly rising. Even the used to be inexpensive hamburger, coke, and fries were beginning to cost a pretty penny.

"It's hard trying to go out and have a good weekend without spending a lot of money. No matter what you do it is so expensive," stated Freshmen Karen Mendoza.



Johanson, Dayna  
Johnson, Eric  
Johnston, Vicki  
Jolivette, Michelle



Jowe, Kenneth  
Kahn, Daniel  
Kaser, Jim  
Kauffman, John  
Kellogg, Norman

Kerr, Laurie  
Klang, Shannon  
Knupfer, Rick  
Kohler, Kathy  
Krough, Jeff





Kurzawski, Rhonda  
Kuykendall, Buffy  
LaCone, Robert  
LaFleur, Gary  
LaRocca, Ana  
LaRosa, Carlito



Laszlo, Marianne  
Lee, Jae  
Leon, Michelle  
Leopoldo, Michelle  
Lewis, Craig  
Lewis, Diana



Lewis, Lorrie  
Lin, Shan  
Loar, Lori  
Lopes, Christina  
Lopez, Chico  
Lopez, Melanie



Loyola, Maryann  
Loza, Christina  
Lunardi, Jason  
MacDonald, Donald  
MacGowan, Sean  
Madeiros, Collette



Manalisay, James  
Mangin, Shannon  
Marples, Carol  
Marquez, Victor  
Martel, Anthony  
Martin, Troy



Massey, Todd  
Matejcic, Sandra  
Maxson, Mark  
McCallion, Lesley  
McClelland, Sheldon  
McDonald, Julee



McJunkin, Mikelin  
McLean, James  
McNeil, Vincent  
Means, Greg  
Megia, Amy  
Meijer, Marcel





# Music proves to be influential segment of teens' lives in Bay Area

Dancing the night away, Sophomore Kelley Green jams to the jumping beat that the DJ puts out. School dances were a popular way of escaping boredom and enjoying some loud music.

Ready for some tunes, Senior Missy Williams looks over the hit album "Footloose". The album contained many popular songs including "Dancing in the Streets", "Let's Hear it for the Boy" and others.

Sharing a moment together during a school dance, Eighth Grader Linda Smith and Sophomore Casey O'Connell dance to a popular slow tune which was proved by the charts to be as popular as fast ones.

## of teens' lives in Bay Area

by Janae Anderson

### Top Ten Singles\*

1. "Against all Odds" Phil Collins
2. "Hello" Lionel Richie
3. "Footloose" Kenny Loggins
4. "Hold Me Now" Thompson Twins
5. "Miss Me Blind" Culture Club
6. "Love Somebody" Rick Springfield
7. "You Might Think" The Cars
8. "They Don't Know" Tracey Ullman
9. "Automatic" Pointer Sisters
10. "To All the Girls I've Loved Before" Julio Iglesias and Willie Nelson

\*Week of April 23-28

Photo by Fashinell

### Top Ten Albums\*

1. "Footloose" various artists
2. "1984" VanHalen
3. "Can't Slow Down" Lionel Richie
4. "Thriller" Michael Jackson
5. "Colour By Number" Culture Club
6. "Sports" Huey Lewis and the News
7. "Heartbeat City" The Cars
8. "Love at First Sting" Scorpions
9. "Touch" Eurythmics
10. "She's So Unusual" Cyndi Lauper

\*Week of April 28-May 5

Photo by Gurr



Photo by Fashinell

It was obvious to see that music played a large part in the life of the teenager. Many styles of music were listened to and enjoyed by AHS students.

Some popular groups other than the "Top Ten" included Duran Duran, the Romantics, David Bowie, Def Leppard, the GoGo's, Billy Idol, Big Country, and many, many others.

The top performers of the year were Michael Jackson, Culture Club, Lionel Richie, Eurythmics, Duran Duran, Cyndi Lauper, Def Leppard, the Thompson Twins, and Rick Springfield.

Music was also popular in the movies. One such example was the movie "Hard to Hold", starring Springfield, which came out in the spring.

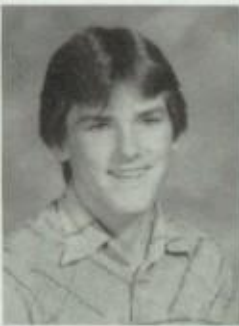
Another spring movie hit that brought four songs into the music limelight was the smash hit "Footloose" whose main title was number one on the singles charts for several weeks.



Miller, Iain  
Moniz, Susie  
Monroe, Robert  
Morning, Jannette



Morris, Dandrea  
Morris, Randy  
Morrow, Michelle  
Moser, Steven  
Moul, Chad



Nadalsky, Mike  
Nagel, Jon  
Nakashima, Eric  
Neto, Maria  
Newman, Michelle





# Coaches, parents, rally squad appreciate gridgers at Football season's end

by Christine Beccera

Photos by Fashinell

Following the football season, a Sports Awards Banquet was held for both Varsity and Junior Varsity football teams.

The night began with a potluck dinner served by various Rally Squad members. After dinner, Varsity Rally Squad members rewarded each team member with a kiss and a medal of appreciation. Then it was the team's chance to thank Rally Squad for their support throughout the entire season. They exchanged flowers and kisses with Rally Squad.

After all the kisses, medals, and flowers, Varsity Football Coach Wayne Roberts rose to speak of the accomplishments that the team had made.

Representing the Varsity team, Brett Lane took the stand to tell of the team's emotions about the season.

"Looking back at standing at the podium, I was nervous. It was a very sentimental moment for me. This meant saying goodbye to my high school years of football," he said later about the November 20 dinner.

With an affectionate kiss, Varsity Cheerleader Stacey Racette congratulates Varsity Star Brett Lane on his performances this season.

While pinning a medal on his shirt, Cheerleader Juanita Gragg exchanges smiles with Varsity Football's Jeff Johnston.

Showing enthusiasm over the past season, Sophomore Tom Fashinell proudly holds the championship football, signed by team members, to be given to Coach George Dunphy.



Nickerson, Kristi  
Niemoeller, Diana  
Noe, Dan  
Nordstrom, Tim



Norman, Teri  
Nyberg, Roger  
O'Connell, Casey  
O'Connell, Tina  
Ohnstad, Donna



Oliveira, Dawn  
O'Neal, Cheryl  
Pacheco, Sam  
Paine, Sandy  
Palazzolo, Angel







Palma, Vicky  
Pandolfo, Rob  
Partridge, Carol  
Pasko, Kathy  
Paulisich, Anthony  
Pavan, Mike



Pavao, Jeff  
Pelchat, Kelly  
Pereira, David  
Perry, Jeff  
Perry, Susan  
Phipps, Jenny



Pinto, Noelle  
Posada, Max  
Powell, Monica  
Pristas, Scott  
Pryfogle, Daniel  
Quigley, Shawna



Ramirez, Richardo  
Reddick, Rex  
Reese, Jolie  
Renquist, Debbie  
Repose, Michelle  
Reyes, Patty



Rhodes, Sam  
Rickert, Cynthia  
Ritz, Michele  
Robinson, Ken  
Ronchette, Mike  
Rodrigues, Karen



Rose, Sandy  
Rose, Sharleen  
Saavedra, Beto  
Salazar, Frank  
Sanchez, Gina  
Sanchez, Lani



Sarosy, John  
Sasaki, Darlene  
Schardt, David  
Schultz, Becky  
Search, Richard  
Sequeira, Danica





Serrato, Mike  
 Sherwood, Cindi  
 Shinko, Rodney  
 Silva, Richard  
 Silveira, Jamie  
 Silveira, Tony



Smith, Michelle  
 Smith, Teresa  
 So, Amy  
 Sommer, Mike  
 Somsak, Steve  
 Sousa, Joe



Spear, Jeff  
 Spring, Bryain  
 Statler, Doug  
 Stites, Kim  
 Stivers, Shelley  
 Stratton, Melissa



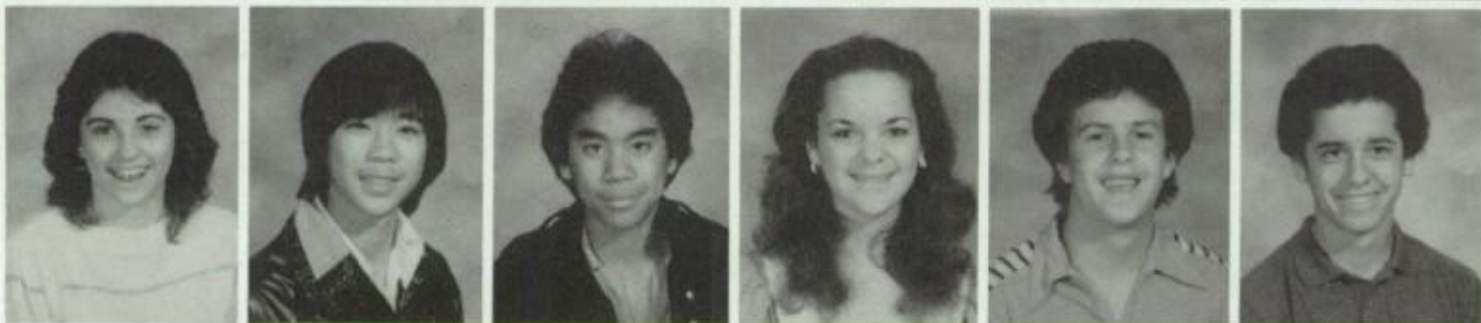
Sturm, Paul  
 Sypnieski, Tammy  
 Tang, Marina  
 Taylor, Gary  
 Teixeira, John  
 Telesco, Dawn



Teshima, Stacey  
 Thompson, Scott  
 Thorn, Gina  
 Tong, Florentino  
 Toon, Kevin  
 Tribuzio, Annette



Triplett, Kelly  
 Tse, Karleton  
 Tuazon, Dominic  
 Turner, Brooke  
 Tuttle, Jesse  
 Vales, Mike



Vegas, Bobby  
 Vidaurri, Sallie  
 Vieira, John  
 Vieira, Valerie  
 Vierra, Vince  
 Vigars, Arlene



Thorne,  
 Krystal  
 (they left me  
 out)





# Noakes resurrects Pep Club to promote school's spirit at AHS events

**Standing on** the sidelines, Pep Club members Kara Mitchell, Susan Schwartz, and Erin Taylor watch the game anxiously.



**Participating in** a lunchtime activity, Sophomore Annette Moring tries to balance a ball on a Pepsi bottle.

**Cheering enthusiastically**, Senior Gail Noakes, Pep Club President, has a great time while watching an after school game.



by Susan Brokke

In 1983-'84, the Pep Club was revised by Senior Gail Noakes after the club's four year absence on campus.

"I feel that the club added much support and enthusiasm to our school, said Noakes. "This is why I felt it was a good idea to bring back the club."

The group consisted of about 22 girls, ranging from Seniors to Eighth Graders. The girls went out, and had sweat shirts made for them. The shirts cost approximately \$11, which they paid for themselves.

While standing on the sidelines, the Pep Club aroused spectators. The team players seemed to really enjoy the support and exciting reaction from their fans.

The Club began in September and lasted through football season, at which the girls attended all the games.



Vincent, Ken  
Wang, Sheree  
Watson, Joe



Wheeler, Paula  
White, Paul  
Wieland, Mark  
Williams, Lisa  
Wright, Charlie



Wright, Stephen  
Yim, Theresa  
Yopp, Liz  
Young, Tom  
Youngblood, Brad





# Advisor praises Class of 1987 leadership ability, work

by Debra Reyes

Having to look at readjustment was difficult for many of the members of the Freshmen Class. "But this year everyone seems to want to get involved in their freshman year and make the most of it," said Class President Jennifer Gregory.

According to Gregory, she saw that

last year, many of the Freshmen members were not quite into class activities or support. Gregory speculated that the reason for last year's minimal class spirit was because of the fact that the Class of 1987 had all come from various schools which had closed down.

Large turnouts for the first two class meetings proved that the Freshmen seemed to have finally gotten themselves together. According to Gregory, such class meetings show that they were more interested in their class and its activities.

With Class Advisors Annette Ehsan and Pat Everitt at their side, the Freshmen were able to come up with many ideas for fundraisers, such as their booth in the "Day in the Park," flea-market sales, and their most successful type of fundraiser, bake sales.

"They are always willing to help us out whenever we need help," said Gregory when asked about the Freshmen Class advisors.

When asked about the class' spirit, Everitt said, "They aim high, they try hard, and they give a lot."

Aguiar, Carrie  
Aguiar, Lenette  
Alonzo, Robbie  
Alsup, Chip  
Amaro, Shannon  
Anderson, Brent



Anderson, Tanja  
Aragon, Tami  
Aranda, Patricia  
Armstrong, Michelle  
Askew, Pam  
Baez, Valerie



Balthasar, Bryan  
Barajas, Silvia  
Bargagliotti, Vicki  
Bargewell, Cheryl  
Battaglia, Michelle  
Bauer, Dej



Bellison, Joel  
Benz, Scott  
Berry, Bobby  
Bishop, Damon  
Black, Danny  
Blas, Roman



Bononcini, Kim  
Borges, Chris  
Borges, Shelley  
Bossi, Shelly  
Bostrom, Daryle  
Breilein, Brenda







**Freshman Class Officers** for the 1983-'84 year:  
Lori Steiner, secretary; Kristy Dezotte, vice-president; Jennifer Gregory, president; and Helena Weiss, treasurer.

Photo by Gurr



Briesch, Robert  
Brown, Aaron  
Bully, Marco  
Bunker, Shelley



Burke, Dave  
Bush, Scott  
Bybee, Raquel  
Cabral, Dawn  
Cameron, Bobi  
Campbell, Donald



Carpenter, Mara  
Cartmell, Lisa  
Casey, Lisa  
Castro, Derrick  
Castron, Ronale  
Catano, David



Cavaz, Lisa  
Cave, John  
Chang, Andy  
Chang, William  
Chavez, Anthony  
Chen, Betty



Chen, Christin  
Chin, Sabrina  
Clark, Ken  
Clayson, Kristen  
Coker, Eric  
Compbel, Paul





# Booster Club donates \$500 towards new typesetter for journalism aid

by Dean Gurr and Rick Stone

According to President Steve Hallert, the Booster Club is sort of an "in-house service for the schools extra curricular activities."

Consisting mainly of parents of Arroyo students or any other interested adult, the club raised money through the year and donated something to every sports team. The club also donated \$500 to the publications department towards the purchase of a word processor.

Besides running the snack bars and selling Arroyo apparel at sports events, the club's biggest fund raiser was the annual crab feed, which brought in about 230 people.

Held every year, the organization is also invited to the Football picnic, held in the Washington Manor Park. This is where the club tries to get other parents to join. Hallert said "I like to see alot of parents join even if they don't have kids that are active in athletics."

**Taking a break** from cooking hotdogs at the Booster Club picnic, Physical Education teacher Wayne Roberts enjoys a cola while waiting for the hotdogs to get done cooking.

**Talking over** prospects for the Football season, Booster Club member Darlene Santos and Physical Education teacher Naish Piazza enjoy themselves at the Booster Club Picnic.

Photos by Fashinell



**Dishing out** food for themselves, some of the Arroyo parents who attended the Booster Club Picnic feast on a wide variety of dishes while some come back for more.



Conde, Jocelyn  
Copeland, Tonya  
Corral, Burt  
Correia, Dawn



Cortez, Barbara  
Cramer, Rod  
Cravalho, Jill  
Crews, Tina  
Croley, Denae  
Cross, Rochelle



Cuestas, Michelle  
Cummings, John  
Daly, Denise  
Carouze, Mike  
Cavis, Christine  
Davis, Lisa







Day,Carolyn  
Dean, Steve  
DeHoyos, Bobby  
DeJager, Jeltje  
Densmore, Stacy  
Denton, Cheryl



Dezotte, Kristy  
Dodds, Elizabeth  
Dollar, Diane  
Dorsey, James  
Dovigi, Glenda  
Drake, Shannon



Druppel, Christa  
Ducey, Erik  
Dunbar, Susan  
Durning, Brock  
Earning, Darin  
Easton, Melody



Edwards, Jennifer  
Eighmy, Richard  
Elenes, Saida  
Emery, William  
Escalante, Sandra  
Etringer, Todd



Evans, Gary  
Fahnestock, Lilia  
Faria, Janeen  
Faria, Manuel  
Ferrantino, Jeff  
Finato, Crystal



Finato, Renee  
Fogelson, Faneicia  
Fong, David  
Funke, Mike  
Galeria, Connie  
Gallardo, Lisa

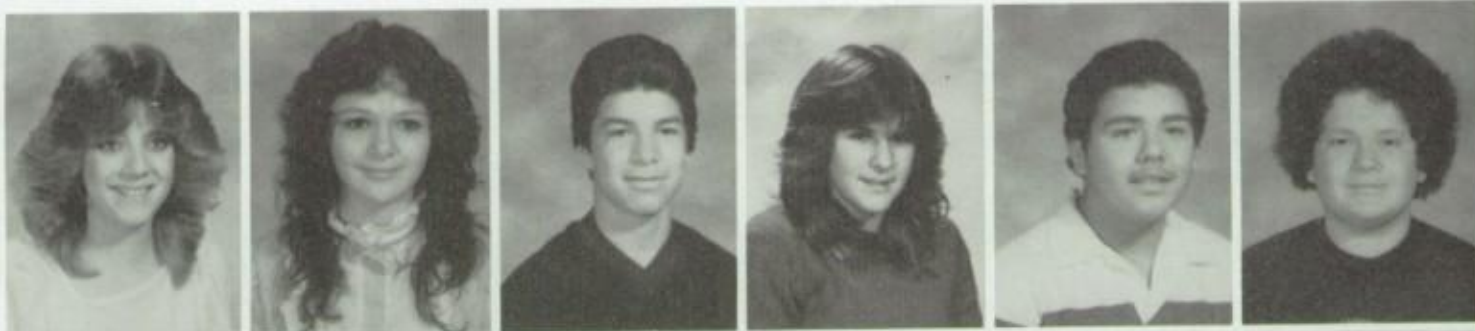


Gallardo, Veronica  
Galli, Ann  
Garland, Rita  
Ghirardelli, Michael  
Gilbrech, Dawn  
Glossin, Jullisa





Goetzinger, Diana  
Gohlke, Becky  
Gomes, Gilbert  
Gonsalves, Sherry  
Gonzalez, Jessie  
Graf, Stephen



Gragg, Danielle  
Green, Jennifer  
Gregory, Jennifer  
Guardias, Cherie  
Guillot, Janet  
Gutierrez, Eva



Halbach, Mike  
Hankins, Kevin  
Hanson, Eddie  
Harris, Allison  
Hatcher, Ricky  
Hatmaker, Curt



Heath, Karen  
Hendricks, Sherry  
Hendrickson, Dawn  
Hermann, Paul  
Hicks, Eric  
Hilder, Troy



Hill, Rosa  
Hitchcock, Robby  
Hoffman, Paul  
Hilario, Ramil  
Hoffman, Matt  
Homen, Shawn



House, Cindy  
Howell, Suzanne  
Huizar, Marcus  
Hunt, Jennifer  
Imburgia, Raquel  
Isola, Laura



Jackson, Terri  
Jacoby, Jon  
Jesus, Lori  
Jew, Brian  
Jonson, Chad  
Jones, David





# New squad named at Ice Cream Social on April 25 for next year

by Sonya Madeiros

Junior Dyan Dezotte and Sophomore Christine Becerra sit and wait anxiously for the departing Varsity Rally Squad members to announce the new squad.



photos by Gurr



Freshman Elaine Rockowitz gets caught up in the excitement of hearing who made the new Rally Squad for the 84-85 year, as she again made the Lettergirl squad.

Listening to the new squad appointments, Senior Todd Lemke enjoys an ice cream sundae while visiting with friends at the Ice Cream Social.



Appreciation and gratitude were expressed as Arroyans attending the Ice Cream Social on April 25 and saw the Senior Rally Squad members step down and name the new Rally Squad for the upcoming '84-'85 school year.

The anticipation of the girls waiting to hear the results could be felt and tears from the girls chosen for the new squad.

The senior Varsity Rally Squad announced the new lettergirls, and Varsity cheer and song girls.

Approximately 100 people attended the event and it was thought of as successful by those who attended.

"It was sad that the year was ending, but happy for the new Rally Squad," said Senior Sue Witkowski who had spent the past year assisting the Lettergirls. "The girls really made me feel like I was appreciated with their thoughtful roses. The new squad really looks promising."



Jones, Doug  
Jones, Pamela  
Jones, Patrick  
Kelley, Debbie



Keown, Diana  
Kim, Danny  
Klegman, Shannon  
Kolinski, Donald  
Kriksciun, John  
Krippene, Michelle



Kucin, Bobby  
Kurtz, Christy  
Kwan, Richard  
LaCome, Virginia  
Larson, Eric  
Larson, Troy





Leach, Linda  
Leonis, Josie  
Leopoldo, Jenny  
Leung, Greg  
Livesay, Tracy  
Loaiza, Rudy



Long, Mellissa  
Lovell, Debbie  
Lowe, Jeff  
Luevano, Andy  
Lum, Darlene  
Lumley, Julie



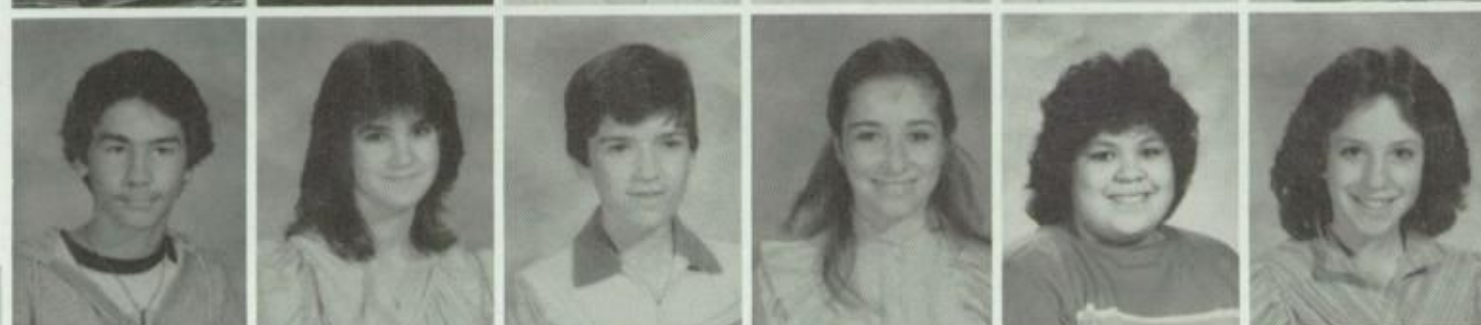
Mass, Wendy  
Maceda, Luisa  
Machado, Joni  
Malone, Janine  
Mark, Daniel  
Marquez, Carmelet



Marroquin, Tina  
Marshall, Kathy  
Martinez, Lori  
Martinez, Michael  
McGuire, Nancy  
McMickle, Greg



McNabb, Mike  
Medeiros, Stacy  
Mendenhall, Guy  
Mendenhall, Tirza  
Mendoza, Elena  
Mendoza, Karen



Mesirow, Mike  
Mitry, Naheda  
Modi, Lena  
Mohr, Greg  
Molina, Monica  
Monroe, Patrick



Montalvo, Dorinda  
Montalvo, Nicole  
Montgomery, Melanie  
Morales, Manuel  
Mose, Cathy  
Motta, Greg





# Contest winner brings home second place, \$150 award for spelling

Waiting to see if her spelling is correct, Junior Bridgette Hoffman looks at the judge for his response.



Photos by Fashinell



Carefully checking her answer, Sophomore Cindy Epperson hopes her answer is correct in order to place well in the spelling contest.

San Lorenzo contestant and second place winner, Eighth grader Karen Valladon tries hard to get the correct spelling.



by Lynne Sorenson

Arroyo's second annual spelling contest took place March 13.

About 15 Arroyo students who placed in up to three eliminations went to San Lorenzo High School to compete for cash prizes.

During the competition, each person was put into a category according to his grade. The top three finalists from each grade competed for up to \$200 at San Lorenzo.

English Teacher and organizer of the spelling contest Jerry Wergeland stated, "I enjoy this kind of thing because it gives the kids a chance to participate in their own kind of sport; a mental sport."

Eighth Grader Karen Valladon took second place at the San Lorenzo competition. Her total winnings were \$150. Other winners were Freshman Kasey O'Leary, Sophomore Cindy Epperson, and Junior Bridgette Hoffman.



Moyers, Scott  
Mullane, Charles  
Mulock, Suzanne  
Murphy, Terri



Nadolsky, Michelle  
Nguyen, Kathe  
Noe, Dave  
Nordhavn, Tina  
Oleary, Kasey  
Oliveira, Carri

O'Malley, Kellie  
Paterson, Kevin  
Pavao, Jim  
Pedranti, Beverly  
Peebles, Kim  
Pereira, Patricia





Perez, Veronica  
Perry, Erin  
Perry, Paul  
Petersen, Lisa  
Pham, Tuan  
Pierce, Kelley



Pina, Dave  
Pinkler, Scott  
Pirie, James  
Ponzo, Joey  
Popovits, Brian  
Pratt, Jason



Pratt, Lisa  
Proctor, Jon  
Pryfogle, Andy  
Puentes, Tom  
Quizon, Roland  
Ramirez, Willie



Rantz, Tim  
Ratto, Laura  
Reals, Gina  
Reckling, Ursula  
Reddick, Jeff  
Reed, John



Reed, Richard  
Regan, Kristy  
Rennacker, Jeff  
Rennie, Mark  
Richardson, Ruben  
Ridge, Janna



Righton, David  
Ritter, Stephanie  
Rizzo, Neil  
Robinson, Linda  
Rockowitz, Elaine  
Roeber, Tammy



Rogers, Lesley  
Rogers, Steven  
Roloff, Michelle  
Ronchette, Rick  
Saavedra, Juan  
Salcedo, Nina





# Arroyo students search for entertainment on weekends off campus

**Having a blast** at Farrells in Southland, Sophomore Jenny Phipps tries to achieve the "Minnie Mouse" look as Sophomore Friend Shawna Quigley attaches balloons to her partner's hair clips.

Photo by Gurr



Photo by Gurr



**Indulging in** one of life's many pleasures, Senior Jojo Lago rewards himself with a sundae after a long week of gruelling practice as a Varsity Track runner.

**Taking a refreshing** thirst quencher with a Farrells "Big Swig," Senior Missy Williams kicks back with a bunch of friends after viewing a movie.

Photo by Gurr



by Staff

For many weekends were the time to take a brief vacation from school and a chance to socialize with friends.

For those who like to up-beat action, dance clubs, such as Tiffiny's and Star-gaze, were popular hangouts of the older students.

Movies provided a good evenings entertainment for the students from Arroyo. Festival Cinemas as well as Hayward 5, both located on Hesperian Boulevard, played such popular movies as "Friday the Thirteenth: The Final Chapter," "Footloose," and "Terms of Endearment."

Some students found a clever way of getting rid of spare change while developing eye-hand coordination at the same time. This was done at places like Oakland's Malibu Grand Prix and Castro Valley's Golden Tee where a wide variety of video games could be found. A short drive in a race car or a game of pee-wee golf could also be played, if one had a couple of extra bucks.



Samara, Jiries  
Sanchez, Alfonso  
Sanchez, Lisa  
Santos, Diana



Schneider, Richard  
Schwarz, Susie  
Scott, Kathy  
Sezar, Stephanie  
Shinko, Darcey  
Shoptaw, Carrie



Shouts, John  
Shulte, Tom  
Silva, Jorge  
Skolfield, Ricky  
Slack, Katrina  
Smith, Duane





# Auto renovation fascinates older Dons, cars fill up parking lots

By Sonya Madeiros

Just looking at the cars in the Arroyo High School parking lot, it was apparent that students took pride in fixing up their own cars.

One example of a hot looking car was that of Senior Keith Robertson who owned a 1957 Thunderbird which he purchased from his father who had

owned it for 13 years before he sold it to his son two years ago. Robertson worked on the car to maintain it and was almost fully restored by the end of the year.

Another example of an outstanding car on campus was that of Senior Chris Lozano. He sported around in a red, 1967 Chevy Camaro. Lozano owned the car, which his parents help purchase, for about two years. In that time, he and his brother restored the car. The Camaro, which started out with gold interior and exterior, was completely renovated. "It took a lot of hard

work and long hours, but my brother and I changed the interior to black and the exterior to red," said Lozano.

But the boys did not corner the market on nice cars. Senior Paula Neto could be seen speeding along in her 1967 Mercury Cougar which she bought from her cousin who had restored the car himself.

Senior Nancy Kennedy also drove an exceptionally nice looking 1978 silver-blue Pontiac Firebird which her parents bought for her. The automobile had a T-top and was also fully equipped with a stereo system.

Smith, James  
Smith, Julie  
So, Betty  
Sorenson, Gretchen  
Stajkowski, Rose  
Stefani, Michelle



Stefani, Ricky  
Steiner, Lori  
Stone, Chris  
Stone, Christy  
Strong, Christy  
Stuart, Jeff



Sullivan, Justin  
Szeto, Mikan  
Takeuchi, Craig  
Tang, Albert  
Tang, Kingman  
Tang, Stanley



Teich, Lee  
Thau, Susie  
Thorne, James  
Tillotson, Mary  
Todd, Mark  
Tomicich, Kurt



Tortorelli, Chris  
Tortorelli, Joe  
Trischan, Jeff  
Tujillo, Jason  
Tudino, Ken  
Valente, Debbie



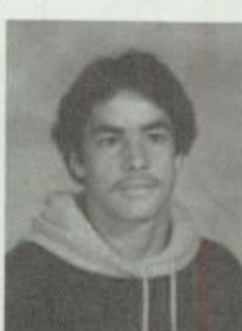
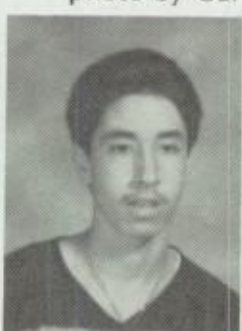




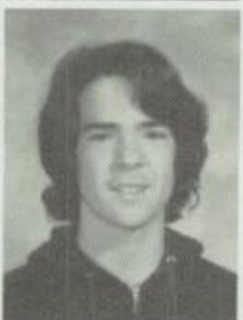
photo by Gurr



photo by Gurr



Vanderheiden, Connie  
Vanderveer, Erick  
Varao, Jimmy  
Vasquez, Michael  
Vaughan, Jason  
Vegas, Joey



Victor, Keith  
Vierra, Jeff  
Vierra, Greg  
Vierra, Steve  
Villalobos, Leo  
Villamin, Edna



Waage, Randy  
Wagner, Greg  
Warr, Shereen  
Watson, Karla  
Weiss, Helena  
White, Sherese



Wilk, Monica  
Williams, Susan  
Willis, Darren  
Willis, Daryl  
Wong, Nick  
Wulf, Glen

As a **finishing** touch, Senior Keith Robertson checks the tire pressure on his 1961 Ford Thunderbird which is a classic.

**Adjusting** the volume of his Sanyo stereo system, Senior Chris Lozano prepares for a relaxing drive in his dentless and scratchless '67 Chevy Camaro.



Yassin, Jaime  
Yee, Mark  
Zoggas, Nicole





# Sterling leads Class of 1988 to successful moneymaking

Taking time out of their busy schedules are President Julie Sterling, Vice-President Lisa Starr, Secretary Caroline McPherson, and Treasurer Lee Ann Borman.

Showing ambition during night rally are Spirit Leaders Stephanie Witherspoon, Laurie Lovell, Racheal Rodrigues, Eleitino Fanene, Darcella Gragg, and Lisa Perry.

by Vicky Palma

Under the direction of Class Advisor Don Strongman and Class President Julie Sterling, the Eighth Grade class got off to a new beginning.

Kicking off their fundraisers during football season, See's candy suckers were sold throughout the games. This led to quite a surprising profit.

Not many attended the Spirit Week Dance, but a \$400 profit was made. Their theme for the festivities was Mexico, which landed them fifth place in the Night Rally February 8.

The newest activity of the year included a "free-for-all" Air Band. This is where a group of kids dance up on stage acting out motions to pre-recorded music. Personal school bands were encouraged to sign up for the grand prizes of \$75, \$50, and \$25 for the best show.

All of these activities, including Easter Grams sold the second week of April gave the Eighth Grade a head start on their freshman year with approximately \$600.

Many sports were offered this year for the Eighth Grade class, but there is one disadvantage.

"There's so much coverage for Jay-vee and Varsity, but nothing for Eighth Grade. Even the calendar doesn't list the events," claimed Eighth Grader Jason Walling.



Photo by Gurr



Photo by Fashinell

Abeleven, Cindy  
Afonso, Mike  
Agrella, Donovan  
Aguirera, Rebecca  
Alexander, Edward  
Alpafari, Mohamed



Alves, Teresa  
Alyea, Davey  
Amaral, Amy  
Anderson, Kristina  
Andrada, Anthony  
Andrade, Mike







Andrade, Robert  
Anguiano, Hortencia  
Anguiano, Jorge  
Annastas, Michael  
Archuletta, Jon  
Arnold, Sam



Arterburn, Bill  
Attolini, Cinzia  
Aubert, Denise  
Aviles, Glen  
Balentine, Kevin  
Baptista, Julie



Barnard, Aimee  
Beggs, Debbie  
Belknap, Margorie  
Belshe, Hope  
Berlingeri, Miguel  
Berry, Karma



Berryhill, Douglas  
Bertaud, Cosette  
Bird, Kim  
Bjornson, Mark  
Bolesworth, Annette  
Borman, LeeAnn



Bowen, Vicki  
Branca, John  
Branca, Janine  
Briggs, Kevin  
Bristol, Gina  
Brooks, Holly



Brose, Deanna  
Buckingham, Theresa  
Bueno, Michelle  
Bustos, Bernadet  
Butler, Colleen  
Butler, Michele



Caberera, Jose  
Carli, Darlene  
Case, Christine  
Chaves, Susanne  
Chen, Lucy  
Cirimele, Mary





# Salt Point trips lure divers for abalone, nature study

by John Aguilera

Arroyo students were involved in many clubs, but none was more unique or interesting than the Diving Club.

Though not really popular on campus and unknown to most students, the club had a lot to offer in adventure.

According to Advisor Fred Hansen, being in the club was a challenge. One had to be able to hike to a suitable spot and then compete against the "unforgiving ocean" while diving for abalone and other types of fish.

Hansen, who has been the club's advisor for 13 years and has been diving since 1960 when he was a sophomore at Arroyo, stated, "You just don't go out in that water if you're not in shape. Also, you better be responsible or you might not come back!"

Unlike other clubs, the Diving Club was an informal group comprised of students who liked to do something different and out of the ordinary.

"When I dive, I never do the same thing twice. There's something new everytime," stated Senior Todd Long. "It's very demanding, and I never know what might happen."

Some found diving rewarding, but had to belong to the National Association of Underwater Instructors.

When out on a dive, club members always practiced with a partner and took all safety precautions which were a large part of the group's activities.

The Club traveled to Salt Point on the Coast for their dives, but also visited Northern and Southern California.

Looking into one of the tents, Advisor Fred Hansen awakens while on one of the trips that the diving club went on during Arroyo's '83-'84 school year.

Diving Club Members Todd Long, Fred Hanson, Mitch Cornfield, and Steve Rantz show off abalone shells that they brought back during April 1984 trip to Salt Point State Park.



Photo by Long



Photo by Gurr

Clark, Christine  
Cortez, John  
Costa, Kathy  
Cotta, Jan  
Crick, Diana  
Croll, Mike



Cuero, Bernadette  
Cutteridge, Angelina  
Dana, Debbie  
Darouze, Sandy  
Davis, Dale  
DeBettencourt, Christine







DeBone, Mike  
Decker, Kim  
Dennis, Lori  
Dias, Lisa  
Discher, Jason  
Dodson, Richard



Dorn, Ronald  
Douwes, Scott  
Driscoll, Debbie  
Dunphy, Jon  
Dunster, Keli  
Dutra, Mike



Dutrieux, Fred  
Edelman, Mark  
Ehmke, Stephanie  
Elenes, Mario  
Engel, Rich  
Epperson, Steven



Fanene, Eleitino  
Fahn, Geraldine  
Faria, Joe  
Faria, Maria  
Ferreira, Chris  
Figueroa, Conuelo



Frogge, Stephanie  
Galitz, Geoff  
Gallardo, Heather  
Gamble, Roger  
Gaylor, Lasena  
Gee, Kathy



Gibson, Jennifer  
Gill, Tiffany  
Gomez, Dennis  
Gragg, Dorcella  
Green, Candy  
Griggs, Candy



Gunn, Debbie  
Ha, Thoi  
Hallert, Steven  
Hamrol, Cecelia  
Hartwig, Steve  
Hayes, Kellie





# Billings receives top teacher of year titles

## Four others top nomination

by Brad Breilein, Chris Becerra

Sociology Teacher Millard Billings received the honor of "Teacher of the Year" in a competition with five other Arroyo instructors.

The runners up were Mary Camezon, Fred Hanson, Michael D'Augelli, and Earl Remington.

The competition was put on for the first time this year by the Publications Department. There were some students and faculty members who were opposed to the competition, but the majority of the people on campus want to see it return.

Billings taught at Arroyo for a total of 14 years. Along with teaching sociology, Billings also teaches family living, and is an alumnus of Arroyo, graduating in 1963.

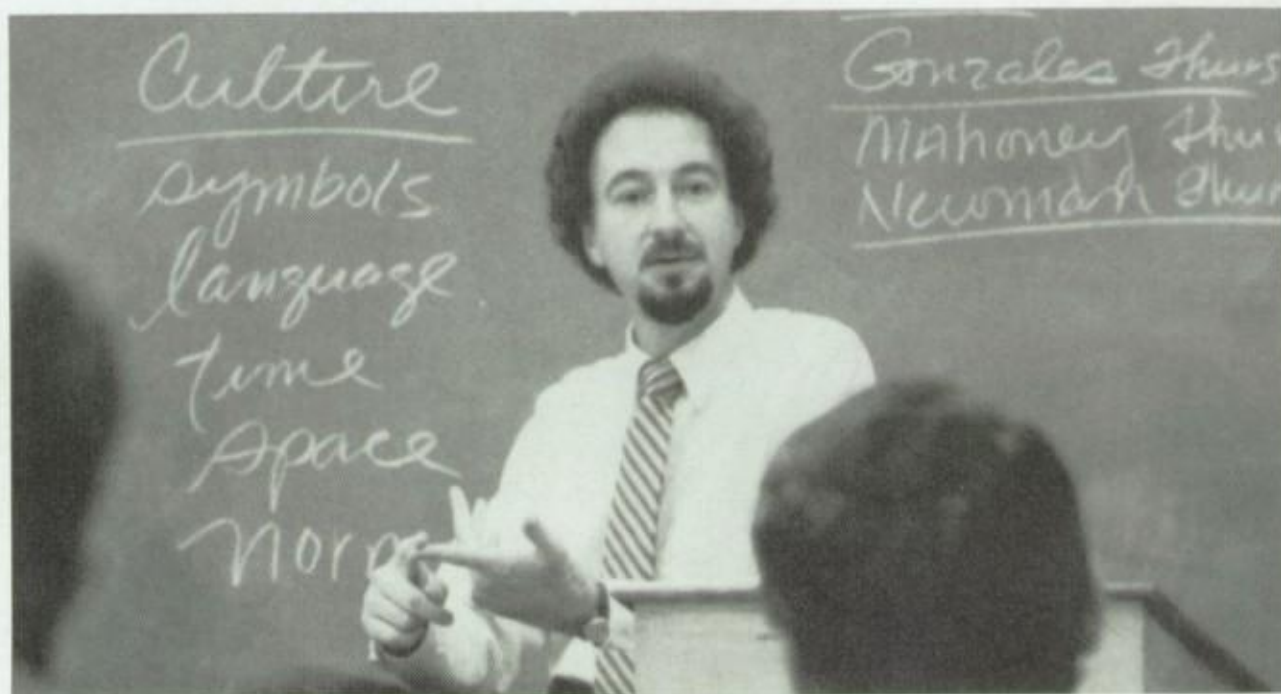
Billings accredited his success to his ability to "relate to the students and come across as someone they're not afraid of." He tries to "teach the students first, the subject next."

The entire student body and faculty had the opportunity to participate in the competition as well as the teachers.

The teachers were to be judged on six aspects; their personality, involvement in campus activities, instructional technique, how they maintained class control, whether or not they respected the rights of the students, and if they liked students.

Speaking to enthused parents of Arroyo students, Sociology and Family Living Instructor Millard Billings discusses classroom procedure during Back-to-School Night at Arroyo.

Teacher of the Year Nominee Mary Camezon helps out at the Christmas Brunch. Also in attendance were Judy Hackbarth, Nancy Carlson, Gail Drake, Dr. Alden Badal, and Roy Hanson.



Photos by Fashinell



Haynes, Tammie  
Hayward, Dennis  
Heath, Monica  
Hedemark, Kari  
Hemenway, Lauriana  
Hernandez, Bertha



Hetrick, Sue  
Hilder, Candy  
Hoerber, Kelley  
Homen, Lance  
Hooper, John  
Hove, Cheryl







Howard, Christine  
Huerta, Gerome  
Jackson, Ken  
Jacobson, Jeffrey  
Jaite, Ron  
James, Jason

Jarata, Maria  
Jarman, Todd  
Jarrett, Ron  
Jensen, Robert  
Jimenez, Richard  
Johnson, Brian

Johnson, Gregory  
Johnson, Jennifer  
Juarez, Rodney  
Kelsey, Stacy  
Kesten, Stephanie  
Kirk, Elizabeth

Knippel, Natalie  
Knupner, Heidi  
Kral, Deanna  
Krough, Scott  
Kwan, Vickie  
LaFabregue, Jeffrey

LaPoint, Robbie  
Lazalde, Phillip  
Lee, Cathy  
Lee, Judy  
Leung, Wayland  
Levy, Chris

Lewis, Johnny  
Lewis, Rhonda  
Lim, Berta  
Linton, Dirk  
Liu, Weboon  
Livesay, Jess

Lizama, Lorrie  
Loaiza, Pedro  
Long, Patti  
Lovell, Laurie  
Lyda, Alicia  
Lynch, Jennifer





Lyon, John  
Lyttle, Scott  
Macapagal, Rey  
Macentone, Janet  
Mangin, Tom  
Maramonte, Tony



Marilao, Mark  
Marquez, Angelito  
Marshal, Terry  
Martin, Richard  
McCulloch, Jeff  
McGill, Laura



McPherson, Caroline  
Mederios, Bryan  
Megia, Christy  
Meinberg, Deanne  
Mello, Jay  
Metz, Cheryl



Michaelis, Brad  
Miller, Tammy  
Moniz, Marco  
Montalvo, Jose  
Montez, Jason  
Montoya, Joe



Moy, Hiram  
Moyer, Tammy  
Murai, Paul  
Muria, Tim  
Murphy, Chester  
Murphy, Shirley



## 'Endearment' captures large size audience

By Glenn Stewart, Dean Gurr

Students found satisfaction in some of the year's top books and motion pictures.

A common event for most weekend adventurers was attending the cinema to view popular movies locally.

Winning the Academy Award for Best Actress and Best Supporting Actor and Best Picture, "Terms of Endearment," captured Arroyans interest too.

As far as books were concerned, Stephen King kept his readers in awe with **Pet Cemetery**. Also popular on Arroyans' reading lists were the novels of VC Andrews whose latest, **Seeds of Yesterday** was the subject of many English book reports.

### Top Ten Films

#### Top Ten Films-April 1984

1. "Footloose"
2. "Friday the 13th: the Final Chapter"
3. "Police Academy"
4. "Against All Odds"
5. "Greystoke"
6. "Moscow on the Hudson"
7. "Terms of Endearment"
8. "Sixteen Candles"
9. "Spinal Tap"
10. "Splash"

### Top Ten Books-April 1984

#### Fiction

1. **The Aquitaine Progression**-Ludlum
2. **Heretics of Dune**-Herbert
3. **The Haj**-Uris
4. **The Butter Battle Book**-Seuss
5. **Pet Cemetery**-King

#### Non Fiction

1. **Eat to Win**-Haas
2. **Nothing Down**-Allen
3. **The James Coco Diet Book**-Coco
4. **Tough Times Never Last, But Tough People do**-Schuler
5. **Motherhood**-Bombeck





After completing a book for a class project, Junior Katherine Geine is struggling to finish her review of the latest novel.

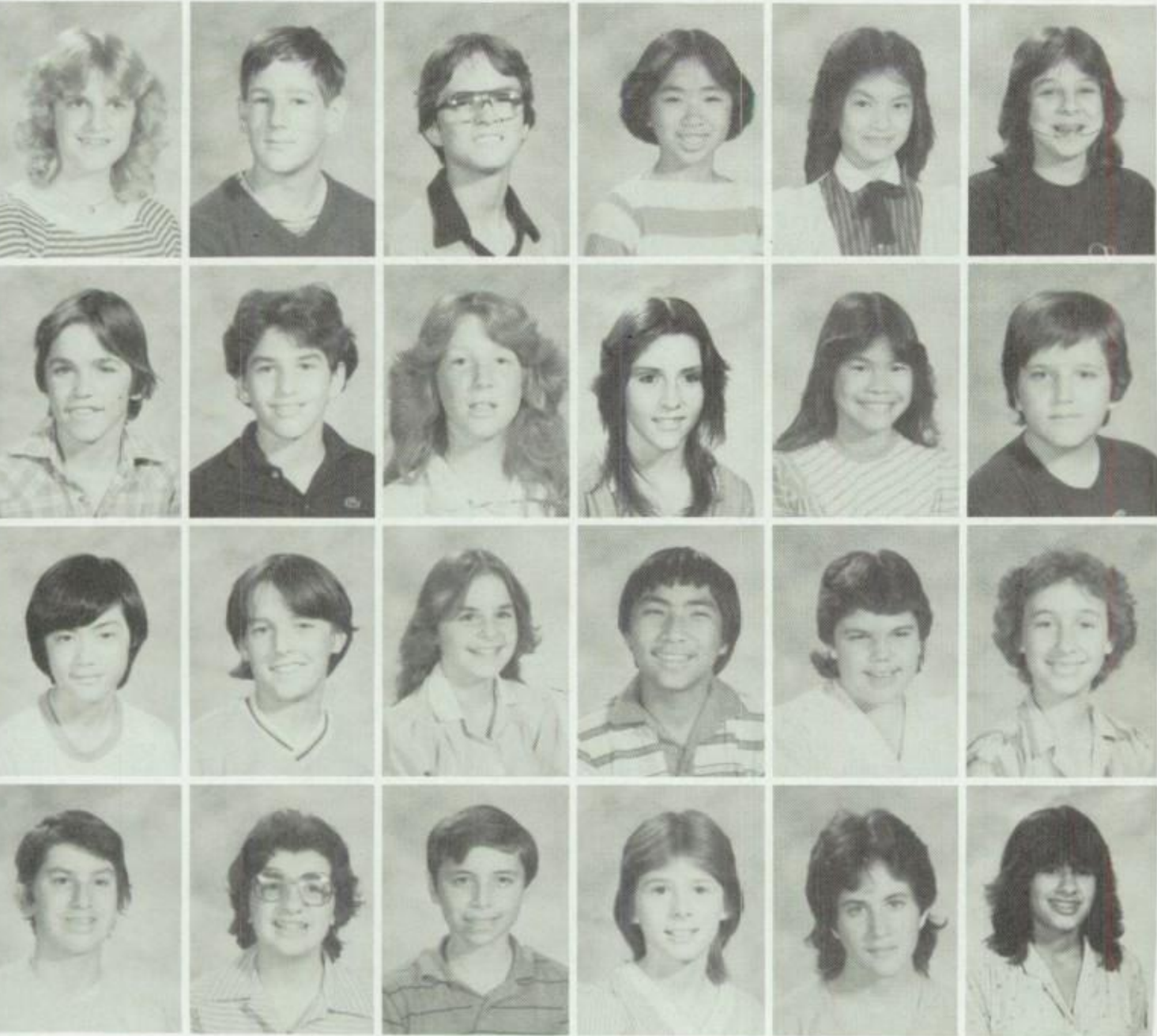


Deciding if the book is a good investment for his pocketbook, Senior Al Elpusan skims through the pages of a Top 10 paperback.

Photo by Bennett



Photo by Gurr



Nagel, Dana  
Nevill, Mark  
Newborn, Chris  
Ng, Sonia  
Nguyen, Tran  
Nielsen, Christi

Nuchols, Craig  
Oliver, Danny  
Olivera, Rachelle  
Olsen, Donelle  
Ong, Tiffany  
Orlowski, Bob

Owyoung, Steve  
Paduveris, Bart  
Page, Kimberly  
Pangasnan, Charles  
Psalis, Angela  
Patrick, Paula

Patterson, Tom  
Pebelier, Michele  
Peinado, Tony  
Perry, Jenny  
Perry, Lisa  
Pettersen, Lynn





# 400 parents return to AHS to look at classes, teachers

by Lynne Sorenson

Photos by Fashinell

Over 400 parents attended Back-to-School Night October 5 at 7 p.m.

Parents attended their children's classes (just as the students would do during a normal school day) to meet with teachers in ten minute periods to obtain an overview of course requirements and expectations.

Teachers outlined curriculum plans for the year and talked about strategies which would assist students in covering materials. Classroom policies about grading, homework, and make-up work were also covered.

"It was interesting to see what the kids really do, the halls, and the homework — much more than I ever had," said one parent.

"I have always believed in Back-to-School Night," said History Teacher Earl Remington. "It's a chance for parents to meet and question their children's teachers about the course of study."

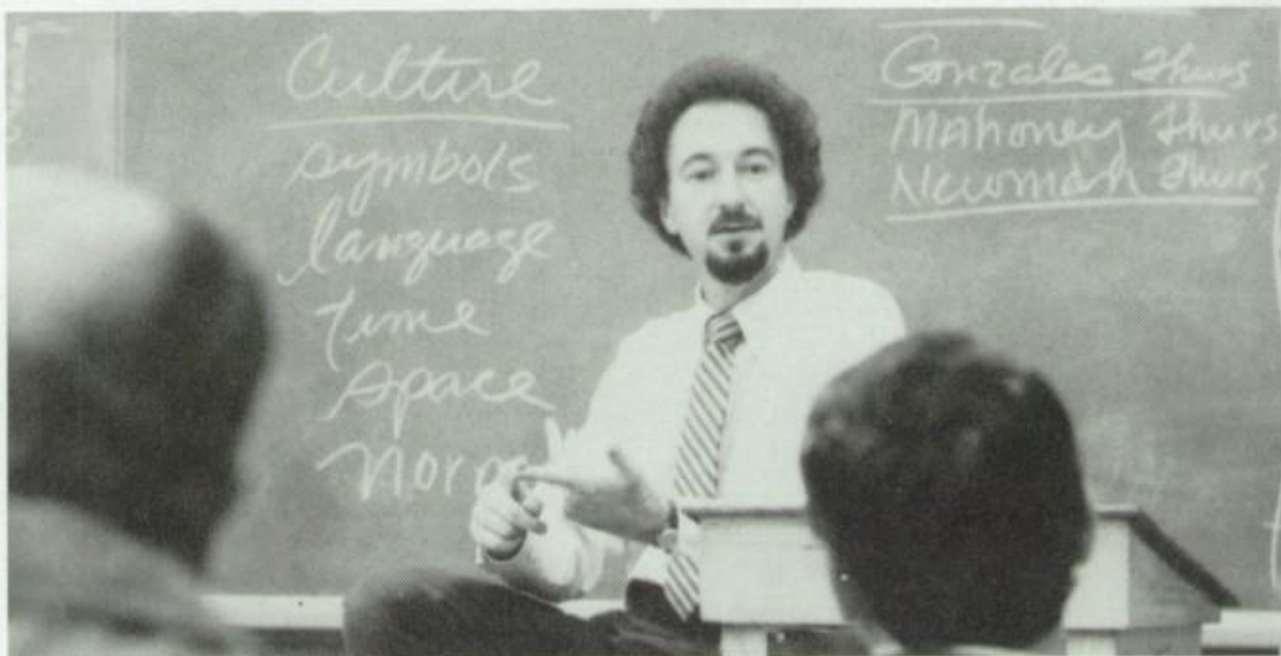
Many parents expressed the fear of getting lost on the 40 acre Arroyo campus, but soon found their way to class, just as new students did.

Following the classroom visitations, parents were invited back to the Cafetorium for a social hour, sponsored by the Arroyo High School PTA. Headed by President Mary Lou Barros, parents were served a variety of cookies and coffees as they discussed the school, it's procedures, and policies informally with faculty and members of the school and district administration.

Going over his grading policies, Sociology Instructor Mil Billings addresses parents in Room A-1 on Back-to-School Night.

Delivering introductory address, Principal Roy Hanson welcomes parents to annual parents night, October 5.

Conversing about her plans to travel to France with students, Foreign Language Chair Suzanne Fogg outlines the trip.



Pierce, Sheri  
Plotner, Michele  
Plumlee, Eva  
Preston, Kelly  
Profumo, Karen  
Pscion, Andy



Puentes, Matthew  
Pyle, Nanette  
Quilice, Crystal  
Quiroz, Nadine  
Ramirez, Janice  
Reberiego, Dina







Reed, Matthew  
Regan, Jason  
Reimers, Beth  
Reynolds, Cindy  
Rice, Kristine  
Richardson, Jenny



Roberts, Mike  
Rocco, Greg  
Roderick, Laurie  
Rodrigues, Rachelle  
Rodriguez, Eric  
Rodriguez, Sabrina



Rogers, Mike  
Romero, Cassie  
Rosa, Louis  
Rose, Laura  
Russell, Clayton  
Russin, Gary



Ruth, Jeff  
Ryan, Tim  
Sakaba, Yvonne  
Salvetti, Arthur  
Sanchez, Gary  
Sanchez, Terri



Sanford, Donald  
Santos, Doug  
Sasaki, Rik  
Sauneuf, William  
Say, Sheila  
Schulte, Jeanine



Scott, Jennifer  
Search, Steve  
Sequeira, Melody  
Serrianni, Stephen  
Shaw, Todd  
Shepherd, Jennifer



Singer, Lori  
Singhasemanon, Nutthavut  
Sloan, Heather  
Smith, Amy  
Smith, Antoinette  
Smith, Linda





Smith, Robert  
Sousa, Reinaldo  
Spear, Jimmy  
Speers, Lori  
Spore, Karen  
Springer, Mark



Starr, Lisa  
Steingisser, Alethea  
Steklis, Heidi  
Stender, Howard  
Sterling, Julie  
Stivers, Julie



Strubel, Steve  
Stuart, Connie  
Tachiera, Laurence  
Tang, Ralph  
Tavares, Richard  
Taylor, Christy



Taylor, Erin  
Texiera, Wendy  
Tengco, Eddie  
Teshima, Joey  
Thomas, Chris  
Thmason, Shannon



Tressler, Toby  
Tuazon, Maria  
Valente, Kristine  
Valladon, Karen  
Vidales, Gary  
Videll, Robert



Vierra, Ernest  
Vierra, Guy  
Vigallon, John  
Villalobos, Joseph  
Villalobos, Regina  
Watchel, Ginger



Walker, Jon  
Wang, Tom  
Waukazoo, Phil  
Webster, Robert  
Wee, Jennifer  
Weis, Monica





# Challenging dance craze sweeps campus, as breakers exhibit skills

At home perfecting the new dance craze called break dancing, Freshmen DeJ Bauer practices his technique for his group called Ground Control.

Photographer Kenny Barros catches DeJ in action on a slab of linoleum in his family room, while practicing for an upcoming competition . . .



by Christine Beccera

Break dancing was suddenly the rage on the AHS campus.

"Breaking" was a basic style of dancing that began on playgrounds on slabs of cardboard and involved gymnastic flips, neck spins, back spins, and other variations.

"People like to watch it. That is one of the main reasons why it is so popular," stated Junior Randy Taylor-Weber.

"A popper or breaker really shines when he shows his wit and imagination by combining acrobatic stunts and jerky mechanical moves like a robot," said Taylor-Weber.

Clothes were essential to breaking because of the need for loose movement. Some of the most functional wardrobes were the Nike and Addidas sweatshirts. The sweatshirts were of nylon and that makes them slick, the slipperier the material the better the slide.

Breaking has spread from city to city, street to street, television to television, and Arroyans picked up the craze and began practicing the various styles, such as "moonwalking," "frogging," "spinning," and "waving."

Why do kids break? "It's fun. It's a challenge because it is so physically demanding. There aren't too many Arroyans who break, so I feel good when people admire me on the dancefloor," claimed Gordon Early, one of Arroyo's original breakers.

Photo by Barros



White, Andrew  
Whittaker, Jenny  
Wildman, Sean  
Wilkinson, Sue  
Williams, Chris  
Williams, Mike

Wilson, John  
Witherspoon, Stephani  
Wong, Diane  
Wong, Ronald  
Woodward, Eric  
Wright, Carlos





*"To know is nothing at all; to imagine is everything."*

*Anatole France*

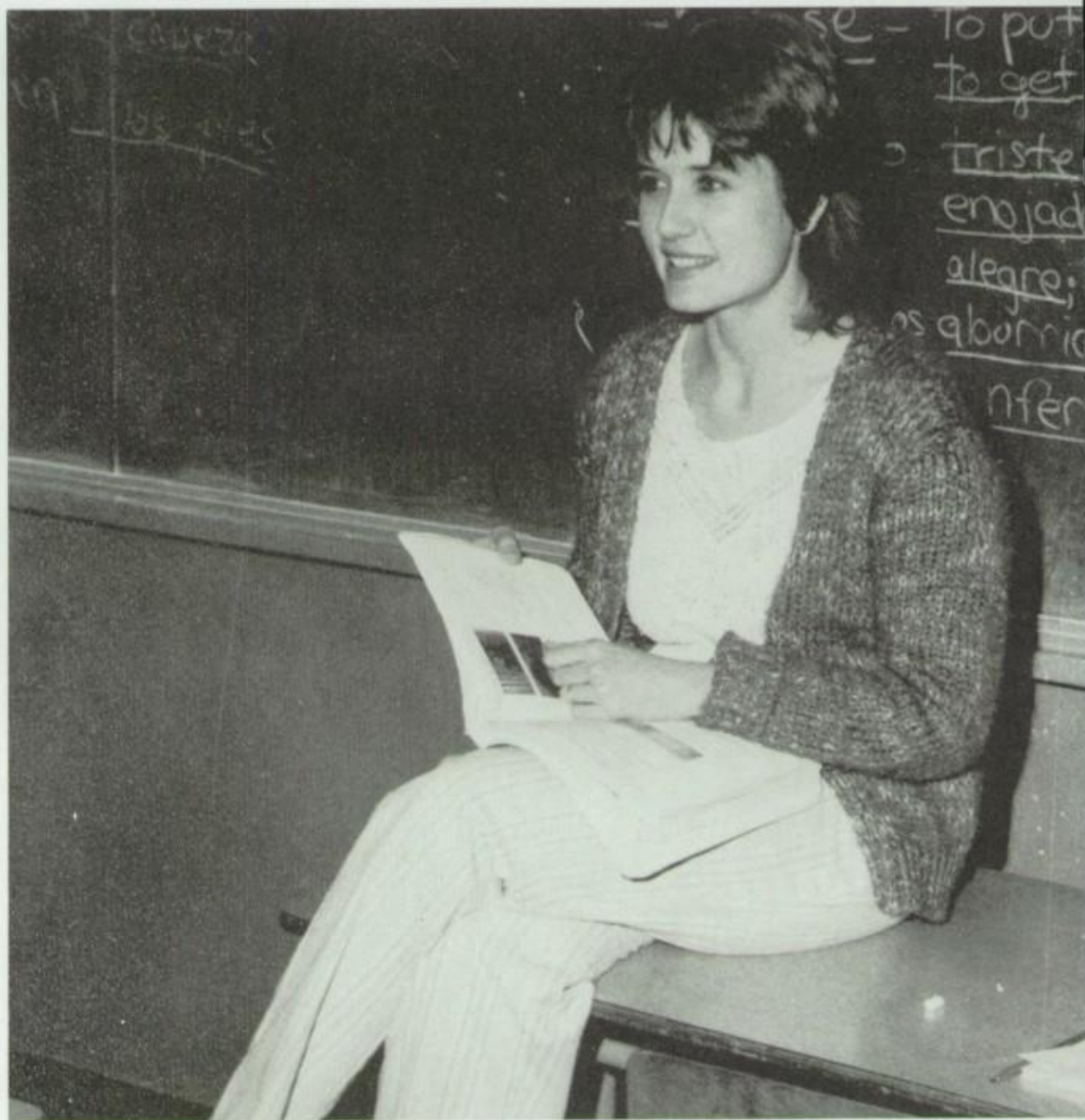
Photos by Gurr



As she goes over some of her students' projects, Linda Santillan smiles to herself when she sees a joke put into one of their reports done by a student.

While quietly correcting a student's homework, Sarah Gaskins tries to finish the class' papers before it's time to put all of her things away and go home.

Smiling at a pupil who is attempting to speak Spanish, Melinda Ferreira helps him out and tells the class the proper pronunciation of the foreign word.



**Anderson, Ron**  
BA, Cal State U., Fresno  
Wood 1-5, 2-3, 4-5



**Basacker, Bill**  
BS, Cal State U., Hayward  
Physical Education, Math 1-2,  
Administrative Intern



**Battino, Tamara**  
BS, Cal Poly U.  
Department Chair  
Physical Education



**Bicknese, Steven**  
BA, Cal State U., Long Beach  
Chemical Science, Physics,  
Chemistry, Human Biology



**Billings, Mil**  
BA, Cal State U., Chico  
Family Living, Sociology





# New teachers bring Arroyo original ideas

by Kristy Hanson

Last year nine new teachers walked through the gates here at Arroyo High School. Seven joined the faculty at the beginning of the school year, and two others arrived at the beginning of the second semester.

Elizabeth Marsh and Deborah Knight came to Arroyo in late January following the retirement of two teachers, James McNeill and Albert Fourmey.

Marsh took the place of business Teacher McNeill after he took an early retirement. Before she replaced

McNeill, she went to Cal State for five years and then she taught some classes at Fremont ROP. "I enjoy teaching at Arroyo," stated Marsh. "The students and teachers are all so nice."

Knight took the place of science Teacher Fourmey after he retired because of medical problems. She received her Bachelor of Science degree at the University of Missouri-Columbia.

The Foreign Language Department received two new teachers, Elizabeth Lismer and Melinda Ferreira, who both taught Spanish. "All in all, I think it's a great school with a lot of nice kids," commented Ferreira when she was asked about Arroyo.

Linda Santillan was the new face seen in the English Department. She went to school at Arroyo and she did all of her student teaching here.

Cathy Buccheri was the new addition in the Math Department. She came to teach at Arroyo right after she graduated from Cal State. "I really like it here because the students are all so interesting," said Buccheri with a laugh.

Pam Nadeau, who is the new teacher in the Music Department, has started some new traditions at Arroyo including the Spring Masquerade concert which took place in early April.

Sarah Gaskins was the new addition to the business department last year.



**Bissell, Victoria**  
BA, UC, Berkeley  
Department Chair,  
Introduction to Social  
Science, Government,  
Comprehensive English 10

**Blom, Ed**  
BS, Cal State U., Hayward  
Adaptive Physical Education

**Brouillette, Mel**  
BA, Cal State U., Hayward  
State Requirements, Human  
Biology

**Buccheri, Cathy**  
BA, Cal State U., Hayward  
Math 8, Math 1-2

**Burnett, Keith**  
BA, Cal State, U., Hayward  
Comprehensive English 9,  
German 1-8

**Camezon, Mary**  
BA, U. of Washington  
Comprehensive English 10,  
Introduction to Social  
Science, Career Decisions

**Casson, Frank**  
MA, U. of Michigan  
Department Chairman,  
Advanced Math, Algebra 1-2,  
Math 1-2

**Clapp, Laura**  
ME, Central Washington U.  
Math 8CP, Math 8, Math 1-2  
CP, Math 1-2

**Cornwell, Lorin**  
BS, San Francisco State U.  
Contemporary  
Lit./Composition, English 11  
Workshop

**D'Augelli, Michael**  
MRE, Cal State U., Hayward  
English 11 Workshop,  
Remedial Reading 8,  
American Lit./Composition

**Drake, Gail**  
BA, San Jose State U.  
Creative Living, Individual  
Living, Gourmet Foods

**Dunn, Barbara**  
BA, San Diego State U.  
Counselor

**Dunphy, George**  
MA, San Francisco State U.  
Athletic Director, Physical  
Education

**Ehsan, Annette**  
BA, San Jose State U.  
English as a Second Language

**Everitt Patricia**  
MS, Northern Illinois U.  
Comprehensive English 9,  
10CP, Senior  
Lit./Composition





# AHS Social Club's events unite faculty

by Michelle Raney

Photos by Fashinell

All work and no play was not only hazardous to students' health, but to the faculty's as well.

The Faculty Social Club, under the direction of Head Attendance Clerk Judy Hackbarth, broke up the day-to-day routine by planning activities for the Arroyo faculty and staff.

One such activity was the annual Christmas breakfast which took place

December 16 at the Moose Lodge in San Lorenzo. The breakfast was held from 7-9 a.m. which also gave the students a change by deleting first period from the bell schedule. With a mouth watering menu, lots of door prizes, and an appearance by Santa, himself, English Instructor Pat Everitt was still the chosen favorite as she led the faculty in singing carols.

Barbecues for the faculty were planned and held an average of every other month, at which birthdays of the

past and present months were celebrated. Throughout the year, the faculty joined for "liquid refreshments" at the Black Angus for early retirements or events that warranted a get-together.

At the end of the school year in June, the biggest and final party was thrown. Faculty and their spouses attended Crow Canyon Country Club for an extravagant retirement brunch. Those retiring were honored by their colleagues.



Joining in on the festivities, Clerical Workers Ida Rieder, Faye Davis, and Marie Johnson blend their voices in caroling.



**Ferreira, Melinda** BA, San Jose State U. Spanish 1-2, 3-4



**Gaskins, Sarah** BA, UC, Berkeley, Job Skills, Shorthand 1-4, Typing 3-4



**Glenn, Jerome** MA, CAL State U., Hayward, Department Chairman, Resource Math/Social Studies, Administrative Intern



**Hansen, Fred** MS, Brigham Young U., Human Biology, Earth Science, Physiology



**Fisher, Gerry** BA, Cal State U., Hayward Drama 8, Social Studies 8CP, Introduction to Social Science



**Gaziano, Joseph** BS, Boston State College, Shop 8, Math 3-4



**Gorman, Doris** MA, San Francisco State U., Art/Craft 8, Crafts 1-4



**Hansen, Thelma** BA, San Francisco State U., Physical Education



**Fogg, Suzanne** BA, U. of Missouri, Department Chairman, French 1-8



**Gire, Gene** MS, Bradley U., Department Chairman, Metals 1-2, 3-4, Wood 1-5, Metals 1-5, Math 3-4



**Greenbaum, Jerry** MA, U of Iowa, Algebra 1-2, 2A-2B, Intermediate Math



**Hanson, Roy** MA, UC, Berkeley, Principal





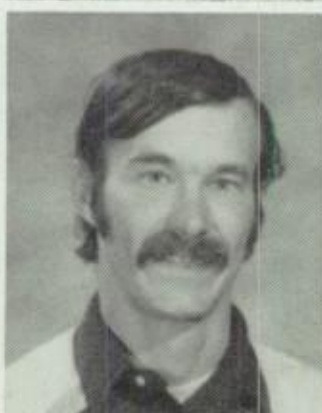


**"Perhaps the most valuable result of all education is the ability to make yourself do the thing you have to do, when it ought to be done, whether you like it or not; it is the first lesson that ought to be learned."**

**Thomas Huxley**

**After making** a smart remark, Social Studies Teacher Mil Billings and Principal Roy Hanson laugh as Dr. David Snider walks away with another prize.

**Trying to pawn off** the apron he won in a drawing, Science Teacher Fred Hansen offers a trade during the Faculty Club Christmas Breakfast.



**Hirsch, Lois**  
MA, San Francisco State U.,  
Physically Handicapped  
Program

**Hitchcock, Robert**  
BA, San Jose State U.,  
Physical Education

**Hoag, Mitchell**  
MA, U. of Northern  
Colorado, ROP Electronics,  
Electricity 15

**Hopkins, Norman**  
MS, Cal State U., Hayward,  
Department Chairman,  
Senior Lit./Composition,  
Senior Honors, English 8,  
Workshop

**Hopping, Marian**  
BA, UC Berkeley, US History,  
Introduction to Social  
Science

**Hunt, Jack**  
MA, U. of San Francisco,  
Director of Student  
Activities, Leadership, Social  
Studies 8

**LaMantia, Ed**  
BA, UC, Berkeley, Auto 1-2,  
ROP Auto

**Levin, Myron**  
MA, Cal State U., Fresno,  
Assistant Principal

**Lismer, Elizabeth**  
BA, Cal State U., Hayward,  
Spanish 1-2, 7-10

**Lloyd, Richard**  
BA, UC, Berkeley,  
Comprehensive English 10CP,  
Beginning Journalism,  
Newspaper Production,  
Yearbook Production





# Residents assist coaches

by Michelle Raney

Lending encouragement in wrestling meet, Coaching Assistant Eddie Xavier, Jeff Johnston, Assistant Coach Rick Hilder, and Coach Fred Indalacio, watch grappling match.

"One of the most important advantages for an off-campus coach was that he was able to concentrate strictly on coaching without having the responsi-

bility of teaching other classes," said Wayne Roberts, head varsity football coach.

There were ten off-campus coaches employed for the Arroyo staff. One such person was Football Assistant Mike Sobek.

A graduate of Marina High School, Sobek played linebacker for four years and was named all-league guard.

Beginning his career with wrestling and then adding football to his schedule, Sobek continued with the Dons upon the closure of Marina in 1982.

Currently employed by the **Daily Review** in Hayward, Sobek is also studying to become a deputy sheriff for Alameda County. Among his many activities, Sobek was also in charge of the weight room and also taught proper weight training techniques to interested Arroyans after school.

"The biggest advantage for me, being a young off-campus coach, is that I have a better rapport with the players, being so close in age," said Sobek.

Sobek also stated that he has learned very valuable coaching lessons from both Coach Roberts and Coach Naish Piazza.



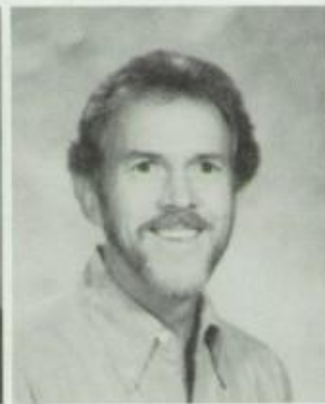
**Macabee, June**  
MS., U. of Illinois, Math 1-2  
Workshop, Physical Education



**Madsen, Robert**  
MA, John F. Kennedy U.,  
English 10 Workshop,  
Mythology, American  
Lit./Comp.



**McCaslin, Boyd**  
MA, U. of Minnesota, Math 1-  
2CP, Algebra 1a-1b, 1-2



**McNamara, Thomas**  
BA, San Francisco State U.,  
Department Chairman, Director  
of Student Finance, General  
Office



**Metcalf, Jerry**  
BS, Cal State U., Hayward,  
Math 8 Workshop, Geometry



**Madrigal, Angelo**  
BS, Cal State U., Hayward,  
Introduction to Social Science,  
Driver Education



**Margetts, Jerry**  
BA, Cal State U., Chico,  
Drafting 1S, 2-3, 4-7, Shop 8



**McKillop, Carol**  
BA, Cal State U., Fresno,  
Special Education



**McNiell, James**  
BS, UC Berkeley, Personal Law,  
Personal Typing, Typing 1-2



**Miller, Kenneth**  
BS, UC, Berkeley, Department  
Chairman, Biology 1-2,  
Introduction to Physical  
Science







"If a little knowledge is dangerous, where is the man who has so much as to be out of danger?"

Thomas Huxley

**Taking a time** out huddle, Soccer Players Paul Marples, Todd Lemke, Coach Tom Hanson, Mark Marples, Sukhwant Grewal, Otto Huizar, and Rob Pandolfo plan attack in second half.

**Studying referee's** call, Off-campus coaching Assistant Mike Sobek ponders penalty with Head Coach Wayne Roberts and Coach Gene Gire.

**Absorbed in a game,** Off-campus Coach Gil De-Hoyos scouts plays for frosh-soph football team.



**Miller, Steve**  
BA, Cal State U., Chico,  
Social Studies 8, Western  
Civilization, English 8CP

**Morris, Steven**  
BA, Cal State U., Hayward,  
Math 8, Math 1-2,  
Workshop, Art 8

**Morrow, David**  
MS, Cal State U., Hayward,  
Math 3-4, Consumer Math,  
Contemporary Affairs,  
Government

**Nadeau, Pamela**  
BA, Cal State U., Hayward,  
Jazz Band, Orchestra,  
Instrumental Technique,  
Band

**O'Connell, Sheila**  
MA, San Francisco State U.,  
English 8, Government, US  
History

**Osborne, Diane**  
BA, UC, Berkeley, Assistant  
Principal

**Piazza, Naish**  
BA, San Jose State U.,  
Department Chairman,  
Physical Education

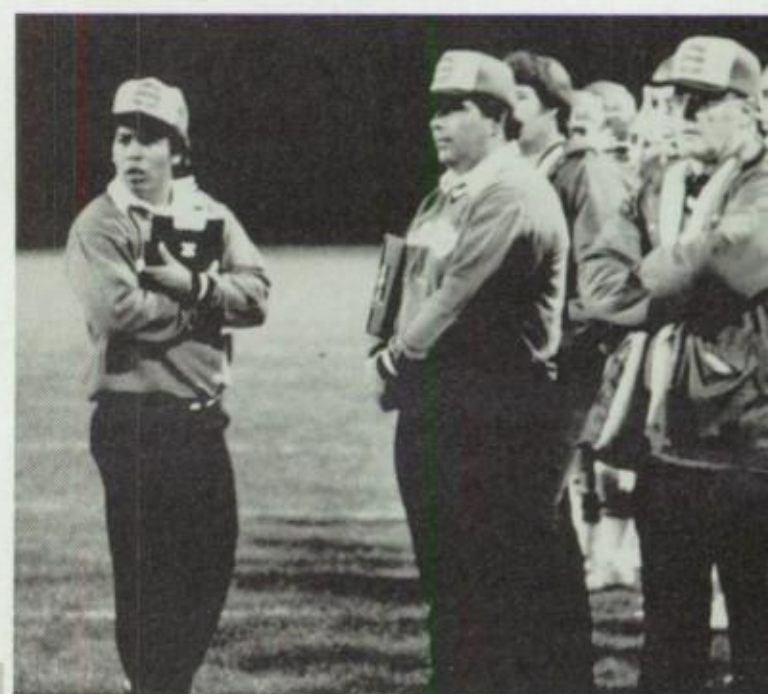
**Pinkney, Donna**  
MS, San Francisco State U.,  
Counselor

**Powell, Dennis**  
U. of San Francisco,  
Accounting 1-4, Typing 1-2,  
Business Communications,  
Personal Typing

**Ramstrom, Linda**  
BA, UC, Berkeley, Spanish 1-  
6

**Remington, Earl**  
BA, UC, Berkeley, US  
History, Social Studies 8

**Roach, Lois**  
BA, San Jose State U.,  
President San Lorenzo  
Education, Association,  
Human Biology, Earth  
Science.





# Education reform follows national trends

by Rene Regalmuto

As the 1984 school year came to an end and following a national trend, students looked towards 1985 and the tougher graduation requirements.

The District Task Force, consisting of committee area chairpersons from both Arroyo and San Lorenzo High Schools, met to derive the new gradu-

ation requirements in order to meet the requirements set up by the State Senate.

According to Assistant Principal and Task Force Head Myron Levin, the Classes of 1987 and beyond will be facing three years of English, three years of social studies, two years of mathematics, two years of science, two years of physical education and one year of fine arts or foreign language in order to graduate.

Computer courses were also being considered, but were ruled out because of lack of facilities.

The final decision to change graduation requirements came December 20.

Levin favored these higher expectations, "We just have to see if it works for all students."

The fear was that not all students will be able to meet the requirements and there will be less room for electives.



Explaining a complicated problem set, Math Department Chairman Frank Casson, a member of the Faculty Task Force Committee, lectures his Advanced Math class.



**Roberts, C. Wayne**  
BS, Cal State U., Hayward,  
Physical Education, Social  
Studies 8

**Runyon, Charles**  
BA, California College of Arts  
and Crafts Department  
Chairman, Arts/Crafts 8, Art  
1-4, Photography 1-4

**Santillan, Linda**  
BA, Cal State U., Hayward  
Comprehensive English 10,  
Proficiencies, Outside Work  
Experience



**Sarchett, Diana**  
BA, San Francisco State U.,  
Social Studies 8, Physical  
Education

**Schultz, Patricia**  
BA, San Francisco State U.,  
ACappella, Mixed Choir

**Scott, Darlene**  
BA, Humboldt State U.,  
Department Chairman,  
Today's Living, Creative  
Living



**Seifert, Fred**  
MS, Gonzaga U., Math 8,  
Geometry, Intermediate  
Math

**Shepard, Gregg**  
BA, Sonoma State U.,  
Introduction to Social  
Science, Psychology

**Simons, Barbara**  
BA, San Jose State U., Head  
Counselor



**Skeen, DeWand**  
MA, San Francisco State U.,  
Recordkeeping, Typing 1-2,  
Math 7 Workshop

**Souza, Thomas**  
BS, DePue College,  
Counselor

**Strongman, Donald**  
BA, UC Santa Barbara, English  
8, English 8 Workshop





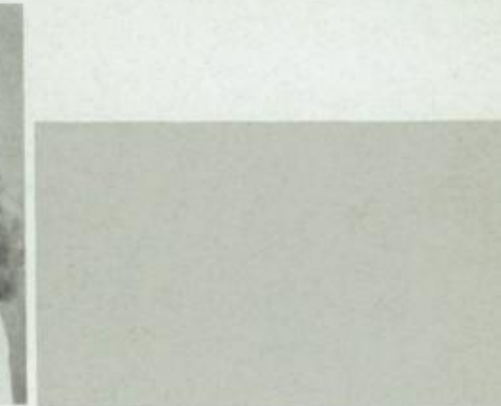


"It is the ignorant who despise education."

**Publilius Syrus**

**Observing the** presentation of senior awards and honors, Assistant Principal Myron Levin, who headed the Task Force on educational standards, listens intently at Senior Recognition Night.

**Checking to see** if they have fulfilled graduation proficiency requirements, Sean MacGowan and Rod Shinki discuss their achievement with Instructor Linda Santillan.



**Tancready, Angelo**  
BA, San Jose State U., Special Education

**Tandowsky, Richard**  
BA, UC Berkeley, Comprehensive English 9, 10CP, American Lit./Composition

**Vilas, Sally**  
BA, San Jose State U., Librarian

**Ward, Wayne**  
BA, San Francisco State U., English 9 Workshop, Drama 1-4

**Weissenborn, Kenneth**  
BA, Cal State U., Hayward, Introduction to Social Science, Career Decisions, US History

**Wergeland, Jerrold**  
BA, U. of Washington, American Lit./Composition, Mass Media, Comprehensive, English 9CP

**Wigand, Robert**  
BS, Cal State U., Hayward, Science 8, Human Biology, Earth Science

**Wilber, Jack**  
BA, Pepperdine U., Comprehensive English 10, US History

**Wilson, Lorraine**  
BS, Cal State U. Los Angeles Counselor

**Woods, Diane**  
BA, Cal State, U., Hayward, Special Education





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Cindy,

You've come a long way, sis.

Congratulations.

Love,  
Tim



**Dear Jeff:**  
Congratulations.  
We are very proud of you, and wish you the best that life can give. Set your goals high, we know you can reach them.  
Love always,  
Mom, Dad, Kelly and Karen.

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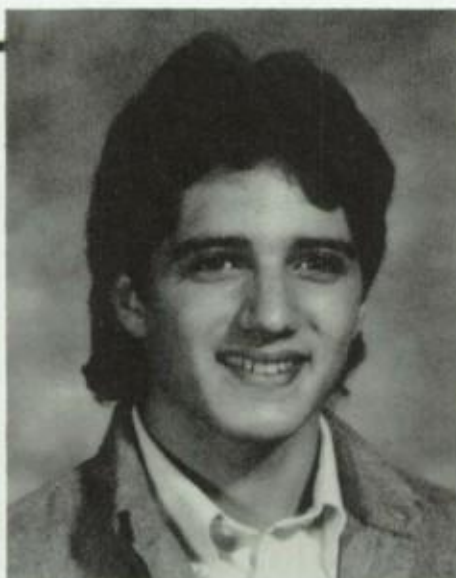
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We are very proud of your accomplishments. You are special to us.

Mom, Dad, Michelle



Congratulations

We love you,

Mom and Dad







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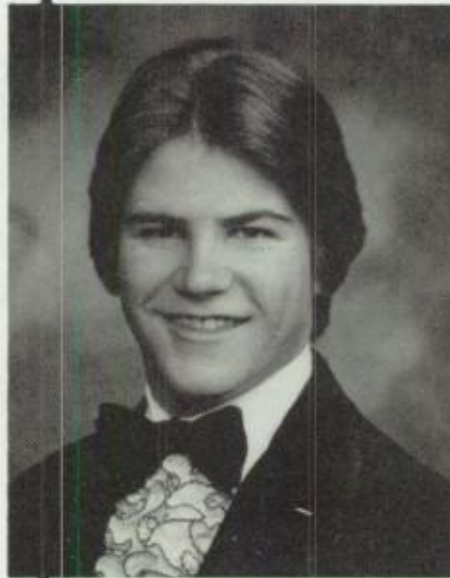
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Jim,  
Congratulations.

We love you and are  
proud of you.

Love,  
Mom and Dad

### Nicole-

Seems like this picture  
was made only  
yesterday. Now you're  
ready to begin  
another new chapter  
of your life.  
Congratulations.  
We love you,  
Mom and Dad



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### Shelley,

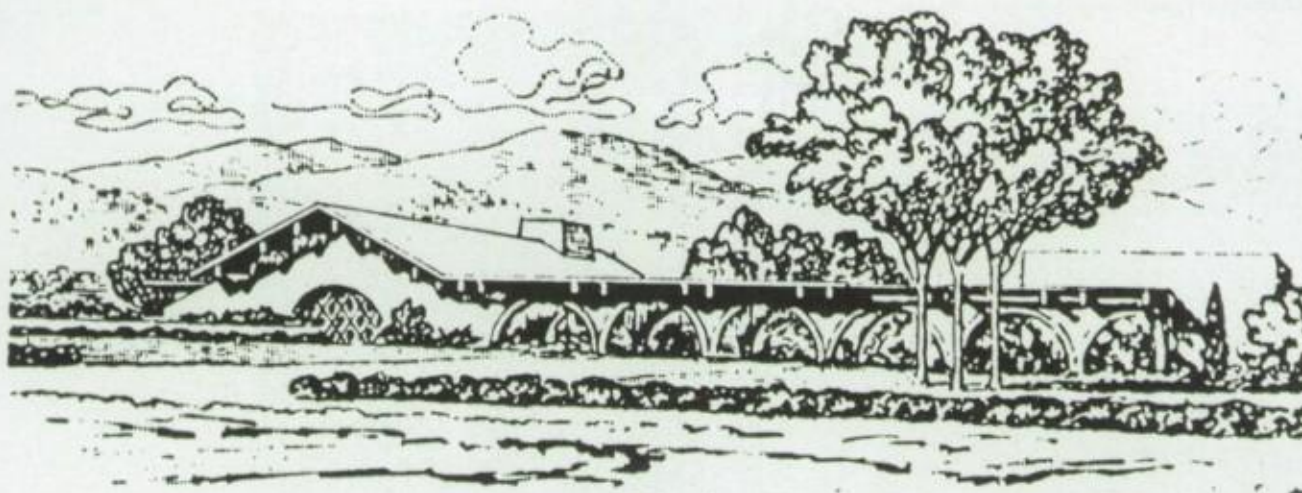
Just the other day  
we had this picture  
taken (or so it seems).  
Now, twelve years  
later, here we are  
again. You've done  
well, honey, and we  
are so proud of you.  
We love you,  
Mom and Dad



Congratulations, **Tori**.  
You made it. I always  
knew you would. Our  
family is very proud of  
you. May the future  
hold all of your  
dreams come true.  
God bless and keep  
you always. You're #1.  
I'll love you forever,  
Mother







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Cindy.**

**We're proud of you.  
May all your dreams  
come true.**

**Love,  
Mom, Dad, Tim, Lisa,  
and Nate**



**"Hogman"**

**Congratulations,  
you made it!!**

**Love,  
Mom, Dad, and Gary**





# Advertising

Congratulations and best wishes as you head for B.Y.U. Those nine years of piano have paid off. We're proud of you and all your accomplishments. Love,  
Mom, Dad, Gary, Lorrie Jan, and Afei.



Congratulations, Tina  
from,  
The Honey Comb

CRUISES - TOURS - AIRLINE TICKETS - HOTELS

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CINDY OTTRIA  
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PHONE 276-6005

## **Simpson's Cleaners**

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Bus.: (415) 276-5288

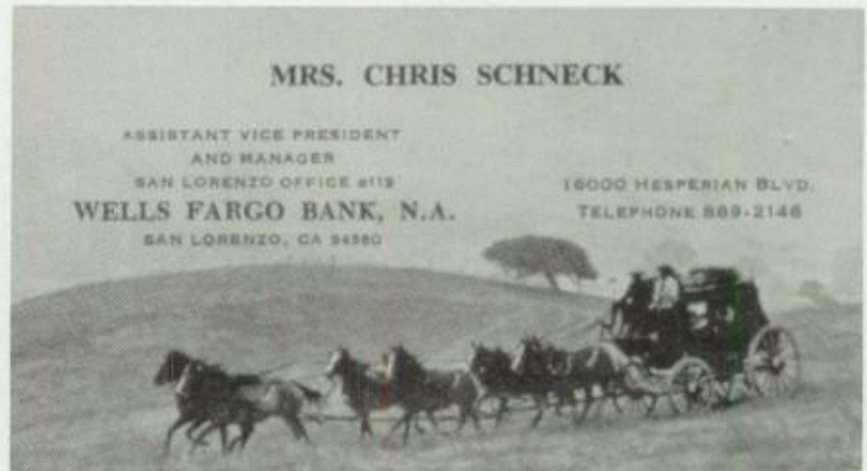
JERRY WILLIAMS  
Agent

1381 Bockman Road  
"Bockman Plaza Shopping Center"  
San Lorenzo, California 94580

MRS. CHRIS SCHNECK

ASSISTANT VICE PRESIDENT  
AND MANAGER  
SAN LORENZO OFFICE #115  
**WELLS FARGO BANK, N.A.**  
SAN LORENZO, CA 94580

16000 HESPERIAN BLVD.  
TELEPHONE 889-2146



Dear **Bob,**

Best of luck to you now and in the future.

Love,  
Mom



Congratulations, **Nancy**  
May the years ahead of you be as good as the last eighteen. You made us so proud and gave us so much happiness. We hope you get the finest things in life.  
Love,  
Dad, Mom, and Matthew





Ana,  
Keep on smiling  
because the best is  
just ahead. May there  
be more joys than  
sorrows.  
Love,  
Mom



Stacey Racette,  
No greater gift were  
we given than the day  
of your birth. The  
warmth of your love,  
the understanding in  
your touch and the  
wisdom of your times  
truly are the sunshine  
of our lives.  
Forever love,  
Mom and Dad



415/351-3077

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David Louis Escobar,  
You have grown up to  
be a very fine young  
man. We are very  
proud of you. We  
wish all the luck and  
happiness in the  
future.  
Love always,  
Mom, Dad, and  
Manuel

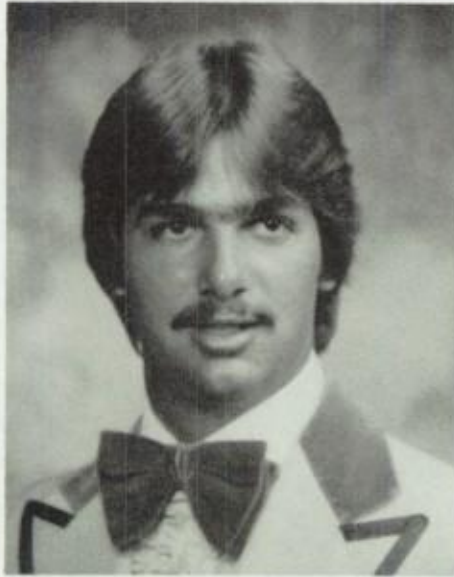


Debbie Reyes,  
Life will always be rich  
and rewarding for you  
because of your  
generosity and  
thoughtfulness.  
With love always,  
Mom, Dad, Valerie,  
Rhoda and Victor





# Advertising



**Timothy J. Harris,**  
Congratulations and  
good luck son. We are  
proud of you.  
Love,  
Mom and Dad



**Lisa Foy,**  
Then until now passed  
all too quickly.  
Congratulations. We  
love you and wish you  
all the good things in  
life.  
With our love,  
Mom, Dad, Larry,  
and Jason



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**Deana Zoggas,**  
Goodbye '84; hello  
future. We knew  
you'd make it. We are  
very proud and we all  
wish you much  
success and a life  
filled with love and  
friendships.  
Congratulations  
Love,  
Mom, Dad, Nicole,  
Rachelle and Janelle



**Gwendolyna Dovigi,**  
You have succeeded  
in all your activities  
and events both  
personal and in  
school. Because of  
your accomplishments  
and for being who  
you are, you will have  
a great future. We are  
very proud of you.  
Love,  
Mom, Dad, and sisters





**Michelle,**  
Good luck in the future. Con-  
gratulations on your gradu-  
ation. Happiness always.  
Love, Dean Williams



**Todd,**  
Congratulations, Son.  
Love always,  
Mom and Dad



**Debera Kimmey Reyes,**  
Congratulations, Debera. Looks  
like you finally made it.  
Love,  
Uncle Paul, Lou, and Benny



**Chris,**  
Thank you for giving us so  
much pleasure. We are  
proud of you, son.  
Love,  
Mom and Dad



*IN SAN LEANDRO*

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# Advertising



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great  
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&  
Pasta



**Mike,**  
We knew you could do it.  
Good luck with your life.  
We love you,  
Mom, Dad, Jamie, Tony,  
Grandma, and Grandpa

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**Stacie Brose,**  
Congratulations to a wonderful  
sister and daughter. We are  
proud of you, our first gra-  
duate.  
Love,  
Mom, Dad, Deanna, and  
Vanessa



HOME FEDERAL SAVINGS  
AND LOAN ASSOCIATION OF SAN FRANCISCO

THOMAS M. SMITH  
ASSISTANT VICE PRESIDENT  
BRANCH MANAGER

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**Tony,**  
We have been proud of  
you since that first day of  
school. Congratulations!  
Love,  
Mom and Dad

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BARBARA MARONI  
AREA MANAGER

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483-6592



**Heidi,**  
Congratulations We are all  
proud of you.  
Love,  
Dad, Mom, Erick, and Nana





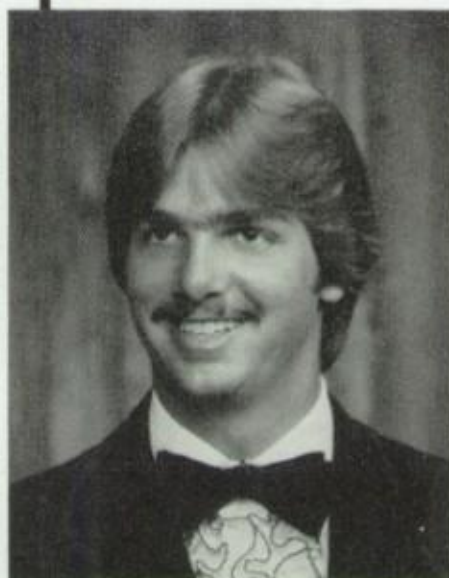
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Wholesale Electrical Distributors

Chris Boehmer

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**Tim,**  
You've made my senior year  
the best. You're very special  
person to me. Good Luck Al-  
ways!  
I Love You!  
Elizabeth

**Michelle Mello,**  
You were special to us  
then, and you're even  
more special as time  
goes by.  
Love always,  
Dad, Mom, John,  
FeeFee, and Dudley



**Sean Pierce,**  
Congratulations.  
You've come a long  
way- We love you  
Mom, Dad, Scott, and  
Beth



**Rene Regalmuto,**  
Congratulations, Rene. All your  
effort and hard work is about to  
be rewarded. We are glad that  
we are able to enjoy it with  
you!  
Dad and Mom



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# Advertising

**Paula do Rosario Corujo Neto,**  
You are a great daughter and sister. We are proud of you and we love you.  
Love Always,  
Mom, Dad, and Marize



**Gregor,**  
The world out there is rough but we know you're plenty tough. You can do it! You can do it! #35 will always be #1 with us. Congratulations, Gregor. We're all very proud of you.  
Love,  
Mom, Dad, Sharon, and Vicki

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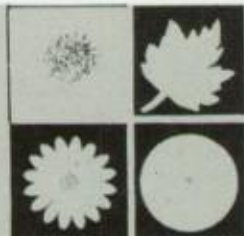
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BERT VAUGHN  
GROCERY DEPT.

**Dear Jeffer,**  
You're number one son with us. You've made us very proud.  
Love, Mom, Dad, and Cheryl



**Elizabeth,**  
Congratulations. You make us very proud. We love you!  
Love,  
Mom and Ken





**Shelli Smith,**  
#5 Smith makes it  
through Arroyo.  
We knew you could  
do it, Shel.  
Welcome to the  
real world. With  
your sense of  
humor, you'll do  
just fine.  
Love always,  
Dad, Mom, Rick,  
Jeff, Marty, and  
Stu



**Keith Toon,**  
A son who turns  
out like you makes  
parenting  
worthwhile. You're  
really a special  
person. Good luck  
in all you do, and  
may life be gentle  
with you.  
We love you a  
lot.  
Mom and Dad

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MEN AND WOMEN



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**Danny LeDoux,**  
Looks like we made  
it. Good luck in the  
future. Remember,  
dreams will never  
die!  
Love Ya,  
Michelle



**Debra Reyes,**  
Congratulations,  
Debra.  
We Love You,  
Debbie and Dawn-  
Marie





# Advertising

**Charlene,**  
Well you finally did  
it. Congratulations! I  
hope everything  
you want in life you  
get because you  
deserve every bit of  
it. Good Luck!  
Love always,  
Jeff



**Jeffrey Johnston,**  
You have come a  
long way and we  
know you will  
succeed in  
whatever you  
choose for your  
future.  
Love,  
Mom, Dad, and  
Debbie

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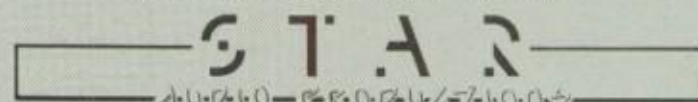
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**Todd,**  
Thanks for making  
us so proud.  
You will go a long  
way.  
Love,  
Grandma and  
Grandpa Russell



**Arlene,**  
Best wishes on your  
graduation.  
When are you  
coming down to  
L.A.?  
Love,  
Matthew





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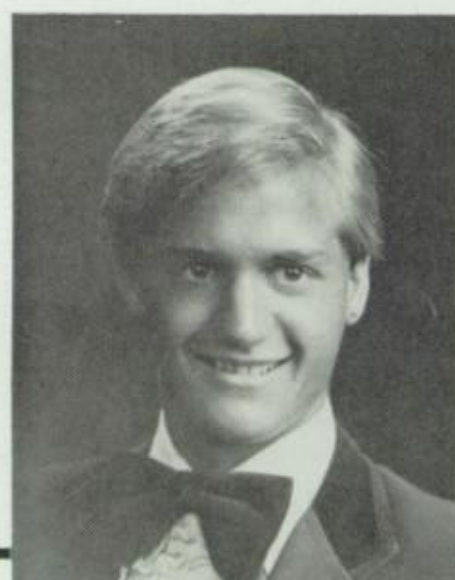
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*"In The Village"*



**Muffy,**  
You've made it. Congratulations! Graduation is a great individual achievement and I'm very proud of you. We owe Arroyo for our relationship and enough education for me to know when I love someone. I'll never let you go.  
Dean

**Michael James Witherspoon,**  
To a special guy who has brightened our lives. Good luck in the future.  
Love,  
Deanna, Pat, Ron,  
and Jimmy



**Kim,**  
Our love and best wishes to you always.  
Love,  
Mom, Dad and Ken

**Get a little  
Glendale  
going...**

With our innovative savings programs, we make it easy!

**You're going  
to be alright!**



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**Tina,**  
Congratulations. We love you.  
Love,  
Mom, Dad, Mark and Dana

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# Advertising

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BROKER

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**Charlene,**  
Congratulations. We  
love you.  
Love,  
Mom, Dad, and Joey



**Debra Reyes,**  
Congratulations Debra.  
We love you.  
Uncle Eloy, Sue,  
Candy, Steven, Chi-  
Chi and Eloy



**Dan LeDoux,**  
Congratulations, Son.  
We are real proud of  
you. Don't let this go  
to your head.  
Love,  
Mom and Dad  
LeDoux

**FOR DANCING OR EASY LISTENING,  
FROM THE 30'S to THE 80'S, THE  
VERSATILE SOUND OF...**



# Full Coverage Band

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**Arlene,**  
Good luck in all your future en-  
deavours.  
All my love,  
your brother Kurt







967 MANOR BLVD.  
SAN LEANDRO, CA 94579  
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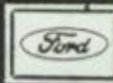


# Advertising

Susan,  
Congratulations.  
Wish you the very  
best for your  
future.  
Love Always  
Mom, Dad, Walt,  
Stephanie



Paula Sanchez,  
To our beautiful  
child who grew up  
to be a beautiful  
person and friend  
we love!  
Congratulations.  
Love Mom, Dad,  
and Little Sister



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415-352-4653

Margaret,  
You've been such a  
good friend to us.  
You're so fun to be  
around (given the  
opportunity). Good  
Luck in the future.  
We love you.  
Love Janae, Holly,  
and Barbara



Sonya,  
Congratulations and  
good luck in the  
future.  
Love Mom, Dad,  
and Collette





**Elizabeth,**  
To our best little girl.  
Love,  
Pink Grandma and  
Da



**Kevin J. Heinrich,**  
Congratulations.  
You've made us very  
proud.  
Love,  
Mom, Dad, and  
Randy



**Emery's  
Floor Covering**

Bud Emery

351-1200

Carpet-Linoleum-Drapes

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We accept M/C and VISA **Phone 352-3022** Beer & Wine  
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Where the service is maximum and the waiting is minimum

**Terri,**  
To the world's  
greatest daughter. You  
always make us proud.  
Hope you get  
everything you want  
out of life.  
Congratulations.  
Love,  
Mom and Dad



**Bob, Jojo, Tony, Al,  
Glenn, and Dean,**  
Congratulations, Guys.  
You did it! Remember  
all your high school  
memories and good  
luck with whatever  
the future holds.  
Love,  
Mom and Pop Gurr





## A HAMBURGER SHOULD BE MORE THAN JUST SOMETHING TO EAT.



We think a hamburger should be fun. And that it should be a complete meal.

So at The Red Robin, you can select from 28 different gourmet burgers, served with your favorite beverage. None

of which bear any resemblance whatsoever to the obscenities many malt shops pawn off as "hamburgers."

Yes, at The Red Robin, we think it's time for the hamburger to act its age.

AMERICA'S GOURMET BURGER MAKER & MASTER MIXOLOGIST

### RED ROBIN

BURGER & SPIRITS EMPORIUMS

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140 Bayfair Mall

San Leandro, CA

(415) 276-0377



**Michele,**  
Congratulations! May all your dreams come true.  
We love you,  
Dad, Mom, and Larry

**To our gang:**  
We cherish the moments that we've spent together. You're a very special gang. We're gonna miss you, Love Ya, Lu and Clyde



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MOMENTS, FRANCIS HOOK.

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**Janae,**  
Your first step into the future! Keep climbing.  
Love,  
Dad and Mom



**Tricia,**  
Our third and last Arroyan- How fast the happy days went to produce the beautiful young lady we know and love today.  
Love,  
Mom and Dad





## Don Barros Photography

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SAN LEANDRO  
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226-3808

DUBLIN  
6904 Village Parkway  
826-8555



Jill,  
You really out did yourself  
this time. Congratulations.  
You made it.  
Love,  
Mom



Tammy,  
Thanks for being my  
friend. I wish the best  
of everything for you  
in the future.  
Love and Friendship  
always,  
Sue





# Advertising



**Kim,**  
Congratulations. We are proud of you. We love you and wish you the very best always.  
Love,  
Mom, Dad, and Matthew



**Sue,**  
Well, we finally made it. I hope the future will be as fun as the past. Good luck with what you do in the future.  
Love  
Big Vic & Little Vic

**WINDSOR CLEANERS**  
2004 LEWELLING BLVD. AT WICKS  
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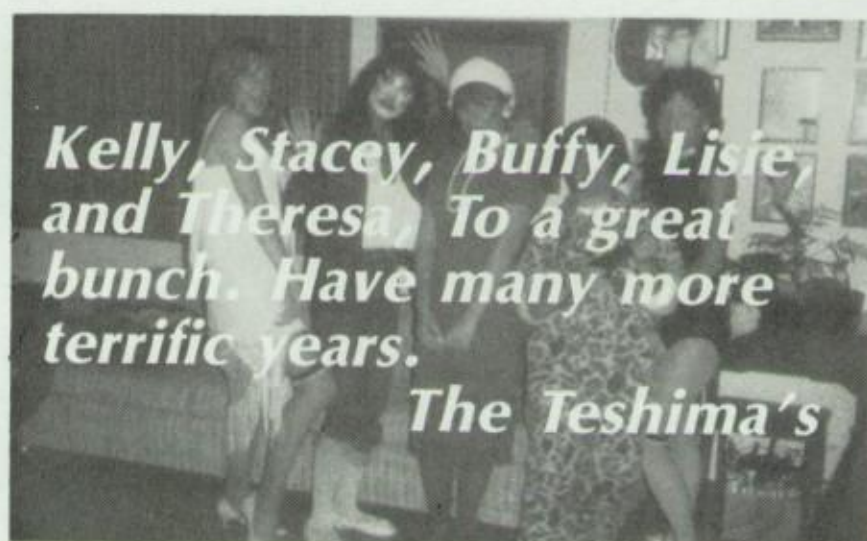
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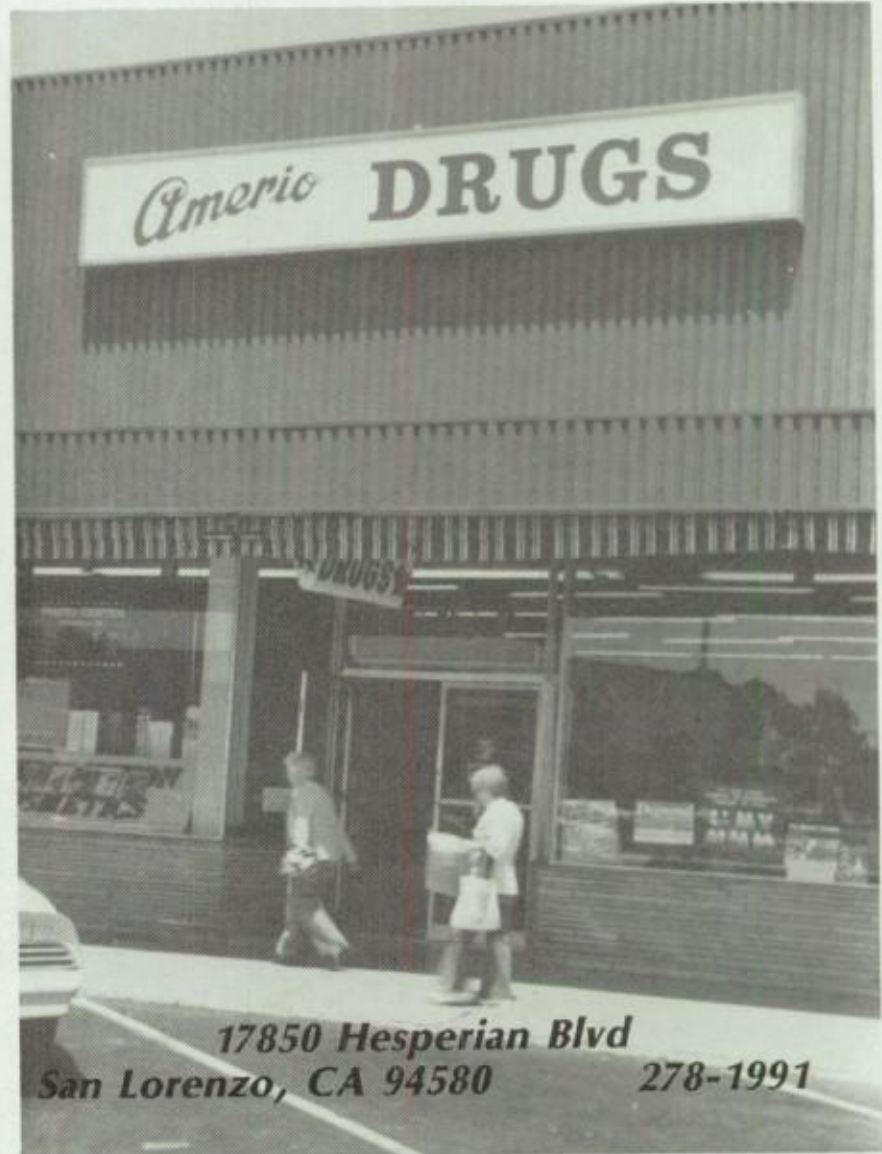
**Ricky!**  
Looky here, MOFO.  
Just want to wish you  
congrats. We're looking  
forward to many, many  
more HAPPY times in  
the future.  
Your buddies,  
Dean, (Boo), Bob, Glenn,  
Tony, Jojo, and Al



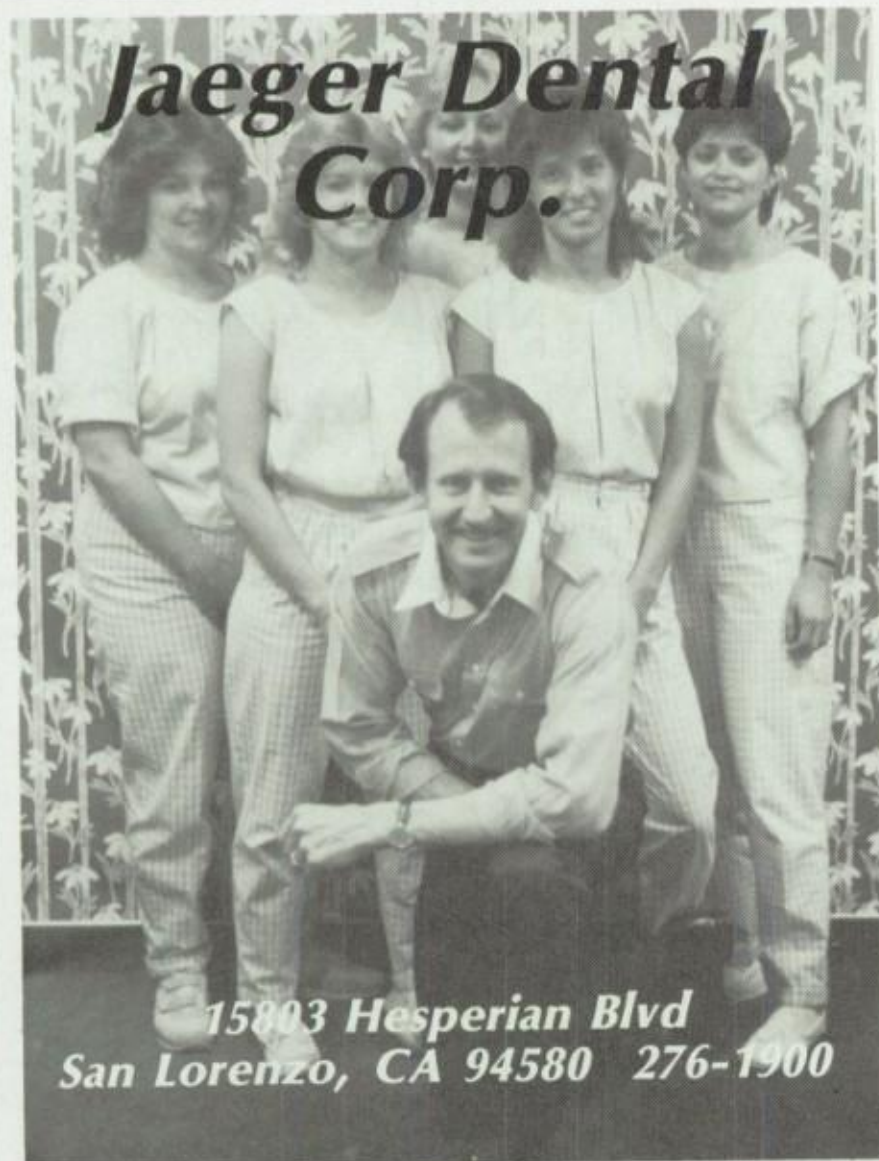




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**Randy,**  
So you've done it in  
this "leap year" too;  
gone and graduated.  
We are both proud of  
you in this  
achievement. Our  
sincere wishes for a  
successful and Happy  
future.  
Love,  
Dad and Mom



**Brooke Mingarelli,**  
Little One- Let  
beautiful things  
happen today and the  
rest of your life. May  
you always find your  
pot of gold.  
Love,  
Mom, Dad,  
Midnight, Mandy,  
Tinker, Sam, and  
ANIMAL.

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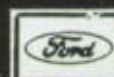
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**Arlene Ogata,**  
With much love and  
happiness always,  
Mom, Dad, and  
Sarah



**Shawney,**  
Were very proud of  
you and love you very  
much.  
With love,  
Mom and Lynee







**Debera,**  
Here's wishing you a  
very bright and happy  
future.  
Uncle Ton, Auntie  
Lou, Grandma, and  
Kim



**Janet Partridge,**  
We're proud of you  
and we love you.  
Mom, Dad, Johnny,  
Rob, Carol, Dave,  
Renee, Sophie, and  
Chukka

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**Julie Sparrow,**  
Good Luck and I hope  
everyday of the future  
is filled with fun and  
happiness.  
Your friend,  
Denise



**Todd Lemke,**  
We are proud of your  
hard work and  
accomplishments, but  
mostly we're proud of  
who you are.  
Love,  
Dad, Mom, & Scott





# Lloyds Bank



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San Lorenzo



**Kim,**  
I hope you will always love  
me, as much as I love you.  
Love ya lots,  
Dave

**Sue,**  
The years I've spent  
growing up with you  
have been great. Best  
wishes in the future in  
what you do and who  
you share it with.  
Love ya,  
Little Vic



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**Nicole,**  
May your future be as  
bright as the sunshine  
you have brought into  
our lives. And may  
your memories of the  
past years be ever a  
part of your future.  
Love,  
Mom, Dad, and  
Dawn



**Arlene and Sharlene,**  
Well, we made it!  
Thanks for always  
being there, and  
thanks for being the  
best friends in the  
world.  
Kim





# Advertising



**Susan,**  
Congratulations!  
We are proud of you.  
Love,  
Mom and Dad



**Adrianna,**  
We finally made it! I  
could never have  
done it without you.  
You've been, and  
always will be, a great  
friend.  
Janet



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**Michelle,**  
Congratulations! We  
are very proud of you  
and love you very  
much. We wish you  
success and happiness  
in everything you do.  
Enjoy life and live it to  
the fullest.  
Love always,  
Mom and Dad



**Dean,**  
Congratulations! on a  
job well done. Your  
accomplishments have  
been many, especially  
as yearbook editor.  
We are very proud to  
have you as our son.  
Love you,  
Mom, Dad, and  
Darren





*For if you never say hello,  
There's no need to ever say goodbye.*

***Arroyo Executive Council***



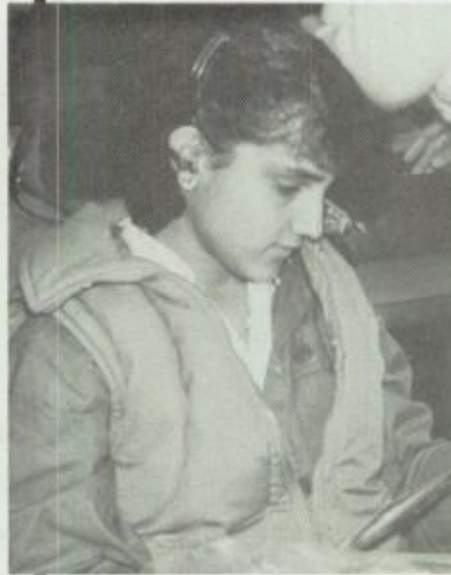


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Adrianna Aranda,  
Congratulations, Adrianna.  
You're a winner and we're  
proud of you. May all your  
dreams come true.  
Love Mom & Dad

Evelyn,  
We love you. Wish  
you luck in the future  
and are proud of all of  
your accomplishments.  
Love,  
Mom, Dad, Ozzie, and  
Alain



Deana,  
This is it, Sweetie. We  
finally made it! We  
had a crazy senior  
year, but we made the  
best of it. You're a  
great and special  
person. Good luck in  
your future. Love ya,  
Friends always,  
Rhonda

Chad,  
Congrats. I'm really happy for  
you. Its been great sharing  
'our' high school years  
together. You're a special  
person and I'll cherish our  
friendship forever. I'm gonna  
miss you. Take care and keep  
in touch, love ya lots,  
Rhonda



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**Jim,**  
With loving thoughts  
and appreciation for  
the many qualities that  
make you such a  
wonderful son.  
Congratulations!  
Love, Mom and Dad



**Jill,**  
Congratulations. You  
have always been a  
loving and caring  
daughter and sister  
and brought such joy  
and pride in our lives  
from the day you  
were born. May your  
future lie healthy,  
successful, and happy  
because no one  
deserves it more.  
Love Mom, Pop, Gary,  
Mike, and Tim



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**Rhonda,**  
Thanks for all the  
memories. Good luck  
with everything. See  
ya in a couple of  
years.  
Love ya, Deana

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**Vicky,**  
Congratulations!  
You've finally made it.  
Now you're stepping  
out into a new world  
full of opportunities  
and I hope you're  
successful. Best of  
luck!  
Love, Tami D.





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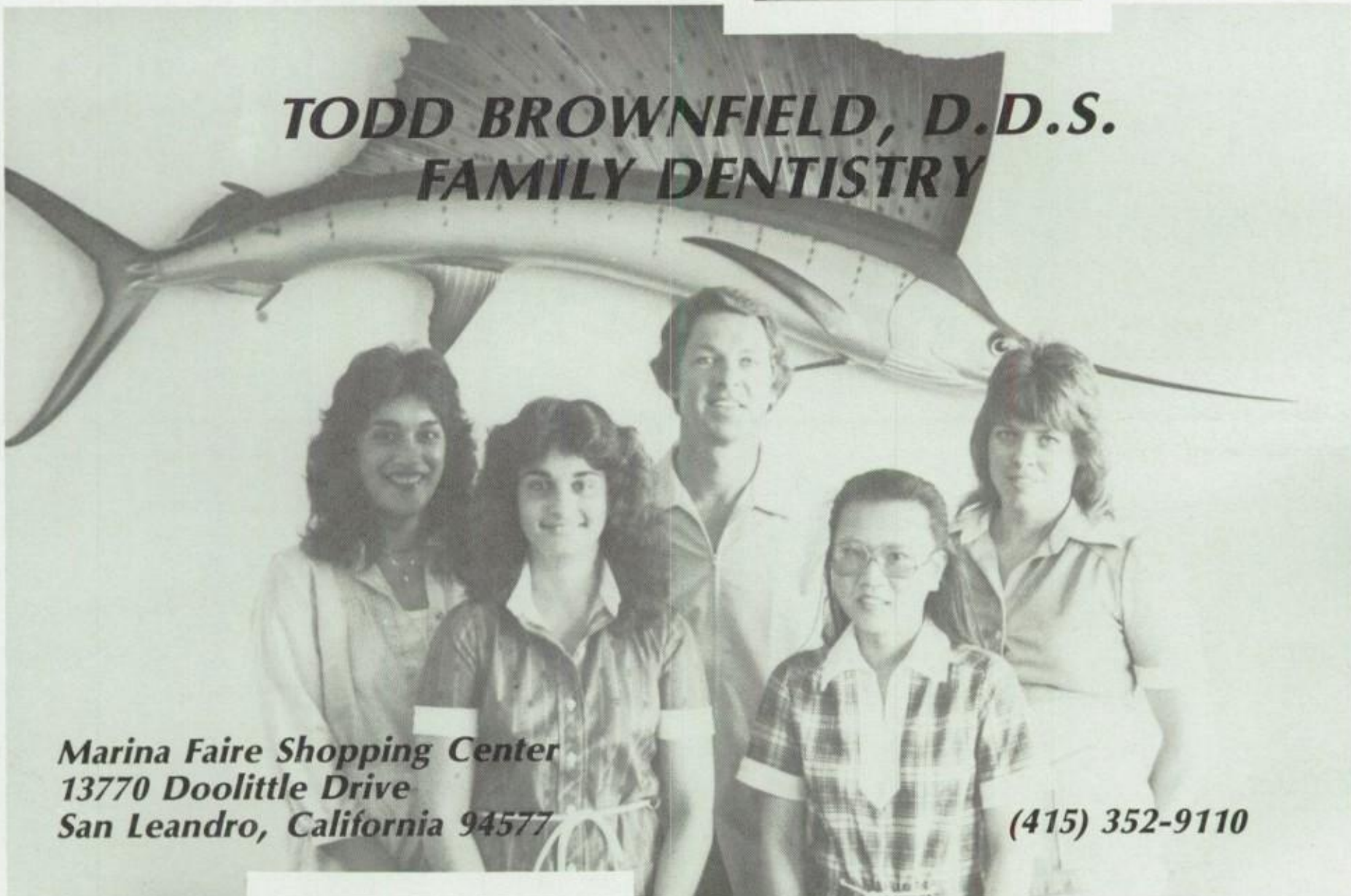


**Lisa,**  
May each success be a  
prelude to a greater  
one following.  
Love,  
Pop



**Vicki,**  
Thanks for being my  
best friend and a  
great sister. Best of  
luck in the future and  
who you share it with.  
Love ya,  
Sue

## **TODD BROWNFIELD, D.D.S.** **FAMILY DENTISTRY**



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**Shawney,**  
It's finally our turn.  
Thanks for making my  
school years so much  
fun. We have a lot of  
memories; some of  
which I'll always  
treasure. You will  
always hold a special  
place in my heart.  
Love ya,  
Friends forever, lu'



**Chris,**  
Congratulations, son.  
We are all proud of  
you and love you very  
much.  
Mom, Grandma, and  
Grandpa







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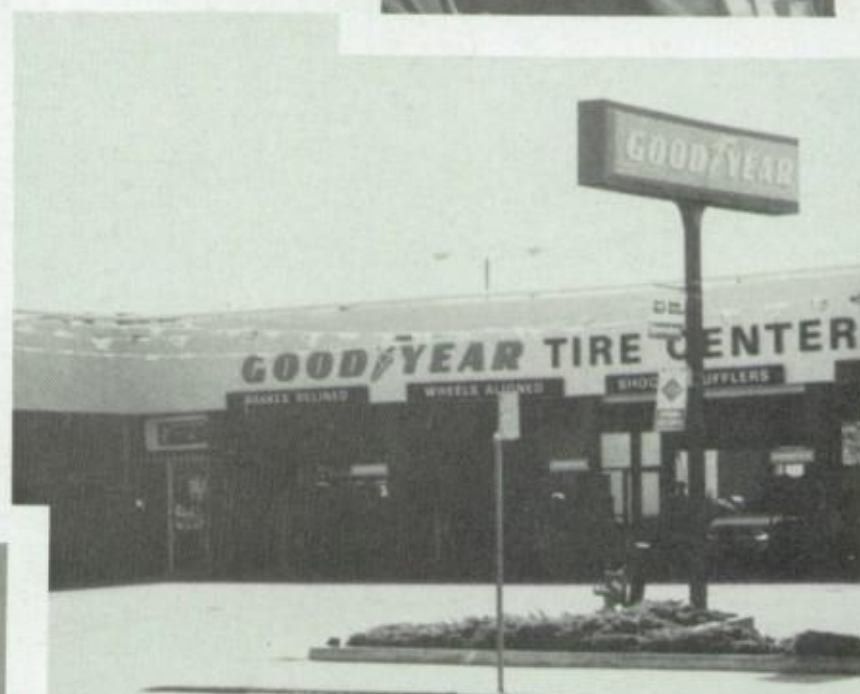


**Brooke,**  
You're a beautiful person,  
loving and caring. May life  
always return to you the  
happiness you've brought into  
your lives.  
Much love,  
Grams and Gramps

**Toni Moore,**  
God gave us a special  
jewel when he gave  
you to us so late in  
life. You have been  
the one that has given  
us the desire to go  
forward. You were the  
No. 1 star in all your  
ball games to us. We  
love you.  
From your No. 1 & 2  
fans,  
Dad and Mother



**Tomi Goding,**  
Realize your  
accomplishments,  
there are many. Show  
others your patience  
... it has proven its  
worth. Continue to be  
an inspiration to bring  
the world a smile. You  
deserve it all, Tomi.  
Always and forever,  
Joe



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MARK DENTON

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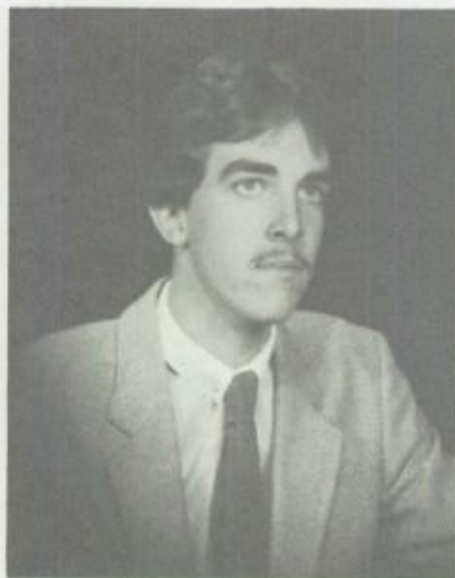
**Sheryl,**  
We want you to know we  
love you and are proud of  
you. Always keep your bright  
smile.  
Mom and Dad



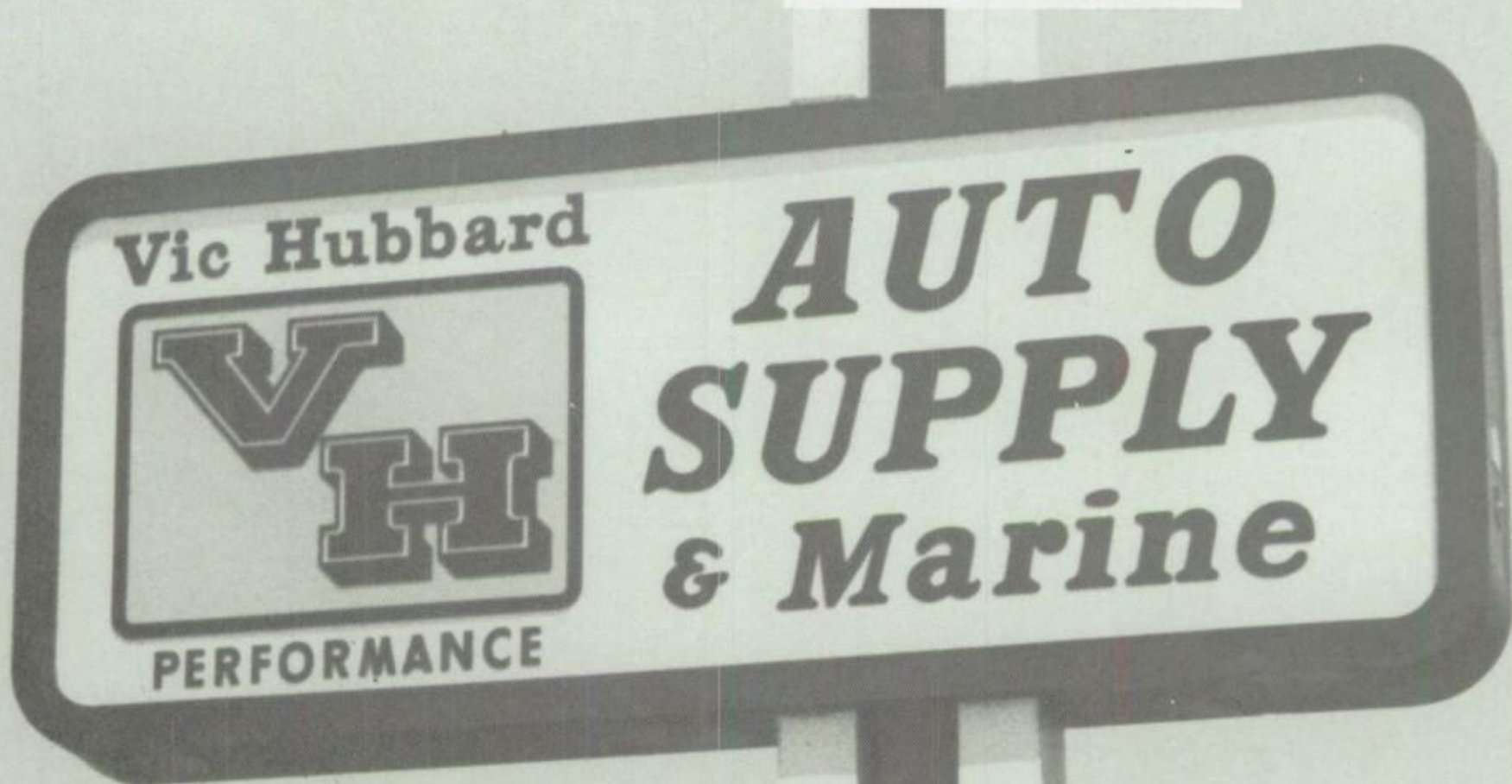


# Advertising

**Bryan,**  
To a great yearbook staffer and **Gazette** writer, also to a top photographer! Good luck to you in your future endeavors. We love you, Mom, Dad, and Jennifer



**Carole,**  
We love you. We're proud of you. We hope all your dreams come true. Congratulations.



**411 West A Street  
Hayward, CA 94541**

**786-3550**

To some of the best people in the world. I know I never could have done it without you. These were the best years of our lives and we made them great. Good luck in the future. Love always, Lisa



**Kari Marie Butcher,**  
You're our #1! ,  
Loving you always,  
Dad and Mom





# Index

## AAA

AAA Drapery Co	228
Abbott	
Sean	93, 154
Abelevan	
Cindy	190
Abney	
Juliana	75, 89, 166
J.R. Abound, Orthodontics	239
Academic Division	44
Academics	44
Ace Faria Bros	218
Acevedo	
Eddy	154
Acosta	
Carl	132
Activities	6
Adams	
Sherri	96, 154
Ads	210
Afonso	
Mike	190
Agrella	
Donavan	85, 190
Kevin	18, 80, 154
Aguiar	
Carrie	114, 178
Lenette	178
Aguilar	
Danny	154
David	127
Aguilera	
Becki	190
John	58, 149, 154
Alarcon	
Lidia	154
Alcaraz	
Alejandro	154
Alexander	
Edward	81, 190

Alleman	
Michelle	54, 132
All State Fasteners	239
Alonzo	
Robert	179
Alpafari	
Mohamed	190
Alsup	
Chip	178
Altomare	
Denise	154
Alves	
Terasa	190
Alyes	
David	190
Amaral	
Amy	19, 81, 190
Ramona	166
Ross	93, 154
Sheila	166
Amaro	
Shannon	98, 114, 115, 178
Ambo Drugs	235
Amerio Drugs	235
Anastas	
Mike	80
Anderson	
Brent	178
Donald	132
Janae	13, 76, 78, 86, 132, 144, 213
Kristena	19, 81, 190
Rebecca	31, 154
Ron	202
Tanja	3, 178
William	166
Andrada	
Anthony	190
Andrade	
Glen	132
Michael	190
Robert	191
Angotti	
Michael	95, 127, 166
Anguiano	
Hortencia	191

Javier	154
Jorge	191
Aniasco	
Anthony	23, 54, 55, 93, 166
Annastas	
Mike	191
Annunzio	
Sabrina	132
Antone	
Jill	103, 132, 144, 213
Timothy	154
Aquino	
Maria	166
Aragon	
Tami	178
Aranda	
Adrianna	78, 132
Patricia	178
Robert	93, 166
Archuletta	
Jon	13, 178
Arionus	
Lance	54
Armstrong	
Michelle	13, 178
Sean	93, 166
Arnold	
Samuel	191
Arrowsmith	
Shauna	22, 154
Arroyan/Gazette	78
Arroyo Variety and Hardware	216
Arroyo Veterinary Clinic	235
Art Arama	239
Arterburn	
William	191
Asgari	
Nadia	132
Askew	
Pamela	53, 178
Rhonda	166
Attolini	
Cinzia	191
Aubert	
Denise	191

August	
Mae Lorraine	214
Ausmus	
Melissa	154
Autin	
Alaina	154
Aviles	
Glenn	191

## BBB

Babb	
Richard	34, 85, 132
Back-to-school	198
Badal	
Dr. Alden	47, 194
Badminton	118
Baez	
Valerie	22, 178
Balandra	
Robert	154
Balentine	
Kevin	191
Balthasar	
Bryan	178
Banks	
Johna	166
Baptista	
Juliane	19, 191
Baptiste	
Michele	132
Barajas	
Alberto	154
Silvia	178
Bardwell	
Donna	132
Bargagliotti	
Sherry	73, 76, 144, 154
Vicki	178
Bargewell	
Cheryl	178
Barnard	
Aimee	80, 191
Barnes	
Thomas	166
Barrett	
Dawn	154
Barros	
Cynthia	96, 97, 108, 166
Kenneth	78, 93, 110, 149, 154
Barton	
Mary	154
Basacker	
Bill	202
Baseball	
Jayvee	126
Varsity	124
Basketball	
Boys' Jayvee	106
Boys' Varsity	104
Girls'	108
Battaglia	
Michelle	178
Battino	
Tamara	202
Bayside Electrical Distributors	222
Bayside Liquors	219
B & D Mailbox	229
Beauty Store +	229
Bauer	
Dej	178, 201
Duaan	48, 154
Beaver	
Kimberlee	132
Becerra	
Christine	86, 166, 183
Lori	154
Bechholdt	
Michael	10, 105, 125, 132
Beckering	
Richard	105, 132
Thomas	166



Getting the scoop on the professional press, **Gazette** Reporter Tracey Frazier Interviews Tennis great Martina Navratilova at the Virginia Slims Classic in Oakland.





**Beckham**  
Nicole ..... 81, 132

**Beeman**  
Rachel ..... 78, 154

**Beggs**  
Christine ..... 166  
Deborah ..... 191

**Belknap**  
Marjorie ..... 19, 191

**Bellison**  
Joel ..... 178  
Rachelle ..... 48, 132

**Bellmer**  
Chad ..... 33, 93, 105

**Belshe**  
Heidi ..... 23, 166  
Holly ..... 100, 132  
Hope ..... 19, 81, 191

**Benallie**  
Donna ..... 108, 132

**Benevides**  
Kimberly ..... 132

**Bennett**  
Elizabeth ..... 8, 78, 133, 141, 149, 163, 262  
Kenneth ..... 154  
Patricia ..... 78, 133

**Benz**  
Scott ..... 178

**Berg**  
Beth ..... 98, 99, 133, 154

**Berlingeri**  
Miguel ..... 191

**Berndt**  
Carl ..... 166

**Bermuduz**  
Vince ..... 81

**Berrios**  
Jose ..... 154

**Berry**  
Karma ..... 191  
Ladd ..... 133  
Robert ..... 100, 101, 178

**Berryhill**  
Douglas ..... 191  
Stephen ..... 31, 93

**Bertaud**  
Amy ..... 80, 166  
Cosette ..... 80, 191  
Erik ..... 10, 28, 66, 154

**Bertheaud**  
Yvette ..... 80

**Bicknese**  
Steve ..... 63, 202

**Billings**  
Millard ..... 194, 198, 202, 205

**Bike and Hike** ..... 156

**Binand**  
Michael ..... 133

**Binder**  
Veronica ..... 96, 97, 114, 115, 154

**Bird**  
Kimberly ..... 191

**Bishop**  
Damon ..... 178

**Bissell**  
Vicki ..... 60, 144, 203

**Bjornson**  
Mark ..... 191

**Black**  
Daniel ..... 178

**Blank**  
Jonathan ..... 154

**Blas**  
Roman ..... 178

**Blea**  
Jannie ..... 166

**Blevins**  
Michelle ..... 154

**Blick**  
Steven ..... 95, 166

**Block A** ..... 84

**Blom**  
Ed ..... 58, 108, 203

**Bolesworth**  
Annette ..... 191

**Bononcini**  
Kimberly ..... 178

**Books and movies** ..... 196

**Booster club** ..... 180

**Borges**  
Christopher ..... 178  
Kevin ..... 125, 154  
Shelley ..... 22, 24, 114, 115, 178

**Borman**  
Leeann ..... 190, 191

**Bossi**  
Shelly ..... 60, 97, 98, 178, 262

**Bostrom**  
Daryle ..... 178

**Bourne**  
Gianna ..... 154

**Bowen**  
Eric ..... 166  
Vicki ..... 191

**Boyce**  
Beverly ..... 154

**Brady**  
Jeffrey ..... 95, 166

**Branca**  
John ..... 191

**Branco**  
Janine ..... 191

**Brerlein**  
Brad ..... 154, 163  
Brenda ..... 178

**Breyhan**  
Larry ..... 110, 111, 166

**Bricker**  
Dennis ..... 105, 124, 125, 154

**Brides and Belles** ..... 224

**Briesch**  
Robert ..... 179

**Briggs**  
Kevin ..... 191  
Stacey ..... 80, 166

**Bristol**  
Virginia ..... 191

**Brokke**  
Susan ..... 78, 133

**Brooks**  
Holly ..... 191

**Brookshire**  
Rodney ..... 133

**Brose**  
Deanna ..... 191  
Stacie ..... 10, 24, 34, 75, 86, 134, 146

**Brosnan**  
Jason ..... 125, 166

**Broughton**  
Ann ..... 154

**Brouillette**  
Mel ..... 203

**Brown**  
Aaron ..... 179  
Dawnette ..... 154  
Elenor ..... 69  
Michael ..... 5, 134  
Ryan ..... 51, 134

**Buccheri**  
Cathy ..... 203

**Buchanan**  
Amy ..... 134

**Buckingham**  
Theresa ..... 191

**Bueno**  
Jonathan ..... 75, 85, 95, 166  
Michelle ..... 191

**Bully**  
Esperanza ..... 166  
Marco ..... 179

**Bumann**  
Kathy ..... 68

**Bamgarner**  
Jonathan ..... 100, 166, 171



**Completing routine** on stage, Seniors Nancy Vanderheiden and Julie Connell perform in the annual Senior Show.

**Bunker**  
David ..... 154  
Shelley ..... 179

**Busness**  
Kevin ..... 94, 126, 127, 166

**Burdine**  
Cammie ..... 81

**Burke**  
David ..... 179

**Burkfield**  
Kevin ..... 76, 78, 134

**Burnett**  
Keith ..... 98, 114, 203

**Burton**  
Lisa ..... 155  
Ronald ..... 19, 28, 29, 66, 80, 134

**Bush**  
Pamela ..... 11, 19, 166  
Scott ..... 179

**Business Department** ..... 48

**Bustos**  
Bernadette ..... 191

**Butcher**  
Kari ..... 134

**Butler**  
Marilyn ..... 69  
Colleen ..... 191  
Michele ..... 191

**Bybee**  
Raquel ..... 9, 179  
Tonia ..... 166

**Byboth**  
Norman ..... 166

## CCC

**Cabral**  
Dawn ..... 81, 179

**Cabrera**  
Jose ..... 191

**Cabreana**  
Steven ..... 48, 113, 166

**Caceres**  
Jose ..... 95

**Callahan State Farm Insurance** ..... 214

**Cameron**  
Barbara ..... 179  
Bruce ..... 155

**Camezon**  
Mary ..... 77, 194, 203

**Camp**  
David ..... 68  
Stephen ..... 134

**Campbell**  
David ..... 155  
Donald ..... 179

**Candido**  
Craig ..... 8, 35, 51, 78, 93, 134

**Candy Cane Emproium** ..... 229

**Camp and Gown** ..... 142

**Cardadeiro**  
Nelson ..... 78, 134, 163

**Cardana**  
Jimmy ..... 166  
Sandy ..... 155

**Card Corner** ..... 231

**Cardera**  
Traci ..... 134, 155

**Career Decisions** ..... 160

**Carli**  
Darlene ..... 191

**Carlson**  
Nancy ..... 68, 69, 194

**Carpenter**  
Mara ..... 22, 179

**Carralejo**  
Paul ..... 80

**Carson**  
Dale ..... 166

**Carter**  
Christopher ..... 67, 76, 105, 124, 125, 134, 135

**Carter**  
Corine ..... 155

**Cartemell**  
Lisa ..... 19, 179

**Case**  
Alan ..... 166  
Christine ..... 191

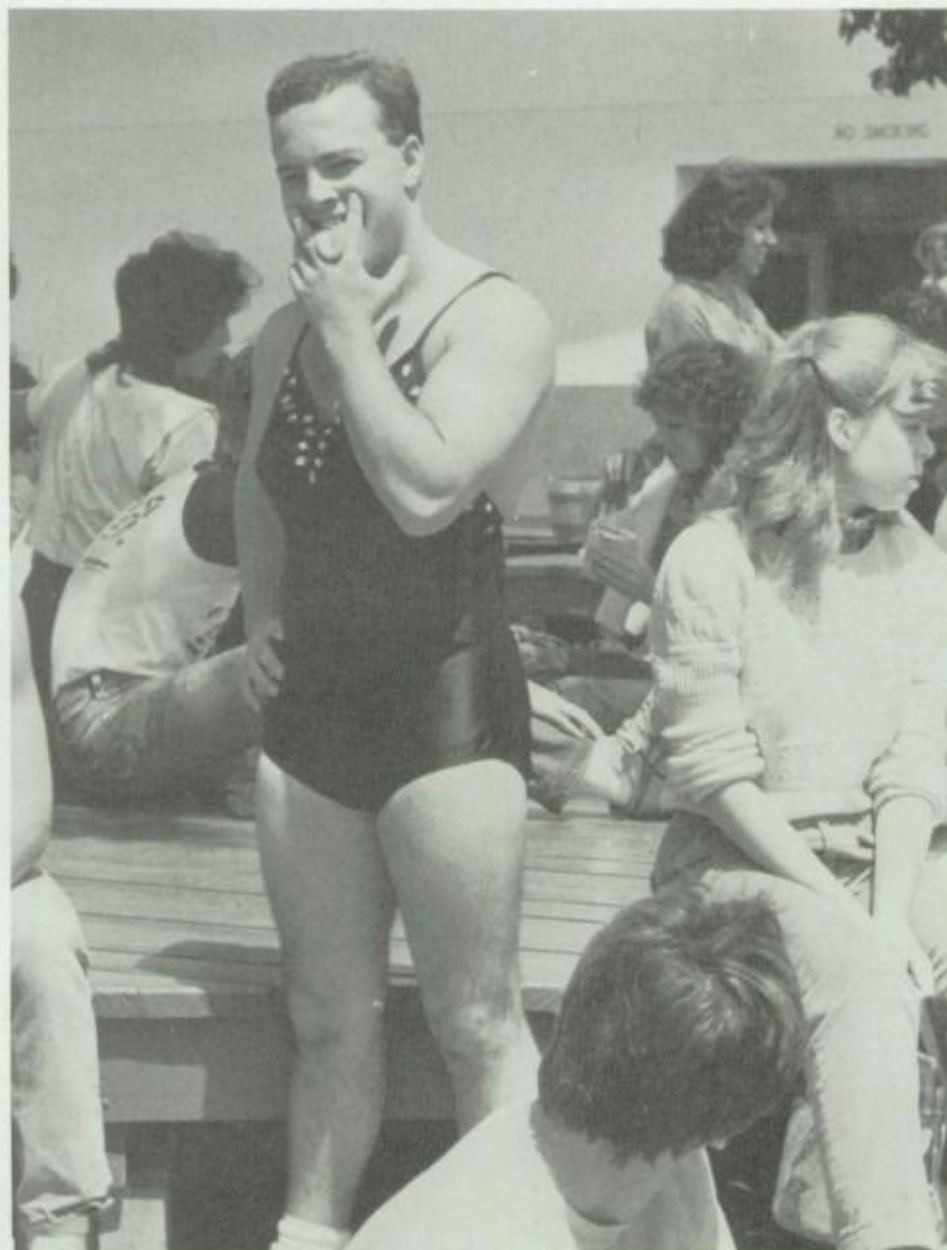
**Casey**  
Lisa ..... 179





# Index

<b>Casson</b>	
Frank	57, 203, 208
<b>Casstevens</b>	
Joann	103, 134
<b>Castillo</b>	
Rhonda	24, 33, 34, 49, 134
<b>Castro</b>	
Derrick	65, 179
<b>Castron</b>	
Ronale	80, 81, 179
<b>Casuga</b>	
Robert	135, 155
Ronald	134
<b>Catano</b>	
David	179
Kimberly	155
<b>Caufield</b>	
Jami	166
<b>Cavaz</b>	
Lisa	179
<b>Cavazos</b>	
Rodrigo	19, 81, 134
Teresa	80, 166
<b>Cave</b>	
John	179
<b>Chaco</b>	
Georzann	134
<b>Chambless</b>	
John	134
Kenneth	75, 156, 166
<b>Chan</b>	
Edmund	166
<b>Chaney</b>	
Lisa	18
<b>Chang</b>	
Andy	179
Lisa	80, 166
Pamela	155
William	179
<b>Chapel of the Chimes</b>	216
<b>Chatterton</b>	
Christina	33, 134
<b>Chaves</b>	
Arlene	166
Suzanne	191
<b>Chavez</b>	
Aaron	135
Anthony	179
Gilbert	167
<b>Chen</b>	
Betty	179
Brenda	135
Christina	179
Lucy	191
<b>Chester</b>	
John	18, 80, 135
<b>Chetcuti</b>	
Lisa	167
<b>Chilianis</b>	
Mark	167
<b>Chin</b>	
Andrew	167
Sabrina	19, 81, 179
<b>Chinn</b>	
Deeann	155
<b>Chitwood</b>	
Bryan	167
<b>Cho</b>	
Kathy	135, 144
Ricky	100, 167
<b>Choate</b>	
James	3, 51, 135
Tami	75, 155
<b>Choy</b>	
Michael	135
<b>Christensen</b>	
Tina	136, 155



In a typical humorous pose, Senior Craig (The Bod) Candido jokes with the photographer on Serf Sale Day.

<b>Christopherson</b>	
Ginny	47
<b>Chovanes Ford Inc</b>	229
<b>Chuck Burgers</b>	230
<b>Ciarfaglio</b>	
Michael	167
<b>Cirimele</b>	
Angela	156
Mary	191
<b>Cisneros</b>	
Carmen	167
<b>Clapp</b>	
Laura	203
<b>Clark</b>	
Christine	192
Julie	83, 100, 156
Ronald	167
<b>Clarke</b>	
Janel	75, 156
Kimberly	167
<b>Classified Staff</b>	68
<b>Claveria</b>	
Jose	136
<b>Clayson</b>	
Kristen	88, 89, 179
<b>Clegg</b>	
Barbara	11, 22, 52, 156
Robert	167
<b>Clementi</b>	
Paul	156
<b>Close Up</b>	144
<b>Cody</b>	
Marcy	167
<b>Coker</b>	
Eric	179
Lori	100, 156
<b>Combs</b>	

Greg	156
Ryan	156, 167
<b>Competition</b>	152
<b>Compbel</b>	
Paul	179
<b>Concerts</b>	164
<b>Conde</b>	
Jocelyn	180
<b>Connell</b>	
Julie	136, 261
Wendy	167
<b>Connelly</b>	
Karen	156
<b>Conventions</b>	162
<b>Coombs</b>	
Daniel	94, 95, 106, 126, 127, 168
<b>Copeland</b>	
Tonya	180
<b>Coppa</b>	
Natalie	75, 168
<b>Coppes</b>	
Chris	136
<b>Copyrama</b>	219
<b>Corley</b>	
Jacqueline	76, 103, 156
<b>Cornwell</b>	
Lorin	203
<b>Corral</b>	
Burt	180
Vicky	8, 10, 72, 73, 86, 136
<b>Corralejo</b>	
Paul	168
<b>Correia</b>	
Dawn	180
Derek	168

<b>Cortez</b>	
Barbara	180
John	192
Julia	136
<b>Costa</b>	
Leandro	111
Lisa	22, 24, 133, 141, 144
<b>Costilla</b>	
Salvador	28, 81, 137
<b>Cotta</b>	
Jan	192
<b>Cowan</b>	
Marci	168
<b>Cramer</b>	
Rodney	180
<b>Cravalho</b>	
Jill	89, 180
<b>Creative Cuts</b>	239
<b>Crews</b>	
Tina	66, 80, 180
<b>Crick</b>	
Diana	192
<b>Critelli</b>	
April	18, 80, 168
<b>Crites</b>	
Roger	110, 168
<b>Croley</b>	
Denae	62, 88, 89, 180
Robert	95, 127, 168
<b>Croll</b>	
Mark	156
Ike	192
<b>Crooke</b>	
Amy	168
Pam	103, 155, 156
<b>Cross Country</b>	100
<b>Cross</b>	
Rachelle	80, 86, 89, 180
<b>Cruz</b>	
Bernardo	137
Brenda	156
David	137
Joseph	157
<b>CSF</b>	76
<b>Cuero</b>	
Bernadette	192
<b>Cuestas</b>	
Michelle	180
<b>Cuevas</b>	
Jose	157
<b>Cummings</b>	
John	180
<b>Cuneo</b>	
David	9, 95, 168
<b>Cunha</b>	
David	55
<b>Cunningham</b>	
Bill	137
<b>Current Events</b>	14
<b>Cuttridge</b>	
Angelina	192

## DDD

<b>Daly</b>	
Neil	157
<b>Dameral</b>	
Tamara	75, 157
<b>Dana</b>	
Debra	80, 192
<b>Darosa</b>	
David	168
<b>Darouze</b>	
Mike	180
Sandy	192
<b>D'Augelli,</b>	
Michael	65, 203
<b>Davis</b>	
Christine	180
<b>Davis Country Kitchen and Catering</b>	214





**Davis**  
Dale ..... 192  
Dianna ..... 168  
Faye ..... 68  
Jean ..... 157  
Lisa ..... 180

**Day**  
Carolyn ..... 181

**Dean**  
Jennifer ..... 178  
Steven ..... 95, 181

**Deane**  
Lisa ..... 137

**Debettencourt**  
Christine ..... 192

**Debone**  
Michael ..... 193  
Michelle ..... 130, 168

**Decker**  
David ..... 168  
Kimberlie ..... 193

**Defer**  
Gary ..... 19, 83

**Deli Mia** ..... 260

**Dehoyos**  
Gil ..... 127, 207  
Gilberto ..... 93, 110, 127, 168  
Robert ..... 95, 106, 181

**Dejager**  
Jeltje ..... 181

**Delacruz**  
Jeffery ..... 168

**Delaney**  
Jay ..... 93, 105, 125, 137, 141

**Delgado**  
David ..... 157

**Delguidice**  
Debra ..... 168

**Delima**  
Bobby ..... 157  
Danny ..... 168

**Deluna**  
Rolando ..... 157

**Demello**  
Kevin ..... 168

**Demers**  
Christine ..... 80, 168  
Mark ..... 93, 137

**Dennis**  
Lori ..... 193

**Dennis Hall Orthodontics**  
D.D.S. ..... 234

**Densmore**  
Stacy ..... 181

**Denton**  
Cheryl ..... 109, 181  
Ronnie ..... 168

**Deo**  
Sohini ..... 168

**Derieg**  
Joanne ..... 1, 115, 168

**Dezotte**  
Dyan ..... 20, 86, 155, 157, 183  
Kristy ..... 73, 89, 179, 181

**Diaz**  
Emily ..... 137

**Dias**  
Lisa ..... 193

**Diaz**  
Rebecca ..... 63, 168

**Dinh**  
Mai ..... 168

**Discher**  
Jason ..... 193

**Diving Club** ..... 192

**Dixon**  
Daniel ..... 157

**Dlugosh**  
Christine ..... 75, 157

**Dodds**  
Christine ..... 168  
Elizabeth ..... 85, 98, 99, 181

**Dodson**  
Richard ..... 193

**Dolin**  
Mark ..... 157

**Dollar**  
Diane ..... 181

**Don Barros Photography** ..... 232

**Donkey Basketball** ..... 20

**Donovan**  
Christopher ..... 74, 75, 85, 93, 113, 125, 137

**Dorais**  
Stacy ..... 168

**Dorn**  
Ronald ..... 193

**Dorsey**  
James ..... 181

**Dossantos**  
Christina ..... 168

**Douwes**  
Scott ..... 193

**Dovigi**  
Glenda ..... 98, 181  
Gwendolyna ..... 137

**Drake**  
Gail ..... 54, 194, 203  
Shannon ..... 30, 181

**Drew**  
Andrea ..... 19, 157

**Dried & Tied** ..... 218

**Driscoll**  
Debbie ..... 193

**Druppall**  
Carrie ..... 67, 168  
Christa ..... 81, 181

**Duarte**  
Stephanie ..... 168

**Ducey**  
Erik ..... 60, 181

**Duke**  
Bobby ..... 30, 168

**Dunbar**  
Susan ..... 181

**Duncan**  
Kristy ..... 157  
Lisa ..... 78, 157

**Dunn**  
Barbara ..... 203

**Dunphy**  
George ..... 95, 127, 203  
Jon ..... 193

**Dunster**  
Keli ..... 193

**Dupree**  
Serena ..... 157

**Durning**  
Brent ..... 157  
Brock ..... 181

**Dutra**  
Micheal ..... 193

**Dutrieux**  
Fred ..... 193

**Dutton**  
Chad ..... 157

**Dyer**  
Sheryl ..... 137

## EEE

**Eagles**  
John ..... 168

**Early**  
Gordon ..... 54, 66, 157

**Earney**  
Darin ..... 181

**Easley**  
James ..... 157

**Easton**  
Melody ..... 181

**Ebner**  
Gary ..... 168

**Eckinger**  
Cynthia ..... 72, 73, 76, 144, 157  
Paul ..... 168

**Ecoffey**  
Janet ..... 58, 68

**Edelman**  
Derrick ..... 168  
Mark ..... 193

**Edwards**  
Jennifer ..... 181  
Bryan ..... 168  
Susan ..... 98, 168

**Emke**  
Christopher ..... 168  
Stephanie ..... 168

**Ehsan**  
Annette ..... 203

**Eighmy**  
Richard ..... 181

**Eighth Grade Class Officers** ..... 190

**Eighth Grade Sports** ..... 128

**Eiras**  
Angelo ..... 127

**Eisenhauer**  
Jennifer ..... 137

**Elenes**  
Aime ..... 137

Mario ..... 193  
Sadia ..... 181

**Elliot**  
Heidi ..... 168

**Elpusan**  
Alfredo ..... 3, 78, 85, 93, 149, 199, 162  
Ray ..... 157

**Ed Chandler Ford Inc** ..... 234

**El Burrito Bandito** ..... 260

**Emery**  
William ..... 181

**Emery's Floor Covering** ..... 230

**Endoila**  
Maria ..... 157

**Enea**  
Donna ..... 157

**Engel**  
Richard ..... 193

**English Department** ..... 64

**Entertainment and Food**  
Prices ..... 170

**Epperson**  
Cindy ..... 76, 168, 185  
Steven ..... 193

**Ericksen**  
Kirstin ..... 23, 168

**Escalante**  
Sandra ..... 181

**Escobar**  
David ..... 93, 137

**Escorcio**  
Maria ..... 169

**Etringer**  
Todd ..... 95, 181

**Evans**  
Gary ..... 51, 110, 181

**Everitt**  
Patricia ..... 203

**Executive Council** ..... 72, 240

## FFF

**Fabela**  
Shawn ..... 169

**Faculty Social Club** ..... 204

**Fahnestock**  
Lilia ..... 19, 81, 181

**Fall Play** ..... 148

**Fanene**  
Eletino ..... 25, 190, 193

**Fann**  
Geraldine ..... 193

**Fargo**  
Cheri ..... 137  
Steven ..... 169

**Faria**  
Carmen ..... 169  
Joe ..... 193  
Maria ..... 193  
Manuel ..... 181

**Fashinell**  
Thomas ..... 20, 23, 95, 127, 169, 174

**Fashions** ..... 168

**Fehrmann**  
Lisa ..... 169

**Fernandes**  
Trit ..... 137

**Fernandez**  
David ..... 157  
Evelyn ..... 9, 76, 78, 102, 103, 137, 138, 178, 240  
Ozzie ..... 94, 105, 124

**Ferrantino**  
Jeffery ..... 181

**Ferreira**  
Christopher ..... 193  
Marlisa ..... 74, 75, 167  
Melinda ..... 52, 202  
• Scott ..... 157



**Making up** for performances for Spirit Week, Erin Looney assists Leslie McCallion with her mascara.





# Index

GGG



Strutting down the runway, Juniors Lisa Duncan and Mike Fitzgerald model formal attire at Senior Ball Fashion Show.

<b>Fialho</b>		<b>Gagnon</b>	
Nelson .....	169	Suzanne .....	32, 139
<b>Figuera</b>		Victoria .....	139
Consuelo .....	193	<b>Galeria</b>	
<b>Finato</b>		Connie .....	181
Crystal .....	181	<b>Galitz</b>	
<b>Fine Arts Department</b>	66	Geoffrey .....	193
<b>Finley</b>		<b>Gallagher</b>	
Allison .....	80	Catherine .....	34, 72, 73, 139
<b>Finato</b>		<b>Gallardo</b>	
Renee .....	181	Heather .....	193
<b>Fisher</b>		Lisa .....	181
Gerry .....	60, 61, 144, 169, 204, 262	Veronica .....	66, 80, 181
<b>Fitzgerald</b>		<b>Galli</b>	
Mike .....	31, 149, 157, 163	Ann .....	181
<b>Flanders</b>		<b>Gamble</b>	
Jeanne .....	68	Roger .....	193
K.C. ....	110, 157, 262	<b>Game Show Night</b>	150
<b>Fleming</b>		<b>Gandsey</b>	
Robert .....	157	Tricia .....	78, 139
<b>Fletcher</b>		<b>Ganen</b>	
Robert .....	157	Darin .....	157
<b>Flores</b>		<b>Gantt,</b>	
David .....	127, 169	Sherry .....	18, 80, 157
Ronald .....	93, 105, 125, 157	<b>Gapay,</b>	
<b>Flowers</b>		Jennifer .....	170
Michael .....	169	<b>Garcia</b>	
<b>Fobroy</b>		Marc .....	170
Brian .....	157	Michelle .....	139
<b>Fogelson</b>		<b>Gardner</b>	
Faneicia .....	181	Paul .....	95
<b>Fogg</b>		<b>Garetto</b>	
Suzanne .....	53, 198, 204	Anthony ...	5, 100, 101, 139, 171
<b>Fong</b>		<b>Garland</b>	
David .....	181	Anthony ...	5, 100, 101, 139, 171
<b>Football</b>		<b>Garland</b>	
Frosh Soph .....	94	Rita .....	181
Varsity .....	92	William .....	29, 139
<b>Foreign Language Department</b>	52	<b>Gaskins</b>	
<b>Forester</b>		Sarah .....	202, 204
James .....	138	<b>Gaukroger</b>	
<b>Forsberg</b>		Steve .....	54
Donald .....	138	<b>Gault</b>	
Jill .....	74, 75, 100, 157	Jennifer .....	63, 139
<b>4 Seasons Heating &amp; Air Conditioning</b>	223	<b>Gaylor</b>	
<b>Fox</b>		Lasena .....	193
Richard .....	110, 138	<b>Gaziano</b>	
<b>Foy</b>		Joseph .....	204
Lisa .....	138	<b>Gee</b>	
<b>Frame</b>		Kathy .....	193
Dennis .....	157	<b>Geick</b>	
<b>Franks Garage</b>	218	Chantelle .....	170
<b>Frates</b>		Clea .....	22, 157
Michele .....	169	<b>Geine</b>	
Robert ...	78, 85, 100, 101, 138, 159, 163	Katherine .....	157, 197
<b>Frazier</b>		<b>Genard's Hair</b>	242
Tracey .....	78, 138	<b>Ghiradelli</b>	
<b>Frazier's Boot Shop</b>	231	Michael .....	181
<b>Freeman</b>		<b>Giatto</b>	
Marci .....	157	Chris .....	80
<b>Freitas</b>		<b>Gibson</b>	
Keith .....	18, 31, 139	Jennifer .....	18, 19, 81, 193
Ken .....	169	<b>Gilbrech</b>	
Kimberly .....	30, 80, 169	Daniel .....	139
<b>Friesen</b>		Dawn .....	181
Ronald .....	139	<b>Gill</b>	
<b>Frogge</b>		Tiffany .....	193
Stephanie .....	193	<b>Gin</b>	
<b>Frost</b>		Harry .....	47
Laura .....	139	<b>Gire</b>	
<b>Full Coverage Band</b>	227	Gene .....	51, 95, 204, 207
<b>Fuller</b>		<b>Glass</b>	
Robert .....	169	William .....	139
<b>Funke</b>		<b>Glendale Federal</b>	226
Michael .....	181	<b>Glenn</b>	
		Jerome .....	59, 204
		<b>Glossin</b>	
		Jullisa .....	3, 22, 181

<b>Goding</b>		<b>Greenbaum</b>	
Tomi .....	139	Jerry .....	56, 204
<b>Goetzinger</b>		<b>Gregory</b>	
Diana .....	182	Evelyn .....	59, 170
<b>Gohlke</b>		Jennifer ..	25, 30, 73, 88, 89, 169, 179, 182
Rebecca .....	182	<b>Grewal</b>	
<b>Gomes</b>		Sukhwant .....	113, 170, 207
Dennis .....	193	<b>Griffin</b>	
Gail .....	80, 157	Patricia .....	47
Gilbert .....	182	<b>Griffin</b>	
Gregg .....	80	Douglas .....	106, 158
Teresa .....	170	<b>Griggs</b>	
<b>Gonsalves</b>		Candace .....	193
Sherry .....	182	<b>Guardias</b>	
<b>Gonzales</b>		Cherie .....	89, 182
Denise .....	157	<b>Guillot</b>	
Margaret .....	100	Janet .....	182
Ronald .....	170	<b>Gunn</b>	
<b>Gonzalez</b>		Debra .....	193
Dee .....	68	<b>Gurr</b>	
Jessie .....	182	Dean .....	78, 85, 100, 139, 163
Michelle .....	81, 170	<b>Gusman</b>	
Ramona .....	81	Shane .....	93, 95, 106, 170
Raul .....	158	<b>Gutierrez</b>	
<b>Gorman</b>		Eva .....	182
Doris .....	204	Evelyn .....	158
<b>Gould</b>			
Kevin .....	170		
<b>Graduation</b>	42		
<b>Graf</b>			
Stephen .....	182		
<b>Gragg</b>			
Danielle .....	182		
Darcella .....	25, 190, 199		
Juanita .....	8, 10, 73, 86, 133, 144, 174		
<b>Grand Properties</b>	230		
<b>Grason</b>			
Jennifer .....	80		
<b>Green</b>			
Candy .....	10, 81, 193		
David .....	158		
Jennifer .....	182		
Kelley .....	170, 173		

HHH

<b>Ha</b>	
Thoa .....	193
Thoung .....	170
<b>Haak</b>	
Susan .....	193
<b>Hackbarth</b>	
Judy .....	68, 194
Michael .....	139
<b>Hacker</b>	
Gerald .....	158
<b>Hagerty</b>	
Colletta .....	69
<b>Halahan</b>	
Denise .....	170
Theresa .....	139





**Halbach**  
Michael ..... 182

**Hale**  
Charlotte ..... 139  
Lisa ..... 170

**Hall**  
Marie ..... 158

**Hallert**  
Kimberly ..... 140  
Steven ..... 193

**Hamann**  
Kris ..... 140

**Hampton**  
Wendy ..... 170

**Hamrol**  
Cecelia ..... 193

**Hankins**  
Kevin ..... 95, 182

**Hansen**  
Benjamin ..... 170  
Fred ..... 62, 192, 205, 204  
Thelma ..... 204

**Hanson**  
Edward ..... 182  
Kristy ..... 86, 88, 89, 163, 170  
Roy ..... 11, 28, 47, 135, 194, 198, 204, 205  
Tom ..... 113, 207

**Harbeck**  
Kristine ..... 140

**Hare**  
Brian ..... 67, 81, 106, 170

**Harlan**  
Richard ..... 95, 170

**Harpole**  
Patricia ..... 158

**Harrell**  
Michelle ..... 75, 114, 115, 170

**Harselson**  
Eve ..... 140

**Harris**  
Allison ..... 114, 182  
Lance ..... 170  
Mark ..... 51, 0  
Timothy ..... 8, 33, 74, 75, 93, 125, 140, 149, 213

**Harrison**  
Kim ..... 170

**Hartwig**  
Stacy ..... 170  
Steve ..... 150, 193

**Harvey**  
Tanya ..... 130, 170

**Haskins**  
Jeffrey ..... 156, 170

**Hatcher**  
Keith ..... 34, 74, 75, 100, 101, 140  
Richard ..... 182

**Hatfield's Baby Barn** ..... 230

**Hatmaker**  
Curt ..... 182

**Haydon**  
Maisie ..... 170

**Hayes**  
Kellie ..... 193

**Haynes**  
Tammie ..... 194

**Hayward**  
Dennis ..... 53, 194

**Hayward Auto Imports** ..... 234

**Heath**  
Karen ..... 182  
Monica ..... 194

**Hedemark**  
Kari ..... 194

**Heiman**  
Chad ..... 93, 105, 158

**Heinrich**  
Kevin ..... 140, 262

**Heitz**  
Christina ..... 170

**Hemenway**  
Brian ..... 85, 158

Lauriana ..... 194  
Mitchell ..... 100, 170  
Sharon ..... 68

**Henderson**  
Renee ..... 96, 108, 158

**Hendricks**  
Pamela ..... 81, 170  
Sherry ..... 66, 80, 182  
Tamara ..... 81, 158

**Hendrickson**  
Daren ..... 140  
Dawna ..... 3, 182

**Henning**  
David ..... 32, 75, 105, 140, 142

**Hermann**  
Paul ..... 182

**Hernandez**  
Bertha ..... 19, 89, 194  
Matthew ..... 158

**Hetrick**  
Shannon ..... 170  
Suzanne ..... 194

**Hickman**  
Darlane ..... 158

**Hicks**  
Eric ..... 182  
Timothy ..... 158

**Hilario**  
Ramil ..... 182

**Hilder**  
Candette ..... 194  
Rick ..... 110, 206  
Troy ..... 95, 182

**Hill**  
Deanna ..... 10, 13, 73, 86, 158  
Rosa ..... 182

**Himango**  
Deborah ..... 98, 170

**Hirsch**  
Lois ..... 205

**Hitchcock**  
Charles ..... 113, 158  
Robby ..... 127  
Robert ..... 59, 106, 182, 205

**Hitsman**  
Stacey ..... 170

**Hoag**  
Mitchell ..... 205

**Hocker**  
Joey ..... 158

**Hoerber**  
Kelley ..... 194  
Kimberly ..... 103, 108, 109, 158

**Hoffman**  
Bridget ..... 80, 158, 185  
Paul ..... 95, 182  
Matthew ..... 95, 182  
Tanny ..... 80, 158

**Hohn**  
Gerald ..... 76, 78, 93, 140, 163, 262

**Holgate**  
Gregory ..... 158

**Holiday Bridal** ..... 222

**Holmes**  
Greg ..... 170  
Susan ..... 10, 86, 155, 158

**Home Arts Department** ..... 54

**Homecoming** ..... 8

**Home Federal Savings** ..... 221

**Hom**  
Milton ..... 140

**Homen**  
Glenn  
Lance  
Shawn

**Hooper**  
John ..... 194

**Hopkins**  
Norman ..... 64, 205

**Hopping**  
Marian ..... 205

**Hot Cars** ..... 188

**House**  
Cynthia ..... 88, 89, 182

**Hove**  
Cheryl ..... 194  
Erik ..... 95, 156, 170

**Howard**  
Anna ..... 158  
Christine ..... 195

**Howd**  
Paul ..... 95, 170

**Howell**  
Suzanne ..... 182

**Howton**  
Traci ..... 170

**Hudson**  
Kathryn ..... 73, 86, 140  
Huerta  
Gerome ..... 195

**Hughes**  
Carole ..... 140

**Huizar**  
Marcus ..... 110, 182

**Hulsmann**  
Jean ..... 69

**Hunt**  
Jack ..... 72, 73, 86, 205  
Jennifer ..... 182  
Suzanne ..... 158  
Dave ..... 118

### III

**Ice Cream Social** ..... 182

**Imburgia**  
Raquel ..... 182

**Indalcio**  
Fred ..... 110, 206

**Industrial Arts Department** ..... 50

**Ingebretson**  
Ronald ..... 13, 75, 94, 106, 126, 127, 170  
Sherri ..... 78, 108, 109, 140

**Ip**  
Phillip ..... 158

**Isola**  
Laura ..... 182

### III

**Jack's T.V. and Radio Service** ..... 214

**Jackson**  
Kenneth ..... 195  
Terri ..... 182



**Taking a breather,** Seniors Susan Witkowski, Deanna Roloff, Vicky Corral, and Evelyn Fernandez rest at Senior Show rehearsal in the Cafetorium.





# Index

**Jacobsen**  
Jeffery ..... 195

**Jacoby**  
James ..... 85, 93, 125, 140, 141  
Jonathan ..... 161, 182

**Jaeger Dental Corp.** ..... 235

**Jaite**  
Ron ..... 195

**James**  
Andrea ..... 170  
Jason ..... 80, 195

**Jarata**  
Maria ..... 195

**Jardim**  
Frank ..... 170

**Jarman**  
Todd ..... 195

**Jarrett**  
Ronald ..... 195  
Thomas ..... 158

**Jeffrey**  
Lattyana ..... 140

**Jensen**  
Christopher ..... 100, 140  
Robert ..... 195

**Jeong**  
Cecilia ..... 76, 85, 100, 101, 170  
Lisa ..... 158  
Steven ..... 170

**Jesus**  
Lorraine ..... 182

**Jew**  
Brian ..... 182  
Sharon ..... 76, 158, 163

**Jimenez**  
Marcela ..... 140  
Richard ..... 195

**Johanson**  
Dayna ..... 85, 100, 101, 171

**Johnson**  
Brian ..... 195  
Chad ..... 182

Eric ..... 172  
Gregory ..... 195  
Jennifer ..... 195  
Marie ..... 68  
Michael C. .... 141, 158  
Michael W. .... 158  
Ronald ..... 19, 81, 158

**Johnston**  
Jeffrey ..... 93, 110, 141, 174, 206, 213  
Vickie ..... 171

**Jolivet**  
Michelle ..... 171

**Jones**  
David ..... 80, 182  
Douglas ..... 183  
Kathleen ..... 141  
Kimberly ..... 141  
Pamela ..... 183  
Patrick ..... 183

**Jordans Hair** ..... 224

**Jowe**  
Kenneth ..... 76, 171

**Juarez**  
Rodney ..... 195

**Judd**  
Trevor ..... 158

**Junior Mugs/Class Officers** ..... 154

**Junior Prom** ..... 30

## KKK

**Kahler**  
Susan ..... 76, 141, 144

**Kahn**  
Daniel ..... 171

**Kama**  
Gloria ..... 158  
Sharon ..... 141

**Kaser**  
Jimmy ..... 171  
Stephen ..... 158

**Katosh**  
Joe ..... 141

**Kauffman**  
John ..... 171

**Kaye**  
Daniel ..... 65, 158

**Kaylor**  
Kathleen ..... 158

**Kenney**  
Karen ..... 158

**Kelley**  
Deborah ..... 183  
Denise ..... 158

**Kellogg**  
Norman ..... 80, 171

**Kellogg's Varsity Stores** ..... 241

**Kelly**  
John ..... 158  
Stacy ..... 195

**Kennedy**  
Nancy ..... 78, 142

**Keown**  
Dianna ..... 183  
Robert ..... 159

**Kerr**  
Laurie ..... 171

**Kesten**  
Stephanie ..... 195

**Key**  
Thomas

**Kiliaan**  
Jeanine ..... 3, 142, 149

**Kim**  
Daniel ..... 183

**Kim**  
Peter ..... 158

**Kim's Hair Designs** ..... 224

**Kimmel**  
David ..... 93, 2, 51

**Kingdom**  
Melanie ..... 254

**Kintzger**  
Harry ..... 254

**Kirby**  
Patrick ..... 254

**Kirk**  
Elizabeth ..... 195

**Klang**  
Shannon ..... 171

**Klegman**  
Shannon ..... 89, 183

**Klimas**  
Richard ..... 142, 78

**Knippel**  
Natalie ..... 195

**Knopik**  
Kathy ..... 142

**Knupfer**  
Heidi ..... 10, 19, 195  
Richard ..... 95, 171

**Koehn**  
Daniel ..... 158

**Kohler**  
Kathleen ..... 171  
Kristine

**Koleada**  
Lisa ..... 158

**Kolinski**  
Donald ..... 110, 183

**Kornfield**  
Mitchell ..... 142, 192

**Kral**  
Deanna ..... 195  
Lisa ..... 159

**Krause**  
Cheryl ..... 159

**Kriksien**  
John ..... 183

**Krippene**  
Michelle ..... 183

**Krogh**  
Jeffrey ..... 171  
Scott ..... 195

**Krstulovich**  
Anthony ..... 159

**Kucin**  
Robert ..... 183

**Kugler**  
Lisa ..... 142

**Kurtz**  
Christy ..... 183  
Leonard ..... 159

**Kurzawski**  
Rhonda ..... 80, 172

**Kussoro**  
Kevin ..... 80

**Kuykendall**  
Buffy ..... 76, 172

**Kwan**  
Richard ..... 183  
Victoria ..... 195

**Kwik Milady Cleanders** ..... 215

## LLL

**Lacome**  
Robert ..... 172  
Virginia ..... 183

**Lafabregue**  
Jeffrey ..... 195

**LaFleur**  
Gary ..... 30, 53, 47, 62, 113, 172  
Laura ..... 96, 97, 108, 159, 163

**Lago**  
Jojo ..... 6, 78, 85, 100, 142, 171, 187

**Lam**  
Angela ..... 33, 76, 142

**LaMantia**  
Ed ..... 205

**Lamar**  
Carrie ..... 81

**Landreth**  
Philip ..... 159

**Lane**  
Brett ..... 55, 93, 125, 142, 146, 174

**Lapenias**  
Darlene ..... 78, 142, 149

**Lapoint**  
Robert ..... 195



Receiving assistance from Instructor Marian Hopping, Mike Brown asks about a question on a US History assignment as Chad Heiman listens.





**Larison**  
Lisa ..... 159

**Larocca**  
Anna ..... 172

**Larosa**  
Carlito ..... 95, 172  
Cecilia ..... 159

**Larson**  
Eric ..... 183  
Troy ..... 183

**Laszlo**  
Marianne ..... 172

**Lavine**  
Lisa ..... 159

**Layne**  
Diane ..... 159

**Lazalde**  
Phillip ..... 195

**Lazarus**  
Devon ..... 100, 101, 159

**LaZema**  
Laurie ..... 81

**Leach**  
Linda ..... 114, 184

**Ledda**  
Frank ..... 159

**LeDoux**  
Daniel ..... 110, 142

**Lee**  
Cattalin ..... 195  
Dora ..... 76, 82, 83, 160  
Jae ..... 172  
James ..... 92, 93, 106  
Judy ..... 195  
Raymond ..... 142  
Kent ..... 160

**Legakis**  
Julie ..... 142

**Lemke**  
Todd ... 33, 85, 113, 141, 2, 183, 207

**Lenz**  
Dawna ..... 114, 160

**Leon**  
Cesar ..... 142  
Lee ..... 160  
Michelle ..... 172

**Leonis**  
Josie ..... 184

**Leopoldo**  
Cheryl ..... 172  
Jenny ..... 184  
Michelle ..... 172

**Lettergirls** ..... 88

**Leung**  
Gregory ..... 127, 184  
Wayland ..... 195

**Levesque**  
Susan ..... 18, 80, 160

**Levin**  
Myron ..... 47, 205, 209

**Levy**  
Christopher ..... 195

**Lewelling Florist** ..... 219

**Lewelling Veterinary Clinic** ..... 235

**Lewis**  
Craig ..... 18, 80, 172  
Diana ..... 75, 172  
John ..... 195  
Lamont ..... 160  
Lorrie ..... 172

**Lewis Rents** ..... 215  
Rhonda ..... 195

**Liang**  
Michelle ..... 142

**Lievsay**  
Deric ..... 142

**Lim**  
Berta ..... 195  
Norman ..... 160

**Lin**  
Dorothy ..... 76, 160  
Shan ..... 76, 172

**Linton**  
Dirk ..... 195

**Lismer**  
Elizabeth ..... 52, 205

**Liu**  
Hui ..... 195

**Livesay**  
Jess ..... 80, 195  
Tracy ..... 184

**Lizama**  
Lorrie ..... 195

**Lloyd**  
Richard ..... 163, 205

**Lloyd's Bank** ..... 236

**Loaiza**  
Pedro ..... 195  
Rodolfo ..... 184

**Loar**  
Lori ..... 172

**Long**  
Dianna ..... 160  
Melissa ..... 184  
Michael ..... 78  
Patricia ..... 195  
Todd ..... 75, 142, 192

**Looney**  
Erin ..... 21, 23, 85, 160

**Lopes**  
Christina ..... 172

**Lopez**  
Chico ..... 172  
Diana ..... 160  
Melanie ..... 85, 109, 172

**Love**  
Barry ..... 161

**Lovell**  
Deborah ..... 3, 115, 114, 184  
Laurie ..... 19, 25, 80, 190, 195  
Steven ..... 161

**Lowe**  
Jeffrey ..... 95, 184

**Loyola**  
Mary ..... 172

**Loza**  
Christina ..... 98, 172

**Lozano**  
Christopher ..... 143, 189

**Lucero**  
Alexia ..... 143

**Lucia**  
Sharleen ..... 161

**Luehmann**  
Laura ..... 161

**Luevano**  
Andy ..... 184

**Lum**  
Darlene ..... 19, 81, 184

**Lumley**  
Julie ..... 22, 184

**Lunardi**  
Jason ..... 172

**Lyda**  
Alicia ..... 195

**Lynch**  
Jennifer ..... 195

**Lyon**  
John ..... 196

**Lytle**  
Cynthia ..... 161  
Scott ..... 196

## MMM

**Maas**  
Wendy ..... 184

**Macabee**  
June ..... 59, 206

**Macapagal**  
Reynaldo ..... 196  
Ruperto ..... 161

**MacDonald**  
Donald ..... 156, 172



**Grinning at his master, Senior Serf Mike Witherspoon begs not to complete a task.**

**Maceda**  
Luisa ..... 184

**Macedone**  
Janet ..... 196

**MacGowan**  
Sean ..... 172, 209

**Machado**  
Joni ..... 184

**Maddox**  
Michael ..... 80

**Madeiros**  
Collette ..... 172  
Sonya ..... 5, 78, 143

**Madrigal**  
Angelo ..... 75, 206

**Madsen**  
Robert ..... 65, 206

**Mae**  
Lorraine ..... 214

**Mahoney**  
Sean ..... 161

**Malandish**  
Cathy ..... 19

**Maldonado**  
Gabriel ..... 161

**Malone**  
Janine ..... 184

**Manalisay**  
Irene ..... 114, 135, 143  
James ..... 172

**Mangin**  
Shannon ..... 172  
Thomas ..... 196

**Manor Bowl** ..... 241

**Manor Floral** ..... 203

**Manstrom**  
Debra ..... 161

**Maramonte**  
Antonio ..... 80, 196

**Margetts**  
Jerry ..... 206

**Marilao**  
Arthur ..... 196  
Katherine ..... 103, 143

**Marina Faire Drug** ..... 242

**Mark**  
Daniel ..... 184

**Markette**  
Dino ..... 30, 93, 110, 161

**Markham Barber Shop** ..... 236

**Marples**  
Carol ..... 172  
Mark ..... 93, 113, 161, 207  
Paul ..... 93, 112, 143, 207

**Marquez**  
Angelito ..... 196  
Carmellette ..... 184  
Florante ..... 161  
Victor ..... 172

**Marroquin**  
Tina ..... 184

**Marsh**  
Elizabeth ..... 49

**Marshall**  
Carolyn ..... 69  
Kathy ..... 184  
Terrell ..... 196

**Martel**  
Richard ..... 172

**Martin**  
Richard ..... 196  
Troy ..... 169, 172

**Martinez**  
Debbie ..... 4  
Laura ..... 184  
Margirita ..... 144  
Michael ..... 184

**Mason**  
Leslie ..... 103, 161

**Massey**  
Todd ..... 52, 95, 172

**Matarazza**  
Laurie ..... 68

**Matejcic**  
Sandra ..... 76, 172

**Math Department** ..... 56

**Matheson**  
Keith ..... 144

**Maxson**  
Mark ..... 172





# Index

**McCallion**  
Lesley .....22, 23, 172

**McCallis**  
Brad .....80

**McCaslin**  
Boyd .....56, 206

**McClelland**  
Sheldon .....172

**McCulloch**  
David .....196

**McCullough Hayward**  
Chevrolet .....244

**McDonald**  
Julie .....172

**McGill**  
Laura .....85, 196

**McGuire**  
Nancy .....184

**McJunkin**  
Mikelin .....172

**McKenna**  
Margaret .....78, 161

**McKillop**  
Carol .....206

**McLean**  
James .....10, 172

**McLearen**  
Michelle .....161

**McMickle**  
Greg .....184

**McNabb**  
Michael .....184

**McNally**  
Billy .....68

**McNamara**  
Thomas .....206

**McNeil**  
Nicholas .....161  
Vincent .....95, 172

**McNeill**  
James .....206

**McPherson**  
Aileen .....161  
Carolyn .....190, 196

**Means**  
Greg .....113, 172

**Medeiros**  
Bryan .....196  
Stacy .....89, 184  
Tracy .....86, 88, 89, 161

**Mejia**  
Amy .....172  
Christy .....196

**Meijer**  
Marcel .....107, 106, 172

**Meinberg**  
Deanne .....196

**Mello**  
Jayson .....196  
Jeffrey .....74  
Michelle .....5, 75, 145, 163, 210

**Melton**  
Rebecca .....161

**Mendenhall**  
Guy .....184  
Tirza .....184

**Mendiola**  
Michael .....93, 145

**Mendoza**  
Elena .....184  
Jeffrey .....33, 105, 125, 141, 145, 169  
Karen .....184

**Merino**  
Silvia .....161

**Merritt**  
Vincil .....78, 125, 145, 163

**Merrit Tire & Brake Inc.** .....244



Looking surprised at being splattered, Senior Joe Oliveira reacts to having been pelted with mud.

**Mesirow**  
Michael .....184

**Metcalf**  
Jerry .....57, 100, 206

**Metz**  
Cheryl .....196  
Jeffrey .....33, 75, 113, 125, 145

**Michaelis**  
Brad .....196

**Miller**  
Ann .....69  
Iain .....173  
James .....76, 114, 135, 145  
Ken .....44, 62, 206  
Steve .....64, 207  
Tammy .....296

**Mindscapes** .....82

**Mingarelli**  
Brooke .....78, 145

**Mitchell**  
Kara .....78, 145, 163, 177  
Kelly .....145  
Mark .....145

**Mitry**  
Nahedra .....184  
Sandra .....161

**Mochida**  
Keith .....81

**Moeller Brothers** .....200

**Modi**  
Lena .....184

**Mohr**  
Gregory .....184

**Mojarro**  
Angie .....161

**Molina**  
Monica .....184

**Moniz**  
Marco .....196  
Mary .....161  
Susie .....173

**Monroe**  
Patrick .....95, 110, 184  
Robert .....173

**Montaine**  
Adrienne .....54, 161

**Montalvo**  
Dorinda .....184  
Joe .....196  
Nicole .....98, 99, 184

**Montez**  
Jason .....196

**Montgomery**  
Melanie .....184

**Montoya**  
Dana .....145  
Joseph .....196

**Moore**  
Toni .....49, 96, 97, 145

**Moose**  
Betty .....47

**Morales**  
Manuel .....169, 184

**Moran**  
Mark .....105, 145

**Moring**  
Jannette .....11, 173, 177

**Morris**  
Dandrea .....173  
Douglas .....145  
Randy .....23, 113, 173  
Steven .....207

**Morrow**  
David .....207  
Michelle .....173

**Mose**  
Cathy .....22, 24, 48, 184

**Moser**  
Laura .....161  
Sandra .....31, 161  
Steven .....113, 173

**Moss**  
Wendy .....109

**Motta**  
Gregory .....184

**Moul**  
Chad .....113, 127, 173

**Moy**  
Hiram .....196

**Moyer**  
Tammy .....196

**Moyers Paint** .....215  
Scott .....185

**Mrak**  
Steve .....161

**Mugs Division** .....130

**Mullane**  
Charles .....95, 185

**Mulock**  
Glen .....161  
Suzanne .....185

**Munoz**  
Sheri .....145

**Murai**  
Paul .....196  
Tim .....196

**Murphy**  
Chester .....196  
Shirley .....80, 196  
Terri .....185

**Music Groups** .....80

**Musumeci**  
James .....83, 161

NNN

**Nadeau**  
Pamela .....18, 28, 80, 81, 207

**Nadolsky**  
Michael .....173  
Michelle .....3, 11, 22, 185

**Nagel**  
Dana .....197  
Jon .....83, 173

**Nakashima**  
Craig .....75, 78, 100, 145, 262  
Eric .....95, 106, 107, 173

**Napoli**  
Gianni .....106, 161

**Neto**  
Maria .....81, 173  
Paula .....2, 75, 78, 86, 145, 149

**Neves**  
Julia .....145

**Nevill**  
Mark .....197

**Newbern**  
Chris .....197

**Newell**  
Robert .....28, 80, 81, 146

**Newman**  
Michelle .....173

**New York Fabrics** .....219

**New Teachers** .....202

**Ng**  
Sonia .....197

**Nguyen**  
Hong .....185  
Minh .....76, 161  
Tran .....197

**Nichols**  
Daniel .....161

**Nickerson**  
Kristi .....174

**Nicoletti**  
Sandra .....161





**Nielsen**  
Christi ..... 197  
**Niemoeller**  
Diana ..... 174  
**Niemuller**  
Diana ..... 80  
**Noakes**  
Gail ..... 73, 76, 78, 146, 163, 177  
**Nobriga**  
Kenneth ..... 146  
**Noe**  
Daniel ..... 174  
David ..... 185  
**Nordhavn**  
Kristina ..... 185  
**Nordstrom**  
Tim ..... 95, 174  
**Norman**  
Teri ..... 13, 109, 174, 262  
**Norris**  
Robert ..... 112, 113, 262  
**Nuchols**  
John ..... 161  
**Nunn**  
Elizabeth ..... 78, 146  
**Nyberg**  
Roger ..... 174

## 000

**O'Connell**  
Casey ..... 75, 127, 173, 174  
Christina ..... 174  
Sheila ..... 207  
**Off Campus Coaches** ..... 206  
**Ogata**  
Arlene ..... 78, 146, 163  
**Ohnstad**  
Donna ..... 174  
**Oleary**  
Kasey ..... 76, 185  
**Olewinski**  
Gregory ..... 146  
**Olivares**  
Elda ..... 69  
**Oliveira**  
Carri ..... 185  
Dawn ..... 174  
Jose ..... 34, 92, 93  
**Oliver**  
Danny ..... 197  
**Olivera**  
Rachelle ..... 197  
**Olsen**  
Donelle ..... 197  
**O'Malley**  
Casey ..... 161  
Kellie ..... 185  
**Oneal**  
Cheryl ..... 174  
**Ong**  
Tiffany ..... 197  
Todd ..... 100, 161  
**Orlowski**  
Edmund ..... 147  
**Orlowski**  
Robert ..... 197  
**Ortega**  
Karen ..... 161  
**Osborne**  
Diane ..... 47, 207  
**Oyarzo**  
Benjamin ..... 147  
**Owyong**  
Steve ..... 197

## PPP

**Pacheco**  
Karyn ..... 147  
Peter ..... 147  
Samuel ..... 127, 174

**Padilla**  
Michael ..... 161  
**Paduveris**  
Bart ..... 197  
**Page**  
Kimberly ..... 197  
**Pagni**  
Doreen ..... 80, 161  
**Paine**  
Cassandra ..... 174  
Timothy ..... 174  
**Palazzolo**  
Angel ..... 174  
**Palma**  
Vicky ..... 163, 175  
**Pandolfo**  
Robert ..... 175, 112, 113, 207  
**Pangasnan**  
Charles ..... 197  
**Parham**  
Theodore ..... 21, 58, 161, 155  
**Parsons**  
Shawney ..... 34, 86, 147  
**Part time jobs** ..... 158  
**Partridge**  
Carol ..... 48, 175  
Dorothy ..... 47  
Janet ..... 78, 147  
**Pasalis**  
Angei ..... 197  
**Pasko**  
Katherine ..... 175  
**Paterson**  
Kevin ..... 185  
**Patrick**  
Paula ..... 197  
Robert ..... 161  
**Paugh**  
Shawn ..... 161  
**Paulisich**  
Anthony ..... 175  
**Pavan**  
Mike ..... 175  
Richard ..... 162  
**Pavao**  
James ..... 185  
Jeffrey ..... 175  
**Pavlik**  
Rhonda ..... 147  
**Paye**  
Denise ..... 147  
**Payne**  
Warren ..... 162  
**Physical Education** ..... 58

**Pebelier**  
Michele ..... 197  
**Pedranti**  
Beverly ..... 185  
**Peebles**  
Kimberly ..... 185  
**Peinado**  
Antonio ..... 197  
**Peirce**  
Kelley ..... 80  
**Pelchat**  
Kelly ..... 175  
**Penning**  
Donald ..... 147  
**Pep Club** ..... 176  
**Pereira**  
David ..... 175  
Patricia ..... 109, 185  
**Perez**  
Veronica ..... 186  
**Perry**  
Erin ..... 186  
Jeffery ..... 175  
Jennifer ..... 197  
Lisa ..... 190, 197  
Paul ..... 186  
Susan ..... 19, 81, 175  
**Pestana**  
Richard ..... 28, 29, 81, 147  
**Petersen**  
Lisa ..... 98, 186  
Lynn ..... 197  
**Peterson**  
Sam ..... 68  
**Pham**  
Tuan ..... 186  
**Phipps**  
Bradley ..... 162  
Jennifer ..... 175, 187  
**Piazza**  
Naish ..... 180, 207  
**Pierce**  
Kelley ..... 109, 186  
Sean ..... 57, 141, 7  
Sheri ..... 198  
Veronica ..... 162  
**Pimentel**  
Bridget ..... 59, 147  
**Pina**  
David ..... 186  
**Pineo**  
David ..... 162  
**Pinkler**  
Scott ..... 186

**Pinkney**  
Donna ..... 133, 207  
**Pinto**  
Noelle ..... 175  
**Pirie**  
James ..... 186  
Lisa ..... 25  
**Play It Again Video** ..... 226  
**Plotner**  
Michele ..... 198  
**Plumlee**  
Eva ..... 8, 198  
**Polvorosa**  
Nicole ..... 147  
**Pond**  
Cynthia ..... 162  
**Ponderosa Sub Shop** ..... 236  
**Ponzo**  
Sharlene ..... 13, 78, 147, 163  
Joseph ..... 186  
**Popovits**  
Brian ..... 28, 80, 186  
**Poppers and Breakers** ..... 200  
**Popular Music** ..... 172  
**Porky's Pizza Palace** ..... 221  
**Porras**  
Deanna ..... 86, 89, 162  
**Porter's Market** ..... 223  
**Posada**  
Max ..... 175  
**Post**  
Pete ..... 236  
**Potestio**  
Marla ..... 109  
**Potts**  
Toimken ..... 73, 162  
**Powell**  
Dennis ..... 133, 207  
Monica ..... 175  
**Pratt**  
Jason ..... 186  
Lisa ..... 22, 24, 186  
**Preston**  
Kelly ..... 198  
**Pristas**  
Joseph ..... 156, 175  
**Proctor**  
Bryan ..... 78, 7, 163  
Jennifer ..... 162  
Jon ..... 95, 186  
**Profumo**  
Karen ..... 125, 198  
Lou ..... 125  
**Protto**  
Kimberley ..... 147, 162  
**Pryfogle**  
Andrew ..... 186  
Daniel ..... 4, 25, 73, 95, 159, 163, 167, 175  
Mark ..... 78, 93, 147, 149, 159  
**Pscion**  
Andy ..... 198  
**Puentes**  
Matthew ..... 198  
Tom ..... 186  
**Pusich**  
Jodi ..... 162  
**Pyle**  
Nanette ..... 19, 198

## QQQ

**Quigley**  
Shawna ..... 6, 85, 100, 175, 187  
**Quillice**  
Crystal ..... 198  
**Quintana**  
Patricia ..... 96, 147  
**Quintell**  
Monique ..... 162  
**Quiroz**  
Nadine ..... 19, 198



Perusing a tough test question, Sophomore Cindy Rickert ponders her response.





# Index

**Quizon**  
Roland ..... 186

## RRR

**Racette**  
Richard ..... 162  
Stacey ..... 10, 86, 148, 174  
**Rallies** ..... 10  
**Rally Squad**  
Varsity ..... 86  
**Ramirez**  
Janice ..... 198  
Ricardo ..... 175  
Dsnfts ..... 74, 75, 162  
Eillism ..... 186  
**Ramos**  
Gregg ..... 56, 93, 162  
Guadalupe ..... 148  
**Ramponi**  
Gary ..... 148, 262  
**Ramstrom**  
Linda ..... 207  
**Randolphi**  
Daniel ..... 162  
**Raney**  
Michelle ..... 78, 148  
**Rantz**  
Steven ..... 148, 192  
Timothy ..... 186  
**Ratto**  
Laura ..... 186  
**Raum**  
Ingeborg ..... 18, 80, 103, 148  
**Reals**  
Gina ..... 186  
**Reardon**  
Mike ..... 125  
**Reason**  
Laurie ..... 148  
**Reberiego**  
Dina ..... 151  
**Reckling**  
Ursula ..... 186  
**Red Robin** ..... 231  
**Reddick**  
Jeffrey ..... 186  
Rex ..... 95, 175  
**Reed**  
Bradley ..... 135, 148  
John ..... 186  
Matthew ..... 199  
Richard ..... 95, 186  
**Reese**  
Jolie ..... 175  
**Regalmuto**  
Rene ..... 24, 78, 141, 148, 210  
**Regan**  
Daniel ..... 162  
Jason ..... 199  
Kristy ..... 98, 99, 109, 186  
Lisa ..... 100, 148  
**Regnier**  
Stephen ..... 162  
**Reid**  
Ronald ..... 162  
**Reider**  
Ida ..... 68  
**Reimers**  
Elizabeth ..... 199  
**Remington**  
Earl ..... 60  
**Rennacker**  
Jeffrey ..... 186  
**Rennie**  
Mark ..... 186  
Matthew ..... 66, 80, 148

**Renquist**  
Debbie ..... 23, 175  
Denise ..... 149, 162  
**Repose**  
Ken ..... 109  
Mark ..... 148, 162  
Michelle ..... 109, 175  
**Reyes**  
Debera ..... 78, 148  
Joseph ..... 74, 75, 148, 163  
Lourdes ..... 49, 175  
**Reynolds**  
Sindy ..... 199  
**Rhodes**  
Jessica ..... 108, 162  
Samuel ..... 81, 175  
**Rice**  
Kristine ..... 199  
**Richardson**  
Jennifer ..... 199  
**Richardson**  
Patricia ..... 148  
Ruben ..... 80, 186  
**Rickert**  
Cynthia ..... 76, 175  
**Ridge**  
Janna ..... 186  
**Righton**  
David ..... 186  
**Rinella**  
Diane ..... 162  
**Ritter**  
Stephanie ..... 186  
**Ritz**  
Michele ..... 75, 175  
**Rizzo**  
Neil ..... 186  
**Roach**  
Lois ..... 207  
**Roberts**  
Michael ..... 199  
Suzanne ..... 100, 114, 146, 148  
Wayne ..... 93, 180, 206, 208  
**Robertson**  
Keith ..... 149, 189  
**Robeson**  
Jeanette ..... 80, 162  
**Robinson**  
Kenneth ..... 175  
Linda ..... 186  
Mark ..... 81, 143, 149  
Michael ..... 149  
Michelle ..... 9, 10, 86  
Troy ..... 162  
**Reobreigo**  
Dina ..... 61  
**Rocca**  
Vicky ..... 149  
**Rocco**  
Greg ..... 199  
**Rockowitz**  
Elaine ..... 76, 89, 183, 186  
**Roderick**  
Deborah ..... 22, 70, 72, 73, 81,  
144, 150, 155, 162  
Laurie ..... 199  
**Rodrigues**  
Karen ..... 175  
Kimberly ..... 149  
Rachelle ..... 25, 190, 199  
Eric ..... 199  
Evelyn ..... 78, 149, 162  
Sabrina ..... 66, 80, 199  
**Roeber**  
Tamara ..... 109, 186  
**Rogers**  
Lesley ..... 186  
Mike ..... 199  
Paula ..... 162  
Steven ..... 186  
**Roloff**  
Deanna ..... 10, 86, 133, 141, 149  
Michelle ..... 85, 186



Staring in disbelief, Senior Gina Zoggas reacts to her master's command.

**Romero**  
Cassandra ..... 10, 199  
**Ronchette**  
Erick ..... 186  
Mike ..... 175  
**Rosa**  
Louis ..... 199  
**Rosalia**  
Salome ..... 149  
**Rose**  
Laura ..... 199  
Sandy ..... 175  
Sharlene ..... 175  
Steve ..... 162, 163  
**Ross** ..... 162  
**Runyon**  
Charles ..... 208  
**Rubero**  
Daniel ..... 162  
**Run Rite Automotive** ..... 233  
**Russell**  
April ..... 162  
**Russin**  
Gray ..... 199  
**Ruth**  
Jeffrey ..... 199  
**Ryan**  
Timothy ..... 199

## SSS

**Saavedra**  
Adalberto ..... 175  
Juan ..... 186  
**Sakalia**  
Yvonne ..... 199  
**Salazar**  
David ..... 156  
Frankie ..... 110, 175  
**Salcedo**  
Juana ..... 186  
Ricardo ..... 149  
**Salvetti**  
Arthur ..... 199  
**Samara**  
Jiries ..... 95, 187

**Sanchez**  
Alfonso ..... 187  
Cynthia ..... 96, 108, 149  
Gary ..... 199  
Gina ..... 175  
Lani ..... 13, 75, 100, 114, 167, 175  
Lisa ..... 187  
Mary ..... 18, 19, 28, 29, 81, 149  
Paula ..... 149  
Theresa ..... 199  
**Sanford**  
Carrie ..... 98, 162  
Donald ..... 199  
**San Lorenzo Jewelers** ..... 237  
**San Lorenzo Travel** ..... 217  
**Santillan**  
Linda ..... 202, 208, 209  
**Santos**  
Darlene ..... 188  
Diana ..... 187  
Douglas ..... 199  
Eric ..... 162  
Stacy ..... 103, 108, 149  
**Sarchett**  
Diana ..... 208  
**Sargent**  
Gina ..... 149  
**Sarosy**  
John ..... 175  
**Sasaki**  
Darlene ..... 73, 86, 167, 175  
Rik ..... 199  
**Sauneuf**  
William ..... 199  
**Say**  
Shiela ..... 199  
**Scallin**  
James ..... 149  
**Schardt**  
David ..... 95, 127, 175  
**Schmitz**  
Denine ..... 96, 114, 115, 143, 149  
**Schneider**  
Jimmy ..... 149  
Richard ..... 187  
**School Board Administration** ..... 46





<b>Scholarships and Honors</b> .....	136
<b>Schroeder</b> .....	
Susan .....	162
<b>Schulte</b> .....	
Jeanine .....	199
<b>Schultz Meda</b> .....	69
Patricia .....	19, 208
Rebecca .....	175
<b>Schwarz</b> .....	
Jennifer .....	29, 78, 81, 150
Susan .....	150, 177, 187
<b>Science Department</b> .....	62
<b>Scott</b> .....	
Darlene .....	208
Deanna .....	162
Jennifer .....	199
Joseph .....	162
Karen .....	150
Kathleen .....	187
<b>Search</b> .....	
Richard .....	175
Steven .....	199
<b>Seagraves</b> .....	
Bradley .....	162
<b>Seifert</b> .....	
Fred .....	208
<b>Senior Ball</b> .....	32
<b>Senior Brunch</b> .....	38
<b>Senior Favorites</b> .....	146
<b>Senior Honors</b> .....	138
<b>Senior Officers</b> .....	132
<b>Senior Picnic</b> .....	36
<b>Senior Show</b> .....	140
<b>Senior Tea</b> .....	40
<b>Sequeira</b> .....	
Danica .....	114, 115, 175
Melody .....	199
<b>Serf Sale</b> .....	34
<b>Serrano</b> .....	
Martha .....	150
<b>Serrato</b> .....	
Michael .....	176
<b>Serianni</b> .....	
Stephen .....	199
<b>Seven-Eleven</b> .....	237
<b>Sesar</b> .....	
Stephanie .....	89, 187
<b>Shadrick</b> .....	
Ana .....	150
<b>Shamrock Realtors</b> .....	227
<b>Shaw</b> .....	
Kellie .....	114, 115, 162
Todd .....	199
<b>Shelton</b> .....	
Kelly .....	150
<b>Shephard</b> .....	
Greg .....	208
<b>Shepherd</b> .....	
Jennifer .....	199
<b>Sherrwood</b> .....	
Cynthia .....	176
<b>Shinko</b> .....	
Darcey .....	187
Rodney .....	93, 127, 176, 209
<b>Shoptaw</b> .....	
Carrie .....	19, 81, 187
<b>Shouts</b> .....	
John .....	110, 187
<b>Shubert</b> .....	
Shawn .....	80, 150
<b>Shulte</b> .....	
Daniel .....	162
Tom .....	187
<b>Silva</b> .....	
David .....	162
Eric .....	162
Jorge .....	80, 187
Rhonda .....	163
Richard .....	176
<b>Silveira</b> .....	
Anthony .....	110, 176
Jamie .....	176

Margaret .....	151
Michael .....	151
<b>Silver Etching</b> .....	223
<b>Simons</b> .....	
Barbara .....	208
<b>Simpson</b> .....	
Loren .....	47
<b>Simpson's Cleaners</b> .....	217
<b>Singer</b> .....	
Lori .....	199
<b>Singhasemanon</b> .....	
Nutthavut .....	199
<b>Siroy</b> .....	
Leonard .....	110, 151
<b>Sisneros</b> .....	
John .....	151
<b>Skate Station</b> .....	232
<b>Skeen</b> .....	
DeWard .....	208
<b>Ski Club</b> .....	74
<b>Skolfield</b> .....	
Ricky .....	187
<b>Slack</b> .....	
Katrina .....	187
<b>Sloan</b> .....	
Heather .....	67, 81, 199
<b>Smith</b> .....	
Amy .....	199
Antonette .....	199
Duane .....	187
James .....	59, 188
Juanita .....	151
Juli .....	188
Linda .....	173, 199
Mark .....	64
Michelle .....	23, 85, 155, 176
Robert .....	200
Shelly .....	151
Teresa .....	176
<b>So</b> .....	
Amy .....	176
Betty .....	188
Linda .....	76, 83, 163
<b>Sobek</b> .....	
Mike .....	206

<b>Soccer</b> .....	
Boys' .....	112
Girls' .....	114
<b>Social Sciences Department</b> .....	60
<b>Softball</b> .....	122
<b>Sommer</b> .....	
Michael .....	93, 110, 176
<b>Somsok</b> .....	
Gwen .....	163
Steven .....	176
<b>Soohoo</b> .....	
Andy .....	8, 163
<b>Sophomore Class Officers</b> .....	166
<b>Sorenson</b> .....	
Gretchen .....	11, 188
Lynn .....	20, 22, 78, 163
<b>Sousa</b> .....	
Joe .....	58, 176
Reinaldo .....	200
<b>Souza</b> .....	
Roseanna .....	61
Thomas .....	208
<b>Sparrow</b> .....	
Julie .....	151
<b>Spear</b> .....	
Jeffery .....	176
Jimmy .....	200
<b>Speer</b> .....	
Michelle .....	85
<b>Speers</b> .....	
Lori .....	10, 19, 200
<b>Spehar</b> .....	
Jean .....	69
<b>Spelling Contest</b> .....	184
<b>Spore</b> .....	
Karen .....	200
Kevin .....	81
<b>Sports</b> .....	90
Awards Banquet .....	174
<b>Sposeto</b> .....	
James .....	75, 163
<b>Spring</b> .....	
Bryan .....	176
<b>Spring Concert</b> .....	28
<b>Spring Play</b> .....	26

<b>Springer</b> .....	
Mark .....	200
Todd .....	28, 29, 81, 163
<b>Stafne</b> .....	
Ann .....	163
<b>Stagnaro</b> .....	
David .....	151
<b>Stajkowski</b> .....	
Rose .....	188
<b>St. Amant</b> .....	
Flaca .....	163
<b>Stang</b> .....	
Nancy .....	68
<b>Stapp</b> .....	
Kevin .....	163
<b>Star Audio Productions</b> .....	225
<b>Starr</b> .....	
Lisa .....	85, 190, 200
<b>State Farm Insurance</b> .....	
Don Callahan .....	214
Jerry Williams .....	217
<b>Statler</b> .....	
Douglas .....	23, 85, 127, 176
<b>Stefani</b> .....	
Michelle .....	188
Richard .....	188
Todd .....	151
<b>Steiner</b> .....	
Lori .....	150, 179, 188
<b>Steingisser</b> .....	
Heidi .....	200
<b>Steklis</b> .....	
Heidi .....	200
<b>Stender</b> .....	
Howard .....	80, 200
Patricia .....	22, 78, 164
<b>Stereo Connection</b> .....	225
<b>Sterling</b> .....	
Julie .....	73, 190, 200
Tracy .....	22, 144, 163
<b>Stewart</b> .....	
Glenn .....	51, 78, 151
Gregor .....	74, 75, 93, 151
<b>Stigall</b> .....	
George .....	163



Conversing at lunchtime on the patio, Senior Kathy Gallagher and Assistant Principal Myron Levin share a joke as they walk across campus.



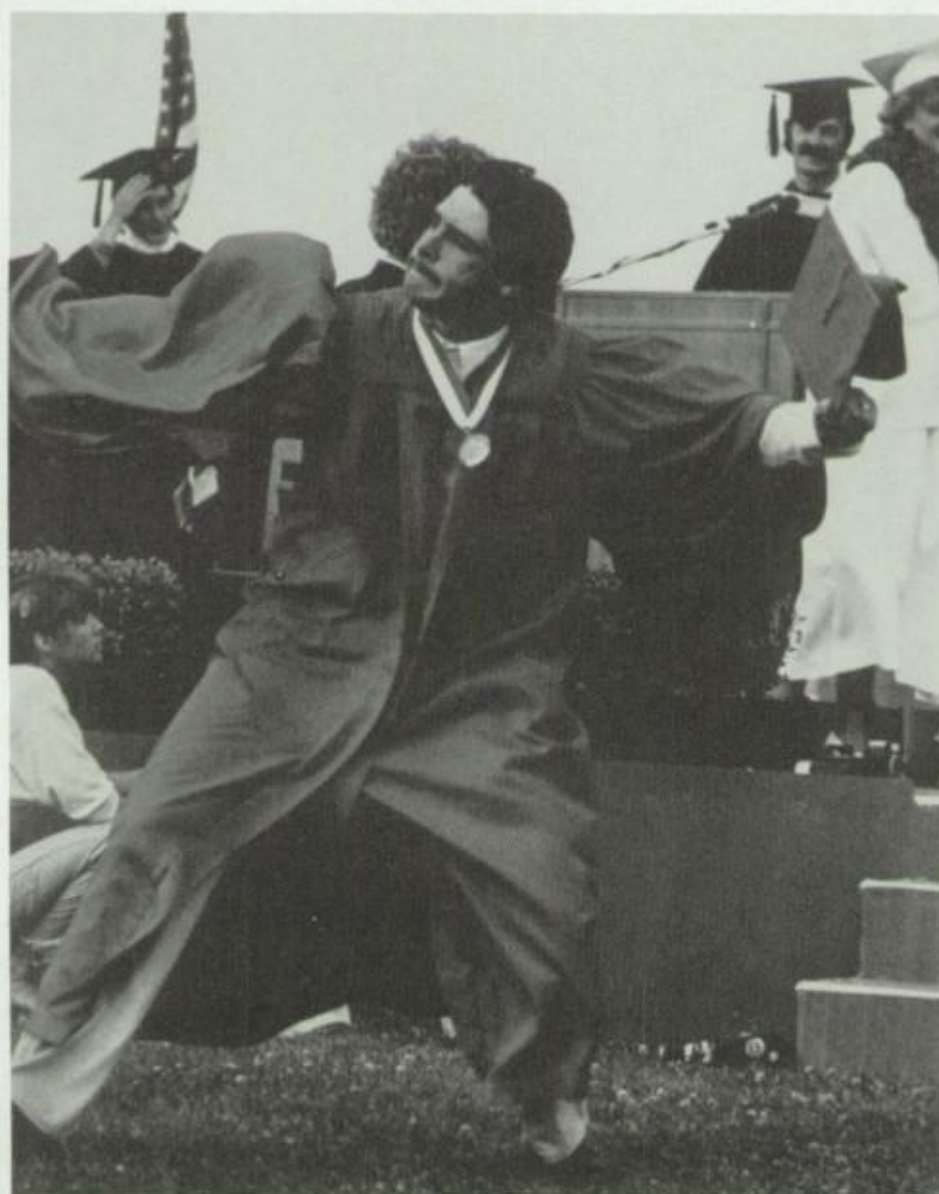


# Index

<b>Stinnett</b>		<b>Kingman</b> .....	80, 188	<b>Thau</b>		<b>Top Ten</b> .....	134
Sheri .....	68, 151, 262	Marina .....	176	Susan .....	114, 188	<b>Torao</b>	
<b>Stites</b>		Ralph .....	200	<b>Theme</b> .....	4	Kimberly .....	152
Kimberly .....	19, 176	Stanley .....	188	<b>Table of Contents</b> .....	2	<b>Tortorelli</b>	
<b>Stivers</b>		Steven .....	105, 164	<b>Thomas</b>		Christopher .....	188
Julie .....	200	<b>Tanner</b>		Andrew .....	66, 80	Joseph .....	188
Shelley .....	176	Meri .....	151	Christina .....	200	Vincent .....	106, 125, 164
<b>Stockton</b>		<b>Tavani</b>		Victoria .....	164	<b>Town</b>	
Deanna .....	164	Pamela .....	164	<b>Thomason</b>		Deanna .....	164
<b>Stone</b>		<b>Tavares</b>		Shannon .....	81, 200	<b>Track</b> .....	120
Christopher .....	188	Richard .....	200	<b>Thompson</b>		Tracy	
Christy .....	188	<b>Taylor</b>		Scott .....	176	Lynn .....	108, 164
Richard .....	151	Christy .....	200	<b>Thorn</b>		<b>Tressler</b>	
<b>Stoner</b>		Erin .....	177, 200	Gina .....	108, 176	Toby .....	200
Robert .....	151	Gary .....	176	<b>Thorne</b>		<b>Tribuzio</b>	
<b>Stover</b>		<b>Taylor Weber</b>		James .....	188	Annette .....	176
John .....	164	Randolph .....	164	<b>Thornton</b>		<b>Triplett</b>	
<b>Stranahan</b>		<b>Team Autocar</b> .....	221	Jerry .....	164	Kelly .....	176
Dan .....	55	<b>Teich</b>		<b>Tiernan</b>		<b>Trischan</b>	
<b>Strand</b>		Lee .....	5, 95, 107, 188	John .....	100, 164	Jeffery .....	95, 188
Michelle .....	78, 164	<b>Teixeira</b>		<b>Tilloston</b>		<b>Trujillo</b>	
<b>Stratton</b>		Arnold .....	151	Mary .....	30, 86, 89, 188	Andrea .....	152
Linda .....	151	John .....	110, 176	<b>Tilton</b>		Jason .....	110, 188
Melissa .....	176	Wendy .....	200	Tammy .....	151	<b>Tse</b>	
<b>Strom</b>		<b>Tejano</b>		<b>Title Page</b> .....	1	Danny .....	164
Kevin .....	151	Jocelyn .....	164	<b>Todd</b>		Karleton .....	76, 176
Rebecca .....	98, 164	<b>Telesco</b>		Mark .....	188	<b>Turnos</b>	
<b>Strong</b>		Dawn .....	109, 176	<b>Todd Brownfield D.D.S.</b> .....	243	Yvonne .....	164
Christine .....	188	<b>Telles</b>		<b>Todd</b>		<b>Tuazon</b>	
<b>Strongman</b>		Patrick .....	164	Mark .....	188	Darwin .....	105, 152
Donald .....	64, 208	<b>Tengco</b>		<b>Toivonen</b>		Dominic .....	176
<b>Strubel</b>		Eddie .....	200	Mika .....	152	Maria .....	200
Steven .....	80, 200	<b>Tennis</b>		Petri .....	80, 81, 156, 164	<b>Tudino</b>	
<b>Stuart</b>		Boys' .....	116	<b>Tomichich</b>		Kenneth .....	188
Connie .....	200	Girls' .....	102	Kurt .....	188	<b>Turner</b>	
Jeffery .....	188	<b>Teshima</b>		<b>Tong</b>		Allyson .....	164
John .....	78, 151	Joey .....	200	Florentino .....	176	Brooke .....	176
<b>Student Life Division</b> .....	70	Stacy .....	76, 176	<b>Toon</b>		<b>Tut'</b>	
<b>Sturm</b>		<b>Texeira</b>		Keith .....	100, 143, 152	Je .....	95, 176
Paul .....	176	John .....	110	Kevin .....	176		
<b>Sudar</b>							
Michelle .....	78, 151, 163						
<b>Sullivan</b>							
Chris .....	20, 74, 75, 85, 113, 125, 151						
Justin .....	110, 188						
<b>Sunny's Hair Designs</b> .....	224						
<b>Swails</b>							
John .....	68						
<b>Swall</b>							
Stephen .....	63, 81, 151						
<b>Sypnieski</b>							
Tammy .....	176						
<b>Szeto</b>							
Mikan .....	188						

## TTT

<b>Tachiera</b>	
Lauren .....	200
<b>Tagliapietra</b>	
Dawn .....	24, 151
<b>Takarada</b>	
Miho .....	144
<b>Takeda</b>	
Karen .....	164
<b>Takeuchi</b>	
Craig .....	188
<b>Talley</b>	
Michael .....	151
<b>Tamala</b>	
Sharilyn .....	96, 97, 151
<b>Tancready</b>	
Angelo .....	209
<b>Tandowsky</b>	
Richard .....	83, 209
<b>Tang</b>	
Albert .....	188



Expressing his delight, Graduate Vince Merritt tosses his mortar board into the air.

## UUU

<b>Ulloa</b>	
Greg .....	58
<b>Urizar</b>	
Diana .....	53
Mayra .....	164
Otto .....	113, 164, 207

## VVV

<b>Valdes</b>	
Jesse .....	81, 164
<b>Valente</b>	
Deborah .....	188
Kristine .....	200
Virginia .....	152
<b>Valerio</b>	
Edith .....	69
<b>Vales</b>	
Michael .....	176
Timothy .....	152
<b>Valladon</b>	
Karen .....	185, 200
<b>Van's Bakery</b> .....	216
<b>Vanderbeek</b>	
Janine .....	96, 163, 164
<b>Vanderheiden</b>	
Connie .....	189
Nancy .....	35, 152, 261
<b>Vandever</b>	
Erick .....	66, 95, 110, 188
Heidi .....	55, 152
<b>VanHeurck</b>	
David .....	78, 110, 152
Lisa .....	19
<b>VanHille</b>	
Victor .....	113, 164
<b>Varao</b>	
James .....	189
<b>Vargas</b>	
Gilbert .....	164





<b>Vasconcelos</b>	
Richard	18, 80, 164
<b>Vasquez</b>	
Michael	188
<b>Vaughan</b>	
Jason	189
<b>Vegas</b>	
James	164
Joseph	95, 110, 111, 189
Robert	110, 176
<b>Vic Hubbards</b>	245
<b>Victor</b>	
Keith	80, 189
<b>Victoria</b>	
Edward	164
<b>Vidales</b>	
Gary	200
<b>Vidaauri</b>	
Sallie	11, 80, 176
Vicki	152
<b>Videll</b>	
Robert	200
<b>Video Junction</b>	242
<b>Vieira</b>	
Jeffery	189
John	176
Valerie	176
<b>Vierra</b>	
Ernest	200
Greg	189
Guy	200
Stacy	164
Steve	189
Vincent	176
<b>Vigallon</b>	
John	200
<b>Vigars</b>	
Arlene	176
<b>Vilas</b>	
Sally	209
<b>Villalobos</b>	
Joseph	200
Leo	189
Regina	200
<b>Villamin</b>	
Edna	108, 109, 189
<b>Villavicencio</b>	
Mary	164
<b>Vincent</b>	
Kenneth	177
<b>Volleyball</b>	
Jayvee	98
<b>Varsity</b>	96

## WWW

<b>Waage</b>	
Randy	189
<b>Wagner</b>	
Greg	56, 188
Stacey	85, 164
<b>Walker</b>	
Jon	200
<b>Walters</b>	
Edger	152
Herb	85, 95
<b>Wang</b>	
Sheree	177
Thomas	200
<b>Ward</b>	
Laura	164
Wayne	67, 209
<b>Warped Records</b>	
<b>Warr</b>	
Shereen	189
<b>Wasch</b>	
Audrey	164
<b>Watchel</b>	
Ginger	200
<b>Watson</b>	
Joseph	82, 83, 156, 177
Karla	19, 81, 189

<b>Waukazoo</b>	
Phillip	200
<b>Waybright</b>	
Christi	164
<b>Wayne's House of Mufflers</b>	225
<b>Webster</b>	
Robert	200
<b>Wee</b>	
Jennifer	200
Sandra	164
<b>Weekend Activities</b>	186
<b>Weis</b>	
Monica	200
<b>Weiss</b>	
Helena	23, 25, 76, 86, 89, 179, 188
<b>Weissenborn</b>	
Kenneth	103, 105, 160, 209
<b>Wells Fargo Bank</b>	217
<b>Wenzel</b>	
Virginia	68
<b>Werand</b>	
Deborah	164
<b>Wergeland</b>	
Jerrold	209
<b>Western Temperature Services</b>	221
<b>Wheeler</b>	
Paula	177
<b>White</b>	
Andre	201
Barbara	68
John	113
Paul	177
Richard	164
Sherese	189
<b>Whittaker</b>	
Jennifer	201
<b>Wieland</b>	
Mark	177
<b>Wigand</b>	
Rob	62, 85, 90, 96, 97, 209
<b>Wilber</b>	
Jack	209
<b>Wildman</b>	
Sean	201
<b>Wilk</b>	
Monica	189
<b>Wilkinson</b>	
Sue	201
<b>Williams</b>	
Chris	201
Lisa	177
Missy	85, 103, 108, 152, 173, 187
Michael	201

Randy	152
Susan	189
<b>Williamson</b>	
Kristina	164
<b>Willis</b>	
Darren	189
Daryl	189
<b>Wilson</b>	
Gary	164
John	201
Lorraine	209
Ronald	152
Steve	164
<b>Wilson Realty</b>	237
<b>Windsor Beauty Salon</b>	225
<b>Winter Ball</b>	12
<b>Windsor Cleaners</b>	233
<b>Winter Ball</b>	12
<b>Winter Concert</b>	18
<b>Witherspoon</b>	
Michael	9, 13, 34, 143, 152, 213
Stephanie	25
Stephen	105, 163, 165, 190, 201
<b>Witkowski</b>	
Susan	24, 33, 73, 89, 141, 144, 169
<b>Wong</b>	
Diane	201
Nicholas	189
Ronald	201
<b>Wood</b>	
April	22, 165
<b>Woods</b>	
Christine	74, 75, 164
Diane	209
<b>Woodward</b>	
Eric	201
<b>Worden</b>	
Bruce	165
<b>World Imported Car Service</b>	238
<b>Worley's Interiors</b>	242
<b>Wrestling</b>	110
<b>Wright</b>	
Carlos	201
Charlie	177
Stephen	95, 177
<b>Wulf</b>	
Glenn	189
<b>Wurm</b>	
Jill	34, 35, 213, 262
<b>Wynne</b>	
Bridgette	18, 80, 165

## XXX

<b>Xavier</b>	
Eddie	110, 206

## YYY

<b>Yamate</b>	
May	83, 165
<b>Yassin</b>	
Jaime	83, 110, 189
Leila	80, 144
Miriam	18, 165
<b>Yee</b>	
Barbara	76, 82, 83, 165
Mark	189
<b>Yim</b>	
Theresa	86, 177
<b>Yopp</b>	
Elizabeth	75, 177
<b>Young</b>	
Melanie	76, 165
Thomas	95, 107, 177
<b>Youngblood</b>	
Bradly	95, 106, 107, 125, 177

## ZZZ

<b>Zoggas</b>	
Deana	10, 24, 33, 34
Gina	22, 24, 25, 34
Nicole	88, 89, 189
<b>Zorman</b>	
Judy	165



Smiling broadly, new Graduates Irene Manilisay and Jane Partridge accept Instructor Linda Ramstrom's congratulations at their accomplishments.





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### Arroyan Staff:

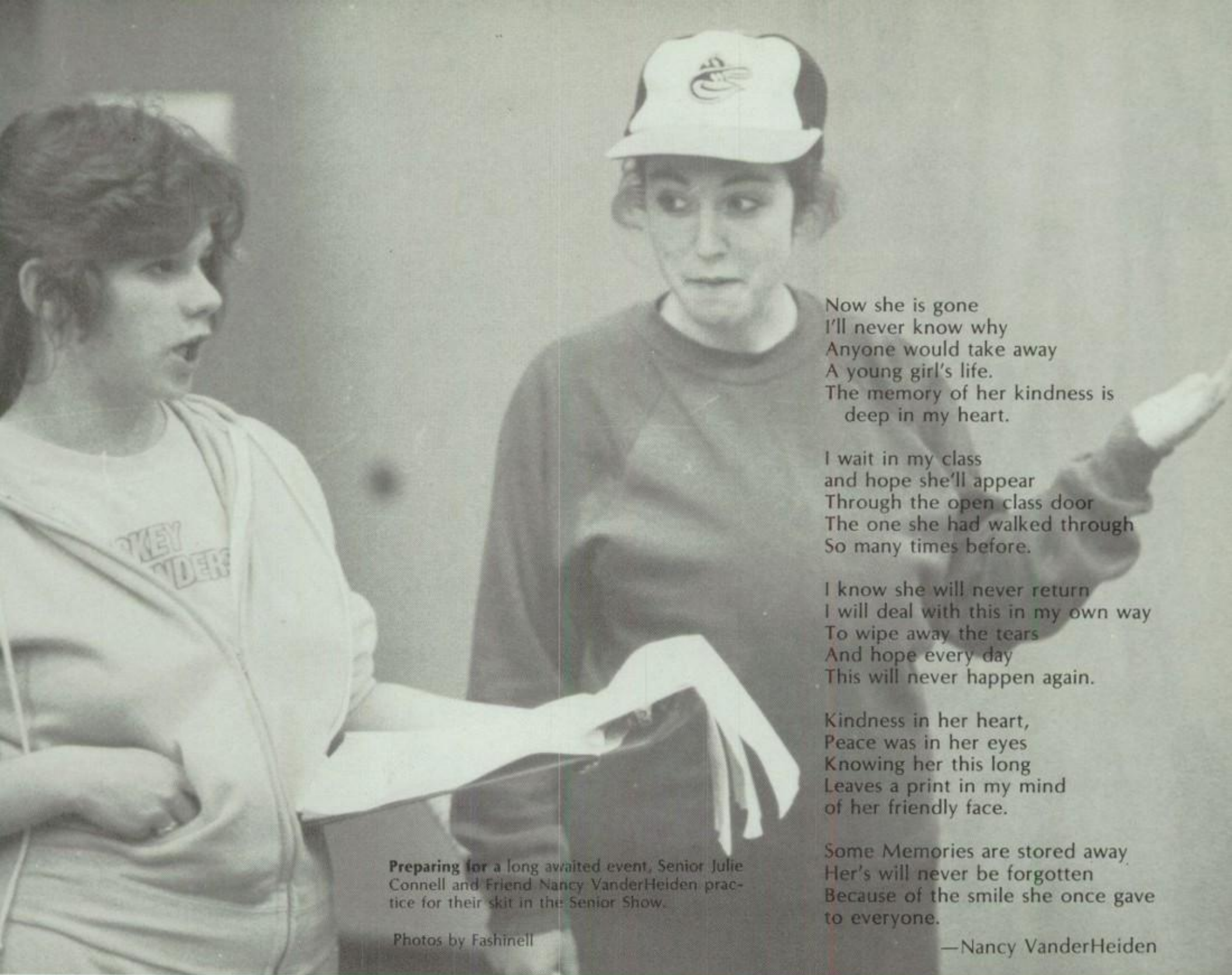
It took us awhile to get on a roll, but we've finally done it (yea!). You have something to be proud of. Congratulations to departing staffers and good luck to returning members.

Dean Gurr  
Editor-in-Chief

Richard P. Lloyd  
Adviser







Preparing for a long awaited event, Senior Julie Connell and Friend Nancy VanderHeiden practice for their skit in the Senior Show.

Photos by Fashinell

Now she is gone  
I'll never know why  
Anyone would take away  
A young girl's life.  
The memory of her kindness is  
deep in my heart.

I wait in my class  
and hope she'll appear  
Through the open class door  
The one she had walked through  
So many times before.

I know she will never return  
I will deal with this in my own way  
To wipe away the tears  
And hope every day  
This will never happen again.

Kindness in her heart,  
Peace was in her eyes  
Knowing her this long  
Leaves a print in my mind  
of her friendly face.

Some Memories are stored away  
Her's will never be forgotten  
Because of the smile she once gave  
to everyone.

—Nancy VanderHeiden

## Six-day ordeal ends tragically for Senior

by Daniel Pryfogle

Arroyo students were allowed to attend the service at San Leandro's St. Felicitas Church Monday, April 29 in memory of Julie Connell, who was found slain early Wednesday, April 25, 1984.

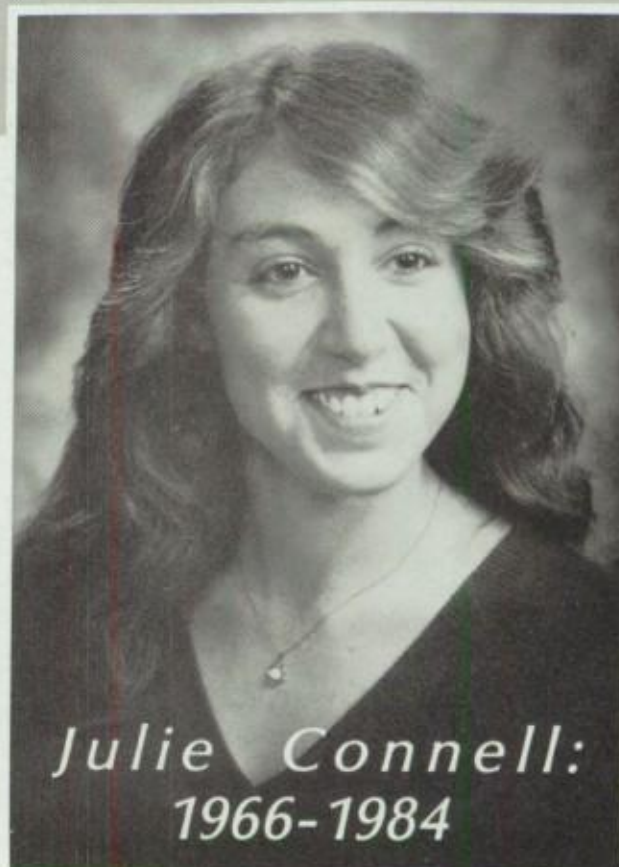
Connell, who had been missing for six days, was found by a rancher 300 feet from Palomares Road in Castro Valley. According to Mike King, a spokesman for the Alameda County Coroner's Office, Connell's parents came in mid-morning that Wednesday and positively identified the body.

Connell's ordeal began Friday, April 20, as she, her mother, and two younger sisters gathered at Festival Cinemas in Hayward. It was decided that the youngest sister Patty, 12, and mother, Kathy, would watch a movie while

Wendy, 15, an Arroyo Sophomore, and Julie, 18, went off on their own. They agreed to all meet at the Connell's car following the movie. Julie went alone across the street to Kennedy Park to do some homework, and that was the last time the family saw her alive.

To no avail, extensive searching began immediately. Under the direction of Pat Cavez, a family acquaintance, friends and concerned citizens of San Lorenzo and Washington Manor communities combed the neighborhoods passing out fliers and posting signs.

Shortly after, the Arroyo Executive Council voted to establish a Scholarship fund in memory of Connell. "She was an active member of the student body and was always willing to help out," stated Student Body President Evelyn Fernandez. "This is an expression of appreciation to show that Julie was a part of us."



Julie Connell:  
1966-1984





# Outsider sums up experiences in visitation

by Rick Blaine as recorded  
by Dean Gurr

Through my stay here at Arroyo, I've learned about high school life.

I found that there is much more to school than just English, math and science. It also teaches responsibility, involvement, leadership qualities, competitiveness, and just plain fun.

The visit here was memorable. So many things that I had missed by not attending school when I was young; to many things I had missed in Casablanca.

I also learned that it is the people that make a school what it is.

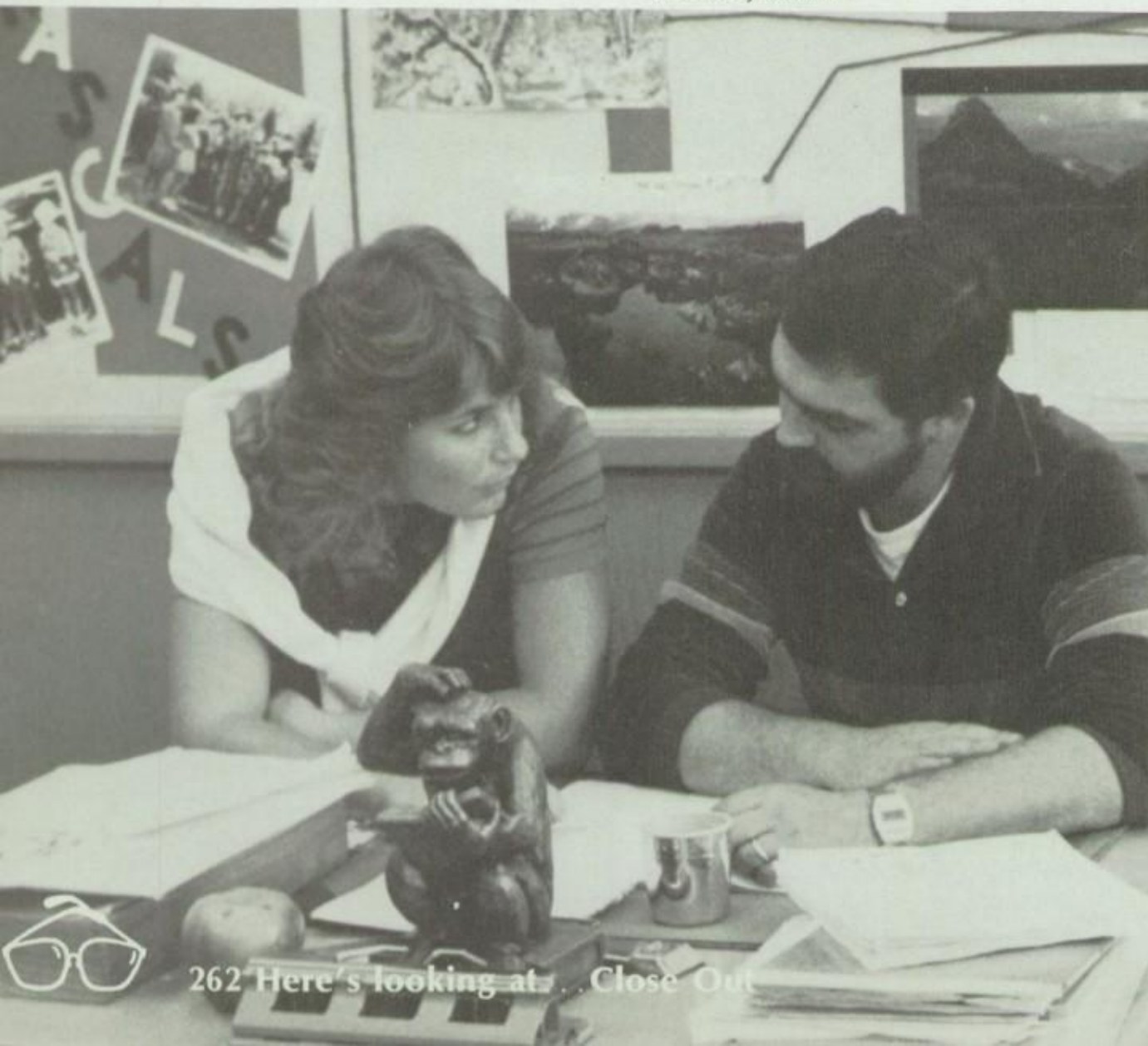
With the great amount of student and faculty members, this was quite evident.

The leaders, the followers, the participants, all made it happen.

Here's looking at **You!**



Photos by Fashinell



**Taking great** pride in his work, Social Studies and Drama Teacher Gary Fisher helps Student Shelly Bossi with questions.

**Dressed for** a Saudi Arabian adventure, Sophomore Teri Norman takes part in the annual Spirit Week festivities.

**Trying to gain** the advantage on his opponent, Varsity Wrestler KC Flanders struggles for a better position.

**Supporting the** Class of 1984, Seniors Gerald Hohn, Kevin Heinrich, Al Elpusan, Craig Nakashima, Elizabeth Bennett, Gary Ramponi, Sherri Stinnett, and Jill Wurm rally together.

**Receiving well-deserved** praise, Senior Robert Norris smiles with others after a trying and successful game.



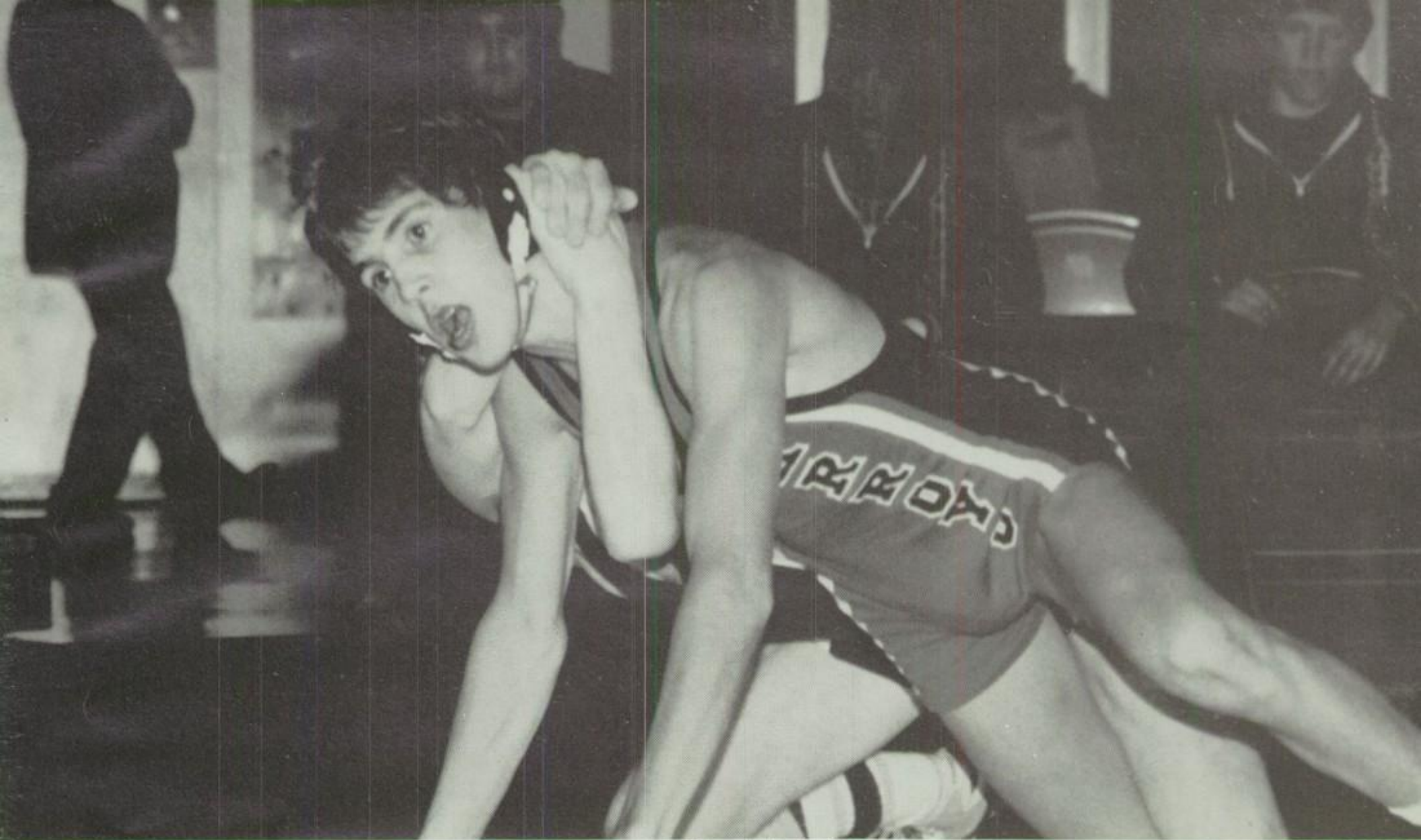


Photo by Fashinell

Photo by Fashinell



Photo by Fashinell

Photo by Gurr





# Staff pulls together to finish publication

By Rick Blaine as recorded by  
Dean Gurr (Editor-in-chief)

This is where I was helped in summing up my experiences at Arroyo. This is how I get to show you how it was, the **1984 Arroyan**.

With the help of the staff, we recapped the year, hoping we have brought back to you memories.

I found that the **Arroyan** staff was a body that needed to work as a whole. Although having many problems that many staffs encounter, this body came through.

Leading the staff with his high standards and knowledge, Adviser Richard Lloyd, with the help of the staff, made this annual what it is. Thanks to all who made it possible.

*Dean Gurr*

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Don Barros

Photography

San Leandro, CA

**Taking a breather** at half-time, Frosh-Soph Football player Tom Fashinell takes drink of water on the side lines.

Photo by Fashinell





Dear Kim  
It was Nice meeting  
you glad that we are  
Freinds. Have a great  
year  
Norman Byboth

Kim happy girl, I'm really  
super glad we met. You  
really are sweet, cute, smart etc.  
Don't you ever change for  
anyone. Good luck always  
in the future. Remember you're  
get a friend.

Always  
(Forever Friends  
Tattoo  
Days

P.S. really you  
and think you  
Sister, you're  
Gina  
look alive!  
Keep in touch  
887-7435



Kim:

I'm glad I met you,  
you're one of my favorite  
friends, not only because  
you were my friend's, I mean  
my brother's boy friend, but  
because you're a nice girl  
and sweet at the same time.  
You've been like a sister in school  
all this year and I hope we'll  
continue being good friends for  
the rest of our lives and I also  
wish you the best in your  
future and hope you'll find along  
with your family Keep smiling and sweet!

Your friend,  
Jose Bernales

Kim  
I'm glad I met you  
this year. you a real  
nice person and I hope  
you will have a wonderful  
time this year  
Love  
Vince

Kim



DEEAR Kim:  
 DON'T BE MAD ME FOR FORGETTING TO sign your book BEFORE, BUT WHAT HAPPEN  
 WAS THAT I HAD THREE OTHERS BOOKS THAT I HAD TO sign in my 'locker and I THOUGHT  
 I HAD already sign yours. I HOPE you are NOT MAD now THAT I signed it.

Kim SINCE I MET you, you HAVE ALWAYS BEEN open TO me and I TO you  
 and THAT IS VERY WONDERFUL, BECAUSE I NEVER COULD DO THAT WITH A girl and also  
 THAT'S WHY WE'RE BOTH SPECIAL FRIENDS. RIGHT? IN THE FUTURE I HOPE  
 YOU'LL NEVER FORGET ME BECAUSE I KNOW, I WON'T. AFTER I GRADUATE  
 DON'T FORGET TO KEEP IN TOUCH. WELL, HAVE A WONDERFUL LIFE and I'm glad  
 WE HAD A CHANCE TO KNOW EACH OTHER.

LOVE ALWAYS, YOUR DEAR FRIEND

EDDY ACEVEDO

(P.S) HERE'S my number 278-4490

## Here's Looking at...

Kim  
 Kim you are very  
 nice person. I'm happy  
 to meet you because you  
 are very nice person and I  
 never will forget you in my  
 life. because you help me in  
 the math class. Have a wonderful  
 life and be happy.  
 Sukhwant Grewal.

### Table of Contents

Activities .....	6
Academics .....	44
Student Life .....	70
Sports .....	90
Mugs .....	130
Ads/index .....	210



